

## **NORTH DISTRICT AGE GROUP MEET 2024** (UNDER WORLD AQUATICS AND SCOTTISH SWIMMING RULES)

**7<sup>th</sup> and 8<sup>th</sup> December 2024**

**INVERNESS LEISURE, BUGHT LANE, INVERNESS, IV3 5SS**

### **MEET INFORMATION**

- Pool** 25 Metres, 8 Lanes, Anti-turbulence ropes, Electronic Timing & Level Deck Pool
- Sessions**
- |                      |                             |
|----------------------|-----------------------------|
| <b>Session One</b>   | Warm Up 09.30 - Start 10.35 |
| <b>Session Two</b>   | Warm Up 14.00 - Start 15.05 |
| <b>Session Three</b> | Warm Up 08.30 - Start 09.35 |
| <b>Session Four</b>  | Warm Up 13.00 - Start 14.05 |
- (SUBJECT TO CHANGE IF NECESSARY)
- Events** 50m Freestyle, Backstroke, Breaststroke, Butterfly  
100m Freestyle, Backstroke, Breaststroke, Butterfly  
200m Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley  
400m Freestyle, Individual Medley  
All events will be swum with age groups combined. All events will be heat declared winner.
- Age** As at 8<sup>th</sup> December 2024 - 10 - 12 years, 13/14 years
- Eligibility to Enter** This meet is open to swimmers who are members of clubs affiliated to the SASA North District
- Entries** All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website ([www.sasanorth.org.uk](http://www.sasanorth.org.uk)) or contacting [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk)
- Please email completed entry files to the District Entries Secretary Lesley Gatton at [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk)
- Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is practical.
- Entry Fees** £7.50 per individual swim
- Payment should be made by direct bank transfer. Reference should be AGE24 followed by your club code eg AGE24NANX. Bank details for direct bank transfer payments are on the summary sheet.
- CLOSING DATE FOR ENTRIES IS FRIDAY 8<sup>th</sup> November 2024**
- Please note summary sheet and payment must be received within 3 postal days of this date and that due to previous late payments and the need to get the programme out timeously there will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.
- Consideration Times** Consideration times are with the attached Programme of Events. The fee for entries received which are outwith the consideration times for any of the District Competitions shall not be refunded under any circumstances.

## **Para Swimming Events**

North District swimmers between the ages of 10 and 14 with a disability who have a recognised classification (WPS, BS, BBS, UKSA or INAS-FID) and are registered members of Scottish Swimming will be eligible to compete in the multi-classification (MC) events. The MC events will be integrated into the heats of each age group seeded by absolute time. Please refer to the Supplementary Para Swimming Conditions for more information. **Please ensure that any MC swimmers are identified as such with their classification at the point of entry.**

## **Early Withdrawals**

Withdrawals prior to the event may be sent by email to: Lesley Gatton at [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk) to arrive no later than 5pm on Thursday 5<sup>th</sup> December 2024.

NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.

## **Medical Withdrawals**

In terms of SW4.7 entry fees will be refunded in the event of a swimmer being unable to take part due to illness or injury only in the following circumstances: The swimmer has been withdrawn in time according to the Meet Information. The swimmer can provide medical evidence confirming that they are unfit to swim to the District Entries Secretary at [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk) within 14 days following the Meet. The letter should be dated not more than 4 weeks before the Meet and not more than 10 days following the last day of the meet.

## **Withdrawals at the Meet**

Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).

## **Marshalling**

There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors. Swimmers may report to marshalling for more than one event where it is deemed that there will be insufficient time between races to marshal in good time for their next event. It is for the swimmer to inform the marshal if they are reporting for more than one event.

Swimmers who have not presented themselves to the marshals prior to their heat entering the final marshalling area will not be permitted to swim, will be treated as a late withdrawal, and may be fined accordingly.

## **Reserves**

Reserves must marshal unless they have been withdrawn.

## **Awards**

Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places by Age Group.

