

ELGIN ASC 'MINI GRAD'
Saturday 21st May 2022
Buckie Leisure Centre, South Pringle Street, Buckie, AB56 1PX
CLOSING DATE FOR ENTRIES, SUMMARY SHEET & FEES:
MIDNIGHT – FRIDAY 29th Apr 2022

Meet Information

Pool:	5 lanes x 25m Anti-turbulence ropes. NO electronic timing.
Sessions:	Session One: Warm Up 08:00 Start 09:05 Session Two: Warm Up 12:45 Start 13:50 (Subject to change if necessary)
Events:	<p>25m Backstroke, Breaststroke, Butterfly, Freestyle; 50m Backstroke, Breaststroke, Butterfly, Freestyle; 100m Backstroke, Breaststroke, Butterfly, Freestyle; 200m IM (9 Years – 15 Years)</p> <p>All individual events will be swum with age groups combined. All events will be heat declared winners.</p> <p>Maximum of 2 Teams only per club: (i.e., one of each or two of same) 4x50m Mixed (8-11 years) (At least 1 girl & 1 boy) Freestyle Relay; 4x50m Mixed (12-15 years) (At least 1 girl & 1 boy) Freestyle Relay;</p> <p>Maximum of 2 Teams only per club: (i.e., one of each or two of same) 4x50m Mixed (8-11years) (At least 1 girl & 1 boy) Medley Relay 4x50m Mixed (12-15 years) (At least 1 girl & 1 boy) Medley Relay</p> <p>No Swimmer under the age of 8 is permitted to swim. Entries will not be accepted from composite teams.</p>
Age:	As at 21 May 2022 8 years, 9/10 years, 11/12 years, 13/14 years & 15 years.
Eligibility to Enter:	All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files.
Consideration Times	<p>Yes - consideration times have been set for this meet. Elgin ASC reserves the right to restrict the number of heats in any event(s), to swim a slower heat for their Swimmers and to fill any empty lanes with Elgin ASC Swimmers. Heats will be swum slowest to fastest. Entries to the events will be restricted and will be accepted based on entry times. No NT entries will be accepted. Any entry not accepted will be refunded.</p> <p>Programme of Events & Consideration Times on separate sheet.</p>
Entry Fees:	<p>£5.00 for 25m events. £6.00 for 50m & 100m events and 200m IM. £7.00 for all relay events.</p> <p>Payment can be made by BACS. Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89. Reference should be ELMGR followed by your club code eg ELMGRNENX. Please contact Elgin ASC Treasurer for details if required elginasc treasurer@gmail.com</p>
Entries:	<p>All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Denise Brown at elginascmm@gmail.com</p> <p>Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is practical.</p>

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	<p>Draft Programme will be emailed to all participating clubs, with notice of entries/scratches. After this time no withdrawals for refund will be accepted unless notice of Doctors Note is given within 7 days of last day of meet.</p> <p>Please note Summary Sheet and Payment must be received within 3 postal days of closing date of (MIDNIGHT 29th APR) There will be zero tolerance of late payment. Any entry or payment not received within the timeframe will be rejected without delay.</p> <p>Please return entry files, payment notification and summary sheet to - elginascmm@gmail.com</p>
Early Withdrawals:	<p>Withdrawals prior to the event may be sent by email to: elginascmm@gmail.com to arrive by 5pm at the latest on Thursday 19th May 2022.</p> <p>NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.</p>
Withdrawals on the Day:	<p>Withdrawals should be notified to the recorders desk. Sheets should be handed back at least 20 minutes prior to the start of the appropriate session.</p>
Marshalling	<p>There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers who have not presented themselves to the marshals prior to their heat leaving. They will not be permitted to swim.</p>
Awards:	<p>Medals will be awarded to 1st, 2nd & 3rd places in each Age Group for 25m, 50m, and 100m. 1st, 2nd & 3rd place medals for 200IM only. (not split into Age Groups).</p>
Technical Officials:	<p>Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to Anne Heald at anne_heald@hotmail.com no later than (Friday 13th May 2022).</p> <p>Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.</p> <p>Lunch will be provided for Officials. We are adopting a plastic free policy to help the environment. Could all Officials bring their own water bottle? Water and juice will be available throughout the weekend for top ups.</p> <p>Any queries or changes to Technical Officials after the closing date should be directed to Anne Heald at anne_heald@hotmail.com</p>
Photography:	<p>Anyone wishing to use photographic equipment, including video cameras at the event MUST register using the QR codes available below and at the venue.</p> <p>The use of mobile phones or other devices capable of photography/video are not permitted at any time in the changing areas, toilets or shower areas. They must also be switched to silent in the pool area.</p>

