

###### Ythan Amateur Swimming Club

***2019 Annual Meet***

**Ythan A.S.C. is pleased to invite your club to our Annual Meet to be held at the Ellon Community Campus on Saturday 11th May 2019**

**L2/ND/053/MAY19**

**Meet Information**

This is a licensed meet where accreditation will be sought and therefore all entrants must be registered with SASA.

Ellon Swimming Pool is a 25 metre long deck level pool and has 5 lanes with anti-turbulence ropes.

No AOE. Manual timing will be by 3 timekeepers per lane using lane timer sheets. Over the top starts will be used where necessary

Age as on day of meet: 11 May 2019

**Please note: There is a small carpark at the front of the building but parking will also be available round the back of the school in the staff carpark.**

**There will be very limited spectating on poolside but there is a viewing area with limited seating available.**

**Changing facilities are in the communal changing village. Lockers require a £1 coin and pool staff ask that outdoor shoes are not worn in the changing area. Shoes can be left at the entrance to the changing village or blue overshoes worn.**

**PHONES MUST NOT BE USED IN THE CHANGING ROOM OR ON POOLSIDE.**

**EVENTS WILL BE:**

Individual Medley will be swum as 8yr old and over event. Medals will be awarded for 1st, 2nd and 3rd.

Individual events will be swum in 8-11yrs, 12-13yrs and 14+ age groups. Medals will be awarded for 1st, 2nd and 3rd in each age group.

8 x 50 Freestyle & Medley cannon relays.

The relays will consist of 8x50m freestyle and medley events – teams of 8 must include four boys and four girls and the total of the swimmers ages on the day of the meet must not exceed 100 years. Relay team members must also be swimming in an individual event. Each club may enter up to two teams in each relay event. The medley relay will be swum in the order**: Back, breast, fly, free, back breast, fly, free. Swimmers 1 & 5 will start in the pool.**

This is a graded meet and individual entry times must be slower than the stated cut-off times. Swimmers who achieve times faster than the cut-off times in an event following entry to this meet should be withdrawn from the event and a refund will be given. Swimmers with NT for an event will not be accepted, entry times must be competitive results or time trial times.

All events are heat declared winners. It may be necessary to restrict heats to keep the meet within time limits set per the District Regulations. Ythan ASC maintains the right to run a slower heat for our own swimmers.

Marshalling for events and medals will be in the community centre adjacent to the pool.

Medals will be presented in all events for 1st, 2nd and 3rd places.

Points are awarded to teams for the first five places in individual and relay events. Trophies will be presented to the team with the greatest number of points at the end of the meet .There will also be a trophy for the most improved Ythan ASC boy and girl.

Swimmers who exceed the 5% cut off times will receive a special award.

Please note, for safety reasons, there is a limit of 80 persons on poolside, therefore swimmers will need to be supervised in the Community Area when not swimming or in marshalling. **The upstairs of the school and glass lift are strictly out of bounds.**

Swimmers must wear a t-shirt and pool shoes when leaving poolside as the Community Area will also be open to the public.

Session Times:

Session 1: Warm up 8:30am Start: 9:35am.

Session 2: Warm up 1:30pm Start: 2:35pm.

**Entries**

Entries must be made using Hy-Tek. The Hy-Tek events file is available on the North District website or from Alice Currie at ythanasc@outlook.com. Please send your Hy-tek entry file to Alice Currie at ythanasc@outlook.com

Entry forms and payment cheques (payable to Ythan ASC) should be sent to:

Alice Currie

9 Hopeman Close, Ellon, Aberdeenshire, AB418AZ

Tel: 01358 723425

**Bank transfer is available if you prefer. Details as follows:**

**Account name: Ythan Amateur Swimming Club**

**Sort code: 80 06 71**

**Account number: 00968050**

**Reference for paying: 2019 Gala and your club name**

**Withdrawals**

Withdrawals should be e-mailed to ythanasc@outlook.com before 5pm on Thursday 9th May 2019 and thereafter at the recorder’s desk prior to each warm-up session.

**Officials**

The attached officials list should be completed and emailed to David Hay at sto@ythanasc.org.uk

We will endeavour to provide as many mentoring places as possible and this will be at the discretion of the meet referees.

**Entry Fees:**

£5.00 per individual event. £6.00 per Relay Team

**Meals**

A light buffet lunch will be provided for all officials and coaches.

**Qualifying Times**

This is a graded meet. Please see the attached sheet for the “Slower than” qualifying times.

**Closing Dates**

Electronic entries must be submitted by **Fri 12th April 2019.** Paperwork and payment should be received no later than 3 days after the closing date. No late entries will be accepted.

