



2025 AUTUMN MEET MEET INFORMATION

University of Aberdeen Performance Swimming invites you to the 2025 Autumn Meet:

| | |
|-------------------------------|--|
| Venue | Aquatics Centre, Aberdeen Sports Village, Regent Walk, Aberdeen, AB24 1SX |
| Pool | 25 metres, 10 lanes, 2 metres deep, deck level, full electronic timing, backstroke ledges. There will be no swim down facility available |
| Dates | Saturday 4th & Sunday 5th October 2025 |
| Licence Numbers | Licence No: L2/ND/043/OCT25 |
| Sessions | Session 1: Warm up: 0830 – 0930 am Start: 0935 am Finish: 1235 pm (Approx) Session 2: Warm up: 1315 – 1415 pm Start: 1420 pm Finish: 1720 pm (Approx) Session 3: Warm up: 0830 – 0930 am Start: 0935 am Finish: 1235 pm (Approx) Session 4: Warm up: 1315 – 1415 pm Start: 1420 pm Finish: 1720 pm (Approx) (Subject to change if necessary) |
| Arrival | Entry to the Aquatics Centre building is from 0800 with access to the pool deck at 0815 at the very earliest. |
| Events | All events will be swum as heat declared winner 50m Freestyle 100m Butterfly, Backstroke, Breaststroke, Freestyle and Individual Medley 200m Butterfly, Backstroke, Breaststroke, Freestyle and Individual Medley |
| Competition Categories | Events will be swum separately in the following competition categories: Female and 'Male & Open' |
| Ages | All events will be swum as age at last day of competition (5th October 2024) Individual Age Groups: 11-12, 13-14, 15-16, 17-18 and 19 & Over but will be swum combined as 11-14 and 15 & Over |
| Accreditation | A licence has been granted and accreditation will be applied for to SASA North District on conclusion of the meet |
| Rules | Meet will be held under World Aquatics rules and SASA regulations. |
| Eligibility to Enter | Entries will be considered from competitors registered as members of Scottish Swimming, Swim England or Swim Wales. Entries from composite teams are welcome at this meet. |
| Consideration Times | There will be no consideration times for this event, but times must be submitted on entry for seeding purposes. These should be real times but do not need to be accredited. Please note that NT entries will be rejected. |
| Entries | All entries must be on Hy-Tek Team Manager entry file. Entry files may be obtained by: Downloading from North District Website (www.sasanorth.org.uk) Downloading from Swim Scotland Website (www.swimscotland.co.uk) By emailing entries secretary Sean Dawson smdawson23@outlook.com |



2025 AUTUMN MEET MEET INFORMATION

| | |
|--------------------------------|---|
| | <p>In the event that the meet is over-subscribed, entries will be accepted fastest first across age groups as evenly as is practical. In the event that an event or an age group is undersubscribed, any time made available will be allocated to other events or age groups in that session. A draft programme and a list of reserve/rejected swimmers, if applicable, will be emailed to each club for checking within 7 days of the closing date.</p> <p>Please email completed entry files and summary sheet to smdawson23@outlook.com</p> <p>CLOSING DATE FOR ELECTRONIC ENTRIES IS Friday 5th September 2025. Please note summary sheet and payment must be received by this date. NO LATE ENTRIES WILL BE CONSIDERED</p> |
| Entry Fees | <p>All events will be £8.00 per entry</p> <p>Entry Fees must be received on or before the closing date and will only be accepted by Direct Bank Transfer using the bank details below. Account No: 00581285, Sort Code: 80-12-08, Please use Reference: UOAM25</p> |
| Early Withdrawals | <p>Withdrawals prior to the event may be e-mailed to Sean Dawson smdawson23@outlook.com to arrive by 1700 at the latest on Thursday 2nd October 2025. All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.</p> |
| Withdrawals at the Meet | <p>Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders desk at least 45 minutes prior to the start of the appropriate session. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane; there will be no re-seeding.</p> |
| Marshalling | <p>There will be marshalling for all events. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat entering the <u>final</u> marshalling area will not be permitted to swim. Reserves must marshal unless they have withdrawn.</p> |
| Awards | <p>Medals will be awarded for 1st, 2nd & 3rd places in each age group. There will be no medal presentations. Instead, medals can be collected from the designated medal desk by the swimmer or team manager.</p> |
| Technical officials | <p>A completed technical officials sheet should be sent to the Meet Officials Coordinator by email uoasto@gmail.com arriving no later than Friday 19th September 2025. Any changes or queries regarding technical officials should also be directed to the Meet Officials Coordinator.</p> <p>All clubs are respectfully requested to provide a minimum of 1 official per session when 6 or more swimmers are accepted. Clubs that have 10 swimmers or more accepted should provide a minimum of 2 officials per session, one of which should be a qualified Judge 1 or above. Without sufficient officials the meet will not be able to gain accreditation.</p> <p>Mentoring requests will be considered by the Session Referee. It may be more likely for officials mentoring requests to be honoured if the clubs attending the meet provide a supply of qualified officials (Judge 1 & above), however we cannot guarantee all requests to be granted.</p> |



