

**SCOTTISH AMATEUR SWIMMING ASSOCIATION
NORTH DISTRICT**

HANDBOOK



2023



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

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SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

PAST PRESIDENTS

1936 - 45	Mr J Y Coutts	Bon Accord
1946 - 49	Mr T J Allan	Aberdeen Sea Swimmers
1950 - 54	Mr R M Cooper	Thistle
1955 - 59	Mr K A Brown	Bon Accord
1960 - 65	Mr J Reid	Victoria
1966 - 69	Mr G Sinclair	Peterhead
1970	Mr D Ritchie	Bon Accord
1971 - 73	Mr L Turberville	Bon Accord
1974 - 76	Mr G C C Robb	Gordonians
1977 - 78	Mr R A Robertson	Thistle Ladies
1979 - 80	Mr E Adam	Thurso
1981	Mr D Hawthorn	Dyce ASC
1982 - 84	Mrs J Cochran	Aberdeen
1985 - 87	Mr J Angus	
1988	Mr L Turberville	Bon Accord
1989 - 90	Mr A C Brunton	Dingwall
1990 - 92	Mr R Wilson	Bon Accord
1993 - 94	Mr J Frew	Dyce
1995 - 97	Mr J Phillips	Elgin
1998 - 00	Mr T Tracey	Inverness
2001	Mr W Craig	Bridge of Don
2002 - 04	Mrs D Mair	Westhill District
2005 - 06	Mr D Downie	Dyce
2007 - 08	Mrs A Low	Aberdeen
2009 - 10	Mr B Hendry	Stonehaven
2011 - 12	Mr Phil Cartwright	Thurso
2013 - 14	Mr Alan Thomson	Forres
2015 - 16	Mr Keith Thomson	Bridge of Don
2017 - 20	Mr Durno Jessiman	Alford Otters
2021 - 22	Mr Derek Allan	Orkney ASC



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

OFFICE BEARERS

Executive (Executive Committee are ex-officio members of all North District Committees)			
President	Kerry Christie	kerry.christie67@gmail.com	07793 833948
Vice President	No appointment		
Past President	Derek Allan	clynelish50@btinternet.com	07493 438725
Secretary	Lynn Alderton	sasa-north-secretary@outlook.com	07732 718086
Treasurer	Sandra French	sasanorthtreasurer@hotmail.co.uk	07855 702245
Council Member	Phil Cartwright	pkrii@btinternet.com	07484 892254
Regional Swimming Development Managers (Scottish Swimming Employees)			
Grampian and Tayside	Jordan Young	j.young@scottishswimming.com	07548 759957
Highlands, Islands and Moray	Colleen Blair	c.blair@scottishswimming.com	07809 658341
Swimming Committee			
Convenor	No appointment		07788 310814
Committee Member – Licensing Officer	Sean Dawson	sdawson14@hotmail.com	07961 751652
Committee Member – NSC Rep	Claire Sutherland	clairebearsutherland@hotmail.co.uk	07788 310814
Committee Member	David Downie	david.downie@hotmail.co.uk	07775 991195
Committee Member	Petur Petursson	p.petursson@btinternet.com	07786 997244
Committee Member	Lesley Gatton	lesleygatton@gmail.com	07933 113819
Committee Member	Denise Brown	elginascmm@gmail.com	07843 278967
Co-opted Member	Gregor McMillan	gregor@aberdeensportsvillage.com	07809 063783
Co-opted Member	No appointment		
Co-opted Member – STO Convenor	Durno Jessiman	durnojessiman@outlook.com	07769 173317
Water Polo Committee			
Convenor	Neil Kennedy	sasa-north-wp-convenor@outlook.com	07707 899661
Masters Committee			
Convenor	Andy Wheeler	andy_wheeler@hotmail.com	07855 957356
Diving Committee			
Convenor	Judy Wardlaw	judy@aberdeensportsvillage.com	01224 438900
Committee Member	Anna Sless	diving@aberdeensportsvillage.com	
Committee Member	Kim Young	kim@aberdeensportsvillage.com	

Artistic Swimming Committee			
Convenor	Lorna Lee	lorna_milne@btinternet.com	07765 117342
Committee Member	Wyn McFadyen	shearerplant@gmail.com	
Committee Member	Sarah Charters	sarahcharters@hotmail.co.uk	
Committee Member	Steve McGregor	stevemcgregor@live.com	
Open Water Committee			
Convenor	Brian Bain	brianjbain@googlemail.com	07884 117995
Committee Member	Iain Chirnside	ichirnside@gmail.com	
Committee Member	Kelly McIntosh	k.a.mcintosh@rgu.ac.uk	
Committee Member	Craig Tetlow	craigtetlow@btinternet.com	
Technical Officials Committee			
Convenor	Durno Jessiman	durnojessiman@outlook.com	07769 173317
Assessment Co-ordinator and Meet Officials Convenor	Colin Oswald	theoswalds2@icloud.com	
Committee Member	Sean Dawson	sdawson14@hotmail.com	
Committee Member	Matt Huntington	mdhuntington@live.com	
Committee Member	Derek Allan	clynelish50@btinternet.com	
Committee Member	Kathryn Cartwright	pkri@btinternet.com	
Appointments			
Equipment Convenor	No appointment		
Trophies Officer	Michelle Hall	richmich5@sky.com	07505 912190
AOE Manager	Brian Hendry	bhendry@btinternet.com	01888 562066
Record Keeper	Anne Hendry	bhendry@btinternet.com	01888 562066
Webmaster	Sandra Middleton	webmaster@sasanorth.org.uk	



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

CLUB CONTACTS

Code	Name of Club	Secretary	Secretary Email
NANX	Aberdeen ASC	Helen Hayes	aberdeenasc.sec@gmail.com
NAVX	Aberdeen Diving Club	Kim Penman	admin@aberdeendingclub.org.uk
NADX	Aberdeen Dolphin SC	Emma Robertson	secretary.adsc@gmail.com
NAUX	AUSWPC	Gemma McLeod	swim.waterpolo@ausa.org.uk
NAOX	Alford Otters ASC	Shona Blues	alfordotterssecretary@outlook.com
NBBX	Banchory ASC	Laura Myles	secretary1.basc@gmail.com
NBMX	Banff & Buchan Masters	Stewart Gairns	sm.gairns@yahoo.co.uk
NBAX	Bon Accord Thistle ASC	Kathleen Mulloy/ Katherine Kennedy	secretary@bonaccordthistleasc.com
NBDX	Bridge of Don ASC	Stephanie Brands	secretary@bodasc.co.uk
NBHX	Broch Asc	Jennifer Reid	Secretarybrochasc@gmail.com
NBKX	Buckie ASC	Rebecca Edwards	buckieascsec@gmail.com
NBNX	Bucksburn ASC	Joyce Brown	bucksburnsecretary@gmail.com
NCOX	Cults Otters ASC	Jamie McDonald	cultsotterssecretary@gmail.com
NDDX	Delting Dolphins ASC	Margo Okroj	margookroj@gmail.com
NDNX	Deveron ASC	Elaine West	clubsecretary.dasc@gmail.com
NDLX	Dingwall ASC	Debbie Mackenzie	debsmac@hotmail.co.uk
NDAX	Dyce (ASV) ASC	Michelle Mackay	dyceascsecretary@hotmail.com
NENX	Elgin ASC	Alison Long	elginasc@gmail.com
NFBX	Forres Bluefins ASC	Ben Clinch	clubsec@forresbluefins.co.uk
NFSX	Free Style SC	Dan Dean	secretary@freestylesc.org.uk
NGHX	Garioch ASC	Sonia Boyd	GASCsec@gmail.com
NGNX	Grantown Swim Club	Claire Ann McFadden	mcfaddencam@gmail.com
NHDX	Highland Disability ST	Josie Aitken	josie_aitken@hotmail.com
NHYX	Huntly Swimming Club	Jenny Sykes	jennyamacdonald@hotmail.com
NISX	Inverness ASC	Stuart Mackenzie	iascgensec@gmail.com
NLKX	Lerwick ASC	Norma Williamson	norma@whitlik.com
NLRX	Lochaber Leisure CST	Mrs Tracey MacCallum	membersecretary@lochaberswimteam.co.uk
NMYX	Moray Masters SC	Jane Parkinson	info@moraymasters.co.uk
NNNX	Nairn District ASC	Donna Cowdrey	swimnairn@googlemail.com
NNSX	Nairn Synchro	Wyn McFadyen	shearerplant@gmail.com
NOYX	Orkney ASC	Kelly Gee	oascsecretary@gmail.com
NPDX	Peterhead ASC	Leanne Low	leanne.low@hotmail.co.uk



Code	Name of Club	Secretary	Secretary Email
NSHX	Shetland ACCSC	Lynn Ritch	lynnritch@googlemail.com
NSCX	Silver City Blues	Jane Thomson	secretary@silvercityblues.org.uk
NSMX	South Mainland ASC	Anita Graham	graham_anita@outlook.com
NSNX	Stonehaven ASC	Anna Carlton	Stonehaven_correspondence@hotmail.com
NWIX	Swim Western Isles	Mrs Sarah Macleod	sarahmacleod8@gmail.com
NTNX	Tain ASC	Lesley MacAngus	secretary@tainswimming.co.uk
NTOX	Thurso ASC	TBC	secretary@thursoasc.org.uk
NULX	Ullapool SC	Paul Driver	ullaswimclub@gmail.com
NUAX	Uni of Aberdeen PS	Mark Edgerton	uoacclubsecretary@gmail.com
NUDX	Upper Deeside ASC	Angela Thorne	secretary.udasc@gmail.com
NWDX	Westhill District ASC	Lynne Docherty	secretary@westhilldistrictasc.org.uk
NWSX	Westside Sharks SC	Erica Gadsby	westsidesharkssc@gmail.com
NWKX	Wick ASC	Yvonne Richard	wickswimclub@hotmail.com
NYNX	Ythan ASC	Leanne Park	secretary@ythanasc.org.uk

SCOTTISH AMATEUR SWIMMING ASSOCIATION
NORTH DISTRICT
GOVERNANCE DOCUMENTATION



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NORTH DISTRICT

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CONSTITUTION

C1.0 NAME

C1.1 The District shall be called the "Scottish Amateur Swimming Association North District" hereafter referred to as the District.

C2.0 OBJECTIVES

C2.1 The objectives of the District shall, where relevant, be the same as those of the Scottish Swimming (SS), as set out in SASA Constitution sections C2.1a.

C3.0 MEMBERSHIP

C3.1 Membership Groups

C3.1.1 The District shall comprise of

- a). North District Life Members
- b). Clubs Affiliated to the District and the SASA (including their members).

C3.2 North District Life Members

C3.2.1 A North District Life Member is an individual who has been awarded in accordance with Section C9.3.1 of the District Constitution.

C3.3 Affiliated Clubs

C3.3.1 Clubs wishing to affiliate to the District and SASA must apply to the District Secretary. Applications must comply with SASA Constitution sections C10.1 and C10.2.

C3.3.2 Clubs must submit a copy of their constitution and a list of their Office Bearers and nominated District Delegates, to the District Secretary by 21st January each year.

C4.0 GOVERNANCE

C4.1 The District Governance shall be in accordance with SASA Constitution section C9.

C4.2 The District shall be governed by its Constitution, Bye-Laws and Regulations

C4.3 Alterations to the Constitution shall only be made at a District General Meeting. At least a two thirds majority of those present and voting must be secured before an alteration can be adopted.

C4.4 Alterations to the Bye-Laws shall only be made at a District General Meeting. A simple majority of those present and voting must be secured before an alteration can be adopted.

C4.5 Alterations to the Regulations shall only be made at a District Delegates Meeting or District General Meeting provided the proposal(s) have been notified to the District Membership at least 30 days prior to the meeting. A simple majority of those present and voting must be secured before an alteration can be adopted

C5.0 ANNUAL GENERAL MEETING

C5.1 The Annual General Meeting (AGM) shall be conducted in accordance with SASA Constitution section C9.3.

C5.2 The AGM shall take place on a Saturday in either the last 2 weeks in May or the first two weeks of June. The venue shall be within the District and shall be agreed no later than the December Delegates Meeting.

C5.3 Clubs must affiliate with the District not later than two months prior to the AGM failing which they cannot take part.



- C5.4 Three delegates from each affiliated club, who must be SASA Registered Members, shall be entitled to attend, take part in the proceedings and vote.
- C5.5 North District Life Members and Convenors shall be entitled to attend, take part in the proceedings and vote.
- C5.6 The President, Vice President, Secretary and Treasurer as ex-officio delegates shall be entitled to attend, take part and vote.
- C5.7 The quorum shall be twenty-five or representatives from ten clubs whichever is the lesser.
- C5.8 The AGM shall have the right to exclude from all or part of the proceedings all but those entitled to attend, take part in the proceedings and vote as set out in Paragraphs C5.3 to C5.6 inclusive.
- C5.9 Nominations for Office Bearers and other appointments, proposed alterations to the Constitution, proposed alterations to Bye-Laws and notices of motion must be received by the District Secretary on or before 20 April.
- C5.10 Nominations for Office Bearers and other appointments, proposed alterations to the Constitution or Bye-Laws and notices of motion may be submitted by an Affiliated Club, North District Life Members, Convenors and members of the Executive.
- C5.11 The Agenda, proposed alterations to the Constitution, proposed alterations to the Bye-Laws and Notices of Motion shall be forwarded to each Affiliated Club, North District Life Members and Convenors not later than 7 May.
- C5.12 Office Bearers and Convenors' reports for the past year, shall be forwarded to each Affiliated Club, North District Life Members and Convenors not later than 7 May.
- C5.13 The following Office Bearers shall be elected at the AGM in accordance with SASA Constitution section C9.7.
- a) President
 - b) Vice President
 - c). Treasurer
 - d) Secretary
- C5.14 Two members shall be nominated to represent the North District on the SASA Council.
- C5.15 Convenors and Members of District Committees, as defined in the Bye-Laws BL2 and BL3, shall be elected at the AGM in accordance with SASA Constitution section C9.7.
- C5.16 On the recommendation of the Executive, the following shall be appointed at the AGM
- a) Auditor/Examiner
 - b) Webmaster
 - c) Record Keeper
- C5.17 The Business of the AGM shall include:
- a) President's Address
 - b) Apologies for Absence
 - c) Delegates Roll
 - d) Minutes of previous Annual General Meeting
 - e) Business from the minutes
 - f) Correspondence
 - g) Secretary's report
 - h) Determine the dates of Delegates' meetings
 - i) Treasurer's report
 - j) Setting of fees and fines
 - k) Honoraria
 - l) Convenors' reports

- m) RSDM Reports
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- t) SASA nominations
- u) Installation of President
- v) Presentation of Life Membership(s)

C5.18 A simple majority of those present and voting must be secured before a motion can be adopted.

C5.19 In the event of there being an equality of votes on a resolution which requires a decision (choice) to be made for the continued good governance of the District, the Chairperson shall have a second or casting vote.

C5.20 The conduct of business shall be in accordance with Company Rules section R16.

C6.0 EXTRAORDINARY GENERAL MEETING

C6.1 An Extraordinary General Meeting (EGM) shall be called at the request of the Executive or at least 10 Affiliated Clubs.

C6.2 Notice of an EGM shall specify the business to be transacted and shall be forwarded to each club, North District Life Member and Convenors not less than 14 days before the date of the meeting

C6.3 Paragraphs C5.3, C5.4, C5.5, C5.6, C5.7, C5.8 and C5.18 shall apply to an EGM.

C6.4 The order of business for an EGM shall be:

- a) President's Address
- b) Apologies for absence
- c) Business to be transacted of which due notice has been given in accordance with Section C6.2 of the Constitution

C6.5 The conduct of business shall be in accordance with Company Rules section R16.

C7.0 DISTRICT MANAGEMENT

C7.1 General

C7.1.1 In accordance with SASA Constitution section C9.1, North District shall be comprised of the affiliated clubs within the local government units of Highland, Aberdeenshire, City of Aberdeen, Moray, Shetland Islands, Orkney Islands and the Western Isles.

C7.1.2 The administration of the District shall be in accordance with SASA Constitution section C9.2.

C7.1.3 Application for membership of the District shall be in accordance with SASA Constitution sections C10.1 and C10.2.

C7.1.4 Convenors will be the District representative on the appropriate Scottish Swimming Committee.

C7.1.5 Convenors shall be empowered to co-opt assistance as required.

C7.1.6 Special Meetings of the District may be called in accordance with SASA Constitution section C9.5.

C7.2 Executive Committee

C7.2.1 The District Executive has the following composition:



- a) President
- b) Vice President
- c) Secretary
- d) Treasurer
- e) Immediate Past President for one year.

C7.2.2 The District Executive has the following duties:

- a) To deal with urgent matters and business remitted to them during the intervals between Delegates meetings.
- b) To act ex-officio on all District committees
- c) To act in accordance with the requirements of SASA Constitution section C9.
- d) Approving of District Swimming Records

C7.2.3 The Executive shall have power to:

- a) Take decisions between Delegate Meetings provided these are within the policy agreed at a Delegate meeting
- (b) Approve extra funding to a Convenor budget, that funding is up to a total to be agreed each year as part of the budget approval process.