## **Technical Officials**

Lists of Technical Officials for all sessions must be emailed to the Meet Officials Convenor, Colin Oswald at [theoswalds2@icloud.com](mailto:theoswalds2@icloud.com) no later than 14 days before the first day of the meet (22<sup>nd</sup> November 2024).

Technical Officials should be submitted on the North District pro-forma for this purpose and must be emailed (not posted) by the specified date. The pro-forma can be found here <https://www.sasanorth.org.uk/2024meets.html>

Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District rules SW 6.2 and SW4.1 refer.

Please note that probationary Judges and Timekeepers wishing specific signatures, eg., Chief Timekeeper, Chief Inspector of Turns, Relays or Finish Order should make the request to the Meet Officials Convenor when names are submitted.

## **Technical Officials (cont)**

Mentoring will be at the discretion of the referee depending on the availability of suitable mentors.

Queries or changes to Technical Officials after the closing date should be directed to Colin Oswald at [theoswalds2@icloud.com](mailto:theoswalds2@icloud.com)

## **Notes**

- All swimmers entered must have paid their SASA membership fee for the current year and be members of a club affiliated to the SASA North District. Registration numbers must be shown on entry files.
- A Licence has been granted for this competition and accreditation will be applied for to the SASA.
- All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
- Different persons have authority and overall responsibility for the running of the meet at different stages.
- A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

## **Photography Photos/Videos**

**The use of mobile phones or other devices capable of photography are not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall.**

**Any devices that are to be used for video/photography in the poolhall must be registered using the QR code available at the venue and in the event participant information.**

### **Media & Photography Information**

Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please complete the Media/Photography Refusal of Consent Form which is available on our website.

If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to SASA North District after which the data will be removed.

## **Swimsuits**

### **Technical Swimsuits**

Swimmers 13 years and younger can **not** now compete wearing technical suits in Scottish Swimming licensed or registered events. For further information and FAQ's please see [Swimsuits | Scottish Swimming](#)

## **Transgender Policy**

The Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports on the 1<sup>st</sup> January 2024. The policy and FAQs can be found [here](#). Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.

By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

## **Data Protection**

### **Data Protection Statement**

In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.

This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -

- Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and
- Swim England for inclusion on Rankings

Names, eligibility criteria and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.

**Disclaimer** No guarantee can be given by SASA North District that the meet will take place at a particular time, on any particular date or at any particular venue. SASA North District reserves the right to cancel the meet without notice and without liability for doing so if required. The meet will not be rescheduled if it is unable to take place on the scheduled dates.

In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA North District. SASA North District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.

## **Meet Convenor**

Trish Sheldon [trishsheldon9@gmail.com](mailto:trishsheldon9@gmail.com)

## **AGE GROUP MEET 2024**

**7<sup>th</sup> and 8<sup>th</sup> December 2024 - INVERNESS LEISURE**

### **Programme of Events**

#### **Saturday**

##### **Session One**

Event 101	Female	10-14	200m Backstroke
Event 102	Male & Open	10-14	200m Freestyle
Event 103	Female	10-14	50m Breaststroke
Event 104	Male & Open	10-14	50m Butterfly
Event 105	Female	10-14	100m Butterfly
Event 106	Male & Open	10-14	100m Backstroke
Event 107	Female	10-14	400m IM

##### **Session Two**

Event 201	Male & Open	10-14	50m Freestyle
Event 202	Female	10-14	50m Backstroke
Event 203	Male & Open	10-14	400m Freestyle
Event 204	Female	10-14	200m IM
Event 205	Male & Open	10-14	100m Breaststroke
Event 206	Female	10-14	200m Breaststroke
Event 207	Male & Open	10-14	200m Butterfly
Event 208	Female	10-14	100m Freestyle

