

# ELGIN ASC 'SPRING' MEET

Saturday/Sunday 21st & 22<sup>nd</sup> February 2026

Buckie Leisure Centre, South Pringle Street, Buckie, AB56 1PX

**CLOSING DATE FOR ENTRIES, SUMMARY SHEET & FEES:**

**MIDNIGHT – SATURDAY 31st January 2026**

## Meet Information

<b>Buckie Pool:</b>	5 lanes x 25m Anti-turbulence ropes. No electronic timing.
<b>Sessions:</b>	<p><b>Session One: Warm Up 08:00 Start 09:05</b></p> <p><b>Session Two: Warm Up 12:45 Start 13:50</b></p> <p><b>Session Three: Warm Up 08:00 Start 09:05</b></p> <p><b>Session Four: Warm Up 12:45 Start 13:50</b></p> <p><b>(Subject to change if necessary)</b></p>
<b>Age:</b>	<p><b>As of 22nd February 2026 (last day of meet)</b></p> <p><b><u>50m Freestyle (Open) &amp; Skins events: Min age 11 - HEATS &amp; FINALS</u></b></p> <p><b>All other events: Age groups 11/12, 13/14 &amp; 15 &amp; Over</b></p>
<b>Events:</b>	<p><b>50m Freestyle (Open ONLY) (Min age 11, no swimmer 10 &amp; under permitted to swim);</b>  50m Backstroke, 50m Breaststroke, 50m Butterfly;  100m IM (Skins qualifier), Butterfly, Backstroke, Breaststroke, Freestyle;  200m Freestyle, Backstroke, Breaststroke, Butterfly;  All events will be swum with age groups combined. All events will be heat declared winner, other than the 50m (Open) Freestyle event which will be swum as Heats and Finals. Heats will be in the morning and Finals in the afternoon.</p> <p><b>100m Individual Medley (Open) (Qualifying Skins Event) (Min age 11).</b>  Split into 2 Qualifying Categories:  <b>a) 14 &amp; Under                      b) 15 &amp; Over.</b></p> <p><b>Skins Event</b> - Once the IM has been swum the Top 5 swimmers (in each age category) will be invited to take part. No reserves if a swimmer declines. Elimination as follows:</p> <p>Round 1                      2 Swimmers eliminated, 3 Swimmers left;  Round 2                      1 Swimmer eliminated, 2 Swimmers left;  Round 3                      1 Swimmer eliminated.</p> <p>The Swimmers will swim 50m/stroke. The first start will be normal. Thereafter, each round will start with a 10 second verbal warning, then the starting signal. Starting before the signal will result in disqualification. Turnaround will be 1 minute. Stroke for each round of the skins will be decided by a draw. If Freestyle is drawn, this means any stroke apart from Breaststroke, Butterfly or Backstroke, as per World Aquatic &amp; Scottish Swimming rules for Medley swimming. The draw will be such that all strokes are drawn at <b>least</b> once.</p> <p>Entries will <b>not be accepted from composite teams</b>. Programme of Events – Page 4.</p>
<b>Eligibility to Enter:</b>	All swimmers entered must have paid their SASA membership fee for the current year. Please note that individual events will be swum with age groups combined.
<b>Consideration Times</b>	No consideration times have been set for this meet. Elgin ASC reserves the right to restrict the number of heats in any event(s), reserves the right to swim a slower heat for their swimmers and to fill any empty lanes with Elgin ASC swimmers. Heats will be swum slowest to fastest. Entries will be accepted based on entry times. No <b>NT</b> entries will be accepted.