C7.2.4 The Executive may recommend "Other Appointments" in accordance with SASA Constitution section C9.8 and the District Constitution section C5.16 for consideration at the AGM.

C7.2.5 The Executive will consider nominations for Awards received in accordance with the District Constitution section C9.2 and applications for Records received in accordance with Bye-Law section BL6.

C7.2.6 For each meeting of the Executive a note for the record shall be prepared which will be presented to the first Delegates Meeting thereafter.

C7.3 SASA Council Representatives

C7.3.1 The provisions of Sections C7.1.1(c) and C9.8.3 of the SASA Constitution shall apply.

C8.0 FINANCES

C8.1 The Financial Year of the District shall end on the last day of February.

C8.2 Refer to Bye-Laws section BL5 for details on Finances.

C9.0 TROPHIES and AWARDS

C9.1 Trophies - General

C9.1.1 All trophies belong to the District in perpetuity and cannot be won outright.

C9.1.2 No trophy will be taken outside the District.

C9.1.3 The Club, Swimmer or official having the honour of holding a District trophy shall be responsible for it while in their possession. The District will refund the cost of engraving on production of a valid receipt.

C9.1.4 Trophies shall be awarded in accordance with the Regulations relating to the discipline to which the trophy is allocated.

C9.1.5 The winner of a trophy shall sign a receipt, guaranteeing safe custody and return of the Trophy at least two months prior to the competition the following year. All Clubs are responsible for ensuring that Trophies do not leave the District in the event of swimmers leaving the Club and for co-operating with the District in facilitating the return of trophies.

C9.1.6 Trophies that are not cleaned prior to being returned will be sent for professional cleaning. The holder of the trophy shall be billed for this expense.



C9.1.7 In the event of the Championship being withheld, the holder shall return the Trophy to the Equipment Convenor.

C9.1.8 Where the sole entrant of an event is the holder of the trophy, they shall be recognised as the Champion without competition or award.

C9.2 Awards - General

C9.2.1 Nominations may be made as detailed for each award.

C9.2.2 Nominations for North District Life Membership, Strachan Plaque, The Mary Black Trophy and John Y Coutts Award must be sent to the District Secretary no later than 20 April.

C9.2.3 Nominations for the WG Todd Trophy and Solingen Award must be sent to the District Secretary no later than 20 August or by an alternative date agreed with the Executive.

C9.2.4 Nominations for a Special Award may be sent to the District Secretary at any time.

C9.2.5 The person or body making a nomination is required to ensure that the nomination details remain confidential and are not divulged to third parties, including the nominee, prior to nominations being considered by the Executive Committee.

C9.2.6 The decision of the Executive Committee on which nominees are to receive awards is final and no correspondence will be entered in to either before or after the Executive Committee has made its decision.

C9.2.7 Presentations of awards, except for North District Life Membership, will be made at a District Championships or at any other time decreed suitable by the Executive.

C9.3 North District Life Membership

C9.3.1 North District Life Membership shall be awarded to each retiring President and to persons who have given outstanding service, over many years, in support of the District.

C9.3.2 Nominations may be made by the Executive, a District Committee, a Convener, a North District Life Member or an Affiliated Club.

C9.3.3 Each recipient of North District Life Membership shall be presented with a plaque.

C9.3.4 Presentation of North District Life Membership will be made at the AGM or at any other time decreed suitable by the Executive.

C9.3.5.1 In the event that a Life Membership should require to be removed from any recipient, the District Executive will make the decision to rescind and notify the person involved.

C9.3.5.2 That recipient shall have the right to appeal under Company Rules R12.

C9.4 Strachan Plaque

C9.4.1 A Trophy and Shield or Plaque shall be awarded annually to a swimmer or official who is a member of a North District Club who has rendered outstanding services to aquatic sports.

C9.4.2 Nominations may be made by the Swimming Committee.

C9.5 The Mary Black Trophy (North District)

C9.5.1 The trophy shall be awarded annually to the North District artistic swimmer who is deemed to have shown outstanding achievement in National and or International events.

C9.5.2 Nominations may be made by the Artistic Swimming Committee.

C9.6 John Y Coutts Memorial Award (North District)

C9.6.1 The award shall be awarded to the person(s) who have given outstanding service to the SASA North District.

C9.6.2 The award shall be in the form of an engraved salver.



C9.6.3 Nominations may be made by the District Executive, a North District Life Member or an Affiliated Club.

C9.7 W.G. Todd Trophy

C9.7.1 A Trophy and Shield or Plaque shall be awarded annually to the North District swimmer who is deemed to have shown outstanding achievement in National and International events.

C9.7.2 Nominations may be made by the Swimming Committee.

C9.8 Solingen Award

C9.8.1 The award shall be presented annually for the best performance by an Age Group competitor aged 18 years or younger in a National Age Group Championship or Meet.

C9.8.2 Nominations may be made by the Swimming Committee.

C9.9 Special Awards

C9.9.1 An athlete, in any aquatic discipline, achieving their first Scottish National Record or their first selection for either Commonwealth or Olympic Games, will be awarded a memento of the occasion in the form of an inscribed quaich or small salver.

C9.9.2 Any official (this also encompasses coaches and team managers) achieving their first selection representing Scotland, or Team GB at either Commonwealth, European, World Championships, Olympic or Paralympic Games, will be awarded a memento of the occasion in the form of an inscribed quaich or small salver.

C9.9.3 Nominations may be made by the District Executive, a District Committee, a Convenor, a North District Life Member, an Affiliated Club or a Coach.

C10.0 SCOTTISH SWIMMING GOVERNANCE

C10.1 In terms of the application of the Scottish Swimming Governance procedures for Protests, Complaints, Suspensions & Fines and Appeals the District is treated as being the same as an Affiliated Club.

- a) Protests – Section R11 of Company Rules shall apply.
- b) Complaints – Sections R12 to R15 of Company Rules shall apply.
- c) Suspensions and Fines – Section R13 of Company Rules shall apply.
- d) Appeals – Sections R12 to R15 of Company Rules shall apply.

C11.0 DISSOLUTION

C11.1 Clause A5.9 of the Company Articles will apply with the substitution of the word “District” for the word “Company”.

SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

BYE LAWS

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BL1.0 DELEGATES MEETINGS

BL1.1 There will be 3 Delegates meetings yearly, and the Annual General Meeting. Dates shall be determined at the AGM.

BL1.2 Attendance at a Delegates Meeting shall be the same as for an AGM as set out in the District Constitution sections C5.3 to C5.6 inclusive.

BL1.3 The venues for the AGM and Delegates meetings will be agreed at the AGM. The AGM and at least one Delegates meeting will be planned to be held in person. Any of the meetings can be joined virtually when necessary.

BL1.4 Notice to all Delegates Meetings shall be sent to Clubs, Convenors and North District Life Members fourteen days prior to each meeting.

BL1.5 The quorum shall be twenty or representation from 10 clubs whichever is the lesser.

BL1.6 The conduct of business shall be in accordance with Company Rules section R16.

BL1.7 Draft minutes of each meeting shall be distributed/made available to all Clubs, Convenors and Life Members within the following 21 days.

BL2.0 DISTRICT COMMITTEES

BL2.1 General

BL2.1.1 District Committees shall operate in accordance with SASA Constitution section C9.9.

BL2.1.2 The District shall have an Hon Treasurer.

BL2.1.3 Standing Committees shall be elected in accordance with SASA Constitution section C9.9

BL2.1.4 District Committees who select teams, shall recommend to the District the supply of the District "colours" (typically tee shirt/cap) but no more than one issue per person per year.

BL2.2 Meetings

BL2.2.1 District committees shall meet at venues, dates and times agreed by the majority of members of the Committee.

BL2.2.2 Confirmation of Venue, date and time of each meeting along with an Order of Business shall be sent out not less than seven days prior to each meeting by the Convenor.

BL2.2.3 A Special meeting of a District Committee shall be called when requested by the District Executive. The requirements in BL2.2.1 also apply to special meetings.

BL2.2.4 The business of District Committees shall include:

- a) Minutes of previous meetings
- b) Actions from previous meetings
- c) Finance
- d) Forward Programme
- e) AOCB

BL2.2.5 The Order of Business for each meeting will be agreed by the committee Chairperson prior to issue.

BL2.2.6 The Chairperson shall be the Committee Convenor. In the absence of the Convenor, the chairperson will be decided by the meeting.

BL2.2.7 The conduct of business shall be in accordance with Company Rules section R16.

BL2.3 Swimming

BL2.3.1 Composition:

- a) Convenor

- b) Six members
- c) Co-opted members as required to support the roles and responsibilities of the Committee, to be approved by the District Executive.
- d) Quorum shall be 4, to include at least 2 elected members.

BL2.3.2 Duties:

- a) To select all swimming teams representing the District.
- b) To arrange, organise and staff, after consultation with the appropriate bodies, training for Regional Squad Swimmers.
- c) To present to the AGM each year, an annual swimming programme for the following year for District Championships/Meets.
- d) To have responsibility for implementation and management of District Championships/Meets.
- e) To control Licensing and Accreditation
- f) To control Calendar Planning
- g) To operate within an agreed budget determined at the AGM
- h) To present nominations for awards to the AGM as required by the District Constitution C9.4 – C9.6

BL2.4 Diving

BL2.4.1 Composition:

- a) Convenor
- b) Four members

BL2.4.2 Duties:

- a) To select members to represent the District and to promote all stages of diving.
- b) To promote and encourage Divers to train and gain awards as set by the Scottish Swimming Diving Committee.
- c) To operate within an agreed budget determined at the AGM.

BL2.5 Water Polo

BL2.5.1 Composition:

- a) Convenor
- b) Four members

BL2.5.2 Duties:

- a) To select all Water Polo teams representing the District.
- b) To institute and maintain training schemes, assist in drawing up fixtures and generally conduct the competitions as required.
- c) To operate within an agreed budget as determined at the AGM.

BL2.6 Artistic Swimming

BL2.6.1 Composition:

- a) Convenor
- b) Three members

BL2.6.2 Duties:

- a) To promote artistic swimming and select District representative teams.
- b) To operate within an agreed budget determined at the AGM
- c) To present nominations for awards to the AGM as required by the District Constitution C9.7.

BL2.7 Masters

BL2.7.1 Composition:

- a) Convenor
- b) Four members

BL2.7.2 Duties:

- a) To promote Masters swimming, Fitness, Friendship and understanding.
- b) To organise Masters Championships within the District.
- c) To operate within an agreed budget determined at the AGM

BL2.8 Open Water Swimming

BL2.8.1 Composition:

- a) Convenor
- b) Four members

BL2.8.2 Duties:

- a) To promote Open Water Swimming and select District representative teams.
- b) To organise Open Water Championships within the District
- c) To operate within an agreed budget determined at the AGM

BL2.9 Swimming Technical Officials (STO's)

BL2.9.1 Composition:

- a) Convenor
- b) Seven members, to include the STO Administrator, STO Timekeeper Administrator, STO Assessment Co-ordinator and Meet Officials Convenor.
- c) To include up to 3 co-opted members if required, to be approved by the District Executive.

BL2.9.2 Duties:

- a) To arrange for the training/retraining of the categories of STO's as prescribed by the relevant Scottish Swimming STO regulations.
- b) To assist in organising the examination and assessment as necessary of STOs.
- c) To maintain a list of Timekeepers resident in the District
- d) Appoint referees for District Championships/Meets
- e) To operate within an agreed budget determined at the AGM

BL3.0 CONVENORS

BL3.1 General

BL3.1.1 Convenors will be elected in accordance with SASA Constitution sections C9.7.2 and C9.7.7.

BL3.1.2 Convenors shall prepare an annual report and budget for presentation at the AGM. The copy of the report and budget shall be sent to the District Secretary by 20th April.

BL3.1.3 Convenors shall prepare a report for each Delegates Meeting for presentation at the meeting. The report will be submitted to the District Secretary not less than a week before the delegates meeting so that it can be circulated electronically around all clubs, delegates and life members. A copy of the report shall be made available to the Minute Secretary at the meeting.

BL3.1.4 Convenors shall advise the Delegates Meeting of assistance co-opted in accordance with the District Constitution C7.1.5.

BL3.1.5 Convenors may meet with the District Executive prior to a delegates meeting.

BL3.2 Meet Officials

BL3.2.1 Duties:

- a) To arrange all officials other than Referees for District Championships/Meets.



- b) To advise Secretary/Treasurer of any fines due in accordance with District Regulation SW6.4.

BL3.3 Equipment

BL3.3.1 Composition:

- a) Equipment Convenor
- b) Trophy & Awards Officer

BL3.3.2 Duties:

Equipment Convenor is to be responsible for

- a) Equipment excluding the technical maintenance of Automated Officiating Equipment.
- b) Administration of hire requests of all District Equipment
- c) To prepare an annual budget.

Trophy & Awards Officer is to be responsible for

- a) Medals
- b) Arrangements for trophies and other special awards

BL3.4 Electronics & Computer Control

BL3.4.1 Composition

- a) AOE Manager.

BL3.4.2 Duties

- a) To maintain the District Electronic Equipment.
- b) To maintain the District Meet Computer.
- c) To prepare an annual budget

BL3.5 Webmaster

BL3.5.1 Duties

- a) To maintain and update the district website.
- b) To ensure that the website is kept up to date with submitted information.

BL4.0 NOT USED

BL5.0 FINANCE

BL5.1 General

BL5.1.1 The Treasurer shall, by end of January, circulate all clubs affiliated in the previous year, with a list of those clubs which have affiliated for the current year.

BL5.1.2 The Treasurer shall present the following reports:

- a) An Annual Report accompanied by an Auditor's/Examiner's Certificate to the AGM.
- b) The Annual Report shall be sent to Scottish Swimming in accordance with Company Rules section R3.1.4.
- c) A written report to all Delegates Meetings

BL5.1.3 Clubs affiliated to the District will be required to pay fees in accordance with Bye-Laws section BL5.3.

BL5.1.4 All claims for expenses shall be made on the official forms in accordance with Bye-Laws section BL5.6.



BL5.2 Receipts and Payments

BL5.2.1 All incoming receipts (postal orders, money orders etc.) must be payable to North District (SASA).

BL5.2.2 All outgoing payments shall be made by Bank Transfer authorised by Treasurer and one member of the Executive, except in such instances when they are required to be paid by cheque. On these occasions the cheque shall be signed by the Treasurer and one member of the Executive.

BL5.3 Membership Fees

BL5.3.1 All clubs will pay an affiliation fee agreed at an AGM which will be invoiced by the District Treasurer on or before 1st December each year.

BL5.3.2 Clubs failing to remit the appropriate District Fee by 15th January cease to be members of the Association and competitors from such clubs may not take part in District competitions.

BL5.4 Levies

BL5.4.1 Clubs affiliated to the District may be charged a levy agreed at an AGM by at least a two-thirds majority of those present and voting.

BL5.5 Fines

BL5.5.1 All fines shall be recommended by the District Executive to the AGM for approval.

BL5.6 General Expenses

BL5.6.1 Expenses for the current year must be submitted by 15th March. Failure to make a claim within this time may result in the claim being rejected.

BL5.6.2 All claims for expenses shall be made to the District Treasurer on official forms (available from the website or District Handbook), accompanied by appropriate receipts showing supplier's VAT registration number where appropriate.

BL5.6.3 Expenses shall be paid on the basis of a standard rail fare or the SASA North District car mileage allowance which will be set at the Annual General Meeting, or when 5.6.4 applies. Air fares shall only be paid with the prior approval of the District Executive. The mode of transport shall be stated on the claim form and mileage claims must include the post code of both starting point and destination. Reasonable meal and overnight allowances shall be paid where necessary at North District rates which shall be set at the Annual General Meeting, or when BL5.6.4 applies.

BL 5.6.4 In the event that Scottish Swimming varies expenses to be paid to volunteers, a decision as to whether North District Rates should follow Scottish Swimming rates can be made at a District Delegates Meeting.

BL5.6.5 In exceptional circumstances there may be a requirement to approve certain expenses. These will only be approved at the discretion of the appropriate District Committee or Convenor.

BL5.7 Meet Expenses

BL5.7.1 Expenses shall be paid to Technical Officials attending District Championships/Meets as per Bye-Laws BL5.7.2 to BL5.7.7.

BL5.7.2 Officials or Volunteers attending a Championship/Meet shall be prepared to work on at least two sessions in any one day.

BL5.7.3 Officials or Volunteers who transport swimmers or coaches on behalf of their club are not eligible for expenses.

BL5.7.4 Officials and Volunteers from the same club should arrange to travel together. Multiple claims will not normally be accepted.



