



**Forres Bluefins
Swimming Club
Two-Day Meet**

FORRES SWIMMING POOL

On

Saturday 22nd & Sunday 23rd March 2025

MEET INFORMATION

POOL	Forres Swimming Pool, Burdsyard Road, Forres, IV36 1FG 25m pool; 4 lanes; anti-turbulence lane ropes; space poolside for swimmers and coaches
LICENSE	L2/ND/021/MAR25
SESSIONS <i>(Subject to change if necessary)</i>	<p>Session One Warm up 8.30am – 9.30am Start 9.35am Finish 12.35pm (approx.)</p> <p>Session Two Warm up 1.30pm – 2.30pm Start 2.35pm Finish 5.35pm (approx.)</p> <p>Session Three Warm up 8.30am – 9.30am Start 9.35am Finish 12.35pm (approx.)</p> <p>Session Four Warm up 1.30pm – 2.30pm Start 2.35pm Finish 5.35pm (approx.)</p> <p style="text-align: center;">(*Timings may be subject to change if necessary*)</p> <p>All swimmers are asked to arrive in time to participate in their relevant warm-up session, the information for which will be circulated to participating clubs as Meet Joining Instructions after the Entry Deadline.</p>
AGE GROUPS	Individual Age Groups awarded: Age 11, Age 12, Age 13, Age 14, Age 15, Age 16 -18 All events will be swum as age on last day of the meet – Sunday 23rd March 2025
ACCREDITATION	A licence has been granted, and accreditation will be applied for to SASA North District on conclusion of the meet.
RULES	This meet will be held until World Aquatics rules and SASA regulations.
EVENTS	Please see attached sheet for full programme of events. All individual events are single sex events. All events and heats will be swum with all age groups combined and swimmers seeded by entry times.
INDIVIDUAL EVENTS	50m, 100m, & 200m, Butterfly, Backstroke, Breaststroke, Freestyle (11-18 years) 100m & 200m Individual Medley (11-18 years)
MIXED RELAY EVENTS	11-14 years mixed, 4 x 50m Freestyle & Medley relays 15-18 yrs mixed 4 x 50m Freestyle & Medley relays
	Maximum of 2 relays teams per event per club. Relays will be mixed and must consist of at least 1 boy or 1 girl per team (teams comprising of all the same gender will not be eligible to swim) and must have 1 swimmer from each age group or max 2 swimmers from 1 age group. (Discretion can be applied if a club does not have a swimmer from a specific age group.)
	No points will be awarded for the relay events. All members of the relay team must have taken part in at least one individual event. <u>Individuals may swim up an age group to make up a relay team, but they may NOT swim down.</u>
MEET ENTRIES	Entries to be made using the Hytek team Manager events file. Entry files may be obtained by downloading from Swim Scotland, North District website (www.sasanorth.org.uk), or by contacting matchsec@forresbluefins.co.uk
	CLOSING DATE FOR ALL ENTRIES IS 5.00pm FRIDAY 21ST FEBRUARY 2025.
	All meet entry files and summary sheet to be received by this closing date. Payment must be received within 3 days of closing date as detailed. Receipt of entry file will be confirmed by email. Late entries will not be accepted.
ENTRY TIMES	No consideration times have been set for this meet; however, times must be submitted on entry for seeding purposes. If an event is oversubscribed scratches may be necessary. No NT entries will be accepted. Any entry not accepted will be refunded.
	Forres Bluefins swimming club reserves the right to restrict the number of heats in any event(s), reserves the right to swim a slower heat for their swimmers and to fill any empty lanes with Forres Bluefins swimmers. Heats will be swum slowest to fastest. Times must be submitted on entry for seeding purposes.

