



**ELGIN ASC 'SPRING' MEET**  
**Saturday/Sunday 18th & 19th February 2023**  
**Buckie Leisure Centre, South Pringle Street, Buckie, AB56 1PX**  
**CLOSING DATE FOR ENTRIES, SUMMARY SHEET & FEES:**  
**MIDNIGHT – FRIDAY 27th January 2023**

	slowest to fastest. Entries to the events will be restricted and will be accepted based on entry times. No <b>NT</b> entries will be accepted. Any entry not accepted will be refunded.
<b>Entry Fees:</b>	£6.00 for all 100m & 200m events. £5.00 for <b>ALL</b> 50m events.  Payment to be made by BACS. Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89. Reference ELSM23 followed by your club code eg ELSM23NENX.
<b>Entries:</b>	All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website ( <a href="http://www.sasanorth.org.uk">www.sasanorth.org.uk</a> ) or contact Denise Brown at <a href="mailto:elginascmm@gmail.com">elginascmm@gmail.com</a>  Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is practical.  Draft Programme will be emailed to all participating clubs, with notice of entries/scratches. After this time no withdrawals for refund will be accepted unless notice of Doctors Note is given within 7 days after last day of meet.  <b>Summary Sheet and Payment must be received within 3 postal days of closing date (MIDNIGHT 27<sup>th</sup> JANUARY) There will be zero tolerance of late payment and any entry not accompanied by payment in the specified timeframe will be rejected.</b>  Entry files, summary sheet and entry fees should be sent to: - <a href="mailto:elginascmm@gmail.com">elginascmm@gmail.com</a> <b>Denise Brown, 7 Duffus Heights, ELGIN, IV30 5PA</b>
<b>Early Withdrawals:</b>	Withdrawals prior to the event to be emailed: <a href="mailto:elginascmm@gmail.com">elginascmm@gmail.com</a> to arrive by 5pm at the latest on Thursday 16th February 2023. NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.
<b>Withdrawals on the Day:</b>	Withdrawals from heats should be notified to the recorders desk at least 20 minutes prior to the start of the appropriate session.
<b>Marshalling</b>	There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers who have not presented themselves to the marshals prior to their heat leaving. Late swimmers will not be permitted to swim.
<b>Awards:</b>	There <b>will be</b> medals. No medal ceremony apart from 'Skins' prize winners. Medals will be distributed by Gala Convenor.  Skins Event Winners <b>only</b> will be awarded with a 'Skins' Cap and a prize of £50 cash for each <b>final</b> winner(s) of <b>Round 3 only</b> .
<b>Technical Officials:</b>	Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to Anne Heald at <a href="mailto:elginascsto@gmail.com">elginascsto@gmail.com</a> no later than <b>(Thursday 2<sup>nd</sup> February 2023)</b> .  Probationary Officials requiring mentoring should make this request to Anne when names are submitted.

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	Lunch will be provided for Officials. Could all Officials bring their own water bottles. Any queries or changes to Technical Officials after the closing date should be directed to Anne Heald at <a href="mailto:elginascsto@gmail.com">elginascsto@gmail.com</a>
<b>Photography:</b>	No photographic or video equipment will be allowed in any area without the prior approval of the Meet Convenor.  The use of mobile phones/photographic/video equipment is <b>not permitted at any time</b> in the changing area, showers or toilets. All phones <b>must</b> be switched to silent on the pool deck. <b>Photographic QR codes will be used for this meet.</b>
<b>Meet Convenor:</b>	<b>Tracey Sinclair email:</b> <a href="mailto:elginascgc18@gmail.com">elginascgc18@gmail.com</a>
<b>Important Information:</b>	<ol style="list-style-type: none"> <li>1. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.</li> <li>2. A Licence has been granted for this competition and accreditation will be applied for through SASA North District.</li> <li>3. Each competitor should bring (as a minimum): • Sufficient water in a plastic water bottle(s); • Shorts &amp; t-shirt to wear over the swimsuit/swim shorts at all times when not swimming; • Poolside shoes (e.g. crocs/clean trainers/flip flops); • Hand sanitiser.</li> <li>4. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.</li> <li>5. Belongings should be placed in the lockers provided.</li> <li>6. Seating areas will be allocated to each team. Teams are responsible for ensuring that their swimmers recognize the importance of "giving people space", especially when moving through the seating and marshalling areas.</li> <li>7. Participating clubs will receive one copy of start sheets for each session.</li> <li>8. Coaches should ensure that their swimmers enter and exit the warm ups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet.</li> <li>9. Over the top starts will be issued at the discretion of the Meet Referee.</li> <li>10. The meet organisers and the facility management cannot be held responsible for items lost or damaged during the course of the event.</li> <li>11. <b>Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day.</b> Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them.</li> <li>12. <b>Glass bottles, containers and hot drinks are not permitted in the pool area.</b></li> <li>13. There will be <b>limited spectating</b> to allow maximum number of swimmers.</li> </ol>
<b>Other:</b>	There will be a raffle, refreshments and hopefully stalls – bring small change.