#### **Sunday**

##### **Session Three**

Event 301	Male & Open	10-14	200m Backstroke
Event 302	Female	10-14	200m Freestyle
Event 303	Male & Open	10-14	50m Breaststroke
Event 304	Female	10-14	50m Butterfly
Event 305	Male & Open	10-14	100m Butterfly
Event 306	Female	10-14	100m Backstroke
Event 307	Male & Open	10-14	400m IM

##### **Session Four**

Event 401	Female	10-14	50m Freestyle
Event 402	Male & Open	10-14	50m Backstroke
Event 403	Female	10-14	400m Freestyle
Event 404	Male & Open	10-14	200m IM
Event 405	Female	10-14	100m Breaststroke
Event 406	Male & Open	10-14	200m Breaststroke
Event 407	Female	10-14	200m Butterfly
Event 408	Male & Open	10-14	100m Freestyle

## **AGE GROUP MEET 2024**

### **7<sup>th</sup> and 8<sup>th</sup> December 2024 - INVERNESS LEISURE**

#### **Events & Consideration Times**

Times must be equal to or faster than:

<b>FEMALE</b>			<b>EVENTS</b>	<b>MALE &amp; OPEN</b>		
<b>10-12 Years</b>	<b>13 Years</b>	<b>14 Years</b>		<b>14 Years</b>	<b>13 Years</b>	<b>10-12 Years</b>
00:39.1	00:36.5	00:34.9	<b>50 Freestyle</b>	00:33.8	00:36.6	00:39.8
01:30.6	01:21.0	01:17.6	<b>100 Freestyle</b>	01:16.2	01:22.2	01:31.2
03:17.1	02:56.4	02:48.4	<b>200 Freestyle</b>	02:47.4	03:02.2	03:17.1
06:42.4	06:12.9	05:42.7	<b>400 Freestyle</b>	05:55.5	06:12.9	06:42.4
00:45.4	00:42.3	00:40.4	<b>50 Backstroke</b>	00:39.5	00:43.1	00:46.6
01:40.7	01:34.5	01:28.0	<b>100 Backstroke</b>	01:26.0	01:34.7	01:46.8
03:33.0	03:18.8	03:12.8	<b>200 Backstroke</b>	03:07.5	03:18.8	03:33.0
00:53.1	00:48.3	00:46.4	<b>50 Breaststroke</b>	00:44.5	00:49.4	00:54.3
01:57.6	01:46.3	01:40.9	<b>100 Breaststroke</b>	01:43.3	01:52.7	02:11.0
04:20.8	03:57.0	03:45.2	<b>200 Breaststroke</b>	03:45.2	03:57.0	04:20.8
00:47.6	00:42.4	00:39.0	<b>50 Butterfly</b>	00:38.1	00:42.4	00:47.6
01:55.4	01:38.9	01:30.7	<b>100 Butterfly</b>	01:29.4	01:38.9	01:55.4
04:02.5	03:38.5	03:30.3	<b>200 Butterfly</b>	03:30.0	03:38.5	04:02.5
03:37.9	03:25.3	03:04.3	<b>200 Individual Medley</b>	03:14.8	03:26.0	03:45.5
07:58.7	07:17.0	06:39.2	<b>400 Individual Medley</b>	06:29.8	07:17.0	07:58.7

**Notes:** Times do not require to be accredited but should be **real** times achieved at non-accredited meets or Club Time Trials

## **Supplementary Para Swimming Conditions and Entry Standards**

These are to be adhered to in conjunction with the general conditions for the Age Group Meet.

The following events will be integrated into the heats according to eligibility criteria:

Event	Male & Open	Female
50m Freestyle	S1 – S14	S1 – S14
100m Freestyle	S1 – S14	S1 – S14
200m Freestyle	S1 – S5 & S14	S1 – S5 & S14
400m Freestyle	S6 – S13	S6 – S13
50m Backstroke	S1 – S14	S1 – S14
100m Backstroke	S6 – S14	S6 – S14
50m Breaststroke	SB1 – SB9, SB11 - SB14	SB1 – SB9, SB11 - SB14
100m Breaststroke	SB4 – SB9, SB11 – SB14	SB4 – SB9, SB11 – SB14
50m Butterfly	S1 – S14	S1 – S14
100m Butterfly	S8 – S14	S8 – S14
200m IM	SM3 – SM14	SM3 – SM14

### **Eligibility**

All Competitors must be registered as members of a swimming club affiliated to the SASA North District at the time of entry. **There are no entry standards.**

**Competitors in WPS Classification S1 - S13** must have an authorised British Swimming or WPS classification, which is held on the Scottish Swimming Membership database at the time of entry.