MEDALS	Medals will be presented for 1 st , 2 nd and 3 rd place (including relay events) for each age group as detailed above. These can be collected from the medals area on the day.
TROPHIES	The 'Forres Bluefins Trophy' will be awarded to the highest scoring club (based on points).
ENTRY FEES	<p>£8.00 per individual event / £10.00 per relay team</p> <p>Payments should be made by Bank Transfer to: Forres Bluefins Swimming Club; Sort code: 80-06-81; Account: 00349885 Reference: FB2DAY2025 followed by Club Name</p> <p>In the event of postponement, cancellation or abandonment of the event or withdrawals at any time, refunds if any, will be made at the absolute discretion of Forres Bluefins. Forres Bluefins will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel or accommodation costs.</p>
WITHDRAWALS	<p>All withdrawals must be notified to matchsec@forrebluefins.co.uk by email before 5pm on Wednesday 19th March 2025 For withdrawals by email, all details must be included i.e. name, event no, stroke, SASA no etc.</p> <p>Withdrawals on the day should be submitted on the withdrawal form issued in the coaches pack to the Records desk no later than 1 hour prior to the start of the appropriate session.</p>
MEDICAL WITHDRAWALS	Please note that for anyone withdrawing on medical grounds, refunds will only be granted on production of a letter from a suitably qualified professional confirming withdrawal is recommended. The letter must be received within 7 days following the meet and should be dated no earlier than the closing date or later than 3 days from the date of the competition.
COACHES PASSES	Coaches lunch will be available for each Club at £8.00 each – please include payment for this a long with the gala entry fees.
CHANGING ROOMS	The changing rooms will be available for use but time in this area should be limited as far as possible. Bags can be taken into the communal squad area in the adjacent gym hall. Strictly NO food or drink permitted either poolside or in changing room area.
MARSHALLING	Swimmers must report to marshalling ahead of their event and are advised to attend in good time otherwise they will not be permitted to swim. The start of a race will not be delayed for absent competitors. Swimmers must follow instructions given to them by meet officials and marshals, and swimmers must always behave in a reasonable manner.
SPECTATING	Due to building restrictions on numbers, there will be limited space for spectators. This will however, depend on the number of entries that we receive and accept. The spectating instructions will therefore be updated in line with what we can offer within the Meet Joining Instructions / Coaches Pack which will be circulated the week prior to the gala.
TECHNICAL SWIMSUITS	As of 1 st September 2022, new regulations came into force regarding technical swimsuits. From this date all swimmers 13 years and younger cannot compete wearing technical suits in Scottish Swimming licensed or registered events. For further information and FAQ's please see link HERE .
PHOTOGRAPHY & MOBILE PHONES	<p>Photography of any description, and the use of mobile phones or any other devices capable of photography is strictly prohibited in the changing room, showers, and toilet areas. The use of mobile phones poolside is prohibited.</p> <p>No photographic or video equipment will be allowed in any area without prior agreement of the Gala Convener. Photographic QR codes will be used for this meet and will be published within the pre-meet participant information prior to the gala.</p> <p>Unless it has been notified in writing to the Gala Organiser it will be assumed that all parents of children swimming give permission for their child to be photographed by approved parties.</p>

<p>TECHNICAL OFFICIALS</p>	<p>We would be grateful for a list of officials willing to help on the day. Please complete the enclosed form and return it with entries or e-mail the details directly to sto@forresbluefins.co.uk</p> <p>Any queries or changes to Technical Officials after the closing date should also be directed to the Gala STO. All clubs are requested to provide a minimum of 1 STO per session (ideally Judge level if possible) when 6 or more swimmers are accepted. Clubs that have 10 swimmers or more accepted should provide a minimum of 2 technical officials per session. Without sufficient officials the meet will not be able to gain accreditation.</p> <p>Please note that Timekeepers or Judges-in-training requiring specific signatures, i.e. Chief timekeeper or stroke judge, should make this request when STO names are submitted. Mentoring requests will be at the discretion of the Referee, however mentoring requests may be honoured if there are adequate qualified officials to cover the roles. We cannot however, guarantee that all requests, if any, will be granted.</p> <p>Lunch and refreshments will be provided for Technical Officials. Please bring your own water bottle(s) to reduce single use plastic waste. Your bottles can be re-filled from a tap within the building.</p>
<p>ADDITIONAL NOTES</p>	<ul style="list-style-type: none"> • All swimmers, poolside helpers and coaches taking part should have a current SASA membership. Registration numbers must be shown on entry files. All participants are required to adhere to the Scottish Swimming Code of Ethics and all relevant codes of conduct. • A license has been granted for this competition and accreditation will be applied for with SASA North District. (L2/ND/021/MAR25) • Poolside access will be limited to one Coach per 10 swimmers, with a maximum of 2 Coaches at any one time. • Seating areas will be allocated to each team. Teams are responsible for clearing their seating area of belongings, litter etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste are positioned within the pool building - please use them. • Each competitor should bring (as a minimum): * Sufficient water in a plastic water bottle(s); * Shorts & t-shirt to always wear over the swimsuit/swim shorts when not swimming; * Poolside shoes (e.g. crocs/clean trainers/flip flops). • Participating clubs will receive one copy of start sheets for each session. • Coaches should ensure that their swimmers enter and exit the warm-ups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet. Warmups must be supervised by a team coach. • Meal tickets for lunch are available for coaches at £8.00 per person per day – please include within the summary sheet provided below. • Belongings should be placed in the lockers provided within the changing rooms. Lockers take 50p. No swimming bags/kit bags are allowed on poolside due to minimal space. The meet organisers and the facility management cannot be held responsible for items lost during the event. • Additional space for clubs will be allocated within the adjoining gym hall, this area can be accessed throughout the day. Snacks and packed lunches may be eaten here. Swimmers must be always supervised by an adult from each club. • To comply with child Wellbeing & Protection policies all swimmers must always wear a T-shirt and footwear when leaving the poolside and changing areas. • The meet organisers and the facility management cannot be held responsible for items lost or damaged during the event. • Strictly NO food or drink permitted poolside or in the changing room area. • We kindly ask that all cars are parked at the Forres Academy car park which is located directly behind the swimming pool. • Pre-meet participants information will be issued along with a draft programme once finalised after the withdrawal’s deadline.

