

***NORTH DISTRICT DEVELOPMENT MEET***  
***(UNDER FINA AND SASA RULES)***

***21<sup>st</sup> & 22<sup>nd</sup> JUNE 2008 - BANFF SWIMMING POOL***

**MEET INFORMATION**

**Pool** 25 Metres, 5 Lanes, Anti-turbulence ropes, Electronic Timing Equipment

**Sessions**

<b>Session One</b>	Warm Up 09.00	-	Start 10.05
<b>Session Two</b>	Warm Up 14.00	-	Start 15.05
<b>Session Three</b>	Warm Up 09.00	-	Start 10.05
<b>Session Four</b>	Warm-up 14.00	-	Start 15.05

(SUBJECT TO CHANGE IF NECESSARY)

**Events** **200m F/C, B/C, BRS, FLY & IM & 400m IM & 400F/C**  
**Ages: 10 /11 years, 12 years, 13 years, 14+ years**

**Entry Times** Please see following page for consideration times.

**Start Rule** Over the top starts will be used where practical.

**Age** As at 22nd June 2008

**Entries** **All entries must be on Hy-tek Team Manager entry file** (District Rule SW 4.1).  
Entry files may be obtained by downloading from the North District website  
[www.sasanorth.org.uk](http://www.sasanorth.org.uk) or by contacting Brian Hendry Tel: 01569 764884 or e-mail  
[bhendry@btinternet.com](mailto:bhendry@btinternet.com).

**Time cards are not required.**

**Entry Fees** £4.00 PER INDIVIDUAL EVENT  
Cheques should be made payable to SASA North District.  
Entries may have to be limited dependent upon numbers received.

Please return entry files along with summary sheet, entry fees and officials sheets to:-  
**Brian Hendry, 51 Malcolm's Mount, Stonehaven AB39 2SR**

**CLOSING DATE FOR ENTRIES IS FRIDAY 23rd May 2008**  
Please note all paperwork & entry files must be received by this date

**Meet Convenor: Joan Gomes Tel: 01224 315063**

**Withdrawals** Withdrawals prior to the Meet may be sent or e-mailed to Brian Hendry to arrive by 1pm on Friday 20<sup>th</sup> June at the very latest. No telephone withdrawals will be accepted.

NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc

At the Meet, withdrawals from heats should be notified on the relevant withdrawal form.  
The sheets should be handed in to the recorders **at least 1 hour prior to the start** of the first session and updated accordingly one hour before the start of each session thereafter.  
(District rule SW5.1)

**Awards** Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places and Speeding Tickets will be awarded to swimmers exceeding the cut-off times.

**Technical Officials**

**Lists of Technical Officials for all sessions must be included with meet entries – North District rules SW 6.2 and SW4.1 refer.**

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Gala Officials Convenor when names are submitted.

Any queries or changes to Technical Officials **after** the closing date should be directed to the Gala Officials Convenor, Eleanore Murison Tel: 01224 486870

**Notes**

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers **must** be shown on entries. A Licence has been granted for this competition and accreditation will be applied for to the SASA.
2. Due to lack of space poolside access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time.
3. Participating clubs will receive one copy of start sheets and results sheets for each session.

**Video**

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Director (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

## Consideration Times

Times to be equal to or slower than:-

	Boys			Event	Girls			
10/11	12	13	14+		14+	13	12	11/10
02:43.88	02:32.06	02:22.47	02:14.46	<b>200 Free</b>	02:22.89	02:29.38	02:37.08	02:46.15
06:01.29	05:32.84	05:09.33	04:49.67	<b>400 Free</b>	05:01.01	05:14.64	05:30.82	05:49.90
03:00.58	02:47.70	02:37.07	02:28.38	<b>200 Back</b>	02:38.84	02:46.01	02:54.53	03:04.57
03:20.50	03:06.08	02:54.27	02:44.51	<b>200 Brs</b>	02:57.11	03:05.22	03:14.74	03:25.96
02:56.96	02:44.34	02:34.02	02:25.41	<b>200 Fly</b>	02:36.58	02:43.65	02:52.05	03:01.94
03:02.13	02:49.12	02:38.39	02:29.62	<b>200 IM</b>	02:42.01	02:49.34	02:58.04	03:08.29
06:27.76	05:59.89	05:37.17	05:18.41	<b>400 IM</b>	05:38.83	05:54.25	06:12.45	06:33.89

Please note, all events will be swum with age groups combined but medals will be awarded to each age group.

