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| **DATE** | Saturday 13th September 2025 |
| **VENUE** | Fraserburgh Community & Sports Centre, Maconochie Road, Fraserburgh, AB43 9TH |
| **POOL** | 25 Metres, 6 Lanes, 2 metres deep, anti-turbulence ropes, starting Blocks at start end only, backstroke ledges, deck Level Pool |
| **SESSIONS** | Session One: Warm Up 08:15 - Start 09:20 – Approx Finish 12.20Session Two: Warm Up 13:00 - Start 14:05 – Approx Finish 17:05(Subject to change if necessary) |
| **EVENTS** | Individual Events - 8 Years: 50m Back, Breast, Butterfly & Freestyle & 100IM 9-16 Years: 100m Back, Breast, Butterfly & Freestyle & 100IMTeam Events **-** 8 x 50m Freestyle & Medley cannon relays.The relays will consist of 8x50m freestyle and medley events – teams must include four boys and four girls and the total of the swimmers ages on the day of the meet must not exceed 100 years. Relay team members must also be swimming in an individual event. Each club may enter up to two teams in each relay event.The medley relay will be swum in the order: **Back, breast, fly, free, back breast, fly, free. Swimmers 1 & 5 will start in the pool.**Please note we will have 'HOT HEATS' throughout the day. These will be chosen at random, and a prize awarded to the winner of that heat. Swimmers will be notified of this prior to the start of the heat by music and the announcer will clarify this is a HOT HEAT.No Swimmer under the age of 8 is permitted to swim. Entries will not be accepted from composite teams. |
| **AGE** | All events are age on the day (13th September 2025) |
| **AWARDS** | Medals will be awarded for 1st, 2nd, & 3rd places for the following –Age groups - 8, 9, 10, 11-12, 13-14 & 15-16 for 50m, 100m & 100IM and for Relay events.There will be no medal presentations during the event. Medals will be available for collection from the medals desk which will be located in the foyer. |
| **ENTRY FEES** | £7.00 per individual 50M swim£8.00 per individual 100M swim £9.00 per relayPayment can be made by BACS using the following details;**Account Name**: Broch Asc **Account Number**: 00574024 **Sort Code**: 80-06-86Please use reference AG25 followed by your club code e.g. AG25NBHX. Payment to be received no later than 3 days after the closing date. |
| **ELIGIBILITY TO** **ENTER** | All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files.  |
| **ENTRIES** | **All entries must be on Hy-tek Team Manager entry file** (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website ([www.sasanorth.org.uk](http://www.sasanorth.org.uk)) or contact Shona Watt at brochasc@hotmail.co.uk A Draft Programme will be emailed to all participating clubs as soon as possible after the closing date.**Closing Date: Friday 15th August 2025**Please note Summary Sheet and Payment must be received within 3 postal days of closing date. There will be zero tolerance of late payment. Any entry or payment not received within the timeframe will be rejected without delay. Please return entry files, payment notification and summary sheet to [brochasc@hotmail.co.uk](file:///C%3A%5CUsers%5Cbasrecorder%5CDesktop%5C2025%20Completed%20Galas%5CGraded%20Meet%202025%5CMeet%20Info%5Cbrochasc%40hotmail.co.uk).  |
| **EARLY** **WITHDRAWLS** | Withdrawals prior to the event may be sent by email to brochasc@hotmail.co.uk to arrive no later than **5pm Wednesday 10th September 2025.** NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Entry Time etc. Telephone withdrawals will not be accepted. |
| **WITHDRAWLS ON THE DAY** | Withdrawals on the day should be submitted on the withdrawal forms made available and should be presented to the Recorders table at least 1 hour prior to the start of the first session and updated accordingly one hour before the start of each session thereafter. |
| **REFUNDS** | No refunds will be made once draft programme is issued.Refunds for swimmers who withdraw through illness or injury, will only be considered where medical evidence confirming that they are unable to swim is received no later than 7 days following the meet.In the event of postponement, cancellation or abandonment of the event, refunds will be made at the absolute discretion of Broch ASC |
| **CONSIDERATION****TIMES** | No consideration times have been set for this meet. In the event of oversubscription, entries will be accepted on a fastest first basis. Broch ASC reserves the right to restrict the number of heats in any event(s), to swim a slower heat for their Swimmers and to fill any empty lanes with Broch ASC Swimmers.Heats will be swum slowest to fastest. Entries to the events will be restricted and will be accepted based on entry times. Times do not need to be accredited but must be submitted for seeding purposes. NT entries will NOT be accepted. Any entry not accepted will be refunded. Programme of Events on separate sheet.  |
| **MARSHALLING** | Marshalling will be at the trainer pool beside the entrance to the changing village. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers who have not presented themselves to the marshalls in time, they will not be permitted to swim. |
| **TECHNICAL** **OFFICALS** | Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to stobrochasc@gmail.com **no later than 5pm Friday 29th August 2025.** Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.Lunch will be provided for morning Officials. We are adopting a plastic free policy to help the environment, could all Officials bring their own water bottle? Water and juice will be available throughout the day for top ups.Any queries or changes to Technical Officials after the closing date should be made to stobrochasc@gmail.com Lunch for coaches can be provided at a cost of £6 (see Summary sheet) |
| **TECHNICAL****SWIMSUITS** | Please note that as of 1st September 2022, new regulations came into force regarding technical swimsuits. From this date, all swimmers aged 13 years and younger cannot compete wearing technical suits in Scottish Swimming licenced or registered events. For further information and FAQs please see link below: <https://scottishswimming.com/news/technical-swimsuit-policy-update>  |
| **TRANSGENDER** **POLICY** | As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found here: ([www.scottishswimming.com/about-us/equality](file:///C%3A%5CUsers%5Cbasrecorder%5CDesktop%5C2025%20Completed%20Galas%5CGraded%20Meet%202025%5CMeet%20Info%5Cwww.scottishswimming.com%5Cabout-us%5Cequality)) Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category. |
| **PHOTOGRAPHY****& VIDEO** | The use of mobile phones or other electronic devices is not permitted at any time in the changing village, toilets or shower areas. Anyone wishing to use any photographic equipment, including video cameras must register with the Meet Convenor by scanning the QR code which will be issued in the Participant Information and will also be available at the venue.  |
|  **CONTACTS** | Meet Convenor: Brenda Tait - chairbrochasc@gmail.com Meet Secretary: Shona Watt - brochasc@hotmail.co.uk |
| **IMPORTANT** **INFORMATION** | All swimmers entered must have paid their SASA membership fee for the current year.All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.A Licence has been granted for this competition and accreditation will be applied for through SASA North District.Each competitor should bring (as a minimum): Sufficient water in a plastic water bottle(s), shorts & t-shirt to wear over the swimsuit/swim shorts at all times when not swimming, poolside shoes (e.g. crocs/clean trainers/flip flops).Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.Belongings should be placed in the lockers provided, any left in changing cubicles will be removed by pool staff.Seating areas will be allocated to each team. Teams are responsible for ensuring that their swimmers recognize the importance of “giving people space”, especially when moving through the seating and marshalling areas.Participating clubs will receive one copy of start sheets for each session.Coaches should ensure that their swimmers enter and exit the warmups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet.Over the top starts will be used when applicable. The Gala Convenor reserves the right to alter the meet programme and warm up times if necessary.The meet organisers and the facility management cannot be held responsible for items lost or damaged during the course of the event.Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. Glass bottles, containers and hot drinks are not permitted in the pool area. |
| **REFRESHMENTS** | Teas, Coffees, and Snacks will be available to purchase from Splash Café. We are delighted to be able to offer our very popular Chocolate Tombola and Lucky squares at our fundraising table in the Foyer, and appreciate your support with this. |