BL5.7.5 Overnight expenses will only be paid when this is shown to be less expensive than a claim for travel on two consecutive days. Officials and volunteers will be required to work a minimum of two sessions each day either side of the overnight claim. Any official or volunteer who is also acting as a club Team Manager or Chaperone is not entitled to claim overnight expenses.

BL5.7.6 Overnight accommodation for night prior to event is only payable when personnel either require to be at the venue the evening prior to the Meet, or when the venue is at such a distance as to make travelling on the morning of the event impractical. At least two sessions must be worked on the following day. Overnight accommodation prior to the Meet must be requested at least two weeks in advance and will be at the discretion of the Meet Officials Convenor/Swimming Convenor, referring to the District Executive if necessary.

BL5.7.7 Prior to payment, the Treasurer or Meet Officials Convenor shall vet all claims.

BL5.8 Essential Meet Personnel

BL5.8.1 Essential Meet personnel are the Meet Referee, (where applicable) Session 1 Referees both days, AOE Operator, Chief Recorder, Equipment Convenor, Swimming Convenor, Chair of the Jury of Appeal (where applicable) and Announcer.

BL5.8.2 The STO Convenor will confirm requirements for Referees, AOE Operators and Chief Recorder and the Swimming Convenor will confirm for Swimming Convenor, Chair of Jury of Appeal, Equipment Convenor and Announcer.

BL5.8.3 Room rates to be approved by 2 members of the District Executive and Swimming Convenor.

BL5.8.4 As soon as the Meet Referees, Session Referees, AOE Operator and Chief Recorder are advised of their appointment by the STO Convenor they should book their rooms (with an option to cancel prior to the Event) and advise the room rate to the District Executive and/or Swimming Convenor for approval.

BL5.8.5 If rooms are required for the Swimming Convenor, Chair of the Jury of Appeal, Equipment Convenor and Announcer these should be agreed by the Swimming Convenor/Executive no later than 2 weeks prior to the event and the room rate approved.

BL5.8.6 These expenses can then be reclaimed after the event in the normal manner.

BL6.0 RECORDS

BL6.1 All applications for Scottish Records shall be submitted in accordance with Company Rules

BL6.2 All applications for District Records shall be submitted on the appropriate form available from the District Handbook or Website to the District Swimming Committee. The Swimming Committee shall make recommendations to the District Executive.

BL6.3 The District Executive will make the final decision on any claim.

BL6.4 Application must be made within 30 days of the event at which the record claimed was made.

BL6.5 The application must include a copy of the results sheet.

BL6.6 The District shall issue, on request, a certificate for a District Record.

BL6.7 The District shall maintain a history of District Records

BL7.0 CHAMPIONSHIPS

BL7.1 District Championships shall be held in accordance with SASA Constitution section C9.2 and the District Regulations.

**SCOTTISH AMATEUR SWIMMING ASSOCIATION
NORTH DISTRICT**

REGULATIONS



Contents:

Swimming Regulations

amended June 2022

Diving Regulations

amended December 2016

Masters Regulations

amended June 2018

Open Water Regulations

amended December 2018

Artistic Swimming Regulations

amended June 2022

Water Polo Regulations

amended pre 2001



SCOTTISH AMATEUR SWIMMING ASSOCIATION NORTH DISTRICT

SWIMMING REGULATIONS

GENERAL

SW1 ELIGIBILITY

SW1.1 To be considered a North District swimmer, a swimmer must be eligible to compete for the North District club in whose name he /she is entered on the closing date for entries.

SW2 QUALIFYING TIMES

SW2.1 A swimmer being entered for a North District Championship must submit an entry time within the consideration time which has been achieved in the twelve months prior to the entry date at any accredited meet. For other District meets eligibility information will be included in the meet information pack.

SW2.2 Any swimmer may be required to produce proof of their entry time as per SW 2.1. Where no satisfactory proof can be provided the competitor shall withdraw, forfeit their entry fee and pay without any excuse such sum as is agreed by the AGM for late withdrawals.

SW3 SWIMMING MEETS

SW3.1 All North District Championships shall comply with the Scottish Swimming Constitution C 9.2.1.1 and Scottish Swimming Company Rule R 4.2.

SW3.2 Age Groups, where appropriate, events and consideration times will be published in the meet information a minimum of 8 weeks prior to the Championship/Meet.

SW4 ENTRIES

SW4.1 Entries close four weeks before the first day of the Championships/Meets and must be sent to the Meet Entry Secretary indicated on the Meet Information. Entries will be accepted only in Hy-Tek format by email to the Meet Entry Secretary. The summary sheet and direct bank transfer or cheque for entry fees must be received no later than three postal days after the closing date. The requirement for and submission of Meet Officials is covered in SW6.

SW4.2 Entry fees shall be those that apply at the time of the publishing of the meet information.

SW4.3 Except in the case of the District Open Championships entries for North District Championships/ Meets will only be accepted from clubs affiliated to S.A.S.A. North District unless otherwise indicated in the Meet Information.

SW4.4 Entries from composite teams will not be accepted for any North District Championship/Meet, with the exception of the District Open Championships and Grand Prix.

SW4.5 Relay Teams – Competing clubs or teams must submit team lines on the relevant form to the recorder for the information of the referee, before the commencement of the competition or session. Names must be in swimming order and reserves should be included if appropriate.

SW4.6 The fee for entries received which are outwith the consideration times for any of the District Competitions shall not be refunded under any circumstances.

SW4.7 Entry fees will be refunded in the event of a swimmer being unable to take part due to illness or injury only in the following circumstances: The swimmer has been withdrawn in time according to the meet Information. The swimmer can provide medical evidence confirming that they are unfit to swim to the District Entries person named on the Meet Information within 14 days following the Meet. The letter should be dated not more than 4 weeks before the Meet and not more than 10 days following the last day of the meet.

SW5 WITHDRAWALS

SW5.1 a) All withdrawals must be submitted on the relevant form to the recorder within the specified time limits as per the Meet information.

b) A swimmer who withdraws from heats, semi-finals or finals outwith the times as specified on Meet information shall pay such sum as may be agreed by the AGM except in the case of genuine illness or proven emergency. In the case of genuine illness the swimmer shall take no further part in the competition during that session.

c) Any swimmer withdrawing from a semi-final or final outwith the times as specified on Meet information (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events at that championships/meet.

d) Any reserve for a final or semi-final who does not intend to marshal for their event must be withdrawn as specified in the Meet information otherwise they will be fined for a late withdrawal should a place become available in the event.

SW5.2 Relay team withdrawals must be made as per Regulation SW5.1(a). Teams failing to comply with this regulation shall pay without excuse a sum agreed at the A.G.M.

SW5.3 Marshalling procedure shall be as stated in the Meet Information.

SW6 SWIMMING TECHNICAL OFFICIALS (S.T.O.)

SW6.1 All STO's officiating at North District Championships/Meets shall be appointed in accordance with the relevant section of the Scottish Swimming STO Regulations.

SW6.2 North District Clubs and Teams entering swimmers in any District Meet must provide the names of technical officials attending each session of the Meet, to comply with the requirements of SW 6.3. This information must be received by the Meet Officials Convenor no later than 14 days before the first day of the Meet and must be sent by email. Failure to do so will result in a fine. The fine will be as agreed at the AGM.

SW6.3 Total no. of club swimmers at Meet	No. of officials per Session
1 - 5	None
6 - 10	One official
11 - 15	Two officials at least one of which must be Judge 1 or Recorder
16 - 20	Two officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
21 - 30	Three officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
31 - 40	Four officials at least one of which must be Judge 1 or Recorder and one more must be Judge 2 or above, or an AOE Operator
41+	Five officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator

Any changes or additions to the submitted Officials form on the day must be clearly indicated to the Session Referees or the Meet Officials Convenor if present.

SW6.4 For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted.

SW6.5 A North District Club failing to provide Technical Officials for the duration of the meet, for the number of swimmers participating in accordance with the criteria in SW6.3, will be subject to a fine as agreed at the A.G.M. for each session in which the required officials are not present except when minimum complement of officials is present in accordance with SASA meet licensing requirements.

SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.3. Officials carrying out scheduled Final Assessments will count at their existing level.

SW6.7 New Clubs

SW6.7.1 New Clubs will be exempted from any fines for failure to provide Technical Officials until 6 months after the date of their affiliation to North District.



SW6.7.2 New Clubs will further be exempted from any fines for failure to provide judges until 18 months after the date of their affiliation to North District.

SW7 SEEDING OF HEATS AND FINALS

SW7.1 All events with heats and finals will be seeded according to FINA Rule SW3.

SW7.2 Deck seeding will be used for all declared winner events.

SW7.3 Deck seeding will be used for heats being held in more than one venue on the same day.

SW 8 ORGANISATION

SW8.1 The organisation for all North District Championships/Meets will be in accordance with the Bye Laws Section BL2.3.2 (c) and (d).

SW9 RECORDS

SW9.1 North District Records

SW 9.1.1 North District Individual Records

SW 9.1.1.1 North District Records can only be broken by a swimmer who is a Registered member of an affiliated North District Club.

SW 9.1.1.2 North District Records will be recognised for all events swum at World Championship events swum in both long and short course pools.

SW 9.1.1.3 North District Records will be recognised for Open and Junior (as defined in Company Rule R4.5.6a) swimmers. SW 9.1.1.4 North District Records will be recognised for age groups 11, 12, 13, 14, 15 and 16 based on the swimmers age on the day of the swim for both sexes.

SW 9.1.2 North District Team Records

SW 9.1.2.1 North District Team Records can only be broken by a Club or Team affiliated to the North District of the SASA.

SW 9.1.2.2 North District Team Records will be recognised for 4 x 50m Freestyle, 4 x 50m Medley, 4 x 100 Freestyle, 4 x 100m Medley and 4 x 200m Freestyle for both sexes and for mixed teams comprising 2 male and 2 female swimmers.

SW 9.1.2.3 North District Team Records will be recognised for Open and Junior categories in both long course and short course events.

SW10 DISTRICT OPEN CHAMPIONSHIPS

SW10.1 Eligibility

SW10.1.1 The Championships will be open to all competitors provided they are registered with their relevant governing body.

SW10.2 Events

SW10.2.1 Events and consideration times will be published in accordance with SW3.3

SW10.3 Titles

SW10.3.1 North District Open Champion - The fastest swimmer in the final of each event will be the NORTH DISTRICT OPEN Champion. In a Heat Declared Winner event, the North District Open Champion will be the fastest swimmer in the event

SW10.3.2 North District Champion - the fastest North District swimmer in the final of each event shall be the NORTH DISTRICT CHAMPION. If no North District swimmer is in the final the title shall be awarded to the fastest North District swimmer in the heats. In a Heat declared Winner event, the North District Champion will be the fastest North District swimmer in the event.

SW10.3.3 North District Junior Champion - the fastest North District Junior swimmer in the final of each event shall be the NORTH DISTRICT JUNIOR CHAMPION. If no North District Junior swimmers are in the final the title shall be awarded to the fastest North District junior swimmer in the heats. In a Heat declared Winner event, the North District Junior Champion will be the fastest North District Junior swimmer in the event.



SW10.4 Awards

- SW 10.4.1 (i) The North District Open Championships: medals for 1st, 2nd, 3rd places.
(ii) The North District Champion - Trophy.
(iii) The North District Junior Champion - Trophy.
(iv) Hugh Campbell Memorial Trophy presented to the top male swimmer based on the Points system specified in the Meet Information for an individual swim.
(v) The Gordon Council Friendship Trophy presented to the top female swimmer based on the Points system specified in the Meet Information for an individual swim.

SW10.4.2 The North District Club/Team Championship Trophy shall be awarded to a North District Club or Team based on results from the District Open Championships.

SW10.4.3 Points shall be awarded for all finalists according to the number of lanes

SW10.4.4 The winner shall be the North District Club/Team with the most points.

SW10.4.5 In the event of two clubs/teams having the same number of points the winner shall be the club/team which has the greater number of first placings followed by 2nd placings and 3rd placings if required to identify a winner.

SW11 DISTRICT AGE GROUP SPRINT CHAMPIONSHIPS

SW11.1 Eligibility

SW11.1.1 The Championships will be open to all competitors provided they are registered with the SASA and are members of Clubs affiliated to the North District.

SW11.1.2 Competitors may swim only in their own age groups in both individual and relay events.

SW11.2 Events

SW11.2.1 Age groups, events and consideration times will be published in accordance with SW 3.3

SW11.3 Awards

SW11.3.1 Medals shall be awarded to 1st/2nd/3rd in each event.

SW12 DISTRICT AGE GROUP CHAMPIONSHIPS

SW12.1 Eligibility

SW12.1.1 The Championships will be open to all competitors provided they are registered with the SASA and are members of Clubs affiliated to the District.

SW 12.1.2 Competitors may only swim in their own age groups in both individual and relay events.

SW12.2 Events

SW12.2.1 Age groups, events and consideration times will be published in accordance with SW3.3

SW12.3 Awards

SW12.3.1 Medals will be awarded to 1st/ 2nd and 3rd in each event.

SW12.3.2 The Grampian Rosebowl will be awarded to the male or female who achieves the highest points total over any 9 events in the youngest age group based on the points system specified in the Meet Information.

SW12.3.3 The Muir Quaich will be awarded to the opposite sex swimmer to the recipient of the Grampian Rosebowl who achieves the highest points total over any 9 events in the youngest age group based on the points system specified in the Meet Information.

SW12.3.4 The Jean Muir Memorial Trophies shall be awarded to the male and female achieving the highest points total over any 9 events in the second youngest age group based on the points system specified in the Meet Information.



SW12.3.5 The Welsh trophies will be presented to the Male and Female swimmer achieving the highest points total over any 9 events in the age group(s) remaining after the awarding of trophies in SW12.3.2, SW12.3.3 and SW12.3.4 based on the points system specified in the Meet Information.

SW12.3.6 The Roy Wilson Trophy for Best Club shall be awarded to the Club scoring the highest points total based on the points system specified in the Meet information.

SW13 NORTH DISTRICT AGE GROUP MEET and DISTANCE MEET

SW13.1 Eligibility

SW13.1.1 The Meets will be open to all competitors provided they are registered with the SASA and are members of Clubs affiliated to the District

SW13.1.2 Competitors may only swim in their own age groups.

SW13.2 Events

SW13.2.1 Age groups, events and consideration times will be published in accordance with SW3.3

SW13.3 Awards

SW13.3.1 Medals will be awarded to 1st, 2nd and 3rd in each event

SW14 DISTRICT DEVELOPMENT MEET

SW14.1 Eligibility

SW14.1.1 The Meet will be open to all competitors provided they are registered with the SASA and are members of Clubs affiliated to the District.

SW14.1.2 A swimmer who has achieved a time faster than the consideration time in the period between submission of entries and the competition must withdraw their entry and receive a refund of the entry fee.

SW14.2 Events

SW14.2.1 Age groups, events and consideration times will be published in accordance with SW3.3

SW14.2.2 All events shall be heat declared winner events.

SW14.3 Awards

SW14.3.1 Medals will be presented to 1st, 2nd and 3rd in each event and Speeding Tickets will be presented to swimmers who exceed the cut-off times.

SW15 ADDITIONAL DISTRICT MEETS & CHAMPIONSHIPS

SW15.1 When changes are made to the National calendar or to National selection policies within a swimming year, the District Swimming Committee may recommend an additional District Championship or Meet to ensure that the needs of District swimmers are met for that swimming year.

SW16 LICENSING AND ACCREDITATION

SW16.1 Accreditation

SW16.1.1 In the event that minimum standards for accreditation are not met in a meet licensed by the North District, Scottish Swimming SW7.14 rules shall be applied.

SW16.2 Calendar Planning Process

SW16.2.1 The District Licensing Authority will undertake a Calendar Planning process, either annually or six monthly.

SW16.2.2 Clubs and other organisations will be invited to submit applications to run meets, detailing the proposed dates and venues, the level/age group of swimmers for whom the meet is planned, and the type of events planned (See Section 4 of the licence form).



SW16.2.3 The District Licensing Authority will review applications, resolve clashes and gaps, and publish a Meet calendar for the period under review. The calendar must be published on an appropriate web-site and issued to meet applicants no later than six months prior to the first day of the period under review.

SW16.2.4 Clubs wishing to apply for a L1 Meet should not submit their Licence application to National Swimming Committee until they have received approval in writing or e-mail from the North District Swimming Committee.



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

DIVING REGULATIONS

D1 GENERAL

D1.1 The composition and duties of the Diving Committee are set out in section BL2.4 of the constitution

D1.2 The Diving committee shall conduct its business in accordance with section BL2.4 of the Bye Laws

D1.3 The host club are responsible for the organisation and running of the North District Diving Championships.

D2 CHAMPIONSHIPS

D2.1 GENERAL

D2.1.1 The championships shall be held annually at a venue approved by a District Delegate meeting. Each year there will be a North District Open Championships and a North District Championships.

D2.1.2 The championships shall be held annually on a date and venue approved by the ND diving convenor in collaboration with the National Diving Convenor. Venue should consist of the full range of diving facilities as under the FINA facility guidelines.