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QR Code:	
Meet Convenor:	Tracy Sinclair: eascgala@gmail.com
Important Information:	<ol style="list-style-type: none"> 1. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct. 2. A Licence has been granted for this competition and accreditation will be applied for through SASA North District. 3. Each competitor should bring (as a minimum): • Sufficient water in a plastic water bottle(s); • Shorts & t-shirt to wear over the swimsuit/swim shorts at all times when not swimming; • Poolside shoes (e.g. crocs/clean trainers/flip flops); • Hand sanitiser. 4. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time. 5. Belongings should be placed in the lockers provided. 6. Seating areas will be allocated to each team. Teams are responsible for ensuring that their swimmers recognize the importance of “giving people space”, especially when moving through the seating and marshalling areas. 7. Participating clubs will receive one copy of start sheets for each session. 8. Coaches should ensure that their swimmers enter and exit the warm ups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet. 9. Over the top starts will be issued at the discretion of the Meet Referee. 10. The meet organisers and the facility management cannot be held responsible for items lost or damaged during the course of the event. 11. Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. 12. Glass bottles, containers and hot drinks are not permitted in the pool area.
Test & Protect:	<p>As per the COVID procedures and guidelines in place for the event, Buckie Leisure Centre requires contact details for everyone that is part of the event. This applies to all team staff and volunteers.</p> <p>They require:</p> <ul style="list-style-type: none"> • Name & Contact information • Club • Role at the event • Sessions participating <p>Information will be gathered through QR codes available below and at the venue. This does not apply to athletes as club contacts will be given for athletes. The information will</p>

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	be given to the facility management who will store it securely for 21 days and will delete it at that point. The information will only be passed to the Test & Protect team if required.
QR Code:	
COVID-19	<ol style="list-style-type: none"> 1. Hand sanitizer must be used upon arrival and departure from the venue. 2. All attendees 12 years of age and over, including swimmers, Coaches, poolside helpers, STOs etc. are encouraged to wear a face covering. 3. No specific physical distancing measures will be in place. All attendees are encouraged to give each other sufficient space to allow everyone to be comfortable while at the event.
Covid Disclaimer:	<ol style="list-style-type: none"> 1. While every reasonable effort will be made for the competition to happen, the regular changes in COVID restrictions that we have seen still provide some unpredictability when planning. 2. The conditions for the meet and whether the entire competition ultimately takes place is dependent on the local/regional restrictions in place on facilities, the sporting activity and the participants at that time. 3. No guarantee can be given by Elgin ASC that the meet will take place at a particular time, on any particular date or at any particular venue. 4. Elgin ASC reserves the right to cancel the meet without notice and without liability for doing so if required. The meet will not be rescheduled if is unable to take place on the scheduled dates. 5. In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Elgin ASC. <p>Elgin ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.</p>
Meet CLO:	<p>Everyone attending the meet is required to take a self-administered lateral flow test 24 hours prior to arrival at the venue. The test results do not need to be submitted, but anyone displaying Covid symptoms or recording a positive lateral flow test should <u>not</u> arrive at the venue and should follow the appropriate NHS process. There is no requirement to complete Health Screening, self-declaration or opt-in forms.</p> <p>Meet CLO – Tony McLaughlin easc.covid.officer@gmail.com</p>
Refreshments:	<p>Teas, Coffees and Snacks will be available to purchase.</p> <p>Depending on Covid regulations and restrictions, there may be a limited availability of wrapped and bottled refreshments. There may be a raffle for the children but again depends on the current/future restrictions.</p>

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Feedback:	This short feedback form will take 4 minutes to complete. We value your comments and the time taken to answer the questions after the event has taken place. We hope you will enjoy the experience.
QR Code:	



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Programme of Events

Saturday

Session One

Event 101	Mixed	8 - 11 Years	200m Medley Relay
Event 102	Mixed	12 - 15 Years	200m Medley Relay
Event 103	Girls	8 Years	25m Backstroke
Event 104	Boys	8 Years	25m Backstroke
Event 105	Girls	9 - 15 Years	50m Butterfly
Event 106	Boys	9 - 15 Years	50m Butterfly
Event 107	Girls	9 - 15 Years	100m Backstroke
Event 108	Boys	9 - 15 Years	100m Backstroke
Event 109	Girls	8 Years	25m Breaststroke
Event 110	Boys	8 Years	25m Breaststroke
Event 111	Girls	9 - 15 Years	50m Freestyle
Event 112	Boys	9 - 15 Years	50m Freestyle
Event 113	Girls	9 - 15 Years	100m Breaststroke
Event 114	Boys	9 - 15 Years	100m Breaststroke
Event 115	Girls	9 - 15 Years	200m Individual Medley

