



CULTS OTTERS NOVICE GALA

Sunday 6th March 2022

Licence Number L3/ND/016/MAR22

Cults Otters ASC invite you to our Novice Gala on Sunday 6th March 2022 at the Cults Swimming Pool.

MEET INFORMATION

Pool	Cults Swimming Pool, Quarry Road, Cults, Aberdeen, AB15 9TP 25m, six lanes, anti turbulence lane ropes; deck level pool; Space poolside for swimmers and coaches																			
Sessions	<table border="1"> <thead> <tr> <th></th> <th>Doors Open</th> <th>Warm-Ups Commence</th> <th>Event Start</th> <th>End (approx.)</th> </tr> </thead> <tbody> <tr> <td>Session 1</td> <td>09:00</td> <td>09:05</td> <td>10:05</td> <td>12:30</td> </tr> <tr> <td>Session 2</td> <td>13:20</td> <td>13:30</td> <td>14:30</td> <td>17:00</td> </tr> </tbody> </table> <p>There will be a phased entry to the pool building which will be relayed to the participating clubs in due course. All swimmers are asked to arrive in time to participate in their relevant Warm-up session, the information for which will be circulated to participating clubs as Meet Joining Instructions after the Entry Deadline.</p>						Doors Open	Warm-Ups Commence	Event Start	End (approx.)	Session 1	09:00	09:05	10:05	12:30	Session 2	13:20	13:30	14:30	17:00
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Events	<p>Individual 8 Years 25m all strokes 9 Years 25m Butterfly and 50m Freestyle, Breaststroke and Backstroke 10 Years 50m all strokes 11 years 50m all strokes Open 100m Individual Medley</p> <p>Team 8 / 9 years mixed 4 x 25m Freestyle and Medley relays (maximum 3x 9 year olds per team and must have atleast one boy and one girl in each team) 10 / 11 years mixed 4 x 50m Freestyle and Medley relays (maximum 3x 11 year olds per team and must have atleast one boy and one girl in each team) Maximum of 3 Relay teams per relay event per club</p>																			
Age Groups	8, 9, 10, 11 years. All events are age on the day – 6 th March 2022																			



<p>Consideration Times</p>	<p>Heats will be combined age to promote competitive swimming.</p> <p>50m event entries will be accepted on a “slower than” basis - please see below for qualifying times information. There are no qualifying times for 25m events.</p> <p>There are no qualifying times for the Open 100m IM event but swimmers must qualify for and swim in an individual event to enter the Open 100m IM.</p> <p>‘No Time’ (NT) entries will be accepted, however Cults Otters ASC reserve the right to restrict the numbers of heats in any event(s).</p> <table border="1" data-bbox="395 633 1442 987"> <thead> <tr> <th></th> <th colspan="4">Distance & Stroke</th> </tr> <tr> <th>Age</th> <th>25m Free</th> <th>25m Back</th> <th>25m Breast</th> <th>25m Fly</th> </tr> </thead> <tbody> <tr> <td>8 years</td> <td>Open</td> <td>Open</td> <td>Open</td> <td>Open</td> </tr> <tr> <th></th> <th>50m Free</th> <th>50m Back</th> <th>50m Breast</th> <th>25m Fly</th> </tr> <tr> <td>9 years</td> <td>00:44.00</td> <td>00:50.00</td> <td>00:56.00</td> <td>Open</td> </tr> <tr> <th></th> <th>50m Free</th> <th>50m Back</th> <th>50m Breast</th> <th>50m Fly</th> </tr> <tr> <td>10 years</td> <td>00:42.00</td> <td>00:48.00</td> <td>00:54.00</td> <td>00:46.00</td> </tr> <tr> <td>11 years</td> <td>00:40.00</td> <td>00:46.00</td> <td>00:52.00</td> <td>00:44.00</td> </tr> </tbody> </table> <p>Entries may be checked against published results prior to acceptance.</p>		Distance & Stroke				Age	25m Free	25m Back	25m Breast	25m Fly	8 years	Open	Open	Open	Open		50m Free	50m Back	50m Breast	25m Fly	9 years	00:44.00	00:50.00	00:56.00	Open		50m Free	50m Back	50m Breast	50m Fly	10 years	00:42.00	00:48.00	00:54.00	00:46.00	11 years	00:40.00	00:46.00	00:52.00	00:44.00
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<p>Awards</p>	<p>Medals will be available for 1st, 2nd and 3rd for each event and age group.</p>																																								
<p>Entry Fees:</p>	<p>£5.00 per individual swim. £8.00 per Relay Team</p> <p>Payments should be made by Bank Transfer to: Sort Code: 80-06-19 Account: Cults Otters ASC 00530650 Reference NG2022 followed by the Club Code e.g. NG2022NCOX</p>																																								
<p>Entry Deadline</p>	<p>Friday 18th February 2022; all entry documents, meet entry file and payment to be received by this closing date.</p>																																								
<p>Special Conditions</p>	<p>Please note that this gala is intended for novice swimmers only (those swimmers not competing at North District level). With the exception of Cults Otters, team entries will be accepted on a first come, first accepted basis. All Cults swimmers will be accepted.</p> <p>Any swimmer with existing North District times or achieving North District times or entering a North District event after submission of the entry must be withdrawn from all swims and their entry fees will be refunded.</p> <p>Coaches should ensure that swimmers are capable of completing the stroke / distance According to FINA technical requirements before entering swimmers into an event.</p>																																								