2025 AUTUMN MEET MEET INFORMATION

| | |
|---------------------------------------|--|
| | <p>Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or Chief Inspector of Turns, should make this request to the Meet Officials Convenor when names are submitted. For Trainee Judge 1/2/2S, please see the Officials Sheet.</p> <p>Serving technical officials will be offered a meal after each morning session</p> |
| Coaches Pack | <p>A Coaches' pack will be available for team staff to collect from the recorders' desk outside the timing room on the pool deck. This will include withdrawal sheets and purchased meal tickets along with any other relevant information. A copy of the participant and warm up information sheets will be distributed electronically in advance of the event via the WhatsApp Broadcast. Start sheets for all sessions will be distributed electronically via the event WhatsApp Broadcast in advance of the meet.</p> |
| Photos/Videos | <p>Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Director (QR Codes will be available at the venue and in the participant information.</p> <p>In line with Child Wellbeing & Protection guidelines, the use of mobile phones shall not be permitted either in the toilets, shower areas or in the changing areas in order to prevent any misuse of mobiles with integrated digital camera/video equipment.</p> <p>Videos and photographs should only be posted on secure social media pages & club websites. We would be grateful if you could ensure that all members of your club are aware of this requirement.</p> |
| Media & Photography | <p>Throughout this event, UoA Performance Swimming may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities. Images may be uploaded to our website and our social network sites. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to UoA Performance Swimming after which the data will be removed.</p> |
| Data Protection | <p>In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth. This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -</p> <ul style="list-style-type: none"> ○ Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and ○ Swim England for inclusion on Rankings <p>Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.</p> |
| Transgender Competition Policy | <p>As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Director and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, by entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p> |



2025 AUTUMN MEET MEET INFORMATION

| | |
|-------------------------|---|
| Swimwear Policy | Swimmers 13 years and younger can not now compete wearing technical suits in Scottish Swimming licensed or registered events. |
| Additional Notes | <ol style="list-style-type: none">1. All swimmers entered must have paid their National Governing Body membership fee or equivalent for the current year. Registration numbers must be shown on entry files.2. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.3. Swimmers must follow the instructions given to them by the meet officials and pool staff and behave in a reasonable manner at all times.4. Programmes will not be available for purchase at the event5. Lockers provided in the changing rooms should be used for clothes and other belongings at all times, to keep cubicles free for other swimmers. The meet organisers cannot be held responsible for items lost during the course of the meet. Pool staff will remove any items left in cubicles and place them in lost property.6. No hot drinks or glass items should be taken onto poolside or into the changing area.7. To comply with child Wellbeing & Protection policies please ensure that swimmers wear clothing and pool shoes when leaving poolside. No poolside changing will be permitted.8. Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day.9. Warm-up Supervisors will be present at this meet in the competition pool to ensure safe conduct during the warm-up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of the Warm-up Supervisors. Swimmers must leave the pool when the end of their warm up is announced. No fins, paddles or snorkels will be permitted in the main pool warm up sessions. No diving into the pool during warm-up except in the designated lanes during the one-way sprints. Full warm up details will be issued prior to the meet.10. Poolside access should be limited to club coaches and team managers up to a maximum of one coach/chaperone per 10 swimmers. Coaches & Team Managers are reminded that they must have a PVG and CWPS in place through Scottish Swimming before attending the event.11. Vuvuzelas and air horns are not permitted at this meet.12. Please note that there will be no access to poolside for spectators. Spectator access will be limited to the spectator gallery.13. Relevant Results will be posted at the pool during each session and will be distributed to the clubs immediately following the meet. Results will also be available on Meet Mobile. |



2025 AUTUMN MEET MEET INFORMATION

| | |
|----------------------|---|
| | <p>14. Coaches and Team Managers can request meals (Lunch available) at a cost of £8 per head per day and requests should be submitted with the summary sheet and payment must be made along with the entry fees.</p> <p>15. Officials should take their own water bottles – igloos may be provided filled with water for use. The venue water fountains will also be in use.</p> <p>16. Over the top starts on all strokes may be used</p> <p>17. Different persons have authority and overall responsibility for the running of the meet at different stages. A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.</p> |
| Meet Director | Nikki Drever Email: uoameetdirector@gmail.com |