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<b>Entry Fees:</b>	<p><b>£8.00 for all events.</b></p> <p><b>Payment to be made by BACS. Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89. Reference ELSM26 followed by your club code e.g. ELSM26NENX.</b></p>
<b>Entries:</b>	<p>All entries must be on Hytek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (<a href="http://www.sasanorth.org.uk">www.sasanorth.org.uk</a>) or contact Denise Brown at <a href="mailto:elginascentries@gmail.com">elginascentries@gmail.com</a> Entries may have to be limited dependent upon numbers received. If there is an oversubscription, entries will be accepted as evenly across the programme as is practical.</p> <p>Draft Programme will be emailed to all participating clubs, with notice of entries/scratches.</p> <p><b>After this time, no withdrawals for refund will be accepted unless notice of Doctors Note is given within 7 days after last day of meet.</b></p> <p><b>CLOSING DATE FOR ELECTRONIC ENTRIES IS MIDNIGHT SATURDAY 31st JANUARY 2026.</b></p> <p><b>Summary Sheet and Payment must be received within 3 postal days of closing date. Late payments and entries not accompanied by payment in the specified timeframe will be rejected.</b> Entry files, Summary sheet and Entry fees should be sent to: - <a href="mailto:elginascentries@gmail.com">elginascentries@gmail.com</a></p>
<b>Early Withdrawals:</b>	<p>Withdrawals prior to the event to be emailed: <a href="mailto:elginascentries@gmail.com">elginascentries@gmail.com</a> to arrive by <b>5pm</b> latest on <b>Thursday 19th February 2026</b> by Club Meet Secretary(s) only.</p> <p>NB: All details must be included on e-mail withdrawals i.e. Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.</p>
<b>Withdrawals on the Day:</b>	<p>Withdrawals from heats should be notified to the recorders desk at least 20 minutes prior to the start of the appropriate session.</p>
<b>Marshalling</b>	<p>There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers who have not presented themselves to the marshals prior to their heat leaving. Late swimmers will not be permitted to swim.</p>
<b>Awards:</b>	<p><b>There will be medals. 'Skins' &amp; 50m Open</b> prize winners will be awarded by Referee. Medals will be distributed by Gala Convenor. <b>Skins Event Winners only</b> will be awarded a prize of £50 cash for each <b>final</b> winner(s) of <b>Round 3 only</b>. <b>NEW: 50m Freestyle Open Winners</b> a prize of <b>£20 cash</b>.</p>
<b>Technical Officials:</b>	<p>List of Technical Officials for all sessions to be entered on attached sheets and must be emailed to Anne Heald <a href="mailto:elginascsto@gmail.com">elginascsto@gmail.com</a> no later than <b>(Thursday 12<sup>th</sup> February 2026)</b>. Probationary Officials requiring mentoring should make this request when names are submitted. Any queries/changes again should be directed to Anne.</p> <p>Lunch will be provided for Officials. Could all Officials bring their own water bottles.</p>
<b>Photography:</b>	<p><b>The use of mobile phones/photographic/video equipment is not permitted at any time in the changing area, showers, or toilets. All phones must be switched to silent on the pool deck. Phones/Cameras must be registered for use at this meet.</b></p>

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<b>Technical Swimsuits</b>	Swimmers 13 years and younger <b>cannot</b> compete wearing technical suits in Scottish Swimming licensed or registered events. See <a href="#">Swimwear   Scottish Swimming</a>
<b>Transgender and Non-Binary Competition Policy</b>	<p>From 1st January 2024 the Scottish Swimming Transgender &amp; Non-Binary Competition Policy will be implemented nationally across all aquatics sports. See <a href="#">Equality   Scottish Swimming</a> Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.</p> <p>As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p>
<b>Convenor:</b>	<b>Tracey Clifford email:</b> <a href="mailto:elginascgc18@gmail.com">elginascgc18@gmail.com</a>
<b>Important Information:</b>	<ol style="list-style-type: none"> <li>1. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.</li> <li>2. A Licence has been granted for this competition and accreditation will be applied for through SASA North District.</li> <li>3. Each competitor should bring (as a minimum): • Sufficient water in a plastic water bottle(s); • Shorts &amp; t-shirt to wear over the swimsuit/swim shorts at all times when not swimming; • Poolside shoes (e.g. crocs/clean trainers/flip flops).</li> <li>4. Poolside/changing room access will be limited to team coaches/chaperones up to a <b>maximum of one coach/chaperone per 10 swimmers</b>, with a maximum of 3 coaches/chaperones at any one time.</li> <li>5. Belongings should be placed in the lockers provided.</li> <li>6. Seating areas will be allocated to each team. Teams are responsible for ensuring that their swimmers recognize the importance of “giving people space”, especially when moving through the seating and marshalling areas.</li> <li>7. Participating clubs will receive one copy of start sheets for each session.</li> <li>8. Coaches should ensure that their swimmers enter and exit the warm-ups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet.</li> <li>9. Over the top starts will be issued at the discretion of the Meet Referee.</li> <li>10. The meet organisers and the facility management cannot be held responsible for items lost or damaged during the course of the event.</li> <li>11. <b>Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day.</b> Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them.</li> <li>12. <b>Glass bottles, containers and hot drinks are not permitted in the pool area.</b></li> <li>13. There will be <b>limited spectating</b> to allow maximum number of swimmers.</li> </ol>
<b>Other:</b>	There will be a raffle, refreshments and stalls – bring small change.

