



ALFORD OTTERS ASC

JUNIOR MEET

24 MAY 2026



The Level 2 Junior meet will be held at Alford Community Campus, Greystone Road, Alford, AB33 8TY. The pool is 25m, 4 lanes, level deck with anti-turbulence ropes.

Session One:	Warm up	08h30	Start	09h35
Session Two	Warm up	13h15	Start	14h20

(These times are subject to change if necessary)

WHO OUR MEET IS FOR	This competition is intended to be a friendly, welcoming opportunity for young and developing swimmers aged 8-11 and to provide racing opportunities to gain accredited times. Entries will be accepted on a first come first served basis with the whole club entries accepted up to the maximum permitted by the facility. If, for the final club acceptance, we are only able to accommodate a part of a club's entries we will let the club know. For clubs and swimmers that are oversubscribed, reserve spaces will be offered.
LICENCE	L2/ND/016/MAY26
EVENTS AVAILABLE	For 8 and 9 yr old swimmers: Individual 50m Freestyle, 50m Backstroke, 50m Breaststroke, 25m Butterfly, 100m Individual Medley plus a 4 x 25m Freestyle Relay For 10 and 11 yr old swimmers: Individual 50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly, 100m Individual Medley and 200m Freestyle plus a 4 x 50m Freestyle Relay and 4 x 50m Medley Relays
CONDITIONS	Age as at 24 May 2026 for all events. Age groups for all individual events are 8, 9, 10, 11 There are no consideration times for this meet and no time entries will be accepted. Swimmers will be seeded fastest to slowest in each event, with no time entries seeded as slowest. Relay events are open to all age groups, and we reserve the right to only allow 2 relay teams per club, depending on entries (but can fill heats with a third Alford Team).
ENTRIES	This is a club meet and entries will not be accepted from composite teams. All entries must be on Hy-tek Team Manager entry file. Events files may be obtained by downloading from the North District website or by contacting ottersentries@gmail.com Please return entry files along with summary sheet and declaration to the same email address. Entry fees should be paid by BACS to: Alford Otters ASC Sort: 83-15-14 Account: 00102135 CLOSING DATE FOR ENTRIES IS FRIDAY 1 MAY 2026 OR WHENEVER THE MEET IS FULL, WHICHEVER COMES FIRST All paperwork, entry files and payment must be received by this date. Team lines will be required one hour before the start of the session in which the relay takes place and only those swimmers that have been accepted into the meet can take part in relays.



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ENTRY FEES	Individual event: £7.00 Relay events: £10.00 per team
TECHNICAL OFFICIALS	Please offer the services of your technical officials to ensure that this meet receives its accreditation. A completed technical officials sheet should be sent to Calum Leat by email to arrive before Friday 1 May 2026 Contact Calum at alfordotterssto2024@gmail.com Requests for mentoring should also be made directly to Calum and will be accommodated on the day, only if the session referee considers it practical.
INDIVIDUAL AWARDS	There will be medals for 1st, 2nd and 3rd places in individual events and relays. A rubber duck will be awarded to the winner of each heat.
MARSHALLING	Marshalling will take place through the changing rooms and into the disabled suite. All swimmers must attend marshalling before their events and are advised to attend in good time. 5 heats in advance is the minimum suggested. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshalls prior to their heat leaving the marshalling area will be considered withdrawn and will not be permitted to swim.
WITHDRAWALS	Withdrawals from swimmers prior to the competition should be emailed to ottersentries@gmail.com to arrive no later than 5pm on Thursday 21 May 2026. Withdrawals after this time should be submitted to the recorders table prior to the start of each warm up on the withdrawal forms made available. Only refunds for swimmers who are withdrawing through illness or injury will be granted, only if the swimmer has been withdrawn in time according to the meet information and when the swimmer can provide medical evidence confirming that they are unfit to swim to the Meet Convenor within 7 days following the Meet. The letter should be dated not more than 4 weeks before the Meet and not more than 2 days after the meet. Clubs withdrawing all their swimmers after paying entry will not be refunded.
PHOTOGRAPHY	Please note that anyone wishing to use photographic equipment, including video cameras, tablets and mobile phones must register with the Meet Convenor using the form that will be made available with the participant information.
MOBILE PHONES	Mobile phones may not be used under any circumstances in the shower area, toilets and changing rooms. They must be switched to silent in the pool hall and can only be used for photography if they have been registered as above.
SWIMSUIT REGULATIONS	Please note that as of 1st September 2022, new regulations came into force regarding technical swimsuits. From this date, all swimmers aged 13 years and under cannot compete wearing technical suits in Scottish Swimming licensed or registered events. For further information and FAQs please see link below: https://scottishswimming.com/news/technical-swimsuit-policy-update/
TRANSGENDER & NON-BINARY COMPETITION POLICY	As of the 1 January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatic sports. The policy and FAQs can be found at https://scottishswimming.com/about-us/equality



