**CULTS OTTERS NOVICE GALA**

**Sunday 26th February 2023**

**Licence Number L3/ND/016/FEB23**

Cults Otters ASC invite you to our **Novice Gala** on Sunday 26th February 2023 at the Cults Swimming Pool.

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| **Entry Deadline** | Friday 10th February 2023. All entry documents, meet entry file and payment to be received by this closing date. |
| **Pool** | Cults Swimming Pool, Quarry Road, Cults, Aberdeen, AB15 9TP25m, six lanes, anti turbulence lane ropes; deck level pool; space poolside for swimmers and coaches |
| **Sessions** |

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|  | Doors Open | Warm-Ups Commence | Event Start | End (approx.) |
| Session 1 | 09:00 | 09:05 | 10:05 | 12:30 |
| Session 2 | 13:25 | 13:30 | 14:30 | 17:00 |

All swimmers are asked to arrive in time to participate in their relevant Warm-up session, the information for which will be circulated to participating clubs as Meet Joining Instructions after the Entry Deadline. |
| **Events** | **Individual**8 Years 25m all strokes9 Years 25m Butterfly and 50m Freestyle, Breaststroke and Backstroke10 Years 50m all strokes11 years 50m all strokesOpen 100m Individual Medley**Team**8 / 9 years mixed 4 x 25m Freestyle and Medley relays (maximum of 3x9 year olds per team and must have at least one boy and one girl in each team)10 / 11 years mixed 4 x 50m Freestyle and Medley relays (maximum of 3x11 year olds per team and must have at least one boy and one girl in each team)Maximum of 3 Relay teams per relay event per club. |
| **Age Groups** | 8, 9, 10, 11 years. All events are age on the day – Sunday 26th February 2023 |
| **Consideration Times** | Heats will be combined to promote competitive swimming.50m event entries will be accepted on a “slower than” basis - please see below for qualifying times information. There are no qualifying times for 25m events.There are no qualifying times for the Open 100m IM event but swimmers must qualify for and swim in an individual event to enter the Open 100m IM.‘No Time’ (NT) entries will be accepted, however Cults Otters ASC reserve the right to restrict the numbers of heats in any event(s).

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|  | **Distance & Stroke** |
| Age | **25m Free** | **25m Back** | **25m Breast** | **25m Fly** |
| **8 years** | Open | Open | Open | Open |
|  | **50m Free** | **50m Back** | **50m Breast** | **25m Fly** |
| **9 years** | 00:44:00 | 00:50.00 | 00:56.00 | Open |
|  | **50m Free** | **50m Back** | **50m Breast** | **50m Fly** |
| **10 years** | 00:42.00 | 00:48.00 | 00:54.00 | 00:46.00 |
| **11 years** | 00:40.00 | 00:46.00 | 00:52.00 | 00:44.00 |

Entries may be checked against published results prior to acceptance. |
| **Awards** | Medals will be available for 1st, 2nd and 3rd for each event |
| **Entry Fees:** | £5.00 per individual swim.£8.00 per Relay TeamPayments should be made by Bank Transfer to:Sort code: 80-06-19 Account: Cults Otters ASC 00530650Reference NG2023 followed by the Culb Code e.g. NG2023NCOX |
| **Special Conditions** | Please note that this gala is intended for novice swimmers only (those swimmers not competing at North District level). With the exception of Cults Otters, team entries will be accepted on a first come, first accepted basis. All Cults swimmers will be accepted.Any swimmer with existing North District times or achieving North District times or entering a North District event after submission of the entry must be withdrawn from all swims and their entry fees will be refunded.Coaches should ensure that swimmers are capable of completing the stroke / distanceAccording to FINA technical requirements before entering swimmers into an event.We would like to encourage clubs to enter relay teams to promote team spirit and fun at this novice event. |
| **Entries** | Entries to be made using the Hytek Team Manager events file. Events files may be obtained by download from the North District website ([www.sasanorth.org.uk](http://www.sasanorth.org.uk)) or by email from cultsotters.galaorg@gmail.com. All entry files must be returned by email and the fees and other paperwork to be sent on as soon as possible after this. Receipt of entry file will be confirmed by email. |
| **Technical Officials:** | We would be grateful for the offer of technical officials (qualified timekeepers, Judges). Please advise if you can assist in a technical role to the Entries Secretary below.We would be grateful for the offer of technical officials (qualified timekeepers, Judges). Please advise if you can assist in a technical role to the Gala Organiser by Friday 17th February 2023.Any queries or changes to Technical Officials after the closing date should also be directed to the Gala Organiser. All clubs are requested to provide a minimum of 1 STO per session (ideally Judge level if possible). Clubs that have 10 swimmers or more accepted should provide a minimum of 2 technical officials per session, at least one of which should hold a minimum qualification of Judge 1.Mentoring requests will be at the discretion of the Referee, however mentoring requests may be honoured if there are adequate qualified officials to cover the roles, however we cannot guarantee all requests will be granted.Please note that Timekeepers or Judges-in-training requiring specific signatures, i.e. Chief timekeeper or stroke judge, should make this request when STO names are submitted. |
| **Withdrawals**  | Must be notified to cultsotters.galaorg@gmail.com by email before 5pm Friday 24th February 2023 and after this to the Recorders table on the day – withdrawals should be notified at least 1 hour prior to the start of the appropriate session. |
| **Contact:** | Maggie Whyte/ Adrian Gavin email: cultsotters.galaorg@gmail.com  |