**PROGRAMME OF EVENTS**

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| **SESSION 1** |  |  |
| **EVENT 101** | Male & Open 9-16 years | 100m Individual Medley |
| **EVENT 102** | Mixed 8 years  | 50m Backstroke |
| **EVENT 103** | Female 9-16 years | 100m Backstroke |
| **EVENT 104** | Male & Open 9-16 years | 100m Breaststroke |
| **EVENT 105** | Mixed 8 years | 50m Butterfly |
| **EVENT 106**  | Female 9-16 years | 100m Butterfly |
| **EVENT 107**  | Male & Open 9-16 years | 100m Freestyle  |
| **EVENT 108** | Mixed 8 years | 100m Individual Medley |
| **EVENT 109** | Relay - cannonball | 8 x 50 Freestyle  |
| **SESSION 2** |  |  |
| **EVENT 201** | Female 9-16 Years  | 100m Individual Medley |
| **EVENT 202** | Mixed 8 years | 50m Breaststroke |
| **EVENT 203** | Male & Open 9-16 years | 100m Backstroke |
| **EVENT 204** | Female 9-16 years | 100m Breaststroke |
| **EVENT 205** | Mixed 8 years | 50m Freestyle |
| **EVENT 206** | Male & Open 9-16 years | 100m Butterfly |
| **EVENT 207** | Female 9-16 years | 100m Freestyle |
| **EVENT 208** | Relay - cannonball | 8 x 50 Medley |

**SUMMARY & DECLARATION SHEET**

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| **CLUB NAME/ABBR:** |
| **MEET SECRETARY:**  |
| **ADDRESS:**  |
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| **TELEPHONE NUMBER:**  |
| **EMAIL:**  |

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| **\_\_\_\_\_\_ Mixed 50m Male/Female Entries @ £7.00 \_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_ 100m & 100IM Male Entries @ £8.00 \_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_ 100m & 100IM Female Entries @ £8.00 \_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_ 8x50 Mixed Relay Entries @ £9.00 \_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_ Coaches Meal Pass @ £6.00 \_\_\_\_\_\_\_\_\_\_**  | **Paperwork and Payment must be received within 3 postal days of closing date (15th August 2025).** **Please ensure you have enclosed the following;****BACS, Hy-tek TM Entry File & Summary Sheet** |
|  **Total: £**  |  |

**PAYMENTS VIA BACS Account No: RBS Broch ASC A/C 00574024 Sort Code: 80-06-86**

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| **FOR REFUNDS AFTER MEET****CLUB A/C NAME:****SORT CODE: BANK ACCOUNT NUMBER**  |

**Payment Reference AG25 followed by your club code e.g. AG25NBHX.**

**DECLARATION: I confirm that all swimmers entered in this competition have paid their current SASA Membership fee.**

**I confirm that all Coaches and/or team staff from our Club who will be on poolside are members of Scottish swimming and have current PVG Disclosure.**

**Signed:**

**Position in Club: Date:**

**(This declaration must be completed by all Clubs)**

**OFFICIALS SHEET**

**Club:**

**STO Contact Name:**

**STO Email Address:**

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| **NAME** | **DUTY** | **SESSION 1** | **SESSION 2** | **SIGNATURE** **REQUIRED** |
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**To be completed and returned to** **stobrochasc@gmail.com** **no later than 5pm on Friday 29th August 2025.**