**FORRES BLUEFINS SWIMMING CLUB**

AFFILIATED SASA NORTH DISTRICT

# TWO-DAY MEET

**Saturday 16th and Sunday 17th March 2019**

Forres Bluefins invite you to their annual two day meet, which will be held at Forres Swimming Pool on Saturday 16th and Sunday 17th March 2019

**SESSIONS** Session One Warm up 0900 Start 1005

Session Two Warm up 1400 Start 1505

Session Three Warm up 0900 Start 1005

Session Four Warm up 1400 Start 1505

**AGE GROUPS** 8/10 years;

11,12,13,14 years and 15 and over.

Relays: 8/12 years,13 years/over.

**Age is at last day of meet the 17thMarch 2019.**

**EVENTS** Please see attached sheet for order of events.

All events will be HDW.

Entries can be obtained via the North District website or by e-mailing the Match Sec.

**ENTRY** Entries should be sent as a HY-TEK file.

**CLOSING DATE FOR ENTRIES IS Monday 18th FEBRUARY 2019.**

**Late entries will not be accepted.**

**Entry Times** There are no consideration times.

Forres Bluefins Swimming club reserve the right to restrict the number of heats in any event/s, and reserves the right to swim a slower heat for their swimmers and to fill any empty lanes with Forres Bluefin swimmers.

**Entry Fees** £5.00 per individual event and £8.00 per relay.

Cheques should be made payable to: Forres Bluefins ASC

**Accreditation** Has been applied for, therefore, please complete the registration declaration.

**Medals** Medals will be present for 1st, 2nd, and 3rd place.

The ‘Forres Bluefins Trophy’ will be awarded to the highest scoring club.

**Relays** Relays are mixed, and must consist of 2 boys and 2 girls per team. No points will be awarded for the relay events. Swimmers must have been entered in an individual event to swim as part of a relay team. **Individuals may swim up an age group to make a relay team BUT they may not swim down.**

**Withdrawals** Withdrawals should be notified to the recorders desk at least 1 hour prior to the start of the appropriate session. If possible please report all known withdrawals to me by 8pm on the Friday prior to the meet by e-mail.

**Officials** We would be grateful for a list of officials willing to help on the day. Please complete the enclosed form and return it with entries or e-mail the details to the address below.

Catering for Technical officials will be provided in the Classroom adjacent to the Fitness Suite.

**Video** Please note that anyone wishing to use photographic equipment, including video cameras must register with Forres Swimming Pool, form for which can be found at reception.

**Gala Convenor** Jayne Prosser, tel 01667459910, email jayneprosser@hotmail.com

**Gala Entries** Helen Riddoch

Telephone

E-Mail **matchsec@forresbluefins.co.uk**

**Notes** **The** **Forres Swimming Pool has extremely limited seating poolside**, the school gymnasium can be used as an overflow. It is required that all clubs have at least one adult supervising, whilst their swimmers are making use of the school facilities.

Packed lunches may be eaten in the Gymnasium.

Meals for coaches will be provided in the Classroom adjacent to Fitness Suite.

Shoes and Tee Shirts must be worn by swimmers when in pool foyer and school Gymnasium.

A swim shop will be open next to the Gymnasium or in the viewing area.

A draft Program will be e-mailed when completed with a list of rejected swims.

Warm-ups must be supervised.

**FORRES BLUEFINS SWIMMING CLUB**

**TWO DAY GALA**

**16tha and 17th March 2019**

**Summary Sheet**

**I confirm that all swimmers entered from …………………….club have paid their current SASA membership fees.**

**Signed …………………………………… Position in club ……………………**

**SUMMARY OF ENTRY**

**Individual Girl swims @ £5.00 £**

**Individual Boy swims @ £5.00 £**

**Relay Teams @ £8.00 £**

**Total enclosed payable to Forres Bluefins Gala Account £**

**Name and address of Club Contact**

**Name:**

**Address:**

**Post Code:**

**Tel:**

**E-mail:**

Forres Bluefins Two Day Gala Officials Sheet

Club:

STO Contact:

E-mail:

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| --- | --- | --- | --- | --- | --- | --- |
| **NAME** | **DUTY**  **TK/J1/J2s** | **MENTORING RQUIRED\*** | **SESSION 1** | **SESSION 2** | **SESSION 3** | **SESSION 4** |
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Officials sheet to be emailed to: [bluefinssto@live.com](mailto:Forresbluefins@forresbluefins.orangehome.co.uk) by 18th February 2018

**Two Day Meet 2019**

# SESSION 2 AND 4 WARM UP TIMES ARE PROVISIONAL

## **Session One – Saturday Morning 016/03/2019 Warm up: 0900-1000 Start: 1005 Hrs**

101 Boys 13 Years 100m Breaststroke

102 Girls 13 Years 100m Breaststroke

103 Boys 14 years 100m Breaststroke

104 Girls 14 Years 100m Breaststroke

105 Boys 8/10 Years 50m Freestyle

106 Girls 8/10 Years 50m Freestyle

107 Boys 11 Years 100m Backstroke

108 Girls 11 Years 100m Backstroke

109 Boys 12 Years 100m Backstroke

110 Girls 12 Years 100m Backstroke

111 Boys 15 Years/Over 100m Butterfly

112 Girls 15 Years/Over 100m Butterfly

113 Boys 13 Years 100m Individual Medley

114 Girls 13 Years 100m Individual Medley

115 Boys 14 Years 100m Individual Medley

116 Girls 14 Years 100m Individual Medley

## **Session Two – Saturday Afternoon 17/03/2019 Warm up: 1400-1500 Start: 1505 Hrs**

201 Boys 8/10 Years 50m Backstroke

202 Girls 8/10 Years 50m Backstroke

203 Boys 11 Years 100m Breaststroke

204 Girls 11 Years 100m Breaststroke

205 Boys 12 Years 100m Breaststroke

206 Girls 12 Years 100m Breaststroke

207 Boys 13 Years 100m Butterfly

208 Girls 13 Years 100m Butterfly

209 Boys 14 Years 100m Butterfly

210 Girls 14 Years 100m Butterfly

211 Boys 15 Years/Over 100m Freestyle

212 Girls 15 Years/Over 100m Freestyle

213 Boys 8/10 Years 100m Individual Medley

214 Mixed 8/12 Years 4 x 50m Medley Relay

215 Mixed 13/Over 4 x 50m Medley Relay

## **Session Three – Sunday Morning 17/03/2019 Warm up: 0900-1000 Start: 1005**

301 Girls 11 Years 100m Individual Medley

302 Girls 12 Years 100m Individual Medley

303 Boys 8/10 Years 50m Breaststroke

304 Girls 8/10 Years 50m Breaststroke

305 Boys 15 Years/Over 100m Backstroke

306 Girls 15 Years/Over 100m Backstroke

307 Boys 14 Years 100m Freestyle

308 Girls 14 Years 100m Freestyle

309 Boys 13 Years 100m Freestyle

310 Girls 13 Years 100m Freestyle

311 Boys 12 Years 100m Butterfly

312 Girls 12 Years 100m Butterfly

313 Boys 11 Years 100m Butterfly

314 Girls 11 Years 100m Butterfly

315 Girls 8/10 Years 100m Individual Medley

## **Session Four – Sunday Afternoon 17/03/2019 Warm up: 1400-1500 Start: 1505 Hrs**

401 Boys 11Years 100m Individual Medley

402 Boys 12 Years 100m Individual Medley

403 Boys 15 Years/Over 100m Breaststroke

404 Girls 15 Years/Over 100m Breaststroke

405 Boys 8/10 Years 50m Butterfly

406 Girls 8/10 Years 50m Butterfly

407 Boys 13Years 100m Backstroke

408 Girls 13Years 100m Backstroke

409 Boys 14 Years 100m Backstroke

410 Girls 14 Years 100m Backstroke

411 Boys 11Years 100m Freestyle

412 Girls 11Years 100m Freestyle

413 Boys 12 Years 100m Freestyle

414 Girls 12 Years 100m Freestyle

415 Boys 15 Years/Over 100m Individual Medley

416 Girls 15 Years/Over 100m Individual Medley

417 Mixed 8/12 Years 4 x 50m Freestyle Relay

418 Mixed 13/Over 4 x 50m Freestyle Relay