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	<p>Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming staff.</p> <p>At no point will members be challenged on the day of the competition with any matters being resolved post event. Clubs must confirm that swimmers entering the female category were born female.</p>
NOTES	<p>All swimmers entered must have paid their SASA memberships fees for the current year with registration numbers shown on entry files.</p> <p>Poolside access will be limited to 1 member of club staff per 8 swimmers.</p> <p>No food is to be eaten in the changing rooms and lunches are not to be eaten poolside.</p> <p>No glassware should be taken into the changing rooms or onto poolside.</p> <p>The dining hall will be available for swimmers and club staff for lunch. The changing rooms will be closed over lunchtime.</p> <p>Participating clubs will receive one copy of start sheets for each session.</p> <p>Results will be posted at the pool during the event and after the event will be sent via e-mail and published on the North District website.</p> <p>Technical Officials will be offered light lunch. Coaches and Team Managers can request lunch at a cost of £7 per head and requests should be submitted with the summary sheet and payment included with entries.</p> <p>Spectating is available but the view may be limited.</p> <p>In the event of cancellation for any reason, Alford Otters ASC cannot be held liable for any loss of expense or enjoyment.</p>
MEET CONVENOR	Sue Ruddick – alfordotterspresident@gmail.com



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PROGRAMME OF EVENTS

SESSION 1	Warm up 08.30 Start 09.35 Finish 12.35
101	Female 8 - 11 50m Freestyle
102	Male & Open 8 - 11 50m Freestyle
103	Female 10 - 11 50m Butterfly
104	Male & Open 8 - 11 100m Individual Medley
105	Female 10 - 11 200m Freestyle
106	Male & Open 8 - 9 25m Butterfly
107	Female 8 - 9 25m Butterfly
108	Male & Open 10 - 11 50m Butterfly
109	Mixed 8 - 9 4 x 25m Freestyle Relay
110	Mixed 10 -11 4x 50m Freestyle Relay
SESSION 2	Warm up 13.15 Start 14.20 Finish 17.20
201	Male & Open 8 - 11 50m Breaststroke
202	Female 8 - 11 50m Breaststroke
203	Male & Open 10 - 11 200m Freestyle
204	Female 8 - 11 100m Individual Medley
205	Male & Open 8 - 11 50m Backstroke
206	Female 8 - 11 50m Backstroke
207	Mixed 10 - 11 4 x 50m Medley Relay

SUMMARY SHEET

Contact Details

Club: _____

Meet Secretary: _____

Address: _____



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Tel. No: _____

Email Address: _____

Declaration:

- I confirm that all swimmers entered in this competition have a current SASA membership.
- I confirm that all swimmers entered into the female category were recorded female at birth.

Signed: _____

Position in Club: _____

Date: _____

(This declaration must be completed by all competing clubs)

ENTRY SUMMARY

	Number	Cost
INDIVIDUAL SWIMS @ £7 EACH		
RELAY ENTRIES @ £10 EACH		
COACHES MEAL TICKET @ £7 EACH		
TOTAL		

Closing Date: Friday 1 May 2026 or whenever the meet is full, whichever comes first.

OFFICIALS SHEET

Club: _____

STO Contact Name: _____

Tel No: _____

Email: _____



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NAME	DUTY	SIGNATURE REQUIRED	SESSION 1	SESSION 2

Mentoring Requests – please note that mentoring will be at the discretion of the Referee(s) on the day.

NAME	J1/J2/J2S	SPECIAL REQUESTS e.g. CIT	SESSION 1	SESSION 2

Please return to Calum Leat

Email: alfordottersto2024@gmail.com