D2.1.3 All championships shall be conducted in accordance with FINA and SASA Rules

D2.1.4 The Championships shall be open to Scottish clubs only.

D2.1.5 Application for a licence will be made to the National Diving Committee in accordance with SASA Company Rule R4.4.2

D2.2 CHAMPIONSHIP ORGANISATION

D2.2.1 The management of the championships shall be by an organising committee appointed by and under the jurisdiction of the Diving committee.

D2.2.2 The requirements for the Championships shall be published annually.

D2.2.3 The Meet Information Pack will be sent to clubs at least 8 weeks prior to the date of competition.

D2.3 ELIGIBILITY

D2.3.1 All competitors must be SASA registered.

D2.3.2 Age shall be according to SASA Company Rule R4.5.6

D3 CHILD PROTECTION

D3.1 All rules and regulations regarding child protection will be observed in accordance with SASA requirements and guidance.

D4 PROTESTS

D4.1 The procedure and treatment shall be in accordance with Company Rule R11.1

D5 Entries

D5.1 Entries shall be made in accordance with the published Information Pack.

D5.2 Entries close two (2) weeks prior to the first day of the Championships.

D5.3 Entry fees shall be agreed at AGM.

D6 EVENTS

D6.1 Categories for ND Open Championships are defined as follows;

Senior Men's 1 metre springboard



Senior Men's 3 metre springboard
Senior Men's Platform
Junior Men's 1 metre springboard
Junior Men's 3 metre springboard
Junior Men's Platform
Senior Women's 1 metre springboard
Senior Women's 3 metre springboard
Senior Women's Platform
Junior Women's 1 metre springboard
Junior Women's 3 metre springboard
Junior Women's Platform
Men's 3 metre Springboard Synchronised
Men's Platform Synchronised
Women's 3 metre Springboard Synchronised
Women's Platform Synchronised

D6.2 Categories for ND Championships are defined as followed;

Senior Men's 1 metre springboard
Senior Men's 3 metre springboard
Senior Men's Platform
Junior Men's 1 metre springboard
Junior Men's 3 metre springboard
Junior Men's Platform
Senior Women's 1 metre springboard
Senior Women's 3 metre springboard
Senior Women's Platform
Junior Women's 1 metre springboard
Junior Women's 3 metre springboard
Junior Women's Platform

D6.3 Categories for ND Novice Championships are defined as followed;

Junior Boys
Junior Girls

D7 AWARDS

D7.1 Medals shall be awarded for competitors in each of the categories listed in D6.1, D6.2 and D6.3 for 1st / 2nd & 3rd places.

D7.2 Trophies shall be awarded to the North District Diving competitors as follows:

- North District Diving Championships Men's 1m Springboard Trophy - Senior Men's 1 metre Springboard Champion
- North District Diving Championships Men's 3m Springboard Trophy - Senior Men's 3 metre Springboard Champion
- North District Diving Championships Men's Platform Trophy – Senior Men's Platform Champion
- North District Diving Championships Ladies 1m Springboard Trophy - Senior Women's 1 metre Springboard Champion
- North District Diving Championships Ladies 3m Springboard Trophy - Senior Women's 3 metre Springboard Champion
- North District Diving Championships Women's Platform Trophy – Senior Women's Platform Champion
- North District Diving Championships Junior Overall Champion Trophy Sponsored by Aberdeen City Council - Novice Junior Boys and Girls Combined Overall Champion

D7.2.1 In accordance with the Constitution Section C9.1.1 these trophies cannot be won outright but remain the property of the North District

D7.2.2 Trophies will be awarded in accordance with the North District Constitution Section C9.1



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

MASTERS REGULATIONS

M1.0 NORTH DISTRICT MASTERS OPEN CHAMPIONSHIPS

M1.1 The Championships will be held on a date and at a venue to be decided upon by the Masters Committee. The event need not be held in every year.

- M1.1.1 All Championships and Meets shall be held in an indoor pool.
- M1.1.2 All Championships and Meets shall be conducted under FINA Masters Rules.
- M1.1.3 The following Championships are open.
- M1.1.4 Entry Fees will be as agreed at the AGM.

M1.2 Organisation

- M1.2.1 The management of Championships shall be by an organising committee consisting of a Meet Convenor, Entry Secretary and a Meet Treasurer.
- M1.2.2 The management of Meets shall be organised by an affiliated club or clubs.
- M1.2.3 Entries shall be made in accordance with the published Information Pack
- M1.2.4 The number of sessions, the programme of events for each session and the closing date for the entries will be determined by the relevant organising committee and published in the Information Pack.
- M1.2.5 Failure to appear, withdrawals or amendments shall be in accordance with the published Information Pack.
- M1.2.6 Technical Officials shall be appointed in accordance with M3.5.

M1.3 Eligibility to Compete

- M1.3.1 Eligibility is defined in Company Rule R4.5
- M1.3.2 Competitions shall be open to any swimmer aged 25 years of age and over on 31st December in the year of competition.
- M1.3.3 Swimmers aged 18 years to 24 years, on the 31st December in the year of competition, may compete in events open only to this age group, if included as part of a Masters competition.

M1.4 Jury of Appeal

- M1.4.1 The Organising Committee shall appoint or arrange for the appointment of a Jury of Appeal in advance of each Championship.
- M1.4.2 The organising committee shall appoint or arrange for the appointment of a Jury of Appeal in advance of each Meet.
- M1.4.3 The procedure and treatment shall be in accordance with Company Rules R11.3 and R11.4.

M2.0 Age Groups and Events

- M2.1.0 Age at 31st December, in the year of competition, determines the age group in which a swimmer may compete in both individual and relay events.

M2.1.1 Age groups for individual events are as follows:

Group	Age	Group	Age
X*	18 - 24 years	J	65 - 69 years
A	25 - 29 years	K	70 - 74 years
B	30 - 34 years	L	75 - 79 years
C	35 - 39 years	M	80 - 84 years
D	40 - 44 years	N	85 - 89 years.
E	45 - 49 years	O	90 - 94 years
F	50 – 54 years	P	94 - 99 years
G	55 – 59 years	Q	100+ years
H	60 – 64 years		

* See M1.3.3 for clarification.

M2.1.2 Age Groups for relay events, conducted on a total age of team members in whole years are as follows:

- Total Age - 72 - 99 years.
- Total Age - 100 - 119 years.
- Total Age - 120 - 159 years.
- Total Age - 160 - 199 years.
- Total Age - 200 - 239 years.
- Total Age - 240 - 279 years.
- Total Age - 280 - 319 years.
- Total Age - 320 - 359 years.
- Total Age - 360+ years.

Events will be decided upon by the Masters Committee, but will include at least one event on each of the four principle strokes and Individual Medley. Freestyle and Medley relays will also be included.

M2.2 North District Masters Open Championship Events

M2.2.1 Events will be those detailed in the Information Pack.

M2.2.2 In all events there will be a “declared winner” and all places will be decided by times recorded.

M2.3 North District Masters Open Championship Titles

M2.3.1 North District Open Masters Champion

Fastest swimmer in each event and age group shall be the North District Open Champion.

M2.4 North District Masters Open Championship Awards

M2.4.1 Medals shall be presented as follows:

Medals will be given to the overall winner of each Age Group identified in M2.1.1. These awards will be decided on a cumulative total of points awarded from 1st to 6th place in each age group.

M2.5 Club Championship

M2.5.1 The overall team award will be given to the club which accumulates the highest number of points for all individual swims in all age groups and in all relay events. These points being determined and described in the meet information

M3 General

M3.1.0 Masters competitive events require to be licensed in accordance with Company Rule R4.4.

M3.1.1 All swimmers must be members of the SASA or be registered members of another FINA affiliated country, prior to competing in any licensed event.

M3.1.2 All licensed events must be held under FINA Rules and Scottish Swimming Masters Regulations.

M3.2 Facility Minimum Standards

	Level 1	Level 2
a) Warm up facilities and marshals	*	*
b) Competitor Seating	*	*
c) Separate Seating for spectators, VIP's etc	*	*
d) Electronic Timing or at least 2 T/K per lane	*	
e) Anti turbulence lane ropes	*	
f) Office facilities – photocopying, telephone.	*	
g) Programme and start sheets	*	*
h) Results service	*	*
i) First aid facilities	*	*

M3.3 Timescale for Sessions

M3.3.1 Session lengths must not exceed the following unless discretion is granted when a licence is issued.

Level 1 Three hours, including medal presentations, with a maximum of three sessions per day.

Level 2 Two hours, including medal presentations, with a maximum of three sessions per day, or Three hours, including medal presentation, with a maximum of two sessions per day.

M3.4 Meet Management

M3.4.1 The Referee will be responsible, for the proper conduct of a meet as defined by its licence, for all poolside related activities and areas (e.g. to include computer team, commentary team and competitors seating).

M3.4.2 The Referee will assume control at the end of the warm up of each scheduled session until the final event in the session has been ratified.

M3.4.3 A Meet Convenor must be appointed for all licensed meets.

M3.5 Technical Officials

M3.5.1 The minimum number of Officials required shall be:

Official / Lanes	4	6	8	10
Referee	1	1	1	1
Judge 2S	1	1	1	1
Judge	4	6	8	10
Timekeeper (AOE)	4	6	8	10
Timekeeper (no AOE)	8	12	16	20



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

OPEN WATER REGULATIONS

OW1 OPEN WATER CHAMPIONSHIPS

OW1.1 Venue

The Championships will be held at a venue to be decided upon by the Open Water Swimming Convenor.

They will be held on a date to be decided by the Open Water Swimming Convenor in collaboration with the National Open Water Swimming Committee.

OW1.2 Events

The Championships will consist of five events with age categories as follows:

Event 1: Over a distance of between 3 km and 10 km with categories of “Senior” (17+) and “Masters” (25+)

Event 2: Over a distance of between 2 km and 4 km with categories of 13 – 14 years and 15 - 16 years

Event 3: Over a distance of between 1 km and 2 km with categories of “Senior” (17+) and “Masters” (25+)

Event 4: Over a distance of between 500 metres and 1 km with categories of 10- 12 years, 13 – 14 years and 15 - 16 years

Event 5: A team event, the format of which will be detailed in the meet information.

Swimmers over the age of 25 are included in both the Senior and Masters categories.

Positions in the “Masters” category would be decided on adjusted times using a method approved by the District Open Water Committee which is based on time multiplication factors dependent on a competitors age.

Each event shall have two classifications:

- (i) A “North District” classification restricted to members of North District clubs.
- (ii) An “Open” classification for which all entrants are eligible

OW1.3 The Championships will be open to all swimmers irrespective of nationality.

OW1.4 Awards

Medals will be awarded to the first, second and third place swimmers in the North District classification.

Gold, Silver and Bronze medals will be awarded to the first, second and third place swimmers respectively in the Open classification provided they are not eligible for awards in the North District Classification.

OW1.5 Rules for racing and safety arrangements shall be in accordance with the S.A.S.A. regulations.



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

ARTISTIC SWIMMING REGULATIONS

AS1 ARTISTIC SWIMMING CHAMPIONSHIPS

AS 1.1 The general rules of the National Artistic Swimming Regulations apply. The competition is open to all registered clubs in the District and shall be held in November of each year. The management of the championships shall be vested in the North District Artistic Swimming Committee and any matters not covered by the laid-down conditions shall be decided by the Committee.

AS 1.2

SECTION I

A maximum of 6 swimmers and 2 reserves from each club shall swim in each grade category of Section 1 of the Championship.

Category 1 for holders of Grade 1

Figures Each swimmer will perform 4 items from Grade II
Solo 2 mins 30 sec - 3 mins 30 sec
Duet 3 - 4 mins

Category 2 for holders of Grade II

Figures Each swimmer will perform 4 items from Grade III
Solo 2 mins 30 secs - 3 mins 30 secs
Duet 3 - 4 mins

Category 3 for holders of Grade III

Figures Each swimmer will perform 4 items from Grade IV
Solo 3 mins 30 secs
Duet 4 mins

Category 4 for holders of Grade IV/V

Figures Each swimmer will perform 4 figures from FINA
Solo 3 mins 30 secs
Duet 4 mins

SOLO Entries for the solo section will be selected according to individual scores in the figures section. The five highest solo entries shall qualify.

DUET Entries for the duet will be selected according to average score in the figures section. The three highest average scores shall qualify.

SECTION II

Each club may enter 2 (two) team routines as follows:

- | | |
|---------------------|--------------------------------------|
| 1) Grade I & II | 1 team entry per club (4-8 swimmers) |
| 2) Grade III & Over | 1 team entry per club (4-8 swimmers) |

Team routine time limits are:

- | | |
|------------------|---------------|
| Grade I & II | 3 min 30 secs |
| Grade III & Over | 5 mins |

All competitors must take part in the figures section.

There shall be an allowance of 15 seconds plus or minus the times stated for each routine.



Competitors may not take part in the same grade competition in consecutive years without having entered an upgrading examination.

An award shall be made for 1st, 2nd & 3rd in each Grade Category of the Figure, Solo, Duet and Team events.

Items for the figure competition and the order of appearance to be drawn by the Artistic Swimming Committee or organising persons at the time of the closing date.

All clubs will be advised of the order of draw and the figures no later than 14 days before the date of competition.



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

WATER POLO REGULATIONS

1 STANDARD AQUATIC POLO TROPHY

1.1 The cup shall be called the "STANDARD AQUATIC TROPHY" and shall be for annual competition.

1.2 The competition shall be on a knockout basis, but each tie will consist of home and away games, the team with the higher aggregate of goals in both games going forward to the next round. In the event of both teams having the same number of goals at the termination of the second game, extra time to be played, three minutes each half with one minute interval and if still equal, the Water Polo Committee will arrange another game.

1.3 **Entries** shall be sent to the District Secretary accompanied by the entry fee, which shall be agreed at the AGM, on or before 28th February.

1.4 **Winners** of competition shall be presented with thirteen gold medals.

2 LEAGUE COMPETITION

2.1 The competition shall be open to all affiliated clubs.

2.2 Entries shall be sent to the District Secretary accompanied by entry fee, which shall be agreed at the AGM, on or before 28th February.

2.3 The competition will be played at venues on a tournament basis.

2.4 There shall be at least one venue presented by participating club.

2.5 The tournaments shall be held at reasonable intervals from 1st March to 30th June.

2.6 Tournaments shall take place on a Sunday, which failing, a Saturday.

2.7 Referees and Table Officials shall be appointed by the NDWP and shall exclude players involved in the competition on the day.

2.8 The competition shall be on the league principle with each team playing the others twice. Two points shall be awarded for a win and one for a draw. If, after all the matches have been played, there is a tie, there shall be a play-off as directed by the NDWP Convenor.

2.9 All teams shall attend the venue and shall play at least one match and not more than two. There shall be not more than four matches at any one venue.

2.10 The NDWP Convenor or person appointed by him shall be responsible for each tournament.

2.11 Any team not completely ready to play when called upon by the referee at any session shall be disqualified from that match and the points for a win will be awarded to their opponents with a score of 5 goals to nil.

2.12 The winners of the league shall be presented with a shield and thirteen bronze medals.

3 JUNIOR LEAGUE COMPETITION

3.1 The competition shall be open to all affiliated clubs.

3.2 Entries shall be sent to the District Secretary accompanied by entry fee which shall be agreed at the AGM, on or before the 28th February.

3.3 Players taking part must be 16 years or younger.

3.4 The rules for the League competition from 2.6 onwards shall apply to this tournament.



3.5 The winners shall be presented with 13 bronze medals.

4 LIVINGSTONE CUP (110 Years Team Tournament)

4.1 The competition shall be open to all affiliated clubs.

4.2 Entries shall be sent to the District Secretary accompanied by entry fee, which shall be agreed at the AGM, on or before the 28th February.

4.3 Rules

4.3.1 The age of the seven players used at any one time must ADD up to not more than 110 years (Penalty for exceeding 110 years - team will lose game 5-0).

4.3.2 Age according to SASA Company rules.

4.3.3 Tournament will be decided on League Rules - 2 points for a win, 1 point for a draw.

4.3.4 If two or more teams are equal on points, the goal difference will count. If still equal, team scoring the most goals will win. If still equal, penalty throws will decide, best of three or more by different players, until decision is reached.

4.3.5 Players must wear the same cap number for every game and all substitutions must be reported to the secretary as they occur.

4.3.6 If more than 5 teams enter, there shall be two sections for the league with the 1st and 2nd in each qualifying for the semi-final.