	We would like to encourage clubs to enter relay teams to promote team spirit and fun at this novice event.
Entries	Entries to be made using the Hytek Team Manager events file. Events files may be obtained by download from the North District website (www.sasanorth.org.uk) or by email from cultsotters.galaorg@gmail.com . All entry files must be returned by email and the fees and other paperwork to be sent on as soon as possible after this. Receipt of entry file will be confirmed by email.
Venue Capacity	At the present time the Cults Pool facility has a reduced capacity due to COVID restrictions. If this restriction remains in place, there may be a requirement to reject swimmers accepted for only 1 or 2 individual races in favour of other swimmers to maximise pool time/capacity. Due to venue capacity we ask that only 1 coach attends per 10 swimmers.
Spectating	Due to building restrictions on numbers there is strictly no spectating availability. All available space is being utilised for swimmers and STO's.
Technical Officials:	We would be grateful for the offer of technical officials (qualified timekeepers, Judges). Please advise if you can assist in a technical role to the Gala Organiser by Friday 25 th February 2022. Any queries or changes to Technical Officials after the closing date should also be directed to the Gala Organiser. All clubs are requested to provide a minimum of 1 STO per session (ideally Judge level if possible). Clubs that have 10 swimmers or more accepted should provide a minimum of 2 technical officials per session, at least one of which should hold a minimum qualification of Judge 1. Mentoring requests will be at the discretion of the Referee, however mentoring requests may be honoured if there are adequate qualified officials to cover the roles, however we cannot guarantee all requests will be granted. Please note that Timekeepers or Judges-in-training requiring specific signatures, i.e. Chief timekeeper or stroke judge, should make this request when STO names are submitted. Unfortunately due to facility restrictions Cults Otters will be unable to provide Coach & Officials lunch on this occasion.
Withdrawals	Must be notified to cultsotters.galaorg@gmail.com by email before 5pm Friday 4 th March 2022 and after this to the Recorders table on the day – withdrawals should be notified at least 1 hour prior to the start of the appropriate session.
Contact	Gala Organiser – Richard Hodgkinson cultsotters.galaorg@gmail.com



Programme of Events

Session One

Warm up 9:05 am
 Start 10.05 am
 Finish 12.30 pm Approx.

101	Boys	9-11	50	Back
102	Boys	8 year olds	25	Back
103	Girls	9-11	50	Breast
104	Girls	8 year olds	25	Breast
105	Boys	9-11	50	Free
106	Boys	8 year olds	25	Free
107	Girls	10-11	50	Fly
108	Girls	8-9	25	Fly
109	Boys	8-11	100	IM
110	Mixed	8-9	100	Medley Relay
111	Mixed	10-11	200	Free Relay

Session Two

Warm up 1.30 pm
 Start 2.30 pm
 Finish 5.00 pm Approx.

201	Girls	9-11	50	Back
202	Girls	8 year olds	25	Back
203	Boys	9-11	50	Breast
204	Boys	8 year olds	25	Breast
205	Girls	9-11	50	Free
206	Girls	8 year olds	25	Free
207	Boys	10-11	50	Fly
208	Boys	8-9	25	Fly
209	Girls	8-11	100	IM
210	Mixed	8-9	100	Free Relay
211	Mixed	10-11	200	Medley Relay



General Information:

1. The meet will be held under FINA and SASA rules.
2. All events are Heat Declared Winner.
3. Over the top starts will be used when appropriate. Swimmers who wish to start in the water must inform the Referee.
4. The Gala Convenor reserves the right to alter the meet programme and warm up times if necessary.
5. Manual timing with two timekeepers per lane will be used.
6. All entries must be accompanied by a signed registration declaration form.
7. Swimmers must report to marshalling ahead of their event.
8. Swimmers must follow instructions given to them by meet officials and marshals, and must behave in a reasonable manner at all times.
9. No photographic or video equipment will be allowed in any area without prior agreement of the Gala Convenor. Application forms will be available from the Gala Convenor and must be countersigned by a club official. Photographic permission will not be issued for mobile phones.
10. Unless it has been notified in writing to the Gala Convenor it will be assumed that all parents of children swimming give permission for their child to be photographed by approved parties.
11. Swimmers are not permitted phones poolside or in the changing rooms.
12. Please use the lockers provided, do not leave items in the changing areas and ensure that any valuables are locked away.
13. To comply with our child protection policy, please ensure that swimmers wear t-shirts and shorts or track suits and pool shoes when leaving poolside.
14. COVID guidelines and additional venue considerations will be issued as **Joining Instructions** after the Meet Entry Deadline to participating clubs.



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DECLARATION

All competitors must be SASA registered. Swimmers & coaches have been made aware of the photographic / video restrictions at this venue.

Signed on _____ Position _____
behalf of Club: _____ in Club: _____

ENTRY SUMMARY

Name of Club / Code: _____

Contact name and address: _____

Post code: _____

Contact telephone number: _____

Contact email address: _____

_____ Girls Individual Entries @ £5.00 = £ _____

_____ Boys Individual Entries @ £5.00 = £ _____

_____ Mixed Relay Entries @ £8.00 = £ _____

Payments should be made by Bank Transfer to:
Sort Code: 80-06-19
Account: Cults Otters ASC 00530650
Reference NG2022 followed by your Club Code
e.g. NG2022NCOX

For payments by cheque please contact:
Richard Hodgkinson (Gala Organiser) at:
cultsotters.galaorg@gmail.com

Please return this form to the Gala Organiser Richard Hodgkinson at: cultsotters.galaorg@gmail.com
Acknowledgement of receipt will be made by email.



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Club _____
STO Contact Name _____
Tel No _____
Email: _____

Name	Duty	Signature Required?	Session 1	Session 2

Mentoring Requests – please note that mentoring will be at the discretion of the Referee(s)

Name	J1/J2/J2S	Session 1 Duty Requested - <i>eg CIT</i>	Session 2 Duty Requested - <i>eg CIT</i>

Please return to: Richard Hodgkinson Email: cultsotters.galaorg@gmail.com

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