

Aberdeen ASC invites you to their 1st Mini-Meet on

SUNDAY 8th FEBRUARY at THE INTERNATIONAL SCHOOL, ABERDEEN

Licence number: ND/L2/131/FEB15

Pool: 25m, 6 lanes, anti-turbulence ropes, deck-level.

Age Groups: 8 yrs, 9 yrs, 10yrs, 11 yrs. Age on the day.

Events: 8 yrs: 25m Butterfly, Backstroke, Breast Stroke and Freestyle

9, 10 & 11 years: 50m Butterfly, Backstroke, Breast Stroke and Freestyle

4x25 Freestyle Relay: Male, Female 4x25 Medley Relay: Male, Female

Events will be swum combined age groups, but awards will be for each age group.

Girls' events will be in Session 1 and Boys' events in Session 2.

Relay Teams: For all relays, the team should comprise 1 swimmer from each age group; however, swims can

swim up, but not down. Clubs can enter up to 3 relays.

Awards: Awards will be presented to the top 3 swimmers/teams in each event.

There will be an award for the top team, based on points. Relays teams will score double points.

Entries: Entries should be emailed to the Entries Secretary on the Hy-Tek file only, obtained from:

aasc.meetentries@outlook.com

The closing date for entries is FRIDAY 16th JANUARY 2015. Paperwork and cheques must be

sent to the Entries Secretary by 12.00 noon, Monday 19th January 2015.

Entry Fees: £4.00 per individual and £7.00 per relay event, made payable to Aberdeen ASC.

Technical Officials: Technical official help will be appreciated and the form below should be returned to Andy

Coueslant by Sunday 25th January 2015: Andrew.coueslant@gmail.com .

Withdrawals: Withdrawals can be made by email before 5pm Saturday 7th February 2015 to

<u>aasc.meetentries@outlook.com</u>. Thereafter, they should be submitted at least 1 hour before

the start of the session to the recorders.

Meet Convenor: Joan Gomes Entries Secretary: Matt Huntington

Email: joangomes@btinternet.com Email: aasc.meetentries@outlook.com

Tel: 01224 315063 Tel: 07854 206520



Programme of Events:

Session 1			Session 2		
Warm-up	8.00-8.45am		Warm-up	1.15pm-2.00pm	
Start	9.00am		Start	2.15pm	
Finish	12:00 noon		Finish	5.15pm	
Event 101	Girls 9-11 yrs	50m Freestyle	Event 201	Boys 9-11 yrs	50m Freestyle
Event 102	Girls 8 yrs	25m Freestyle	Event 202	Boys 8 yrs	25m Freestyle
Event 103	Girls 9-11 yrs	50m Butterfly	Event 203	Boys 9-11 yrs	50m Butterfly
Event 104	Girls 8 yrs	25m Butterfly	Event 204	Boys 8 yrs	25m Butterfly
Event 105	Girls 9-11 yrs	50m Breast Stroke	Event 205	Boys 9-11 yrs	50m Breast Stroke
Event 106	Girls 8 yrs	25m Breast Stroke	Event 206	Boys 8 yrs	25m Breast Stroke
Event 107	Girls 9-11 yrs	50m Backstroke	Event 207	Boys 9-11yrs	50m Backstroke
Event 108	Girls 8 yrs	25m Backstroke	Event 208	Boys 8 yrs	25m Backstroke
Event 109	Girls 4x2	5 Medley Relay	Event 209	Boys 4	1x25 Medley Relay
Event 110	Girls 4x2	5 Freestyle Relay	Event 210	Boys 4	1x25 Freestyle Relay
Awards for Session 1			Awards for Session 2		

General Information

- 1. The meet will be held under FINA and SASA Rules
- 2. Competitors must be SASA registered
- 3. All events are Heat Declared Winner
- 4. The Gala Convenor retains the right to change warm-up times if necessary
- 5. Manual timings, will be used
- 6. Swimmers must report to marshalling 4 heats before their heat
- 7. There will be no marshalling for presentations
- 8. There will be no diving in the shallow end, so relay swimmers number 2 & 4 will be from in the water
- 9. Any person wishing to take videos or photographs must sign a form at the recorder's table and display their tag
- 10. Phones must be switched off in the changing rooms and turned to silent in the pool hall
- 11. There is a limited number of lockers, so belongings must be taken on poolside if all lockers are full
- 12. Swimmers should wear club kit and pool shoes on the poolside and when leaving the poolside
- 13. Spectating space on the poolside is limited, so swimmers and coaches will have priority
- 14. Visiting teams must pick up a visitor's pass from reception and only have access to the canteen area, the changing rooms and the pool hall.



Entries Summary:

Name of Club:	
Contact email address:	
Contact telephone number:	
Contact address:	
Female Individual Entries @ £4.00 =	£
Male Individual Entries @ £4.00 =	£
Relay Team Entries @ £7.00 =	£
TOTAL ENTRIES	£

Please email to:

aasc.meetentries@outlook.com

By Friday 16th January 2015

Please send a copy of this summary sheet and the entry fee cheque (payable to "Aberdeen ASC") to the following address to arrive by Monday 19th January 2015:

Matt Huntington (Aberdeen Mini Meet Entries)

North Croft

Auchronie

Skene

Westhill

Aberdeenshire

AB32 6YQ



Technical Officials:

Name	Club	STO Qualification (Tk, J1, J2 Etc)	Sessions Available (1 and/or 2)	Mentoring Required Y/N

Please email to:

Andrew.coueslant@gmail.com

By Sunday 25th January 2015