



IM CHALLENGE MEET 2024

**Inverness Leisure
Bught Lane
Inverness
IV3 5SS**

Sunday 2nd June 2024

Licence No: L2/ND/016/JUN24

MEET INFORMATION

(UNDER FINA RULES AND SASA SWIMMING REGULATIONS)

Date Sunday 2nd June 2024

Venue Inverness Leisure, Bught Lane, Inverness, IV3 5SS

Pool 25m pool, 8 lanes, anti-turbulence ropes, electronic timing, level deck pool.

Sessions

Session 1	Warm up 08:00	Start 09:15	Finish 12:15
Session Two	Warm up 13:00	Start 14:15	Finish 17:15

(Timings subject to change, as necessary)

Age groups Age groups for individual events are:

9/10 years
11/12 years
13/14 years
15/16 years
17+

Note age groups for team relay events differ.

Age is at 2nd June 2024. (applicable to both individual and team events)

Prelim Events For all age groups there are 5 **preliminary** events:

100m Individual Medley
50m Backstroke
50m Breaststroke
50m Fly
50m Freestyle

Preliminary events will be swum with age groups combined.

The preliminary events will be scored. The eight swimmers from each age group with the highest aggregate score will qualify to swim in the **IM finals events**.

An age group first place finish will be awarded 20 points, second place finish 19 points, continuing to a 1 point award for twentieth position.

Preliminary events will be seeded on entry times.

Finals Events For each age group there will be an **IM finals event**. The finals events will be:

100m IM Finals for Age Group 9/10

200m IM Finals for Age Groups 11+

Finals events will be seeded on aggregate points awarded within the preliminary events.

Team Events Team **medley relay events** will take place between the end of the individual preliminary events and before the start of the individual IM finals events. The relay events will be:

4 x 50m Medley Relay Mixed Age 9-11

4 x 100m Medley Relay Mixed Age 12-14

4 x 100m Medley Relay Mixed Age 15+

Relay Teams To encourage maximum participation mixed teams may be either:

Four athletes total, including two female athletes

or

Four athletes total, including three female athletes

Athletes may swim up an age group for team events but may only participate in one team event. Clubs may enter a maximum of two teams per age group.

Team events will be run separately or combined and seeded by time at the discretion of the Referee.

Prizes & Medals A cash prize will be awarded in relation to each first, second and third place of the IM Finals.

First Place £20

Second £10

Third £ 5

Medals will be awarded to 1st, 2nd and 3rd place in the IM finals and team events.

Medals and prizes will be available for collection from the medals desk situated on the balcony area. No presentations will be made.

Entry Fees A £35.00 entry fee covers participation in all five preliminary events, and participation in any finals event where qualification is achieved.

Team entries for relay events are £10.00 per entry.

Payment can be made by **BACS** transfer to:

Account no: 00756319

Sort code: 80-09-17

Reference: your club name

Entries

Entries may be submitted using the Hytek Team Manager entry file, available either by download from the North District website (www.sasanorth.org.uk) or by contacting David Thomas at membershipnairn@gmail.com.

Times must be submitted on entry for seeding purposes. These should be real times but do not need to be accredited. NT entries will not be accepted.

In the event of over subscription priority will be given to swimmers entering all five preliminary events. If further restrictions on entries are necessary scratches will be made across preliminary events with reference to 100IM entry times. Nairn District ASC reserves the right to swim slower heats for their swimmers and to make other modifications to the programme to support the effective operation of the meet.

Closing date for entries is 3rd May 2024

Entry files and summary sheets should be sent to : membershipnairn@gmail.com

Entry fees are requested to be received within 3 days of the closing date.

Entries not accompanied by payment in the requested timeframe may be rejected.

Officials

We would be grateful for a list of STOs in order to be able to run the event. A completed technical official's sheet should be emailed to David Thomas at membershipnairn@gmail.com by **Friday 17th May 2024**. Judges and Timekeepers in training, who are requiring specific signatures, should make this clear in their request. Mentoring requests will be accommodated if the Referee considers it practical.

Please submit officials' details using the North District Officials Pro-Forma (Excel File) available at: <https://www.sasanorth.org.uk/2024meets.html>

Lunches

Technical officials operating in the morning session will be offered lunch.

Coaches' lunches can be booked at £9.50 per person.

Withdrawals

Withdrawals prior to the event should be emailed to: membershipnairn@gmail.com no later than 5pm on Friday 31st May 2024. Full details should be sent spanning, Athlete Name, SASA No., Event No, Stroke & Distance.

Withdrawals on the day should be submitted on the withdrawals form made available and should be presented on the recorders table at least 1 hour prior to the start of each session.