**Competitors in Classification S14** must have an authorised WPS, INAS-FID or UKSAPLD classification, which is held on the Scottish Swimming Membership database at the time of entry.

**MC swimmers must be identified as such with their classification at the point of entry.**

Meet entry secretaries MUST notify the North District that a swimmer is an MC swimmer and what classification they are at the point of entry.

### **General**

- A copy of information held on the Scottish Swimming Membership database must be submitted to the Recording desk prior to the start of the session with the athlete's first event. No further submission is required following this. Any concerns about this, please speak to the Meet Convenor.
- All eligible swimmers will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant WP Swimming, Swimming Rules.
- Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present. If 2 attendants are required by a swimmer in S11 class, this too will be permitted.



*S.A.S.A North District*

**NORTH DISTRICT AGE GROUP MEET 2024  
7<sup>th</sup> & 8<sup>th</sup> December 2024 - INVERNESS LEISURE**

**SUMMARY SHEET**

**Club Name/Abbr** \_\_\_\_\_

**Match Secretary** \_\_\_\_\_  
**Address** \_\_\_\_\_  
\_\_\_\_\_  
**Tel. No** \_\_\_\_\_  
**E-mail address** \_\_\_\_\_

..... Individual Male & Open Entries	@ £7.50	£ .....
..... Individual Female Entries	@ £7.50	£ .....
Total		£ .....

**CLOSING DATE FOR ELECTRONIC ENTRIES – 8<sup>th</sup> November 2024**

**Paperwork and payment to be received by the District Entries Secretary within 3 postal days of closing date.**

**CHEQUES SHOULD BE MADE PAYABLE TO:**

**SASA NORTH DISTRICT or BACS Payment Reference  
AGE24 followed by Club Code eg AGE24NANX  
Sort Code 80-05-16 A/C No 00882011**

**Have you enclosed or sent: Cheque or BACS payment  
Hy-tek Team Manager Entry File  
Summary Sheet and Declaration  
Late payment will result in electronic entries being rejected**

**Declaration** *I confirm that all swimmers entered in this competition have paid their current SASA membership fee. I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure and CWPS in place.*

Signed ..... Position in Club ..... Date .....  
(This declaration **must** be completed by all competing clubs)



### **Officials Submissions**

All Clubs submitting officials must use the Officials Sheet available here - [North District Meet Officials Pro-Forma](#).

### **Meet Officials Convenor: Colin Oswald**

Tel: 07711 614512

Email: [theoswalds2@icloud.com](mailto:theoswalds2@icloud.com)

1. All forms must be completed and emailed to the Meet Officials Convenor **no later than 14 days before the first day of the meet.**
2. Each Club's submission for ALL sessions should comply with North District **Swimming Regulation 6.3.1** as follows:

Total number of club swimmers at Meet	Number of officials per Session
1 – 5	None
6 – 10	One official
11 – 15	Two officials at least one of which must be Judge 1 or Recorder
16 – 20	Two officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
21 – 30	Three officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
31 – 40	Four officials at least one of which must be Judge 1 or Recorder and one more must be Judge 2 or above, or an AOE Operator
41+	Five officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator

Please note that the number of swimmers is the number entered into the meet not the number in a session and that these are the minimum requirements, extra officials are always welcome.

3. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5  
*SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2. Officials carrying out scheduled Final Assessments will count at their existing level.*
4. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.4.