



Broch ASC Graded Meet

Meet Information

DATE	Saturday 18th April 2026
VENUE	Fraserburgh Community & Sports Centre, Maconochie Road, Fraserburgh, AB43 9TH
POOL	25 Metres, 6 Lanes, 2 metres deep, anti-turbulence ropes, starting Blocks at start end only, backstroke ledges, deck Level Pool
SESSIONS	Session One: Warm Up 08:15 - Start 09:20 – Approx Finish 12.20 Session Two: Warm Up 13:00 - Start 14:05 – Approx Finish 17:05 (Subject to change if necessary)
EVENTS	<p>Individual Events - 8 Years: 50m Back, Breast, Butterfly & Freestyle & 100IM 9-16 Years: 100m Back, Breast, Butterfly & Freestyle & 100IM Team Events - 8 x 50m Freestyle & Medley cannon relays.</p> <p>The relays will consist of 8x50m freestyle and medley events – teams must include four boys and four girls and the total of the swimmers ages on the day of the meet must not exceed 100 years. Relay team members must also be swimming in an individual event. Each club may enter up to two teams in each relay event.</p> <p>The medley relay will be swum in the order: Back, breast, fly, free, back breast, fly, free. Swimmers 1 & 5 will start in the pool.</p> <p>Please note we will have 'HOT HEATS' throughout the day. These will be chosen at random, and a prize awarded to the winner of that heat. Swimmers will be notified of this prior to the start of the heat by music and the announcer will clarify this is a HOT HEAT.</p> <p>No Swimmer under the age of 8 is permitted to swim. Entries will not be accepted from composite teams.</p>
AGE	All events are age on the day (18 th April 2026)
AWARDS	<p>Medals will be awarded for 1st, 2nd, & 3rd places for the following – Age groups - 8, 9, 10, 11-12, 13-14 & 15-16 for 50m, 100m & 100IM.</p> <p>There will be no medal presentations during the event. Medals will be available for collection from the medals desk which will be located in the foyer.</p>
ENTRY FEES	<p>£6.00 per individual 50M swim £7.00 per individual 100M swim £8.00 per relay Payment can be made by BACS using the following details; Account Name: Broch Asc Account Number: 00574024 Sort Code: 80-06-86 Please use reference GM26 followed by your club code e.g. GM26NBHX. Payment to be received no later than 3 days after the closing date.</p>





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ELIGIBILITY TO ENTER	All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files.
ENTRIES	<p>All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Shona Watt at brochasc@hotmail.co.uk</p> <p>Entries may have to be limited dependent upon numbers received. In the event of an oversubscription, entries will be accepted as evenly across the programme as is practical.</p> <p>A Draft Programme will be emailed to all participating clubs as soon as possible after closing date.</p> <p>Closing Date: Sunday 22nd March 2026</p> <p>Please note Summary Sheet and Payment must be received within 3 postal days of closing date. There will be zero tolerance of late payment. Any entry or payment not received within the timeframe will be rejected without delay. Please return entry files, payment notification and summary sheet to brochasc@hotmail.co.uk.</p>
EARLY WITHDRAWALS	<p>Withdrawals prior to the event may be sent by email to brochasc@hotmail.co.uk to arrive no later than 5pm Thursday 16th April 2026.</p> <p>NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Entry Time etc. Telephone withdrawals will not be accepted.</p>
WITHDRAWALS ON THE DAY	Withdrawals on the day should be submitted on the withdrawal forms made available and should be presented to the Recorders table at least 45 minutes prior to the start of the first session and updated accordingly 45 minutes before the start of each session thereafter.
REFUNDS	<p>No refunds will be made once draft programme is issued.</p> <p>Refunds for swimmers who withdraw through illness or injury, will only be considered where medical evidence confirming that they are unable to swim is received no later than 7 days following the meet.</p> <p>In the event of postponement, cancellation or abandonment of the event, refunds will be made at the absolute discretion of Broch ASC</p>
CONSIDERATION TIMES	<p>Consideration times have been set for this meet (apart from 50m races) Broch ASC reserves the right to restrict the number of heats in any event(s), to swim a slower heat for their Swimmers and to fill any empty lanes with Broch ASC Swimmers.</p> <p>Heats will be swum slowest to fastest. Entries to the events will be restricted and will be accepted based on entry times. Times do not need to be accredited but must be submitted for seeding purposes. NT entries will NOT be accepted. Any</p>



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	entry not accepted will be refunded. Programme of Events & Consideration Times on separate sheet.
MARSHALLING	Marshalling will be at the trainer pool beside the entrance to the changing village. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers who have not presented themselves to the marshals in time, they will not be permitted to swim.
TECHNICAL OFFICIALS	<p>Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to Lia Pirie at stobrochasc@gmail.com no later than 5pm Friday 3rd April 2026.</p> <p>Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.</p> <p>Lunch will be provided for morning Officials. We are adopting a plastic free policy to help the environment, could all Officials bring their own water bottle? Water and juice will be available throughout the day for top ups.</p> <p>Any queries or changes to Technical Officials after the closing date should be made to Lia Pirie at stobrochasc@gmail.com</p> <p>Lunch for coaches can be provided at a cost of £6 (see Summary sheet)</p>
TECHNICAL SWIMSUITS	<p>Please note that as of 1st September 2022, new regulations came into force regarding technical swimsuits. From this date, all swimmers aged 13 years and younger cannot compete wearing technical suits in Scottish Swimming licenced or registered events. For further information and FAQs please see link below: https://scottishswimming.com/news/technical-swimsuit-policy-update</p>
TRANSGENDER POLICY	<p>As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found here: (www.scottishswimming.com/about-us/equality) Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p>
PHOTOGRAPHY & VIDEO	The use of mobile phones or other electronic devices is not permitted at any time in the changing village, toilets or shower areas. Anyone wishing to use any





