Aberdeen ASC invites you to their 5th Mini-Meet on

**SUNDAY 10th FEBRUARY 2019** at **THE INTERNATIONAL SCHOOL, ABERDEEN**

**Licence number: L2/ND/033/FEB19**

**Pool:** 25m, 6 lanes, anti-turbulence ropes, deck-level. Please note there are no turning boards.

**Age Groups:** 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs. Age on the day.

**Events:** 8 yrs: 25m Butterfly, Backstroke, Breaststroke and Freestyle

9, 10, 11 & 12 years: 50m Butterfly, Backstroke, Breaststroke and Freestyle

4x25 Freestyle Relay: Male, Female 4x25 Medley Relay: Male, Female

Events will be swum combined age groups, but awards will be for each age group.

Girls’ events will be in Session 1 and Boys’ events in Session 2.

**Relay Teams:** For all relays, the team should comprise 1 swimmer from age 12 yrs, 11 yrs, 10 yrs & 8-9 yrs; however, swimmers can swim up, but not down. Clubs can enter up to 2 relays per relay event. Entry times are not required for relay teams.

**Awards:** Awards will be presented to the top 3 swimmers/teams in each event. There will be an award for the top female and male teams plus overall team, based on points. Relays teams will score double points. Points will be awarded from 12 for a 1st place down to 1 for a 12th place.

**Entries:** Entry files are available on the North District website: <http://www.sasanorth.org.uk>

The closing date for entries is **Monday 14th January 2019**. Late entries will only be considered if the meet is not full and priority will be given to entries submitted before the closing date. The Hy-Tek file and all other paperwork should be emailed to the Entries Secretary. Payment should also be made by this date, by BACS to the following account: Sort Code: 80-06-19 Account: 00996374 Name: Aberdeen ASC Reference: 2019 Mini Meet (club name)

**Entry Fees:** £4.50 per individual and £7.00 per relay event.

**Technical Officials:** Technical official help will be appreciated, and the form below should be emailed to:

[**Aasc\_sto1@btinternet.**com](mailto:Aasc_sto1@btinternet.com) by **Sunday 27th January 2019**.

**Withdrawals:** Withdrawals can be made by email before **5pm Saturday 9th February 2019** to: [aasc.recorders@gmail.com](mailto:aasc.recorders@gmail.com) Thereafter, they should be submitted to the recorders at least 45 minutes before the start of the session. Telephone withdrawals will not be accepted.

**Meet Convenor:** Joan Gomes **Entries Secretary:**

Email : [joangomes@btinternet.com](mailto:joangomes@btinternet.com) Email: [aasc.recorders@gmail.com](mailto:aasc.recorders@gmail.com)

Tel: Tel:

**Programme of Events:**

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| **Session 1**  Warm-up 8.00-8.45am  Start 9.00am  Finish 12.00 noon  Event 101 Girls 9-12 yrs 50m Freestyle  Event 102 Girls 8 yrs 25m Freestyle  Event 103 Girls 9-12 yrs 50m Butterfly  Event 104 Girls 8 yrs 25m Butterfly  Event 105 Girls 9-12 yrs 50m Breaststroke  Event 106 Girls 8 yrs 25m Breaststroke  Event 107 Girls 9-12 yrs 50m Backstroke  Event 108 Girls 8 yrs 25m Backstroke  Event 109 Girls 4x25 Medley Relay  Event 110 Girls 4x25 Freestyle Relay  Award for Best Female Club | **Session 2**  Warm-up 1.00pm-1.45pm  Start 2.00pm  Finish 5.00pm  Event 201 Boys 9-12 yrs 50m Freestyle  Event 202 Boys 8 yrs 25m Freestyle  Event 203 Boys 9-12 yrs 50m Butterfly  Event 204 Boys 8 yrs 25m Butterfly  Event 205 Boys 9-12 yrs 50m Breaststroke  Event 206 Boys 8 yrs 25m Breaststroke  Event 207 Boys 9-12yrs 50m Backstroke  Event 208 Boys 8 yrs 25m Backstroke  Event 209 Boys 4x25 Medley Relay  Event 210 Boys 4x25 Freestyle Relay  Award for Best Male Club  Award for Best Club overall |

**General Information**

1. The meet will be held under FINA and SASA Rules.
2. Competitors must be SASA registered and numbers must be displayed on the entry files.
3. All entries must have an entry time, either an accredited time or training time. Any “no time” (NT) entries will be rejected and no refund will be made, apart for relay events which can be entered with NT.
4. All events are Heat Declared Winner.
5. The Gala Convenor retains the right to change warm-up times if necessary.
6. Manual timekeeping will be used.
7. Swimmers must report to marshalling 4 heats before their heat.
8. There will be no presentations for individual events and swimmers should collect their medals form the medals table. The top club awards will be presented.
9. There will be no diving in the shallow end, so relay swimmers number 2 & 4 will be from in the water.
10. Any person wishing to take videos or photographs must sign a form at the recorder’s table and display their tag.
11. Phones must be switched off in the changing rooms and turned to silent in the pool hall.
12. There is a limited number of lockers, so belongings must be taken on poolside if all lockers are full.
13. Swimmers should wear club kit and pool shoes on the poolside and when leaving the poolside.
14. Spectating space on the poolside is limited, so swimmers and coaches will have priority and it is unlikely that there will spectators will be in the pool hall.
15. Visiting teams must pick up a visitor’s pass from reception and only have access to the canteen area, the changing rooms and the pool hall.

**Entries Summary:**

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| **Name of Club:**  Contact email address:  Contact telephone number:  Contact address:  \_\_\_ Female Individual Entries @ £4.50 = £ \_\_\_\_\_  \_\_\_ Male Individual Entries @ £4.50 = £ \_\_\_\_\_  \_\_\_ Relay Team Entries @ £7.00 = £ \_\_\_\_\_  **TOTAL ENTRIES**  £ \_\_\_\_\_ |

**Please email a completed copy of this form and the Hy-Tek Team Manager entry file to:**

[**aasc.recorders@gmail.com**](mailto:aasc.recorders@gmail.com)

**By Monday 14th January 2019**

**Technical Officials:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **Club** | **STO Qualification**  **(Tk, J1, J2 Etc)** | **Sessions Available**  **(1 and/or 2)** | **Mentoring Required Y/N** |
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**Please email technical officials form to:**

Aasc\_sto1@btinternet.com

**By Sunday 27th January 2019**

**Mentoring will be at the discretion of the referee.**