FRONT OF HOUSE	We are delighted to announce that we will be offering our chocolate chances, lucky squares, tea, coffee & delicious home bakes stall along with our raffle with lots of exciting prizes to be won! Please bring along your pocket money to spend! A card machine will also be available just in case you are short of cash!
TRANSGENDER & NON-BINARY COMPETITION POLICY	<p>As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found HERE. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.</p> <p>As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p>
DATA PROTECTION	<p>In order to operate the Forres Bluefins Mini Meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.</p> <p>This data will be held securely and only used for the purposes of managing the meet and reporting results. The data will be retained in accordance with Licence Requirements. Names and ages will be shared with attending clubs and SASA ND and may be published. Name, gender and date of birth will only be used when submitting the results to Scottish Rankings for the purpose of maintaining the National Database.</p> <p>By entering the Forres Bluefins Mini Meet competitors agree to allow Forres Bluefins to publish the personal data submitted within the entry file and allow publication of results.</p>
LOST PROPERTY	The meet organisers and the facility management cannot be held responsible for items lost or damaged during the event.
CONTACT INFORMATION	<p>Gala Convener Fiona Jones e-mail: galaconvener@forresbluefins.co.uk</p> <p>Gala Entries – Match Secretary Fiona Simmons & Louise Herron email: matchsec@forresbluefins.co.uk</p> <p>Technical Officials - STO Suzanne Offer email: sto@forresbluefins.co.uk</p>

PROGRAMME OF EVENTS

DAY 1 - SATURDAY 22nd MARCH 2025				
SESSION ONE – MORNING		WARM UP: 0830-0930		START: 0935 Hrs
Event No	Comp Sex	Age Group	Distance	Stroke
101	Female	11 - 18	200m	Individual Medley
102	Male & Open	11 - 18	100m	Backstroke
103	Female	11 - 18	50m	Backstroke
104	Male & Open	11 - 18	200m	Butterfly
105	Female	11 - 18	100m	Freestyle
106	Male & Open	11 - 18	50m	Breaststroke
107	Female	11 - 18	200m	Breaststroke
108	Male & Open	11 - 18	100m	Individual Medley
SESSION TWO – AFTERNOON		WARM UP: 1330-1430		START: 1435 Hrs
Event No	Comp Sex	Age Group	Distance	Stroke
201	Male & Open	11 - 18	200m	Individual Medley
202	Female	11 - 18	100m	Backstroke
203	Male & Open	11 - 18	50m	Backstroke
204	Female	11 - 18	200m	Butterfly
205	Male & Open	11 - 18	100m	Freestyle
206	Female	11 - 18	50m	Breaststroke
207	Mixed	11 - 14 Years	4 x 50m	Medley Relay (No points awarded)
208	Mixed	15 - 18 Years	4 x 50m	Medley Relay (No points awarded)
DAY 2 - SUNDAY 23rd MARCH 2025				
SESSION THREE – MORNING		WARM UP: 0830-0930		START: 0935 Hrs
Event No	Comp Sex	Age Group	Distance	Stroke
301	Male & Open	11 - 18	200m	Freestyle
302	Female	11 - 18	100m	Butterfly
303	Male & Open	11 - 18	50m	Butterfly
304	Female	11 - 18	200m	Backstroke
305	Male & Open	11 - 18	100m	Breaststroke
306	Female	11 - 18	50m	Freestyle
307	Male & Open	11 - 18	200m	Backstroke
308	Female	11 - 18	100m	Individual Medley
SESSION FOUR – AFTERNOON		WARM UP: 1330-1430		START: 1435 Hrs
Event No	Comp Sex	Age Group	Distance	Stroke
401	Female	11 - 18	200m	Freestyle
402	Male & Open	11 - 18	100m	Butterfly
403	Female	11 - 18	50m	Butterfly
404	Male & Open	11 - 18	200m	Breaststroke
405	Female	11 - 18	100m	Breaststroke
406	Male & Open	11 - 18	50m	Freestyle
407	Mixed	11 - 14 Years	4 x 50m	Freestyle Relay (No points awarded)
408	Mixed	15 - 18 Years	4 x 50m	Freestyle Relay (No points awarded)