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	<p>photographic equipment, including video cameras must register with the Meet Convenor by scanning the QR code which will be issued in the participant information and will also be available at the venue (located in the foyer). Videos and Photographs should not be posted on unsecure social websites but may be posted on secure sections of club websites</p>
CONTACTS	<p>Meet Convenor: Michelle Frazier - chairbrochasc@gmail.com Meet Secretary: Shona Watt - brochasc@hotmail.co.uk STO Secretary: Lia Pirie - stobrochasc@gmail.com</p>
IMPORTANT INFORMATION	<p>All swimmers entered must have paid their SASA membership fee for the current year.</p> <p>All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.</p> <p>A Licence has been granted for this competition and accreditation will be applied for through SASA North District.</p> <p>Each competitor should bring (as a minimum): Sufficient water in a plastic water bottle(s), shorts & t-shirt to wear over the swimsuit/swim shorts at all times when not swimming, poolside shoes (e.g. crocs/clean trainers/flip flops).</p> <p>Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.</p> <p>Belongings should be placed in the lockers provided, any left in changing cubicles will be removed by pool staff.</p> <p>Seating areas will be allocated to each team. Teams are responsible for ensuring that their swimmers recognize the importance of “giving people space”, especially when moving through the seating and marshalling areas.</p> <p>Participating clubs will receive one copy of start sheets for each session.</p> <p>Coaches should ensure that their swimmers enter and exit the warmups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet.</p> <p>Over the top starts will be used when applicable. The Gala Convenor reserves the right to alter the meet programme and warm up times if necessary.</p> <p>The meet organisers and the facility management cannot be held responsible for items lost or damaged during the course of the event.</p> <p>Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them.</p> <p>Glass bottles, containers and hot drinks are not permitted in the pool area.</p>
REFRESHMENTS	<p>Teas, Coffees, and Snacks will be available to purchase from Splash Café in the foyer. Our Fundraising table will located in the foyer also and will feature our very popular Chocolate Tombola, we appreciate your support in our fundraising efforts.</p>



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PROGRAMME OF EVENTS

SESSION 1		
EVENT 101	Male & Open 9-16 years	100m Individual Medley
EVENT 102	Mixed 8 years	50m Backstroke
EVENT 103	Female 9-16 years	100m Backstroke
EVENT 104	Male & Open 9-16 years	100m Breaststroke
EVENT 105	Mixed 8 years	50m Butterfly
EVENT 106	Female 9-16 years	100m Butterfly
EVENT 107	Male & Open 9-16 years	100m Freestyle
EVENT 108	Mixed 8 years	100m Individual Medley
EVENT 109	Relay - cannonball	8 x 50 Freestyle
SESSION 2		
EVENT 201	Female 9-16 Years	100m Individual Medley
EVENT 202	Mixed 8 years	50m Breaststroke
EVENT 203	Male & Open 9-16 years	100m Backstroke
EVENT 204	Female 9-16 years	100m Breaststroke
EVENT 205	Mixed 8 years	50m Freestyle
EVENT 206	Male & Open 9-16 years	100m Butterfly
EVENT 207	Female 9-16 years	100m Freestyle
EVENT 208	Relay - cannonball	8 x 50 Medley

CONSIDERATION TIMES								
NOT FASTER THAN THE TIMES BELOW								
NO CONSIDERATION TIMES FOR 50M								
GIRLS			EVENTS			BOYS		
9/10	11/12	13/14	15/16		9/10	11/12	13/14	15/16
1:33.00	1:32.00	1:24.00	1:20.00	100 Back	1:32.00	1:30.00	1:22.00	1:18.00
1:46.00	1:44.00	1:34.00	1:32.00	100 Breast	1:45.00	1:43.00	1:32.00	1:30.00
1:37.00	1:35.00	1:30.00	1:29.00	100 Fly	1:36.00	1:34.00	1:28.00	1:26.00
1:26.00	1:21.00	1:11.00	1:08.00	100 Free	1:23.00	1:18.00	1:09.00	1:06.00
1:35.00	1:33.00	1:24.00	1:16.00	100 IM	1:33.00	1:31.00	1:22.00	1:08.00



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SUMMARY & DECLARATION SHEET

CLUB NAME/ABBR:
MEET SECRETARY:
ADDRESS:
TELEPHONE NUMBER:
EMAIL:

_____ Mixed 50m Male/Female Entries	@ £6.00	£ _____	Paperwork and Payment must be received within 3 postal days of closing date (22nd March 2026) Please ensure you have enclosed the following; BACS, Hy-tek TM Entry File & Summary Sheet
_____ 100m & 100IM Male Entries	@ £7.00	£ _____	
_____ 100m & 100IM Female Entries	@ £7.00	£ _____	
_____ 8x50 Mixed Relay Entries	@ £8.00	£ _____	
_____ Coaches Meal Pass	@ £6.00	£ _____	
Total: £			

PAYMENTS VIA BACS Account No: RBS Broch ASC A/C 00574024 Sort Code: 80-06-86

FOR REFUNDS AFTER MEET	
CLUB A/C NAME:	BANK ACCOUNT NUMBER
SORT CODE:	

Payment Reference MM25 followed by your club code e.g. GM26NBHX.

DECLARATION: I confirm that all swimmers entered in this competition have paid their current SASA Membership fee.

I confirm that all Coaches and/or team staff from our Club who will be on poolside are members of Scottish swimming and have current PVG Disclosure.

Signed:

Position in Club:

Date:

(This declaration must be completed by all Clubs)



L2/ND/033/APR26



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