4.3.7 Teams playing without paying entry fee will forfeit cup and medals should they win tournament.

4.3.8 The winners of the 110 Years Team Tournament shall be presented with thirteen bronze medals.

5 CLARK CUP (150 Years Team Tournament)

5.1 The competition shall be open to all affiliated clubs.

5.2 Entries shall be sent to the District Secretary accompanied by entry fee of £12.00 on or before 28th February.

5.3 Rules per the Livingstone Cup - with exception (a) 150 years.

5.4 The tournament shall rotate between affiliated clubs.

5.5 The winners shall be presented with 13 bronze medals and trophy.



SCOTTISH AMATEUR SWIMMING ASSOCIATION NORTH DISTRICT

2023/24 Meetings

2023

Tuesday 5 September 1930 – 20.30	Executive Meeting	Online
Wednesday 20 September 10.00 – 12.00	North District Meeting	Online
Tuesday 3 October 2023 19.30 – 20.30	Executive Meeting	Online
Tuesday 7 November 19.30 – 21.00	Management Meeting	Online
Wednesday 29 November 19.00 – 21.00	North District Meeting	Face to Face/Online

2024

Tuesday 9 January 19.30 – 20.30	Executive Meeting	Online
Tuesday 6 February 19.30 – 21.00	Management Meeting	Online
Wednesday 20 March 19.00 – 21.00	North District Meeting	Online
Tuesday 2 April 19.30 – 20.30	Executive Meeting	Online
Tuesday 7 May 19.30 – 21.00	Management Meeting	Online
Saturday 1 June 10.00 – 13.00	Annual General Meeting	Face to Face/Online

2023/24 Meets – Swimming (subject to change)

2023

9 September 2023	Sprint Championships	Aberdeen Aquatics Centre
7/8 October 2023	Distance Meet	Fraserburgh Sports Centre
4/5 November 2023	Open Championships	Aberdeen Aquatics Centre
25/26 November 2023	Age Group Meet	Inverness Leisure

2024

10/11 February 2024	Age Group Championships Pt 2	Aberdeen Aquatics Centre
2/3 March 2024	Age Group Championships Pt 2	Aberdeen Aquatics Centre
22/23 June 2024	Development Meet	Inverness Leisure

SASA North District Fees, Fines, Subsidies and Allowances Fees 2023/24

1.	Affiliation Fee - Club Membership more than 20 swimming members @ 1 December prior to Affiliation Year	£120.00
	Affiliation Fee - Club Membership 20 or less swimming members @ 1 December prior to Affiliation Year	£ 60.00
2.	National District/Development Training (per swimmer/per day)	£ 25.00
	National District/Development Training (per swimmer/for one pool session - up to 2 hours)	£ 8.00
3.	Hire of Full AOE excluding Scoreboard (per session)	£ 40.00
4.	Hire of Start System only (per session)	£ 10.00
5.	Hire of Backstroke Ledges (per ledge per day)	£ 5.00
6.	Hire of NEW PA/Sound System (per session) I-Pods will not be supplied unless requested	£ 15.00
7.	Hire of OLD PA/Sound System (per session)	£ 10.00
8.	Hire of District Stop Watches (per session)	£ 10.00
9.	Hire of Igloos (per day) NB Igloos can only be hired for use in the pools where they are kept	£ 5.00
10.	Hire of Headsets (per day) Note that hire of any equipment does not include transportation. This must be arranged by the hirer.	Free
11.	Entry Fees by Discipline and Description	Individual Duet Team
	Swimming Meets (SC)	£ 7.00 £9.00
	Swimming Time Trials (LC)	£7.00
	Swimming Championships (SC)	£8.00 £10.00
	Swimming Championships (LC)	£9.00 £12.00
	Open Swimming Championships (SC)	£ 9.00 £12.00
	Open Swimming Championships (LC)	£10.00 £14.00
	Swimming Masters	Individual entry up to 5 Events £35.00
		> 5 Events, fee per Event £ 7.00
		Relay £9.00
	Open Water (Junior)	500m £16.00
		Both 500m & 3K £25.00
	Open Water (Senior)	1.5K or 5K £22.00
		Both 1.5K & 5K £35.00
	Open Water (Team)	£25.00
	Water Polo	£25.00
	Diving	Open Championship £10.00 £20.00
		Novice £10.00
	Artistic Swimming	All Skill Levels £ 7.00 £9.00 £12.00

SASA North District Fees, Fines, Subsidies and Allowances

Fines 2023/24

1.	Withdrawal Fine (Individual/Team) Heat	£10.00
	Withdrawal Fine (Individual/Team) Semi Final/Final	£ 20.00
2.	Insufficient Officials Fine (per session)	£ 25.00
	Insufficient Officials on entry	£ 25.00

Subsidies and Allowances 2023/24

1.	Club affiliation reduction	50% August to December
2.	Organisation of a District Swim Meet/ Championship	£100 per session
3.	STO Training Fee Refunds	
	a) Club Timekeeper Course	The District will pay directly to Scottish Swimming, the fee for all Timekeeper courses that have at least 8 Timekeepers on the course. Clubs that do not have 8 Timekeepers of their own on the course should work with other clubs to fill the spaces. Clubs that run courses that take place with fewer than 8 Timekeepers in total, must refund the District for the course.
	b) Judge 1	£20 On attainment of qualification
	c) Judge 2, Judge 2S, Recorder and AOE	£10 On attainment of qualification
	d) Referee	£20 On attainment of qualification
4.	Hy Tek Team Manager (Bronze Package)	50% Actual cost converted from USD – new clubs only
5.	Technical Officials & Officer Expense Rates*	
	a) Mileage	45p per mile
	b) Meal allowance	£20 per night
	c) Accommodation allowance Please refer to BL 5.6.3 and 5.6.4 re the setting of allowances and BL5.7 for conditions regardsing payment of expenses.	£50 per night

SASA North District Fees, Fines, Subsidies and Allowances

Subsidies and Allowances 2023/24 continued

6.	Assistance to purchase Headsets	<p>£150.00 or 75% if cost is less</p> <p>North District Clubs outside the Grampian area who run at least one open meet per year shall be subsidised in the purchase of headsets/radios up to the sum of £150 per club or 75% whichever is less up to a maximum of 8 radios.</p> <p>Radios/headsets will become club property and any subsequent maintenance or replacement will be the club's responsibility.</p> <p>Receipts to be submitted to the District Treasurer prior to payment.</p>
7.	Support for education for Coaches and Technical Officials.	<p>From a limited budget to support remote areas and regions in accessing education and development opportunities. Applications can be made by clubs, where it can be demonstrated that there are significant barriers and the barriers that are present could be removed or reduced by financial support from the SASA North District that is not available elsewhere.</p> <p>Applications will be considered by the SASA North District Executive and the Convenor for the relevant discipline and the decision reached will be final.</p> <p>Further information when available.</p>



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

RECORDS



2023

NORTH DISTRICT RECORDS: 11 YEARS

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
Suleman Butt	00.28.94	Aberdeen	Inverurie Sep 09	50 Free	Elise Cosens	00.28.64	Tain	Thurso Sep 17
Allan Simpson	0.30.35	Nairn District	Tollcross Jan. '04		Madison Christoforos	00.29.70	Aberdeen Dol	Tollcross Apr 22
Elliot Martin	01.03.57	Cults Otters	Inverness Dec 06	100 Free	Elise Cosens	01.03.94	Tain	Thurso Sep 17
Suleman Butt	01.05.22	Aberdeen	Edinburgh, Apr 09		Sara Hamilton	1.04.90	SAS	Tollcross May06
Elliot Martin	02.14.96	Cults Otters	Inverness Dec 06	200 Free	Anya Slessor	02.19.42	COAST	Westhill Jan 16
Tom Primavesi	02.20.23	COAST	Tollcross Mar 06		Abigail Proctor	02.24.10	COAST	Sunderland May 10
Elliot Martin	04.43.70	Cults Otters	Inverness Dec 06	400 Free	Anya Slessor	04.51.04	Bridge of Don	Inverness Jan 16
Tom Primavesi	04.53.96	COAST	Tollcross Mar 06		Abigail Proctor	05.02.92	COAST	Sunderland May 10
Tom Primavesi	9.46.82	COAST	Westhill Jun06	800 Free	Elizabeth Hughes	09.59.70*	Abdn D'phin	Inverness Dec '05
Tom Primavesi	09.53.99	COAST	Tollcross Mar 06		Anya Slessor	10.37.88	Garioch	Dublin Jul 15
Elliot Martin	18.37.96	Cults Otters	Inverness Dec 06	1500 Free	Elizabeth Hughes	18.49.18	Abdn D'phn	Inverness Dec '05
Tom Primavesi	18.46.44	COAST	Tollcross May06					
Suleman Butt	00.31.67	Aberdeen	Inverurie Sep 09	50 Fly	Anya Slessor	00.30.27	COAST	Edinburgh Dec 15
Kieran Lennox	00.32.76	Bucksburn	Aberdeen May 18		Anya Slessor	00.30.35	Inverurie Acad	Tollcross, Jan 16
Tom Primavesi	01.12.72	Cults Otters	Inverness Mar 06	100 Fly	Anya Slessor	01.08.44	COAST	Edinburgh Dec 15
Tom Primavesi	01.13.41	COAST	Tollcross Mar 06		Anya Slessor	01.07.25	Garioch	Dublin, Jul 15
Tom Primavesi	2.36.86	COAST	Westhill Jun06	200 Fly	Anya Slessor	02.31.49	COAST	Westhill Jan 16
Tom Primavesi	02.39.90	COAST	Tollcross Mar 06		Anya Slessor	02.37.01	Garioch	Dublin, Jul 15
Suleman Butt	00.33.47	Aberdeen	Banff Sep 09	50 Back	Anya Slessor	00.32.41	Bridge of Don	Buckie Feb 2016
Jack Watson	00.35.56	Ashley Road	Tollcross Jan 11		Madison Christoforos	00.33.59	Aberdeen Dol	Tollcross Apr 22
Joseph Miley	01.12.46	Garioch	Inverness Nov 09	100 Back	Anya Slessor	01.11.39	Bridge of Don	Inverness Jan 16
Joseph Miley	01.15.01	Garioch	Edinburgh, Apr 09		Mairi MacDonald	01.12.87	COAST	Aberdeen Mar 15
Joseph Miley	02.26.15	Garioch	Inverness Nov 09	200 Back	Anya Slessor	02.33.80	COAST	Westhill Jan 16
Joseph Miley	02.32.79	Garioch	Sheffield May 09		Mairi MacDonald	02.38.84	COAST	Aberdeen Apr 15
Euan Inglis	0.38.62	Aberdeen Dol	Aberdeen Nov 05	50 Brs	Anya Slessor	00.37.39	Bridge of Don	Inverness Jan 16
Finley Cousins	00.39.24	Garioch	Aberdeen Mar 15		Madison Christoforos	00.37.00	Aberdeen Dol	Tollcross Apr 22
Elliot Martin	01.22.18	Cults Otters	Inverness Dec 06	100 Brs	Andrea Strachan	01.22.32	Shetland	Westhill April '04
Sam George	01.27.89	SAS	Tollcross June '05'		Madison Christoforos	01.20.31	Aberdeen Dol	Tollcross Apr 22
Euan Inglis	02.53.86	Abdn D'phin	Inverness Dec '05	200 Brs	Sophia Green	2.53.18	Elgin	Elgin Feb 12
Sam George	03.04.55	SAS	Tollcross June '05'		Andrea Strachan	02.58.59	Shetland	Tollcross July '04
Joseph Miley	01.13.97	Garioch	Inverness Nov 09	100 IM	Anya Slessor	01.13.38	COAST	Prestonpans Oct 15
			No event LC					No event LC
Elliot Martin	02.31.66	Cults Otters	Inverness Dec 06	200 IM	Anya Slessor	02.33.92	Bridge of Don	Inverness Jan 16
Tom Primavesi	02.43.07	COAST	Tollcross Mar 06		Emily Jones	02.43.32	Garioch	Tollcross June '07'
Elliot Martin	05.20.44	Cults Otters	Inverness Dec 06	400 IM	Sophia Green	5.25.87	Elgin	Elgin Feb 12
Elliot Martin	5.31.80	COAST	Sheffield Jul 06		Emily Jones	05.36.21	Garioch	Sheffield July '07'

NORTH DISTRICT RECORDS: 12 YEARS

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
Suleman Butt	00.26.91	Aberdeen	Banff March 2010	50 Free	Sara Hamilton	00.27.12	Stonehaven	Westhill May 07
Suleman Butt	00.27.39*	Aberdeen	Sheffield Jul 10		Sara Hamilton	00.27.81	SAS	Tollcross June '07'
Suleman Butt	00.57.45	Aberdeen	Westhill May 2010	100 Free	Anya Slessor	01.01.68	Bridge of Don	Inverness Nov 16
Suleman Butt	00.57.23	Aberdeen	Sheffield Jul 10		Sara Hamilton	00.59.76	SAS	Sheffield July '07'
Adrian O'Neill	02.04.86	Abdn D'phin	Aberdeen Nov '02'	200 Free	Emily Jones	02.11.61	Garioch	Westhill Nov 07
Suleman Butt	02.04.46	Aberdeen	Sheffield Jul 10		Emily Jones	02.09.87	Garioch	Sheffield Jul 08
Adrian O'Neill	04.25.62	COAST	Westhill Aug '02'	400 Free	Emily Jones	04.37.50	Garioch	Westhill Feb 08
Suleman Butt	04.29.46	Aberdeen	Sheffield Jul 10		Emily Jones	04.40.10	Garioch	Sheffield Jul 08
Adrian O'Neill	09.11.25	COAST	Westhill Oct '02'	800 Free	Emily Jones	09.31.34	Garioch	Inverness, Mar 08
Ben McLaughlin	09.45.33	Garioch	RCP July 19		Emily Jones	09.38.91	Garioch	Sheffield Jul 08
Euan Inglis	17.57.81	Aberdeen Dol	Inverness Dec 06	1500 Free	Emily Jones	17.59.83	Garioch	Westhill May 08
Tom Beeley	18.21.02	Aberdeen	Sunderland Apr 12		Emily Jones	18.24.22	Garioch	Tollcross Jun 08
Adrian O'Neill	0.29.17	Abdn D'phin	Aberdeen Nov '02'	50 Fly	Anya Slessor	00.29.27	Bridge of Don	Inverness Nov 16
Suleman Butt	00.30.08*	Aberdeen	Sheffield Jul 10		Anya Slessor	00.29.10	Bridge of Don	Aberdeen Feb 17
Adrian O'Neill	01.04.98	COAST	Westhill Oct '02'	100 Fly	Anya Slessor	01.04.54	Bridge of Don	Inverness Nov 16
Suleman Butt	01.05.84	Aberdeen	Sheffield Jul 10		Anya Slessor	01.06.89	COAST	Aberdeen Jul 16
Adrian O'Neill	02.21.66	Abdn D'phin	Aberdeen Nov '02'	200 Fly	Anya Slessor	02.26.38	Bridge of Don	Inverness Nov 16
Adrian O'Neill	02.26.77	COAST	Tollcross Jun '02'		Hannah Miley	02.30.83	SAS	Tollcross Jun '02'
Suleman Butt	00.31.35	Aberdeen	Banff, Mar 2010	50 Back	Anya Slessor	0.31.26	Bridge of Don	Inverness Nov 16
Suleman Butt	00.31.87*	Aberdeen	Sheffield Jul 10		Sarah Hill	0.30.92	Aberdeen Dol	Tollcross May 19
Suleman Butt	01.05.25	Aberdeen	Inverness Mar 2010	100 Back	Abigail Proctor	01.09.12	Aberdeen Dol	Inverness Mar 11
Suleman Butt	01.06.01	Aberdeen	Sheffield Jul 10		Sarah Hill	01.07.45	Aberdeen Dol	Tollcross Mar 19
Ewan Mackenzie	02.23.79	Westhill	Westhill May '02'	200 Back	Emily Jones	2.27.84	Garioch	Westhill Jun 08
Ewan Mackenzie	02.25.48	SAS	Sheffield Aug '02'		Sarah Hill	02.29.99	Aberdeen Dol	Tollcross May 19
Adrian O'Neill	0.33.93	Abdn D'phin	Aberdeen Nov '02'	50 Brs	Orla Adams	00.36.06	Garioch	Westhill Nov 07
Sam George	0.35.34	SAS	Tollcross Jun 06		Sophie Bain	00.35.48	Uni of Aberdeen	Aberdeen Apr 18
Sam George	1.15.27	Banchory Beavers	Westhill May06	100 Brs	Orla Adams	01.16.15	Garioch	Northfield Jan 08
Sam George	1.15.34	SAS	Sheffield Jul 06		Sophie Bain	01.18.30	Uni of Aberdeen	Aberdeen May 18
Adrian O'Neill	02.39.17	Abdn D'phin	Aberdeen Nov '02'	200 Brs	Ruth Gordon	02.40.93	Skye	Inverness Mar 11
James Yule	02.42.38	SAS	Tollcross April 07		Orla Adams	02.48.01	Inverurie Acad	Tollcross Jan 08
Adrian O'Neill	01.08.00	Abdn D'phin	Westhill May '02'	100 IM	Sara Hamilton	01.08.93	Stonehaven	Westhill May 07
			No event LC					No event LC
Adrian O'Neill	02.21.84	Abdn D'phin	Aberdeen Nov '02'	200 IM	Emily Jones	02.24.31	Garioch	Westhill Jun 08
Adrian O'Neill	02.26.30	COAST	Sheffield Aug '02'		Emily Jones	02.29.97	Garioch	Tollcross Jun 08
Adrian O'Neill	05.01.11	Abdn D'phin	Westhill May '02'	400 IM	Emily Jones	05.10.01	Garioch	Westhill May 08
Adrian O'Neill	05.09.44	COAST	Tollcross Jun '02'		Emily Jones	05.17.19	Garioch	Tollcross Jun 08