The closing date for official’s sheets is **Tuesday 23rd April 2019.**

***ORDER OF EVENTS***

**SESSION 1 WARM UP 8.30am START 9.35am**

Event 101 Girls 8 + over 100m I.M.

Event 102 Boys 8/11 100m Back

Event 103 Girls 8/11 100m Back

Event 104 Boys 12/13 100m Back

Event 105 Girls 12/13 100m Back

Event 106 Boys 14 + over 100m Freestyle

Event 107 Girls 14 + over 100m Freestyle

Event 108 Boys 8/11 100m Butterfly

Event 109 Girls 8/11 100m Butterfly

Event 110 Boys 12/13 100m Butterfly

Event 111 Girls 12/13 100m Butterfly

Event 112 Boys 14 + over 100m Breaststroke

#### Event 113 Girls 14 + over 100m Breaststroke

Event 114 Mixed Open 8x50m Freestyle Cannon Relay

#### **SESSION 2 WARM UP 1.30pm START 2.35pm**

Event 201 Boys 8+ over 100m I.M.

Event 202 Girls 8/11 100m Freestyle

Event 203 Boys 8/11 100m Freestyle

Event 204 Girls 12/13 100m Freestyle

Event 205 Boys 12/13 100m Freestyle

Event 206 Girls 14 + over 100m Butterfly

Event 207 Boys 14 + over 100m Butterfly

Event 208 Girls 8/11 100m Breaststroke

Event 209 Boys 8/11 100m Breaststroke

Event 210 Girls 12/13 100m Breaststroke

Event 211 Boys 12/13 100m Breaststroke

Event 212 Girls 14 + over 100m Backstroke

Event 213 Boys 14 + over 100m Backstroke

Event 214 Mixed Open 8 x 50m Medley Cannon Relay

***YTHAN AMATEUR SWIMMING CLUB***

**ENTRIES WILL BE ACCEPTED FROM SWIMMERS WHOSE PERSONAL BEST TIMES ARE EQUAL TO OR SLOWER THAN THE TIMES BELOW.**

**8/11YEARS BOYS GIRLS**

100m Freestyle 01:22:00 01:24:00

100m Breaststroke 01:42:00 01:44:00

100m Backstroke 01:32:00 01:34:00

100m Butterfly 01:32:00 01:34:00

**12/13 YEARS BOYS GIRLS**

100m Freestyle 01:14:00 01:16:00

100m Breaststroke 01:34:00 01:36:00

100m Backstroke 01:24:00 01:26:00

100m Butterfly 01:26:00 01:28:00

**14+ YEARS BOYS GIRLS**

100m Freestyle 01:06:00 01:08:00

100m Breaststroke 01:28:00 01:30:00

100m Backstroke 01:18:00 01:20:00

100m Butterfly 01:22:00 01:24:00

##### OPEN BOYS GIRLS

100m I.M. 01:20:00 01:22:00

**YTHAN ANNUAL MEET**

**Saturday 11 May 2019**

**Entry Summary Sheet**

**CLUB:** ------------------------------------------------------------------------------------

**SECRETARY:** ------------------------------------------------------------------------------------

**ADDRESS** ------------------------------------------------------------------------------------

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**TELEPHONE:** ------------------------------------------------------------------------------------

**E-MAIL:** ------------------------------------------------------------------------------------

INDIVIDUAL ENTRIES @ £5.00 ……. £…………….

RELAY ENTRIES @ £6.00 ……. £…………….

TOTAL AMOUNT ENCLOSED £…………….

N.B. Relay teams must consist of swimmers who have been accepted for at least one individual swim.

**Declaration**

I confirm that all swimmers entered into this meet are current paid up members of SASA.

Signed ………………….………………………………………………………….

Name …………….………………………………………………………………..

Position ………………………………………………………………………..…

RETURN TO Alice Currie

9 Hopeman Close

Ellon

Aberdeenshire

AB41 8AZ

YTHAN ANNUAL MEET

11 MAY 2019

Swimming Technical Officials Availability

**CLUB ……………………………………………………..**

**STO Contact ……………………………..… Tel: ……………………………… E-mail……………………………………………….……..**

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| --- | --- | --- | --- |
| **Name** | **Duty** | **Session 1** | **Session 2**  Please complete and return to:  David Hay  Email: sto@ythanasc.org.uk  Tel: 07850861296 |
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**Trainee judges 1, 2, or 2S please enter names below if requesting mentoring sessions. These will be at the discretion of the referee and dependant on the availability of suitable mentors.**

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| **Name** | **Signatures Required (level/duty)** | **Session 1** | **Session 2** |
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