SUMMARY SHEET & DECLARATION

Forres Bluefins Swimming Club - 2 Day Meet Saturday 22nd & Sunday 23rd March 2025

Club Name:	
Club Contact Name:	
Contact Number:	
Contact Email:	

Total Entries	No. Individual Female Entries =	@ £8.00 per event	Total £
	No. Individual Male Entries =	@ £8.00 per event	Total £
	No. 4 x 50m Mixed Relay Team Entries =	@ £10.00 per team	Total £
	No. 4 x 50m Mixed IM Relay Team Entries =	@ £10.00 per team	Total £
Coaches Meals (Day 1)	No. Passes =	@ £8.00 per head	Total £
Coaches Meals (Day 2)	No. Passes =	@ £8.00 per head	Total £
TOTAL ENCLOSED PAYABLE TO FORRES BLUEFINS			Total £
ONLINE PAYMENT SHOULD BE MADE VIA BACS TO: A/C NUMBER: 00349885 SORT CODE: 80-06-81 Quote Payment Reference: FB2DAY2025 followed by Club Name/Code			

In Case of Refunds - please supply the following information:		
Account Name:	Account Number:	Account Sort Code:

DECLARATION	<i>I confirm that all swimmers entered in this competition have paid their current SASA membership fees and parents have been made aware of photographic restrictions at the venue.</i> <i>I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.</i>	
Signature:	Position in Club:	Date:

Form to be returned with entries file to: Match Secretary at matchsec@forresbluefins.co.uk

**CLOSING DATE: ALL ENTRIES, SUMMARY SHEET AND FEES
TO BE SUBMITTED BY 5.00pm, Friday 21st February 2025**

OFFICIALS SHEET

**Forres Bluefins Swimming Club – 2 Day Meet
Saturday 22nd & Sunday 23rd March 2025**

Club:		Phone No:	
STO Contact Name:		Email address:	

DAY ONE - SATURDAY 22 nd March 2025 (**Please note mentoring requests will be at the discretion of the Referee**)						
	Name	Duty (TK/J1/J2)	Session 1	Session 2		Mentoring Request*** J1/J2/J2S
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

Please return along with entries or email to matchsec@forresbluefins.co.uk

**CLOSING DATE: ALL ENTRIES, SUMMARY SHEET AND FEES
TO BE SUBMITTED BY 5.00pm, Friday 21st February 2025**

OFFICIALS SHEET

**Forres Bluefins Swimming Club – 2 Day Meet
Saturday 22nd & Sunday 23rd March 2025**

Club:		Phone No:	
STO Contact Name:		Email address:	

DAY TWO - SUNDAY 23 rd March 2025 (**Please note mentoring requests will be at the discretion of the Referee**)						
	Name	Duty (TK/J1/J2)	Session 3	Session 4		Mentoring Request*** J1/J2/J2S
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

Please return along with entries or email to matchsec@forresbluefins.co.uk

**CLOSING DATE: ALL ENTRIES, SUMMARY SHEET AND FEES
TO BE SUBMITTED BY 5.00pm, Friday 21st February 2025**