**Programme of Events**

**Session One** Warm up 9:05 am

 Start 10.05 am

 Finish 12.30 pm approx

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| 101 | Boys | 9-11 | 50 | Back |
| 102 | Boys | 8 year olds | 25 | Back |
| 103 | Girls | 9-11 | 50 | Breast |
| 104 | Girls | 8 year olds | 25 | Breast |
| 105 | Boys | 9-11 | 50 | Free |
| 106 | Boys | 8 year olds | 25 | Free |
| 107 | Girls | 10-11 | 50 | Fly |
| 108 | Girls | 8-9 | 25 | Fly |
| 109 | Boys | 8-11 | 100 | IM |
| 110 | Mixed | 8-9 | 100 | Medley Relay |
| 111 | Mixed | 10-11 | 200 | Free Relay |
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**Session Two** Warm up 1.30 pm

 Start 2.30 pm

 Finish 5.00 pm approx

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| 201 | Girls | 9-11 | 50 | Back |
| 202 | Girls | 8 year olds | 25 | Back |
| 203 | Boys | 9-11 | 50 | Breast |
| 204 | Boys | 8 year olds | 25 | Breast |
| 205 | Girls | 9-11 | 50 | Free |
| 206 | Girls | 8 year olds | 25 | Free |
| 207 | Boys | 10-11 | 50 | Fly |
| 208 | Boys | 8-9 | 25 | Fly |
| 209 | Girls | 8-11 | 100 | IM |
| 210 | Mixed | 8-9 | 100 | Free Relay |
| 211 | Mixed | 10-11 | 200 | Medley Relay |
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**General Information:**

1. The meet will be held under FINA and SASA rules.
2. All events are Heat Declared Winner.
3. Over the top starts will be used when appropriate. Swimmers who wish to start in the water must inform the Referee.
4. The Gala Convenor reserves the right to alter the meet programme and warm up times if necessary.
5. Manual timing with two timekeepers per lane will be used.
6. All entries must be accompanied by a signed registration declaration form.
7. Swimmers must report to marshalling ahead of their event.
8. Swimmers must follow instructions given to them by meet officials and marshals, and must behave in a reasonable manner at all times.
9. No photographic or video equipment will be allowed in any area without prior agreement of the Gala Convenor. Application forms will be available from the Gala Convenor and must be countersigned by a club official. Photographic permission will not be issued for mobile phones.
10. Unless it has been notified in writing to the Gala Convenor it will be assumed that all parents of children swimming give permission for their child to be photographed by approved parties.
11. Swimmers are not permitted phones poolside or in the changing rooms.
12. Please use the lockers provided, do not leave items in the changing areas and ensure that any valuables are locked away.
13. To comply with our child protection policy, please ensure that swimmers wear t-shirts and shorts or track suits and pool shoes when leaving poolside.
14. Additional venue considerations will be issued as **Joining Instructions** after the Meet Entry Deadline to participating clubs.

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**DECLARATION**

All competitors must be SASA registered. Swimmers & coaches have been made aware of the photographic / video restrictions at this venue.

Signed on Position

behalf of Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ENTRY SUMMARY**

Name of Club / Code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact name and address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Post code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact telephone number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| \_\_\_\_\_\_\_\_ Girls Individual Entries   | @ £5.00  | =  | £ \_\_\_\_\_\_\_\_\_\_\_  |
| \_\_\_\_\_\_\_\_ Boys Individual Entries   | @ £5.00  | =  | £ \_\_\_\_\_\_\_\_\_\_\_  |
| \_\_\_\_\_\_\_\_ Mixed Relay Entries   | @ £8.00  | =  | £ \_\_\_\_\_\_\_\_\_\_\_  |

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| Payments should be made by Bank Transfer to: Sort Code: 80-06-19 Account: Cults Otters ASC 00530650Reference NG2022 followed by your Club Code e.g. NG2022NCOXFor payments by cheque please contact: Maggie Whyte/ Adrian Gavin (Gala Organiser) at: cultsotters.galaorg@gmail.com |

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Club

STO Contact Name Tel No Email:

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| **Name**  | **Duty**  | **Signature Required?**  | **Session 1**  | **Session 2**  |
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**Mentoring Requests – please note that mentoring will be at the discretion of the Referee(s)**

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| **Name**  | **J1/J2/J2S**  | **Session 1 Duty Requested - *eg CIT***  | **Session 2 Duty Requested - *eg CIT***  |
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Please return to: Maggie Whyte/ Adrian Gavin Email: cultsotters.galaorg@gmail.com

Acknowledgement of receipt will be made by email.