For anyone withdrawing on medical grounds refunds will be made where supported by a letter from a suitably qualified professional confirming withdrawal was recommended or required. The letter must be received within 7 days following the meet and should be dated no earlier than 3 May 2024 and no later than 5 June 2024. Refunds in other circumstances will be at the discretion of NDASC.

- Marshalling** There will be marshalling located at the window side walkway from the competition to the leisure pool. All swimmers must attend marshalling before both individual and team events and are advised to attend in good time. Event starts will not be delayed for absent competitors.
- Reserves** Reserves should attend marshalling unless previously withdrawn.
- Swimsuits** Swimmers 13 years and younger may not compete wearing technical suits. For further information and FAQ's see [Swimsuits/Scottish Swimming](#).
- Membership** All swimmers entered must have current SASA athlete membership. Registration numbers **must** be shown on entry files. A licence has been granted for this competition and accreditation will be applied for to the SASA North District.
- Photography** **Please note that anyone wishing to use photographic equipment for non-commercial purposes, including video cameras must register with the Meet Convener.**
No flash photography is permitted at any time within the competition pool area.
No person may for commercial purposes take photographs or use any video recording equipment inside the event without the express written permission of Nairn District ASC.
Appointed Nairn District ASC representatives may take photographs for the purpose of club publicity and promotion. NDASC's WPOs will approve any such photographs prior to publication.
- Mobile Phones** **Mobile phones are strictly prohibited from being used in changing, shower or toilet areas.** Mobile phones should be switched to silent in the competition pool and spectator areas.
- Lockers** Changing area lockers should be used to store all belongings. The meet organisers and the facility management cannot be held responsible for items lost during the course of the event.
- Team Areas** Teams are requested to clear their seating area before leaving at the end of the competition day.

Transgender & Non-Binary Competition Policy

As of the 1st of January 2024, the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented across all aquatics sports. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.

As a result of this policy being implemented, any competitor intending to compete within the female category at this event will be required to provide confirmation that their birth

sex is female when signing up to the meet conditions through entry. By entering the Female Category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

Postponement, Cancellation or Abandonment

No guarantee can be given by Nairn District ASC that the event will take place at a particular time, or any particular date and Nairn District ASC reserves the right to reschedule the event without notice and without liability for so doing. It is expected that this would only happen as a result of unforeseen circumstances, e.g. venue/facility failure etc.

In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Nairn District ASC. Nairn District ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, and accommodation costs.

Nairn District ASC Reserves the right to amend the programme at any time.

Meet Convenor Susan Gillespie – swimnairn@gmail.com

PROGRAMME OF EVENTS

Session 1: Warm up 08:00 Start time 09:15

Preliminary Events

101	Female	100m Individual Medley
102	Male and Open	100m Individual Medley
103	Female	50m Backstroke
104	Male and Open	50m Backstroke
105	Female	50m Breaststroke
106	Male and Open	50m Breaststroke

Session 2: Warm up 13:00 Start time 14:15

Preliminary Events

201	Female	50m Butterfly
202	Male and Open	50m Butterfly
203	Female	50m Freestyle
204	Male and Open	50m Freestyle

Team Relay Events

210	Mixed 9-11	4 x 50m Medley Relay
211	Mixed 12-14	4 x 100m Medley Relay
212	Mixed 15 +	4 x 100m Medley Relay

IM Challenge Finals Events

255	Female 9/10	100m Individual Medley
256	Male and open 9/10	100m Individual Medley
257	Female 11/12	200m Individual Medley
258	Male and Open 11/12	200m Individual Medley
259	Female 13/14	200m Individual Medley
260	Male and Open 13/14	200m Individual Medley
261	Female 15/16	200m Individual Medley
262	Male and Open 15/16	200m Individual Medley
263	Female 17+	200m Individual Medley
264	Male and Open 17+	200m Individual Medley

SUMMARY SHEET

Contact Details

Club _____

Contact Name _____

Address _____

Post Code _____ Tel. No. _____

Email Address _____

Competitor and Entries Summary

	Quantity		Line Cost
Total Male and Open Competitors		@ £35.00	
Total Female Competitors		@ £35.00	
Total Relay Entries		@ £10.00	
Coach Meal Pass		@ £ 9.50	
		TOTAL	

CLOSING DATE FOR ENTRIES IS FRIDAY 3 MAY 2024

Payments

Payment can be made by **BACS** transfer to:
Account no: 00756319 Sort code: 80-09-17 Reference: your club name

Declaration This declaration **must** be completed by all competing clubs

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed _____ Position _____

Date _____

Refunds Please complete details below to support processing of refunds, as may be required.

Club Bank Account Number _____ Sort Code _____

Club Bank Account Name _____

Submission

Please submit completed summary sheet and entry file to membershipnairn@gmail.com