



## S.A.S.A North District

### Coach/Team Manager information - Development Meet 2015

Please ensure that your participating swimmers are made aware of the following information.

#### Coaches' Packs.

These can be collected on arrival from the reception desk on the Upper Level.

#### Changing Village.

Swimmers clothing, kit bags, etc. must be placed in the lockers provided (20p coin needed). No belongings to be left in the changing cubicles. Inverness Leisure staff will remove any items left in cubicles or unlocked lockers – swimmers will have to collect such items at the convenience of the staff. Consumption of food is not allowed in the changing village. **Photography of any description is prohibited in the changing village.**

#### Seating

As seating is restricted at Inverness Leisure, coaches/team staff on poolside will be limited to one per ten swimmers up to a maximum of three for any team.

**Teams are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of each competition day.** Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. **Glass bottles or containers are not permitted in the pool hall – this includes the spectator areas.**

Please ensure that your team does not at any time block Emergency Exits or access around the pool.

#### Warm Up

Information issued. Warm-up Supervisors may appointed at this meet to ensure safe conduct during the warm up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of the Warm-up Supervisors. Swimmers must leave the pool when the end of their warm up is announced. No diving into the pool during warm-up except in the designated lanes during the one-way sprints.

#### Marshalling

Swimmers and reserves must report to the marshalling area at the turn end of the pool at least 3 heats (or as announced) prior to their own.

#### Withdrawals

Withdrawals should be made prior to the start of warm up using the sheet(s) provided in the Coaches Pack. Failure to notify a withdrawal prior to the start of the warm up may result in a fine. **Please check that any email withdrawals have been removed from or noted on the sheet.** The sheets will available for collection prior to the start of the competition with coach packs at the reception desk.

### Photography /Videos

Photographic equipment to be used in the pool hall must be registered on the appropriate form (available from the programme desk). Due to space restriction, photography/video recording from the pool deck is not allowed during the competition.

**The use of mobile phones in the pool hall is prohibited by venue regulations.** If the phone is being used as a camera it must be set to aircraft mode or have all call functions disabled. Please set a good example to the swimmers and don't use your mobile phone in the pool hall.

### General

All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct - see attached. Please ensure that your team is aware of this.

The Leisure pool will be in use during the competition therefore vuvuzelas are not permitted at this meet. Air horns are not permitted

Different persons have authority and overall responsibility for the running of the meet at different stages.

The list below shows whom you should approach with any queries, concerns or complaints during the various stages of the meet.

Arrival - Start of Competition Lisa Woolley, Meet Convenor

During Competition Session Referees Durno Jessiman  
(including presentations) Saturday Lynn Alderton

Referees Jenny Young  
Sunday Sean Dawson

Between Competition Sessions Lisa Woolley, Meet Convenor

End of Competition - Departure Lisa Woolley, Meet Convenor

# CODE OF ETHICS

Sporting integrity is based on the acceptance of rules, fairness, equality, respect for others, moral conduct and a sense of what is right.

Violence, breaking the rules, abuse of drugs, lack of fair play and other unethical behaviours are unacceptable to the Scottish Amateur Swimming Association Limited.

Scottish Swimming Staff, Board of Directors, Council, Districts, Committees, Members, Clubs and their members agree to:

Abide by the principles above

Sign and agree to relevant Codes of Conduct

Set a good example at all times

Follow the spirit of policies as required, e.g. Equity

Abide by and agree to international, national policies and guidelines, e.g. anti-doping, Child Protection Procedures.

**Scottish Swimming**  
**National Swimming Academy**  
**University of Stirling**  
**Stirling**  
**FK9 4LA**  
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