Sunday

Session Two

Event 201	Mixed	8 - 11 Years	200m Freestyle Relay
Event 202	Mixed	12 - 15 Years	200m Freestyle Relay
Event 203	Boys	8 Years	25m Butterfly
Event 204	Girls	8 Years	25m Butterfly
Event 205	Boys	9 - 15 Years	50m Backstroke
Event 206	Girls	9 - 15 Years	50m Backstroke
Event 207	Boys	9 - 15 Years	100m Butterfly
Event 208	Girls	9 - 15 Years	100m Butterfly
Event 209	Boys	8 Years	25m Freestyle
Event 210	Girls	8 Years	25m Freestyle
Event 211	Boys	9 - 15 Years	50m Breaststroke
Event 212	Girls	9 - 15 Years	50m Breaststroke
Event 213	Boys	9 - 15 Years	100m Freestyle
Event 214	Girls	9 - 15 Years	100m Freestyle
Event 215	Boys	9 - 15 Years	200m Individual Medley

CONSIDERATION TIMES								
Not Faster Than Times Below:								
NO CONSIDERATION TIMES FOR 25m Events								
Girls				Events	Boys			
9/10	11/12	13/14	15		9/10	11/12	13/14	15
46.00	43.00	40.00	38.00	50 Back	45.00	42.00	39.00	37.00
52.00	50.00	49.00	47.00	50 Breast	50.00	48.00	47.00	45.00
50.00	46.00	40.00	38.00	50 Fly	49.00	44.00	38.00	34.00
40.00	36.00	33.00	32.00	50 Free	38.00	34.00	30.00	29.00
1:33.00	1:32.00	1:24.00	1:20.00	100 Back	1:32.00	1:30.00	1:22.00	1:18.00
1:46.00	1:44.00	1:34.00	1:32.00	100 Breast	1:45.00	1:43.00	1:32.00	1:30.00
1:37.00	1:35.00	1:30.00	1:29.00	100 Fly	1:36.00	1:34.00	1:28.00	1:26.00
1:26.00	1:21.00	1:11.00	1:08.00	100 Free	1:23.00	1:18.00	1:09.00	1:06.00
3:34.00	3:34.00	3:34.00	3:34.00	200IM	3:30.00	3:30.00	3:30.00	3:30.00

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Summary Sheet

Club Name/Abbr:	Meet Secretary:
	Address:
	Tel No:
	Email:

<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">___</td> <td style="width: 40%;">Ind 25m Male/Female Entries</td> <td style="width: 10%;">@ £5.00</td> <td style="width: 10%;">£</td> <td rowspan="5" style="width: 20%; vertical-align: top; padding-left: 10px;"> Paperwork and Payment must be received within 3 postal days of closing date. Have you enclosed: BACS, Hy-tek TM Entry Zip File Summary Sheet </td> </tr> <tr> <td>___</td> <td>Ind 50m Male/Female Entries</td> <td>@ £6.00</td> <td>£</td> </tr> <tr> <td>___</td> <td>Ind 100m Male/Female Entries</td> <td>@ £6.00</td> <td>£</td> </tr> <tr> <td>___</td> <td>4 x 50m Relay Mixed Entries</td> <td>@ £7.00</td> <td>£</td> </tr> <tr> <td>___</td> <td>Coaches' Meal Pass (each day)</td> <td>@ £5.00</td> <td>£</td> </tr> <tr> <td colspan="4" style="text-align: right;">Total: £</td> <td></td> </tr> </table>	___	Ind 25m Male/Female Entries	@ £5.00	£	Paperwork and Payment must be received within 3 postal days of closing date. Have you enclosed: BACS, Hy-tek TM Entry Zip File Summary Sheet	___	Ind 50m Male/Female Entries	@ £6.00	£	___	Ind 100m Male/Female Entries	@ £6.00	£	___	4 x 50m Relay Mixed Entries	@ £7.00	£	___	Coaches' Meal Pass (each day)	@ £5.00	£	Total: £					
___	Ind 25m Male/Female Entries	@ £5.00	£	Paperwork and Payment must be received within 3 postal days of closing date. Have you enclosed: BACS, Hy-tek TM Entry Zip File Summary Sheet																							
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___	4 x 50m Relay Mixed Entries	@ £7.00	£																								
___	Coaches' Meal Pass (each day)	@ £5.00	£																								
Total: £																											

PAYMENT VIA: BACS Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89.
Payment Reference ELMGR followed by Club Code eg ELMGRNENX.

FOR REFUNDS AFTER MEET		
Club A/C Name: _____		
Sort Code: _____	Bank/Account Number: _____	

Declaration: I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.

Signed:

Position in Club: Date:

(This declaration must be completed by all competing clubs)

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Officials Sheet - Please Note: This sheet to be emailed to Anne Heald E-mail: anne_heald@hotmail.com

Club: _____

Meet STO: Anne Heald

STO Contact Name: _____

Tel No: _____

E-mail address: _____

SESSION 1						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1	NENX	EXAMPLE NAME	JUDGE	J1		J2
2						
3						
4						
5						
6						
7						
8						
9						
10						

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SESSION 2						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						