2025 AUTUMN MEET MEET INFORMATION

PROGRAMME OF EVENTS

| Session 1 - Saturday Morning | | | | |
|------------------------------|----------|-------------|-----------|-------------------|
| Event No | Distance | Comp Sex | Age Group | Stroke |
| 101 | 200m | Male & Open | 11 to 14 | Individual Medley |
| 102 | 100m | Female | 15 & O | Backstroke |
| 103 | 200m | Male & Open | 15 & O | Backstroke |
| 104 | 100m | Female | 11 to 14 | Freestyle |
| 105 | 100m | Male & Open | 11 to 14 | Breaststroke |
| 106 | 200m | Female | 15 & O | Butterfly |
| 107 | 100m | Male & Open | 15 & O | Butterfly |
| 108 | 200m | Female | 11 to 14 | Breaststroke |
| 109 | 200m | Male & Open | 11 to 14 | Freestyle |
| 110 | 100m | Female | 15 & O | Individual Medley |
| 111 | 50m | Male & Open | 15 & O | Freestyle |

| Session 3 - Sunday Morning | | | | |
|----------------------------|----------|-------------|-----------|-------------------|
| Event No | Distance | Comp Sex | Age Group | Stroke |
| 301 | 200m | Female | 11 to 14 | Individual Medley |
| 302 | 100m | Male & Open | 15 & O | Backstroke |
| 303 | 200m | Female | 15 & O | Backstroke |
| 304 | 100m | Male & Open | 11 to 14 | Freestyle |
| 305 | 100m | Female | 11 to 14 | Breaststroke |
| 306 | 200m | Male & Open | 15 & O | Butterfly |
| 307 | 100m | Female | 15 & O | Butterfly |
| 308 | 200m | Male & Open | 11 to 14 | Breaststroke |
| 309 | 200m | Female | 11 to 14 | Freestyle |
| 310 | 100m | Male & Open | 15 & O | Individual Medley |
| 311 | 50m | Female | 15 & O | Freestyle |

| Session 2 - Saturday Afternoon | | | | |
|--------------------------------|----------|-------------|-----------|-------------------|
| Event No | Distance | Comp Sex | Age Group | Stroke |
| 201 | 200m | Male & Open | 15 & O | Individual Medley |
| 202 | 100m | Female | 11 to 14 | Backstroke |
| 203 | 200m | Male & Open | 11 to 14 | Backstroke |
| 204 | 100m | Female | 15 & O | Freestyle |
| 205 | 100m | Male & Open | 15 & O | Breaststroke |
| 206 | 200m | Female | 11 to 14 | Butterfly |
| 207 | 100m | Male & Open | 11 to 14 | Butterfly |
| 208 | 200m | Female | 15 & O | Breaststroke |
| 209 | 200m | Male & Open | 15 & O | Freestyle |
| 210 | 100m | Female | 11 to 14 | Individual Medley |
| 211 | 50m | Male & Open | 11 to 14 | Freestyle |

| Session 4 - Sunday Afternoon | | | | |
|------------------------------|----------|-------------|-----------|-------------------|
| Event No | Distance | Comp Sex | Age Group | Stroke |
| 401 | 200m | Female | 15 & O | Individual Medley |
| 402 | 100m | Male & Open | 11 to 14 | Backstroke |
| 403 | 200m | Female | 11 to 14 | Backstroke |
| 404 | 100m | Male & Open | 15 & O | Freestyle |
| 405 | 100m | Female | 15 & O | Breaststroke |
| 406 | 200m | Male & Open | 11 to 14 | Butterfly |
| 407 | 100m | Female | 11 to 14 | Butterfly |
| 408 | 200m | Male & Open | 15 & O | Breaststroke |
| 409 | 200m | Female | 15 & O | Freestyle |
| 410 | 100m | Male & Open | 11 to 14 | Individual Medley |
| 411 | 50m | Female | 11 to 14 | Freestyle |



2025 AUTUMN MEET MEET INFORMATION

SUMMARY SHEET

| | | | | |
|-----------------------|-----------------------------|-------------------|----------------|--|
| Club Name/Abbr: | | | | |
| Club Contact Name: | | | | |
| Contact Number: | | | | |
| Contact Email: | | | | |
| Total Entries | No. 'Male & Open' Entries = | @ £8.00 per event | Total £ | |
| | No. Female Entries = | @ £8.00 per event | Total £ | |
| Coaches Meals (Day 1) | No. Passes = | @ £10.00 per head | Total £ | |
| Coaches Meals (Day 2) | No. Passes = | @ £10.00 per head | Total £ | |
| | | | Total £ | |

Closing date for Entries: Friday 5th September 2024. Entry files and summary sheet must be received by this date. Please return this summary sheet to Sean Dawson smdawson23@outlook.com

Online payment should be made to: **Account Name:** University of Aberdeen Performance Swimming
Account No: 00581285, **Sort Code:** 80-12-08, (Bank of Scotland) **Quote Reference:** UOAM25

In the event of Refunds please provide club bank details:

| | | |
|----------------------|------------------------|---------------------------|
| Account name: | Account Number: | Account Sort Code: |
| | | |

| | | | |
|--------------------|---|--------------|--|
| Declaration | <i>I confirm that all swimmers entered in this competition have registered with their national federation for the current year and swimmers and parents have been made aware of photographic restrictions at the venue.</i> | | |
| Signature: | Position in Club: | Date: | |
| | | | |

(This must be completed by all competing Clubs)