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**Programme of Events**

**Saturday**

**Session One**

Event 101	<b>Boys (14&amp;U) (Min Age 11)</b>	<b>100m IM (Skins)</b>
Event 102	<b>Boys (15&amp;O)</b>	<b>100m IM (Skins)</b>
Event 103	Girls	200m Butterfly
Event 104	Boys	200m Backstroke
Event 105	Girls	100m Breaststroke
Event 106	Boys	100m Freestyle
Event 107	<b>Girls (Open) (Min Age 11)</b>	<b>50m Freestyle (Prelims)</b>
Event 108	Boys	50m Butterfly

**Session Two**

Event 201	Girls	200m Breaststroke
Event 202	Boys	200m Freestyle
Event 203	Girls	50m Backstroke
Event 204	Boys	50m Breaststroke
Event 205	Girls	100m Butterfly
Event 206	Boys	100m Backstroke
Event 107	<b>Girls (Open) (Min Age 11)</b>	<b>50m Freestyle (Finals)</b>
Event 101	<b>Boys (Min Age 11)</b>	<b>14&amp;U (Skins Finals)</b>
Event 102	<b>Boys</b>	<b>15&amp;O (Skins Finals)</b>

**Sunday**

**Session Three**

Event 301	<b>Girls (14&amp;U) (Min Age 11)</b>	<b>100m IM (Skins)</b>
Event 302	<b>Girls (15&amp;O)</b>	<b>100m IM (Skins)</b>
Event 303	Boys	200m Butterfly
Event 304	Girls	200m Backstroke
Event 305	Boys	100m Breaststroke
Event 306	Girls	100m Freestyle
Event 307	<b>Boys (Open) (Min Age 11)</b>	<b>50m Freestyle (Prelims)</b>
Event 308	Girls	50m Butterfly

**Session Four**

Event 401	Boys	200m Breaststroke
Event 402	Girls	200m Freestyle
Event 403	Boys	50m Backstroke
Event 404	Girls	50m Breaststroke
Event 405	Boys	100m Butterfly
Event 406	Girls	100m Backstroke
Event 307	<b>Boys (Open) (Min Age 11)</b>	<b>50m Freestyle (Finals)</b>
Event 301	<b>Girls (Min Age 11)</b>	<b>14&amp;U (Skins Finals)</b>
Event 302	<b>Girls</b>	<b>15&amp;O (Skins Finals)</b>

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**Summary Sheet**

<b>Club Name/Abbr:</b>	<b>Meet Secretary:</b>
	<b>Address:</b>
<b>Tel No:</b>	
<b>Email:</b>	

Ind 100m/200m Male Entries	@ £6.00	£
Ind 100m/200m Female Entries	@ £6.00	£
Individual 50m Male Entries	@ £5.00	£
Individual 50m Female Entries	@ £5.00	£
	<b>Total:</b>	£
<b>Paperwork and Payment must be received within 3 postal days of closing date:</b>		
<b>Have you sent: Hy-tek TM Entry Zip File, Summary Sheet, BACS.</b>		

**Payment Via: BACS Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89.**  
**Payment Reference ELSM23 followed by Club Code eg ELSM23NENX.**

**In Case of Refunds – please supply the following information:**

**Bank Account Number:** ..... **Sort Code:** .....

**Bank Account Name:** .....

**Declaration:** I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.

**Signed:** ..... **Position in Club:** ..... **Date:** .....

**(This declaration must be completed by all competing clubs)**

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**Officials Sheet** - Please note: This sheet to be emailed to Anne Heald

E-mail: [elginascsto@gmail.com](mailto:elginascsto@gmail.com)

**Club:**  
**STO Contact Name:**

**Tel No:**  
**E-mail address:**

SESSION 1						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1	NENX	EXAMPLE NAME	JUDGE	J1		J2
2						
3						
4						
5						
6						
7						
8						
9						
10						



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SESSION 2						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

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SESSION 3						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						



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SESSION 4						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						