NORTH DISTRICT RECORDS: 13 YEARS

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
Suleman Butt	00.24.84	Aberdeen	Westhill May 11	50 Free	Sara Hamilton	00.26.42	Stonehaven	Westhill May 08
Suleman Butt	00.25.43	Aberdeen	Tollcross May 11		Sara Hamilton	00.26.53	SAS	Tollcross Jun 08
Suleman Butt	00.54.10	Aberdeen	Westhill May 11	100 Free	Sara Hamilton	00.57.70	Stonehaven	Westhill May 08
Suleman Butt	00.54.65	Aberdeen	Sheffield July 11		Sara Hamilton	00.57.19#	Scotland	Vienna, June 08
Suleman Butt	01.58.61	Aberdeen	Inverness Mar 11	200 Free	Sara Hamilton	02.03.26	Stonehaven	Westhill May 08
Suleman Butt	01.59.59	Scotland N/W	Sheffield Sep 2011		Rosie Morgan	02.07.91	COAST	Sheffield Jul 16
James Yule	04.16.15	SAS	Westhill Feb 08	400 Free	Sara Hamilton	04.24.61	Stonehaven	Westhill Jun 08
Suleman Butt	04.13.83	Aberdeen	Sheffield July 11		Emily Jones	04.26.22	Garioch	Sheffield Jul 09
Jake Gibson	08.55.47	Broch	Aberdeen Nov 19	800 Free	Emily Jones	09.10.16	Garioch	Westhill Jan 09
Suleman Butt	08.56.45	Aberdeen	Tollcross Apr 11		Sara Hamilton	09.17.78	SAS	Tollcross Apr 08
Suleman Butt	16.50.57	Aberdeen	Westhill May 11	1500 Free	Emily Jones	17.22.87	Garioch	Westhill May 09
Suleman Butt	17.12.98	Aberdeen	Tollcross Apr 11		Emily Jones	17.42.93	Garioch	Tollcross Jun 09
Suleman Butt	00.27.44	Aberdeen	Inverurie Sep 2011	50 Fly	Anya Slessor	00.28.71	Uni of Aberdeen	Aberdeen Oct 17
Suleman Butt	00.27.67	Aberdeen	Tollcross June 11		Anya Slessor	00.28.21	Uni of Aberdeen	Aberdeen Feb 18
Adrian O'Neill	01.00.68	COAST	Stockport Aug '03'	100 Fly	Anya Slessor	01.03.71	Uni of Aberdeen	Inverness Nov 17
Adrian O'Neill	01.00.59	COAST	Sheffield Jul '03'		Gaia Alcaras	01.05.04	Aberdeen Grammar	Tollcross Jan 16
Adrian O'Neill	02.14.50	Abdn D'phin	Inverness April '03'	200 Fly	Anya Slessor	02.20.40	Uni of Aberdeen	Edinburgh Dec 17
Adrian O'Neill	02.17.28	COAST	Tollcross Jun '03'		Hannah Miley	02.22.54	SAS	Sheffield Jul '03'
Suleman Butt	00.28.40	Aberdeen	Inverurie Sep 2011	50 Back	Sarah Hill	00.29.89	Aberdeen Dol	Aberdeen Nov 19
Suleman Butt	00.28.79	Aberdeen	Tollcross May 11		Sarah Hill	00.31.46	Aberdeen Dol	RCP Mar 20
Suleman Butt	01.01.31	Aberdeen	Tollcross Jan 2011	100 Back	Sarah Hill	01.05.17	Aberdeen Dol	Aberdeen Nov 19
Suleman Butt	01.01.93	Aberdeen	Sheffield July 11		Sarah Hill	01.06.90	Aberdeen Dol	RCP Mar 20
Finlay Deans	02.13.54	Bridge of Don	Inverness Mar 2013	200 Back	Sarah Hill	02.21.49	Aberdeen Dol	Aberdeen Nov 19
Suleman Butt	02.17.05	Aberdeen	Tollcross July 11		Mairi Macdonald	02.26.11	Bucksburn	Aberdeen Feb 17
Finley Cousins	00.33.06	Garioch	Inverurie Oct 16	50 Brs	Orla Adams	00.33.84	Garioch	Tollcross Jan 09
Sam George	0.33.41*	SAS	Tollcross April 07		Sophie Bain	00.34.70	Uni of Aberdeen	Aberdeen Apr 19
Miguel Stewart	01.09.21	Garioch	Aberdeen Nov 21	100 Brs	Orla Adams	01.12.54	Garioch	Tollcross Jan 09
Sam George	01.10.68	SAS	Sheffield July '07'		Sophie Bain	01.15.19	Uni of Aberdeen	Tollcross Mar 19
Sam George	02.31.04	Banchory	Inverness Mar 07	200 Brs	Orla Adams	02.37.85	Garioch	Tollcross Jan 09
Sam George	02.30.77	SAS	Sheffield July '07'		Ruth Gordon	02.40.87	Highland	Sheffield Jul 11
Calum Burkinshaw	01.03.92	Deveron	Banff May 11	100 IM	Sara Hamilton	01.06.51	Stonehaven	Westhill May 08
			No event LC		No event LC			
Adrian O'Neill	02.14.85	COAST	Stockport Aug '03'	200 IM	Emily Jones	02.21.54	Garioch	Inverness Mar 09
Adrian O'Neill	02.17.85	COAST	Sheffield Jul '03'		Sara Hamilton	02.25.70	SAS	Tollcross Jun 08
James Yule	04.48.92	Westhill	Inverness, Mar 08	400 IM	Gaia Alcaras	04.58.96	COAST	Edinburgh Dec 15
Adrian O'Neill	04.55.91	COAST	Sheffield July '03'		Hannah Miley	05.03.83	SAS	Sheffield Jul '03'



NORTH DISTRICT RECORDS: 14 YEARS

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
Suleman Butt	0.23.94	Aberdeen	Westhill May 12	50 Free	Sara Hamilton	00.25.82#	SAS	Tollcross Jan 09
Suleman Butt	0.24.35	Aberdeen	Edinburgh Jun 12		Sara Hamilton	00.26.12#	SAS	Sheffield, Mar 09
Suleman Butt	00.53.13	Aberdeen	Inverness Dec 2011	100 Free	Sara Hamilton	00.56.07#	SAS	Tollcross Jan 09
Suleman Butt	0.52.61	Aberdeen	Sheffield Jul 12		Sara Hamilton	00.57.96	Scotland	Swansea Feb 09
Suleman Butt	01.54.45	Aberdeen	Westhill May 12	200 Free	Sara Hamilton	02.03.21	SAS	Tollcross Jan 09
Suleman Butt	01.53.34	Aberdeen	Sheffield Jul 12		Emily Jones	02.06.06	Garioch	Tollcross Jun 10
Suleman Butt	04.06.11	Aberdeen	Inverness Dec 2011	400 Free	Sara Hamilton	04.17.39	SAS	Stavanger Nov 08
Suleman Butt	04.03.46	Aberdeen	Sheffield Jul 12		Emily Jones	04.26.90	Garioch	Sheffield Apr 2010
Robbie Renwick	08.33.44	Cults Otters	Inverness April '03'	800 Free	Emily Jones	08.57.27	Garioch ASC	Inverness Mar 2010
Timothy McGovern	08.48.45	COAST	Tollcross Apr 2010		Emily Jones	09.18.14	Garioch	Tollcross Apr 2010
Suleman Butt	16.03.60	Aberdeen	Dunfermline May 12	1500 Free	Hannah Miley	17.24.16	Garioch ASC	Inverness Feb. '04
Timothy McGovern	16.45.29	COAST	Tollcross Apr 2010		Pamela Beck	17.42.60	SAS	Tollcross Jun 09
Dean Fearn	00.25.80	Aberdeen Dol	Westhill Mar 22	50 Fly	Anya Slessor	00.27.93	Uni of Aberdeen	Edinburgh Dec 18
Dean Fearn	00.25.01	Aberdeen Dol	Sheffield Jul 22		Anya Slessor	00.28.74	Uni of Aberdeen	Sheffield Jul 18
Dean Fearn	00.58.63	Aberdeen Dol	Westhill Mar 22	100 Fly	Emily Jones	01.03.48	Garioch	Westhill May 10
Dean Fearn	00.56.18	Aberdeen Dol	Sheffield Jul 22		Madison Coull	01.03.69	Buckie ASC	Aberdeen Mar 23
Tom Beeley	02.10.58	Aberdeen	Fraserburgh Mar 14	200 Fly	Gaia Alcaras	02.18.30	COAST	Edinburgh Dec 16
Chris Chasser	02.12.98	SAS	Tollcross Jun '03'		Hannah Miley	02.20.96	SAS	Tollcross July '04
Dean Fearn	00.26.93	Aberdeen Dol	Westhill Mar 22	50 Back	Elaine Murray	00.30.02	Broch	Edinburgh Dec 17
Dean Fearn	00.27.24	Aberdeen Dol	Sheffield Jul 22		Elaine Murray	00.30.43	Broch	Aberdeen Feb 18
Suleman Butt	00.59.66	Aberdeen	Inverness Dec 2011	100 Back	Emily Grant	01.04.37	Cults Otters	Inverness Dec 2011
Dean Fearn	00.58.71	Aberdeen Dol	Sheffield Jul 22		Hannah Dryburgh	01.06.51	Aberdeen	Aberdeen Apr 15
Chris Chasser	02.08.21	Westhill	Westhill May '03'	200 Back	Elizabeth Hughes	02.19.57	COAST	Dundee Oct 08
Suleman Butt	02.11.13	Aberdeen	Edinburgh Jun 12		Hannah Miley	02.24.06	SAS	Sheffield Aug. '04
Finley Cousins	00.31.20	Garioch	Edinburgh Dec 17	50 Brs	Jasmin Smith	00.33.88	South Mainland	Lerwick Apr 16
Finley Cousins	00.31.10	Dyce	Aberden Feb 18		Nula Gow	00.34.53	Garioch	Aberdeen Feb 20
Finley Cousins	01.07.86	Garioch	Aberdeen Nov 17	100 Brs	Sophie Bain	01.12.35	Uni of Aberdeen	Aberdeen Nov 19
Callum McBeath	01.07.89	Forres Bluefins	Edinburgh Apr 13		Emily Jones	01.14.00	Garioch	Sheffield Aug 10
Sam George	02.27.08	SAS	Tollcross Jan 08	200 Brs	Emily Jones	02.35.08	Garioch	Inverness Mar 2010
Sam George	02.29.05	SAS	Sheffield Apr 08		Nula Gow	02.39.10	Garioch	Aberdeen Mar 20
Suleman Butt	01.00.86	Aberdeen	Aberdeen Aug 12	100 IM	Sara Hamilton	01.04.40	SAS	Stavanger Nov 08
			No event LC					No event LC
Adrian O'Neill	02.10.93	COAST	Tollcross March '04	200 IM	Emily Jones	02.19.28	Garioch	Westhill May 10
Finlay Deans	02.13.92	COAST	Aberdeen June 14		Emily Jones	02.20.23	Garioch	Sheffield Aug 10
Chris Chasser	04.38.77	Westhill	Inverness Feb '03'	400 IM	Emily Jones	04.49.20	Garioch	Westhill May 10
Chris Chasser	04.46.79	SAS	Sheffield Jul '03'		Emily Jones	04.59.40	Garioch	Sheffield Aug 10

NORTH DISTRICT RECORDS: 15 YEARS

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
Suleman Butt	00.23.20	Aberdeen	Edinburgh Dec 12	50 Free	Sara Hamilton	00.26.05	SAS	Tollcross Jan 2010
Suleman Butt	00.24.13	Aberdeen	Leeds Mar 2013		Sara Hamilton	00.26.21	GB	Helsinki Jul 10
Suleman Butt	00.50.26	Aberdeen	Inverness Mar 13	100 Free	Sara Hamilton	00.55.75	SAS	Tollcross Jan 2010
Suleman Butt	00.51.64	Aberdeen	Sheffield Aug 2013		Sara Hamilton	00.56.75	GB	Helsinki Jul 10
Suleman Butt	01.51.12	Aberdeen	Edinburgh Dec 12	200 Free	Emily Jones	02.03.26	Garioch	Tollcross Jan 2011
Suleman Butt	01.52.94	Aberdeen	Leeds Mar 2013		Emily Jones	02.04.12	Inverurie Acad	Tollcross Jan 2011
Suleman Butt	03.57.08	Aberdeen	Inverness Mar 13	400 Free	Emily Jones	04.19.26	Garioch	Tollcross Jan 2011
Robbie Renwick	04.00.66#	COAST	Tollcross July '04		Kailyn Hall	04.24.75	Uni of Aberdeen	Edinburgh Mar 20
Euan Inglis	08.19.77*	COAST	Inverness Nov 09	800 Free	Hannah Miley	08.49.56	SAS	Tollcross Jan '05
Euan Inglis	08.33.16	COAST	Sheffield Dec 09		Kailyn Hall	09.07.02	Uni of Aberdeen	Edinburgh Mar 20
Euan Inglis	15.47.35	COAST	Inverness Nov 09	1500 Free	Hayley Monteith	17.08.62	Aberdeen Dol	Westhill May 2010
Robbie Renwick	16.19.49#	COAST	Sheffield April '04		Kailyn Hall	17.25.61	Uni of Aberdeen	Edinburgh Mar 20
Suleman Butt	00.25.57	Aberdeen	Edinburgh Dec 12	50 Fly	Anya Slessor	00.28.34	Uni of Aberdeen	Aberdeen Nov 19
Kieran Lennox	00.25.69	Uni Of Aberdeen	Sheffield Jul 22		Yasmin Perry	00.27.67	BOD	Aberdeen Mar 17
Tom Beeley	00.56.86	Aberdeen	Aberdeen Nov 14	100 Fly	Hannah Miley	01.03.51	SAS	Tollcross Jan '05
Tom Beeley	00.57.67	Aberdeen	Edinburgh Mar 15		Emily Jones	01.03.02	Garioch	Tollcross Apr 11
Tom Beeley	02.05.17	Aberdeen	Aberdeen Nov 14	200 Fly	Hannah Miley	02.15.70#	SAS	Tollcross Jan '05
Tom Beeley	02.06.18	Aberdeen	Aberdeen Apr 15		Emily Jones	02.17.03	Garioch	Tollcross Apr 11
Suleman Butt	00.26.35	Aberdeen	Edinburgh Dec 12	50 Back	Hannah Dryburgh	00.29.73	Aberdeen	Inverness Nov 16
Jack Ness	00.27.09	COAST	Edinburgh Jul 12		Caroline McIntosh	00.30.24	COAST	Sheffield Jul 15
Suleman Butt	00.57.80	Aberdeen	Edinburgh Dec 12	100 Back	Hannah Dryburgh	01.03.16	Aberdeen	Inverness Nov 16
Jack Ness	00.58.97	COAST	Sunderland Apr 12		Emily Grant	01.05.99	COAST	Tollcross Jun 13
Finlay Deans	02.06.65	COAST	Aberdeen Nov 14	200 Back	Elizabeth Hughes	02.15.19	COAST	Dundee Oct 09
Finlay Deans	02.09.90	COAST	Tollcross, Jul 15		Sara Hamilton	02.18.99	SAS	Tollcross Apr 2010
James Yule	00.30.45	SAS	Tollcross Jan 2010	50 Brs	Jasmin Smith	00.33.49	Sth Mainland	Edinburgh Dec 16
Finley Cousins	00.30.61	Uni Of Aberdeen	Sheffield Jul 18		Emily Jones	00.33.47	GB	Lima August 11
James Yule	01.04.64	SAS	Tollcross Jan 2010	100 Brs	Emily Jones	01.10.35	Garioch	Westhill May 11
James Yule	01.06.34	SAS	Sheffield Mar 2010		Emily Jones	01.12.14	Garioch	Tollcross Apr 11
James Yule	02.20.28	SAS	Tollcross Jan 2010	200 Brs	Emily Jones	02.31.66	Garioch	Tollcross Jan 2011
James Yule	02.26.57	SAS	Tollcross Apr 2010		Hayley Monteith	02.36.32	COAST	Sheffield Dec 09
Suleman Butt	00.58.26	Aberdeen	Edinburgh Dec 12	100 IM	Emily Jones	01.04.26	Garioch	Westhill May 11
			No event LC					No event LC
James Yule	02.07.51	Westhill Dist	Inverness Mar 2010	200 IM	Emily Jones	02.15.93	Garioch	Tollcross Jan 2011
Adrian O'Neill	02.12.21	COAST	Tollcross June '05'		Emily Jones	02.18.48	Garioch	Tollcross Apr 11
Euan Inglis	04.30.61	SAS	Inverness Nov 09	400 IM	Hannah Miley	04.44.39#	SAS	Tollcross Jan '05
Euan Inglis	04.40.77	COAST	Sheffield Aug 09		Emily Jones	04.58.44	Garioch	Tollcross Apr 11

