



UPPER DEESIDE AMATEUR SWIMMING CLUB
JUNIOR GRADED CHALLENGE MEET 2016
ND/L2/239/JUN16



Upper Deeside A.S.C. invites you to take part in the 3rd UDASC Graded Junior Challenge Meet
(Under FINA and SASA Rules).

SUNDAY 19th June 2016

Venue Aboyne Community Centre, Aboyne, Aberdeenshire AB34 5JN

Pool 25m, 4 lane pool, anti-turbulence ropes

Age Groups 8 years, 9/10 years & 11/12 years, Age as at **19th June 2016**

Events Swimmers may enter a maximum of two Challenges and must enter & swim all events in a Challenge. Entries for a Challenge are on a "SLOWER THAN" basis.
"Slower than" times are not applicable for 8 year olds.
Challenge placings will be decided on the **total swim time** for all swims within a Challenge. A disqualification in an individual event does not make the swimmer ineligible to participate in the remainder of the Challenge. However, due to the cumulative times nature of the Challenges, only complete (all times) challenges will be eligible for the overall Challenge places, unless all entries in a challenge are disqualified from the same event, in which case the remaining times can be considered equally.
Events will be swum with all age groups combined & seeded by entry times. Entry times need not be accredited, but real or training times must be entered for ALL swims, including the 25m swims. **NT entries will not be accepted.**
The organisers reserve the right to enter UDASC club swimmers in to any empty lanes on the day.

Challenges	FREESTYLE:	25M, 50M, 100M	Age groups: 8, 9/10, 11/12
	BACKSTROKE:	25M, 50M, 100M	Age groups: 8, 9/10, 11/12
	BREASTSTROKE:	25M, 50M, 100M	Age groups: 8, 9/10, 11/12
	BUTTERFLY:	25M, 50M, 100M	Age groups: 8, 9/10, 11/12
	SPRINT:	25M EACH OF THE 4 STROKES	Age groups: 8 yrs ONLY

Relays Teams may enter a maximum of two relay teams for **each** relay, all of the members of which must be entered for at least one Challenge each. **Relay teams must consist of two swimmers 10 and under and two 11/12 years old, and one swimmer minimum of each gender.**

Sessions Provisional session times are as follows:
SESSION 1 WARM-UP 09:15 START 10:05 FINISH 12:40
SESSION 2 WARM-UP 13:30 START 14:20 FINISH 16:50

The presentation ceremony will take place at 17:30 in the Canteen.

Entries Please note that this is a club competition and entries from composite teams will not be accepted. **All entries must be on Hy-Tek Team Manager entry file.** These must be sent to the Meet Entry Secretary, Wilbur Stewart, at udascjuniorchallenge@hotmail.co.uk by the closing date.
PLEASE ENTER AS THE SUBJECT OF YOUR EMAIL "UDASC JUNIOR CHALLENGE ENTRIES"

Entry files are available to download from the North District & SwimScotland websites.
Lists of rejected swimmers, if applicable, will be posted to each club by email.
All swimmers must have paid their current SASA registration fee.



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Entry Fees Entry fees are: £11.00 per challenge, £6.00 per relay team.
Cheques payable to **Upper Deeside ASC**.
Entries may have to be limited depending on numbers received.

Paper entries, fees and officials sheets must be sent to the Meet Convenor by the closing date:

Rachel Green
Whin Rigg
48 Barclay Park
Aboyne
AB34 5JF

rachelmgreen@btinternet.com

CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 20th May 2016

Clubs will be informed as soon as possible after the closing date if entries have been accepted.

Should fewer than 3 swimmers enter any Challenge, the Meet Convenor reserves the right not to run this Challenge, and offer any swimmers entered for that Challenge an alternative Challenge, at no additional cost.

Awards Trophies will be awarded in each Challenge to the top boy and top girl swimmer in each age group, based on **TOTAL SWIM TIME** for the designated swims. Medals will be awarded to the top three relay teams in each of the two relay events.