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**MIDNIGHT – SATURDAY 31st January 2026**

## Programme of Events

### Saturday

#### Session One

Event 101	<b>Male (14&amp;U) (Min Age 11)</b>	<b>100m IM (Skins)</b>
Event 102	<b>Male (15&amp;O)</b>	<b>100m IM (Skins)</b>
Event 103	Female	200m Butterfly
Event 104	Male	200m Backstroke
Event 105	Female	100m Breaststroke
Event 106	Male	100m Freestyle
Event 107	<b>Female (Open) (Min Age 11)</b>	<b>50m Freestyle (Prelims) OPEN</b>
Event 108	Male	50m Butterfly

#### Session Two

Event 201	Female	200m Breaststroke
Event 202	Male	200m Freestyle
Event 203	Female	50m Backstroke
Event 204	Male	50m Breaststroke
Event 205	Female	100m Butterfly
Event 206	Male	100m Backstroke
Event 107	<b>Female (Open) (Min Age 11)</b>	<b>50m Freestyle (Finals) OPEN</b>
Event 101	<b>Male (Min Age 11)</b>	<b>14&amp;U (Skins Finals)</b>
Event 102	<b>Male</b>	<b>15&amp;O (Skins Finals)</b>

### Sunday

#### Session Three

Event 301	<b>Female (14&amp;U) (Min Age 11)</b>	<b>100m IM (Skins)</b>
Event 302	<b>Female (15&amp;O)</b>	<b>100m IM (Skins)</b>
Event 303	Male	200m Butterfly
Event 304	Female	200m Backstroke
Event 305	Male	100m Breaststroke
Event 306	Female	100m Freestyle
Event 307	<b>Male (Open) (Min Age 11)</b>	<b>50m Freestyle (Prelims) OPEN</b>
Event 308	Female	50m Butterfly

#### Session Four

Event 401	Male	200m Breaststroke
Event 402	Female	200m Freestyle
Event 403	Male	50m Backstroke
Event 404	Female	50m Breaststroke
Event 405	Male	100m Butterfly
Event 406	Female	100m Backstroke
Event 307	<b>Male (Open) (Min Age 11)</b>	<b>50m Freestyle (Finals) OPEN</b>
Event 301	<b>Female (Min Age 11)</b>	<b>14&amp;U (Skins Finals)</b>
Event 302	<b>Male</b>	<b>15&amp;O (Skins Finals)</b>

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**Summary Sheet**

<b>Club Name/Abbr:</b>	<b>Meet Secretary:</b>
	<b>Address:</b>
<b>Tel No:</b>	
<b>Email:</b>	

Ind 50m/100m/200m Male Entries	@ £8.00	£
Ind 50m/100m/200m Female Entries	@ £8.00	£
Coaches' lunches	@ £5.00/day	£
	<b>Total:</b>	£
<b>Paperwork and Payment must be received within          3 postal days of closing date:</b>		
<b>Have you sent: Hytek TM Entry Zip File, Summary Sheet, BACS.</b>		

**Payment Via: BACS Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89.**  
**Payment Reference ELSM26 followed by Club Code eg ELSM26NENX.**

**In case of Refunds – please supply the following information:**

**Bank Account Number:** ..... **Sort Code:** .....

**Bank Account Name:** .....

**Declaration:** I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.

**Signed:** ..... **Position in Club:** ..... **Date:** .....

(This declaration must be completed by all competing clubs)

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**Officials Sheet - Please note: This sheet(s) to be emailed to Anne Heald**

**E-mail: [elginascsto@gmail.com](mailto:elginascsto@gmail.com) no later than Thursday 12<sup>th</sup> February 26**

**Club:**  
**STO Contact Name:**

**Tel No:**  
**E-mail address:**

SESSION 1						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request J1/J2/J2S
1	NENX	EXAMPLE NAME	JUDGE	J1		J2
2						
3						
4						
5						
6						
7						
8						
9						
10						

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SESSION 2						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1						
2						
3						
4						
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6						
7						
8						
9						
10						

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SESSION 3						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1						
2						
3						
4						
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10						



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SESSION 4						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						