NORTH DISTRICT RECORDS: 16 YEARS

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
Suleman Butt	00.23.34	Aberdeen	Edinburgh Dec 13	50 Free	Emily Jones	00.26.41	Garioch	Inverness Nov 2011
Suleman Butt	00.24.40	Aberdeen	Amsterdam Dec 13		Emily Jones	0.26.83	Garioch	Sunderland Apr 12
Suleman Butt	00.50.39	Aberdeen	Edinburgh Dec 13	100 Free	Emily Jones	00.56.27	Garioch	Inverness Dec 2011
Robbie Renwick	0.51.59	COAST	Tollcross June 05`		Emily Jones	0.57.16	Garioch	Sunderland Apr 12
Robbie Renwick	01.49.24	COAST	Tollcross Jan`05	200 Free	Alice Alcaras	02.04.11	COAST	Edinburgh Dec 16
Robbie Renwick	01.50.37	COAST	Tollcross June 05`		Gaia Alcaras	02.05.66	Uni of Aberdeen	Sheffield Jul 18
Robbie Renwick	03.52.42	COAST	Tollcross Jan`05	400 Free	Hannah Miley	04.16.39	Garioch	Westhill Oct 05
Robbie Renwick	03.55.18	Scotland	Budapest July `05`		Jessica Thomson	04.27.09	COAST	Tollcross, Jul 15
Euan Inglis	08.17.54	Aberdeen Dol	Westhill May 2010	800 Free	Jessica Thomson	08.51.36	COAST	Edinburgh Dec 15
Ben McLaughlin	08.37.82	Garioch	Sheffield Jul 23		Jessica Thomson	09.07.73	COAST	Tollcross, Jul 15
Euan Inglis	15.43.54	Aberdeen Dol	Westhill May 2010	1500 Free	Elizabeth Hughes	17.01.10	Aberdeen Dol	Westhill May 2010
Robbie Renwick	16.08.88	Scotland	Bendigo Australia`04		Elizabeth Hughes	17.49.54	COAST	Tollcross Apr 2010
Kieran Lennox	00.24.48	U of Aberdeen	Aberdeen Nov 22	50 Fly	Yasmin Perry	00.28.11	U of Aberdeen	Inverness Nov 2017
Tom Robertson	00.25.34	Aberdeen Dol	Aberdeen Mar 22		Yasmin Perry	00.27.69	U of Aberdeen	Aberdeen Apr 17
Tom Robertson	00.55.68	Aberdeen Dol	Edinburgh Dec 21	100 Fly	Emily Jones	01.01.75	Garioch	Inverness Dec 2011
					Yasmin Perry	01.01.75	U of Aberdeen	Edinburgh Dec 17
Chris Chasser	0.55.46	SAS	Sheffield August`05`	200 Fly	Emily Jones	01.01.18	Garioch	Sheffield Jul 12
Tom Beeley	02.02.54	Aberdeen	Edinburgh Dec 15		Emily Jones	02.12.78	Garioch	Inverness Dec 2011
Tom Beeley	02.02.30	Aberdeen	Sheffield Jul 15	50 Back	Emily Jones	02.15.51	Garioch	Sunderland Apr 12
Jack Ness	00.25.89	COAST	Edinburgh Dec 12		Caroline McIntosh	00.28.71	COAST	Edinburgh Dec 15
Jack Ness	00.26.27	COAST	Sheffield June 13	100 Back	Elaine Murray	00.30.46	Broch	Aberdeen Feb 20
Suleman Butt	00.55.72	Aberdeen	Edinburgh Dec 13		Caroline McIntosh	01.01.97	COAST	Edinburgh Dec 15
Jack Ness	00.58.29	COAST	Sheffield Jun 13	200 Back	Emily Grant	01.04.40	COAST	Sheffield Jul 13
Suleman Butt	02.00.55	Aberdeen	Edinburgh Dec 13		Shannon Crawford	02.13.74	Garioch	Inverness Nov 15
Finlay Deans	02.06.52	COAST	Tollcross Jul 16	50 Brs	Emily Grant	02.19.03	COAST	Sheffield Jul 13
Steven Sutherland	0.29.86	COAST	Tollcross Jan `06		Caitlin Tootill	00.32.23	COAST	Edinburgh Dec 12
Euan Inglis	00.31.22	COAST	Tollcross Jun 10	100 Brs	Caitlin Tootill	00.32.76	COAST	East Kilbride Jan 13
James Yule	01.05.05	Westhill	Westhill May 10		Emily Jones	01.08.79	Garioch	Inverness Nov 2011
James Yule	01.04.49	SAS	Sheffield Aug 10	200 Brs	Emily Jones	1.10.69	Garioch	Sunderland Apr 12
Christopher Wilson	2.21.41	COAST	Westhill Jun06		Emily Jones	02.25.51	Garioch	Inverness Dec 2011
James Yule	02.20.85	SAS	Sheffield Aug 10	100 IM	Emily Jones	02.30.46	Garioch	Sheffield Jul 12
James Yule	00.59.64	Westhill Dist	Westhill May 2010		Emily Jones	01.03.00	Garioch	Inverness Dec 2011
			No event LC	200 IM				No event LC
Suleman Butt	02.06.64	Aberdeen	Edinburgh Dec 13		Emily Jones	02.14.13	Garioch	Inverness Dec 2011
Adrian O'Neill	2.11.24	COAST	Sheffield Jul 06	400 IM	Emily Jones	02.16.94	Garioch	Edinburgh Jun 12
Euan Inglis	04.29.85	Aberdeen Dol	Westhill May 2010		Jessica Thomson	04.53.03	COAST	Edinburgh Dec 15
Chris Chasser	04.38.17	SAS	Tollcross June 05`		Gaia Alcaras	04.58.25	Uni of Aberdeen	Tollcross, Mar 18

NORTH DISTRICT RECORDS: JUNIOR as under 17 Years at 31st December in year of Competition

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
Suleman Butt	00.23.20	Aberdeen	Edinburgh Dec 12	50 Free	Sara Hamilton	00.25.82#	SAS	Tollcross Jan 09
Suleman Butt	00.24.13	Aberdeen	Leeds Mar 2013		Sara Hamilton	00.26.12#	SAS	Sheffield, Mar 09
Suleman Butt	00.50.26	Aberdeen	Inverness Mar 13	100 Free	Sara Hamilton	00.55.75	SAS	Tollcross Jan 2010
Suleman Butt	00.51.64	Aberdeen	Sheffield Aug 2013		Sara Hamilton	00.56.75	GB	Helsinki Jul 10
Robbie Renwick	01.50.65	COAST	Manchester Aug 04	200 Free	Sara Hamilton	02.03.21	SAS	Tollcross Jan 09
Suleman Butt	01.52.94	Aberdeen	Leeds Mar 2013		Emily Jones	02.04.12	Inverurie Acad	Tollcross Jan 2011
Suleman Butt	03.57.08	Aberdeen	Inverness Mar 13	400 Free	Hannah Miley	04.16.39	Garioch	Westhill Oct 05
Robbie Renwick	04.00.66#	COAST	Tollcross July '04		Kailyn Hall	04.24.75	Uni of Aberdeen	Edinburgh Mar 20
Euan Inglis	08.19.77*	COAST	Inverness Nov 09	800 Free	Hannah Miley	08.49.56	SAS	Tollcross Jan '05
Euan Inglis	08.33.16	COAST	Sheffield Dec 09		Kailyn Hall	09.07.02	Uni of Aberdeen	Edinburgh Mar 20
Euan Inglis	15.47.35	COAST	Inverness Nov 09	1500 Free	Elizabeth Hughes	17.01.10	Aberdeen Dol	Westhill May 2010
Robbie Renwick	16.08.88	Scotland	Bendigo Australia '04		Kailyn Hall	17.25.61	Uni of Aberdeen	Edinburgh Mar 20
Tom Robertson	00.25.03	Aberdeen Dol	Aberdeen Nov 21	50 Fly	Anya Slessor	00.27.93	Uni of Aberdeen	Edinburgh Dec 18
Dean Fearn	00.25.01	Aberdeen Dol	Sheffield Jul 22		Yasmin Perry	00.27.67	BOD	Aberdeen Mar 17
Tom Robertson	00.55.68	Aberdeen Dol	Edinburgh Dec 21	100 Fly	Emily Jones	01.01.75	Garioch	Inverness Dec 2011
					Yasmin Perry	01.01.75	U of Aberdeen	Edinburgh Dec 17
Tom Beeley	00.56.57	Aberdeen	Sheffield, Jul15	200 Fly	Yasmin Perry	01.02.27	U of Aberdeen	Aberdeen Jun 17
Tom Beeley	02.02.54	Aberdeen	Edinburgh Dec 15		Emily Jones	02.12.78	Garioch	Inverness Dec 2011
Tom Beeley	02.02.30	Aberdeen	Sheffield Jul 15	50 Back	Emily Jones	02.17.03	Garioch	Tollcross Apr 11
Jack Ness	00.25.89	COAST	Edinburgh Dec 12		Caroline McIntosh	00.28.71	COAST	Edinburgh Dec 15
Jack Ness	00.27.09	COAST	Edinburgh Jul 12	100 Back	Caroline McIntosh	00.30.24	COAST	Sheffield Jul 15
Suleman Butt	00.55.72	Aberdeen	Edinburgh Dec 13		Caroline McIntosh	01.01.97	COAST	Edinburgh Dec 15
Dean Fearn	00.58.71	Aberdeen Dol	Sheffield Jul 22	200 Back	Emily Grant	01.04.40	COAST	Sheffield Jul 13
Suleman Butt	02.00.55	Aberdeen	Edinburgh Dec 13		Shannon Crawford	02.13.74	Garioch	Inverness Nov 15
Finlay Deans	02.09.90	COAST	Tollcross, Jul 15	50 Brs	Sara Hamilton	02.18.99	SAS	Tollcross Apr 2010
Steven Sutherland	0.29.86	COAST	Tollcross Jan '06		Caitlin Tootill	00.32.23	COAST	Edinburgh Dec 12
Finley Cousins	00.30.61	Uni Of Aberdeen	Sheffield Jul 18	100 Brs	Emily Jones	00.33.47	GB	Lima August 11
James Yule	01.04.64	SAS	Tollcross Jan 2010		Emily Jones	01.08.79	Garioch	Inverness Nov 2011
James Yule	01.04.49	SAS	Sheffield Aug 10	200 Brs	Emily Jones	01.12.14	Garioch	Tollcross Apr 11
James Yule	02.20.28	SAS	Tollcross Jan 2010		Emily Jones	02.25.51	Garioch	Inverness Dec 2011
James Yule	02.20.85	SAS	Sheffield Aug 10	100 IM	Hayley Monteith	02.36.32	COAST	Sheffield Dec 09
Suleman Butt	00.58.26	Aberdeen	Edinburgh Dec 12		Emily Jones	01.03.00	Garioch	Inverness Dec 2011
			No event LC	200 IM				No event LC
Suleman Butt	02.06.64	Aberdeen	Edinburgh Dec 13		Emily Jones	02.14.13	Garioch	Inverness Dec 11
Adrian O'Neill	02.12.21	COAST	Tollcross June '05'	400 IM	Emily Jones	02.18.48	Garioch	Tollcross Apr 11
Euan Inglis	04.30.61	COAST	Inverness Nov 09		Hannah Miley	04.44.39	SAS	Tollcross Jan '05
Euan Inglis	04.40.77	COAST	Sheffield Aug 09		Gaia Alcaras	04.58.25	Uni of Aberdeen	Tollcross, Mar 18

NORTH DISTRICT RECORDS: OPEN

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
Mark Campbell	00.22.74	Aberdeen Dol	Edinburgh Dec 16	50 Free	Katherine Stark	00.25.62	U of Aberdeen	Edinburgh Dec 19
Eddie Watson	00.23.40	Aberdeen Dol	Aberdeen Apr 18		Katie Stark	00.25.61	U of Aberdeen	Sheffield, Apr 17
Robbie Renwick	00.49.51	COAST	Tollcross Jan 07	100 Free	Katherine Stark	00.55.39	U of Aberdeen	Edinburgh Dec 19
Robbie Renwick	00.50.44	COAST	Sheffield Apr 08		Katie Stark	00.56.13	U of Aberdeen	Sheffield, Apr 17
Robbie Renwick	01.44.73	GB	Manchester Apr 08	200 Free	Hannah Miley	01.56.58	Garioch	Stockholm Oct 12
David Carry	01.46.47#	Great Britain	Beijing, August 08		Hannah Miley	01.58.54	Garioch	Tollcross Jun 09
Robbie Renwick	03.40.22#	GB	Manchester Apr 08	400 Free	Hannah Miley	04.00.39	GB	France Nov 12
David Carry	03.47.17#	Great Britain	Beijing, August 08		Hannah Miley	04.10.43	Garioch	Tollcross Jun 08
Robbie Renwick	08.01.91*	COAST	Tollcross Jan 07	800 Free	Hannah Miley	08.15.66	GB	France Nov 12
Robbie Renwick	07.59.74	COAST	Tollcross Jun 08		Hannah Miley	8.35.88	Garioch	London Mar 12
Robbie Renwick	15.08.42	COAST	Tollcross Jan 07	1500 Free	Hannah Miley	16.17.05	Garioch	Westhill Nov 12
Andrew Jameson	15.31.78	Scotland	Manchester Aug '03		Hannah Miley	16.28.06	Garioch	Tollcross Jun 08
Robert Bryce	00.24.09	Aberdeen Dol	Aberdeen Nov 18	50 Fly	Yasmin Perry	00.26.83	U of Aberdeen	Sheffield Nov 21
Robert Bryce	00.24.67	Aberdeen Dol	Aberdeen Mar 22		Yasmin Perry	00.27.09	U of Aberdeen	Geneva Jan 23
Tom Beeley	00.54.30	Aberdeen	Tollcross Sept 16	100 Fly	Yasmin Perry	00.58.77	U of Aberdeen	Sheffield Nov 21
Neil Cochran	0.54.30	Aberdeen	Strasbourg '87'		Yasmin Perry	01.00.12	U of Aberdeen	Aberdeen Mar 22
Tom Beeley	01.59.82	Aberdeen	Inverness Nov 16	200 Fly	Hannah Miley	02.09.70	Garioch	Stockholm Oct 12
Tom Beeley	01.59.09	Uni of Aberdeen	Sheffield Jul 18		Hannah Miley	02.08.24#	Garioch	Sheffield, Mar 09
Stuart McIntosh	00.25.32	Bridge of Don	Aberdeen Apr 16	50 Back	Kirsty Simpson	00.27.92	COAST	Edinburgh Dec 15
Jack Ness	00.25.54	COAST	Aberdeen May 14		Kirsty Slmpson	00.28.88	COAST	Edinburgh May 16
Andrew McGovern	00.54.11	COAST	Edinburgh Dec 13	100 Back	Kirsty Slmpson	00.59.84	COAST	Inverness Nov 15
Andrew McGovern	00.56.33	COAST	Tollcross April 14		Kirsty Slmpson	01.01.68	Scot Swimming	Indianapolis Jun 16
Andrew McGovern	01.57.76	COAST	Edinburgh Dec 13	200 Back	Kirsty Slmpson	02.07.67	COAST	Edinburgh Dec 15
Jamie Ferguson	02.04.68	Uni of Aberdeen	Edinburgh Mar 23		Hannah Miley	02.12.66	Garioch	Tollcross Jun 08
Mark Campbell	00.27.58	Aberdeen Dol	Edinburgh Dec 16	50 Brs	Kerry Buchan	00.32.06	SAS	Tollcross Jan 08
Mark Campbell	00.27.61	Aberdeen Dol	Aberdeen Mar 17		Kerry Buchan	00.32.54	SAS	Sheffield Apr 08
Mark Campbell	01.00.87	Aberdeen Dol	Edinburgh Dec 16	100 Brs	Kerry Buchan	01.08.22	SAS	Tollcross Jan '06
					Kerry Buchan	01.08.22	SAS	Johnstone Nov 08
Mark Campbell	01.03.52	Aberdeen Dol	Aberdeen Mar 17	200 Brs	Kerry Buchan	01.09.07	SAS	Sheffield Apr 08
Kieran Preston	02.16.67	Stonehaven	Westhill, May 15		Hannah Miley	02.20.61	GB	Istanbul, Dec 2009
James Yule	02.18.71	SAS	Sheffield July 11	100 IM	Hannah Miley	02.26.31	Garioch	Sheffield, Mar 09
Robert Bryce	00.56.08	Aberdeen Dol	Aberdeen Nov 21		Hannah Miley	01.01.18	GB	Rijeka, Dec 08
			No event LC					No event LC
David Carry	02.00.34	GB	Trieste Dec '05	200 IM	Hannah Miley	02.06.21	GB	France Nov 12
David Carry	02.02.06	Scotland	Melbourne Mar 06		Hannah Miley	02.09.46#	GB	Rome Jul 09
David Carry	04.15.73	GB	Trieste Dec '05	400 IM	Hannah Miley	04.23.14	GB	Istanbul Dec 2012
David Carry	04.15.98#	Scotland	Melbourne Mar 06		Hannah Miley	04.31.33#	Garioch	Sheffield, Mar 09