The **Top Club Trophy** will be awarded to the Club with the most points amassed over the competition. Points will be awarded to the Challenge and Relay Winners on the following basis: 3 points for first place, 2 points for second place, 1 point for third place.

Technical We would be very grateful for a list of officials willing to help on the day with your entry. **Please return the enclosed form with your entries.**

Meals Refreshments will be provided for Technical Officials and one coach per club. Additional coaches' meal tickets may be ordered by completing the enclosed form. The coffee bar area may be used by swimmers with packed lunches.

Swim Shop There will be a swim shop open during the meet.

Photographic Equipment Please note that anyone wishing to use cameras or video equipment must register with the Community Centre Staff on the day. The use of mobile phones of any description will not be permitted in the Changing Rooms or Poolside.

***If you have any queries please contact Rachel Green Tel: 013398 85655 or 07968 501188
email: rachelmgreen@btinternet.com***

We look forward to seeing you on 19th June



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ORDER of EVENTS

SESSION 1	Warm-up: 09:15	Start 10:05
Event 101	100m Butterfly	Male
Event 102	100m Butterfly	Female
Event 103	25m Backstroke	Male
Event 104	25m Backstroke	Female
Event 105	100m Freestyle	Male
Event 106	100m Freestyle	Female
Event 107	50m Breaststroke	Male
Event 108	50m Breaststroke	Female
Event 109	50m Backstroke	Male
Event 110	50m Backstroke	Female
Event 111	25m Freestyle	Male
Event 112	25m Freestyle	Female
Event 113	200m IM Relay	Mixed 8 - 12 yrs
SESSION 2	Warm-up: 13:30	Start 14:20
Event 201	50m Butterfly	Male
Event 202	50m Butterfly	Female
Event 203	25m Breaststroke	Male
Event 204	25m Breaststroke	Female
Event 205	100m Backstroke	Male
Event 206	100m Backstroke	Female
Event 207	25m Butterfly	Male
Event 208	25m Butterfly	Female
Event 209	50m Freestyle	Male
Event 210	50m Freestyle	Female
Event 211	100m Breaststroke	Male
Event 212	100m Breaststroke	Female
Event 213	200m Freestyle Relay	Mixed 8 - 12yrs

The presentation ceremony will take place at approximately 17:30.
upstairs in the Canteen Area.



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**100m times must be slower than the table below for entry
to the respective Challenge;**

Age group	Event	BOYS	GIRLS
9-10	100 freestyle	1:36	1:36
	100 backstroke	1:47	1:47
	100 breaststroke	2:00	2:00
	100 butterfly	1:47	1:47
11-12	100 freestyle	1:27	1:28
	100 backstroke	1:38	1:39
	100 breaststroke	1:50	1:53
	100 butterfly	1:38	1:40

Note: Slower than times do not apply to 8 year olds



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ENTRY SUMMARY SHEET

Club Name:

Match Secretary:

Address:

Telephone: **E-mail:**

NUMBER OF CHALLENGE ENTRIES

		Enter number	
		Stroke	Sprint
8 Year Challenges	Male		
	Female		
9/10 Years Challenges	Male		
	Female		
11/12 Years Challenges	Male		
	Female		

Total Challenges	
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Cost @ £11.00 per Challenge	£
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Cost of Relays @ £6/team (MAX 4)	£
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Number of coaches' meal passes required	
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Cost @ £5 per additional meal pass (<i>one coach per club per 6 swimmers provided for</i>)	£
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Total Cost	£
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Please make cheques payable to *Upper Deeside ASC*.

DECLARATION

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed: Position in Club:

Date:

(This declaration **must** be completed by all competing clubs)



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OFFICIALS SHEET

Club Name:

STO Contact Name:

Telephone: **E-mail:**

Name	Mentor request Y/N	Timekeeper		Judge (J1/J2)		Recorder		Starter		Referee	
		S1	S2	S1	S2	S1	S2	S1	S2	S1	S2

Please return this form with your entries to the Meet Convenor