NORTH DISTRICT RELAY RECORDS: JUNIOR

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
F Deans, L Houette J Watson, D McNally	01.36.86	COAST	Edinburgh Dec 15	4 x 50 FREE	C Davies, C McIntosh , Y Perry, A Alcaras	01.46.73	COAST	Edinburgh Dec 15
R Renwick, S Sutherland T Lindsay, M Schneider	01.41.53	COAST	Tollcross July 04		R.Will G.Sutherland G.Robb K.Renwick	01.54.15	COAST	Tollcross Jun '02'
F Deans, S Evans, L Houette, J Watson	01.49.93	COAST	Edinburgh Dec 15		M Macdonald, S Bain A Slessor, H Shand	01.59.47	Uni of Aberdeen	Edinburgh Dec 19
M Schneider, K O'Neill T Lindsay, R Renwick	01.54.67	COAST	Tollcross July 04		C McIntosh, M Paterson Y Perry, A Alcaras	02.05.79	COAST	Aberdeen May 15
F Deans, D McNally J Watson, L Houette	03.31.12	COAST	Edinburgh Dec 15	4 x 100 FREE	Y Perry, A Slessor G Alcaras, A Bain	03.53.46	U of Aberdeen	Edinburgh Dec 17
F Deans, J Watson, L Houette, D McNally	03.42.05	COAST	Tollcross, Jun 15		R Masson, C Moir J Christie, S Hamilton	4.02.35	SAS	Tollcross Jun 10
A Paterson, S George C Masson, C Williams	04.41.47	Banchory	Inverness Mar 07		S Duncan, K Hanlon J Anderson, H Williams	04.37.75	Inverness	Inverness Mar 13
F Deans, F Davison, J Watson, L Houette	04.10.95	COAST	Aberdeen Apr 15		M Macdonald, S Bain A Slessor, A Bain	04.27.81	Uni of Aberdeen	Tollcross Mar 19
				4 x 200 FREE	G.Sutherland R.Will G.Robb K.Renwick	8.57.16	COAST	Aberdeen Nov '01'
M Coueslant, F Deans J Watson, T Beeley	07.58.68	Scotland North/West	Manchester Sept 15		A Bain, K Hall M Macdonald, S Perry	08.48.75	Uni of Aberdeen	Aberdeen Jun 19
					F Deans, J Watson C McIntosh, Y Perry	01.42.68	COAST	Inverness Nov 15
					Dean Fearn, Archie Smith I Abernethy, Kirsty Brechin	01.49.24	Aberdeen Dol	Aberdeen Jul 22
				Mixed 4 x 50 MEDLEY	S Crawford, C Johnston J Miley, F Douglas	02.00.52	Garioch	Inverness Nov 13
					A Beveridge, J Storm, A Bonner, P McNally	02.04.21	COAST	Aberdeen May 16
					P Miller, M Bowie K Wilson, T Beeley	04.11.67	Aberdeen	Aberdeen Jun 14
					Dean Fearn, Callum Gauld I Abernethy, Jessica Beaton	04.01.53	Aberdeen Dol	Aberdeen Jul 22
				Mixed 4 x 100 MEDLEY				
					M L Howe, Jack Mitchell K Lennox, A Edgerton	04.28.39	Uni of Aberdeen	Tollcross Apr 22
				Mixed 4 x 200 FREE				

NORTH DISTRICT RELAY RECORDS: OPEN

MALE	Time	Club	Venue & Date	Event	FEMALE	Time	Club	Venue & Date
E Dunbar, E Watson	01.29.87	Aberdeen Dol	Edinburgh Dec 16	Open 4 x 50 FREE	K Stark, H Miley	01.43.67	Uni of Aberdeen	Edinburgh Dec 19
R Bryce, M Campbell					Y Perry, G Alcaras			
E Dunbar, R Bryce	01.33.76	Aberdeen Dol	Aberdeen Mar 17		Y Perry, A Alcaras	01.48.75	Bridge of Don	Aberdeen Feb 18
S McIntosh, Mark Campbell					K Simpson, C McIntosh			
S McIntosh, M Campbell	01.39.36	Aberdeen Dol	Edinburgh Dec 16	Open 4 x 50 MEDLEY	E Grant, H Miley	01.53.40	Uni of Aberdeen	Edinburgh Dec 19
R Bryce, E Watson					Y Perry, K Stark			
S McIntosh, M Campbell	01.43.44	Aberdeen Dol	Aberdeen Jun 16		E Grant, C Tootill	02.03.81	COAST	Aberdeen, May 15
R Bryce, E Watson					K Simpson, E Duthie			
R Bryce, E Watson	03.21.29	Aberdeen Dol	Edinburgh Dec 16	Open 4 x 100 FREE	Y Perry, M Swanson	03.53.04	Uni of Aberdeen	Edinburgh Dec 18
M Campbell, S McIntosh					K Bain, A Alcaras			
R Renwick, K Beveridge	03.29.58	COAST	Tollcross Jun 08		Y Perry, G Alcaras	03.54.15	Uni of Aberdeen	Aberdeen Jun 19
R Falconer, S Sutherland					A Alcaras, H Miley			
A McGovern, M Campbell	03.44.25	COAST	Inverness Nov 12	Open 4 x 100 MEDLEY	K Buchan, E Brooke	04.24.51	Stonehaven	Inverness Mar 09
E Dunbar, S McIntosh					P Beck, S Hamilton			
S McIntosh, M Campbell	03.49.29	Uni of Aberdeen	Tollcross Jun 18		E Grant, Y Brown	04.11.93	Uni of Aberdeen	Sheffield Jul 22
T Beeley, H Stacey					Y Perry, Gaia Alcaras			
A.Jameson E.Porteous	07.50.93	COAST	Aberdeen Nov '01'	OPEN 4 x 200 FREE	G.Sutherland R.Will	8.57.16	COAST	Aberdeen Nov '01'
C.Whitcombe M.Taylor					G.Robb K.Renwick			
R.Falconer K.O'Neill	07.42.22	COAST	Sheffield August'05'		H Miley, G Alcaras	08.24.97	Uni of Aberdeen	Tollcross Jul 19
A.O'Neill R.Renwick					M Swanson, O Adams			
				Mixed 4 x 50 FREE	E Watson, C Travis	01.37.70	Uni of Aberdeen	Edinburgh Dec 21
					Y Perry, E Grant			
				Mixed 4 x 50 MEDLEY	S McIntosh, M Campbell,	01.46.39	Uni of Aberdeen	Aberdeen Nov 19
					Y Perry, K Stark			
				Mixed 4 x 100 FREE				
					E Dunbar, M Campbell	03.54.20	COAST	Aberdeen Jun 14
					E Grant, J Thomson			
				Mixed 4 x 100 MEDLEY	S McIntosh, M Campbell	03.55.30	Uni of Aberdeen	Edinburgh Dec 19
					Y Perry, K Stark			
					E Grant, C Massey	04.05.68	Uni of Aberdeen	Tollcross Apr 22
					Y Perry, L Birrell			
				Mixed 4 x 200 FREE				



SCOTTISH AMATEUR SWIMMING ASSOCIATION

NORTH DISTRICT

AWARDS

Life Members

Life Membership shall be awarded to each retiring President and to persons who have given outstanding service, over many years, to the SASA North District.

Mr L Turberville	Mrs D Mair
Mr R A Robertson	Mr D Downie
Mr E Adam	Mrs A Hendry
Mr D Hawthorn	Mrs A Low
Mrs J Cochran	Mr B Hendry
Mr J Angus	Mr P Cartwright
Mr A C Brunton	Mrs J Young
Mr R Wilson	Mrs L Alderton
Mr J Frew	Mr K Paterson
Mr J Phillips	Mrs H Smith
Mr S T Muir	Mr I Gibson
Mr R Wilkie	Mr A Thomson
Mr A Drummond	Mr K Thomson
Mr T Tracey	Mr D Jessiman
Mrs M Dunbar	Mr D Allan
Miss M Wyness	

J Y Coutts Memorial Award

The J Y Coutts Memorial Award shall be awarded to the persons who have given outstanding service to the SASA North District

Jock Coutts was a member of Bon Accord ASC. He was secretary of the SASA for approximately 35 years and is credited with introducing age group swimming into competition. He was also the person who kept the SASA going over the war years when there were no young men available to take his place. This award was introduced the year that Don Hawthorn was SASA President and Leslie Turberville was the first recipient of the award at National level. Soon after this was done, a similar award was introduced in the North District.

Ed Adam (TO)	1991	Alan Thomson (FB)	2006
Roy Wilson (BT)	1996	Doris Mair (WD)	2008
Herb Still (WD)	1998	Kevin Paterson (BD)	2012
Dennis Mackintosh (IS)	1999	Lynn Alderton (AO)	2013
Tom Tracey (IS)	2001	Jenny Young (GH)	2016
Jean Miller (WD)	2002	Kathryn Cartwright (TO)	2018
Alison Low (AN)	2005		



John Gunning (Volunteer of the Year) Award

A Quaich will be awarded annually to the nominee from each District. Nominees must reside in Scotland and have contributed at any level from grass roots through to elite.

This award is presented annually at the Scottish Swimming Annual Awards Dinner.

Liz Cooper (UD)	1999	Kevin Paterson (BD)	2012
No award	2000	No award	2013
Doris Mair (WD)	2001	Sandra Middleton (DA)	2014
Margaret Fowler (YN)	2002	Durno Jessiman (AO)	2015
Roddy Geddes	2003	Sean Dawson (BD)	2016
Jean Miller (WD)	2004	James Scott (BH)	2017
Norma Shand (DA)	2005	David Downie (DA)	2018
Ian Benzie (AN)	2006	Sharon Hamilton (NS)	2019
Brian Hendry (SN)	2007	No award	2020
Eleanore Murison (WD)	2008	Claire Sutherland (WD)	2021
Jenny Young (GH)	2009	Donna Lawrie (NN)	2022
No award	2010	Jayne Prosser (IS)	2023
Wyn McFadyen (NS)	2011		

STO Award

When recommended by the National STO Committee a plaque will be presented at the Annual Seminar to those Officials, one from each District, who have made an outstanding contribution to the SASA as a Swimming Technical Official.

Tony Byrne	1994	Anne Hendry (SN)	2010
Ian Gibson	1995	Sandra Middleton (DA)	2011
Isobel McDonald	1996	David McDonald (WD)	2012
Denis Mackintosh	1998	Kathryn Cartwright (TO)	2013
Roy Wilson	1999	Sandra French (DN)	2014
Jean Miller (WD)	2000	Jim Robertson (SH)	2015
Tom Tracey (IS)	2001	Durno Jessiman (AO)	2016
Hilary Chalmers (TO)	2002	Kevin Paterson (BD)	2017
Jenny Young (GH)	2003	Sean Dawson (BD)	2018
Doris Mair (WD)	2004	Helen Rothnie (OY)	2020
Jean Miller (WD)	2005	Matt Huntington (WD)	2021
Ed Adam (TO)	2006	Colin Oswald (CO)	2022
Eleanore Murison (WD)	2007		
Brian Hendry (SN)	2008		
Helen Guy (NN)	2009		



Strachan Plaque

A Trophy and Shield or Plaque shall be awarded annually to a swimmer or official who is a member of a North District Club or an Independent member of the SASA residing in the District who has rendered outstanding services to aquatic sports.

No award	2000	Lynn Alderton (AO)	2011
No award	2001	Helen Smith (AN)	2012
Anne Hendry (SN)	2002	Jennifer Ewen (BK)	2013
Hilary Chalmers (TO)	2003	Kevin Paterson (BD)	2014
Ed Adam (TO)	2004	David Downie (DA)	2015
Tom Tracey (IS)	2005	Eleanore Ferguson (DA)	2016
Brian Hendry (SN)	2006	Linda Herbert (PD)	2017
Brian Bain (SCB)	2007	Sandra Inglis (AD)	2018
Jenny Young (GH)	2008	No award	2019/20
Ian Gibson (OY)	2009	Sandra French (DN)	2021
Sandra Middleton (DA)	2010	Colin Oswald	2022/3

W G Todd Trophy

A Trophy and Shield or Plaque shall be awarded annually to the North District swimmer who is deemed to have shown outstanding achievement in National and International events.

No award	2000	Hannah Miley (GH)	2011
Martyn Taylor (AD)	2001	Hannah Miley (GH)	2012
David Carry (AN)	2002	Hannah Miley (GH)	2013
Martin Leel (AN)	2003	Hannah Miley (GH)	2014
David Carry (AD)	2004	Hannah Miley (GH)	2015
David Carry (AD)	2005	Hannah Miley (GH)	2016
David Carry (AD)	2006	Hannah Miley (UA)	2017
Hannah Miley (GH)	2007	Toni Shaw (UA)	2018
Hannah Miley (GH)	2008	No award	2019/20
Hannah Miley (GH)	2009	Toni Shaw (UA)	2021
Hannah Miley (GH)	2010	Tom Beeley	2022/3

Solingen Plaque

To be presented annually for the best performance by an Age Group competitor in a National Age Group Championship.

In the 1970s a North District team went over to Germany to compete at Damstadt and made a visit to Solingen. At the end of the visit the team manager was presented with a beautiful plaque cast in steel. Unfortunately this plaque was lost and the present plaque is a replacement but the name has been retained.

No award	2000	Hannah Miley (GH)	2007
Gemma Sutherland (AD)	2001	Sara Hamilton (SN)	2008
Christopher Chasser (WD)	2002	Emily Jones (GH)	2009
Ranald Falconer (AD)	2003	James Yule (WD)	2010
Robbie Renwick (CO)	2004	Suleman Butt (AN)	2011
Kerry Buchan (UD)	2005	Suleman Butt (AN)	2012
Sam George (BB)	2006	Suleman Butt (AN)	2013



Eilidh Duthie (COAST)	2014	No award	2019/20
Tom Beeley (AN)	2015	Cameron Travis	2021
Jessica Thomson (BD)	2016	Dean Fearn	2022/23
Tom Beeley (UA)	2017		
Gaia Alcaras (UA)	2018		

Mary Black Trophy

The trophy shall be awarded annually to the North District Synchronised swimmer who is deemed to have shown outstanding achievement in National and or International events.

Mary is a past President and life member of the SASA. She has been involved for a great many years in synchronised swimming. The Mary Black Rose Bowl is a National Award and the Trophy is the North District equivalent.

Pauline McFadyen (NS)	2001	Caryn Stubbs (NS)	2010
Pauline McFadyen (NS)	2002	Katie Sheriffs (NS)	2012
No award	2003	Chloe Hunter (NS)	2013
Pauline McFadyen (NS)	2004	Chloe Hunter (NS)	2014
No award	2005	Chloe Hunter (NS)	2015
Caryn Stubbs &		Bethany Thomas (NS)	2016
Shona Mackintosh (NS)	2006	Teagan Doughty (NS)	2017
Yvette Main (NS)	2007	Niamh Peters (NS)	2018
Caryn Stubbs (NS)	2009	Bethany Thomas (NS)	2019

Special Awards

An athlete, in any aquatic discipline, achieving their first Scottish National Record or their first selection for either Commonwealth or Olympic Games, will be awarded a memento of the occasion in the form of an inscribed quaich or small salver.

Kerry Buchan (UD)	2003	Caitlin Tootill (BD)	2012
Ranald Falconer (AD)	2004	Andrew McGovern (AD)	2014
Hannah Miley (GH)	2004	Tom Beeley (AN)	2015
David Carry (CO)	2004	Mark Campbell	2018
Robbie Renwick (CO)	2004	Toni Shaw (CO)	2018
Sara Hamilton (SN)	2009	Connor Morrison (DA)	2018
Emily Jones (GH)	2011	Clara Kerr (Diving)	2022
Jason Ridgley (TO)	2012	Tom Robertson (AD)	2023
Suleman Butt (AN)	2012	Kieran Lennox (BN)	2023
Jack Ness (AD)	2012	Dean Fearn (SN)	2023

For coaching a swimmer selected for an Olympic Games, Commonwealth Games or World Championship Team.

Eileen Adams	2006	Liz Riley	2018
Patrick Miley	2006	Mark Wilmott	2018
Gary Paterson	2006	Judy Wardlaw	2022
Gordon Glasgow	2014	Anna Sless	2022
Tom Lindsay	2018		
David Smith	2018		