Times do not require to be accredited but should be **real** times achieved at accredited meets, non-accredited meets or Club Time Trials.

**Swimmers exceeding the consideration times after the entry date should be withdrawn and a refund will be given. See SW.13.1.2**

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21<sup>st</sup> & 22<sup>nd</sup> JUNE 2008, BANFF SWIMMING POOL  
PROGRAMME OF EVENTS  
ALL EVENTS ARE HEAT DECLARED WINNER***

<b>Session One</b>	<b>Warm-up</b>	<b>09.00</b>	<b>Start</b>	<b>10.05</b>	<b>Session Two</b>	<b>Warm-up</b>	<b>14.00pm</b>	<b>Start</b>	<b>15.05pm</b>
Event 101	Girls 10/11, 12years	200m Individual Medley			Event 201	Boys 13, 14+ years	200m Individual Medley		
Event 102	Boys 10/11, 12 years	400m Freestyle			Event 202	Girls 13, 14+ years	400m Freestyle		
Event 103	Girls 13, 14+ years	200m Backstroke			Event 203	Boys 10/11, 12 years	200m Backstroke		
Event 104	Boys 13, 14+ years	400m Individual Medley			Event 204	Girls 10/11, 12 years	400m Individual Medley		
Event 105	Girls 10/11, 12 years	200m Breaststroke			Event 205	Boys 13, 14+ years	200m Breaststroke		
Event 106	Boys 10/11, 12 years	200m Freestyle			Event 206	Girls 13, 14+ years	200m Freestyle		
Event 107	Girls 13, 14+ years	200m Butterfly			Event 207	Boys 10/11, 12 years	200m Butterfly		
<b>Session Three</b>	<b>Warm-up</b>	<b>09.00am</b>	<b>Start</b>	<b>10.05am</b>	<b>Session Four</b>	<b>Warm-up</b>	<b>14.00</b>	<b>Start</b>	<b>15.05pm</b>
Event 301	Boys 10/11, 12 years	200m Individual Medley			Event 401	Girls 13, 14+ years	200m Individual Medley		
Event 302	Girls 10/11, 12 years	400m Freestyle			Event 402	Boys 13, 14+ years	400m Freestyle		
Event 303	Boys 13, 14+ years	200m Backstroke			Event 403	Girls 10/11, 12 years	200m Backstroke		
Event 304	Girls 13, 14+ years,	400m Individual Medley			Event 404	Boys 10/11, 12 years	400m Individual Medley		
Event 305	Boys 10/11, 12 years	200m Breaststroke			Event 405	Girls 13, 14+ years	200m Breaststroke		
Event 306	Girls 10/11, 12 years	200m Freestyle			Event 406	Boys 13, 14+ years	200m Freestyle		
Event 307	Boys 13, 14+ years	200m Butterfly			Event 407	Girls 10/11, 12 years	200m Butterfly		



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**Club** \_\_\_\_\_

Gala Officials Convenor: Mrs Eleanore Murison

Tel: 01224 486870

**STO Contact Name** \_\_\_\_\_

E-mail: [eat\\_190@hotmail.com](mailto:eat_190@hotmail.com)

**Telephone No.** \_\_\_\_\_

**E-mail address** \_\_\_\_\_

**OFFICIALS SHEET**

<b>Total number of Club swimmers entered :</b>	<i>(this must be completed)</i>
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NAME	DUTY	SIG REQD	SESSION 1	SESSION 2	SESSION 3	SESSION 4

**Please return this form with your entries.**

**Please ensure form complies with SW6.2 as follows:**

4 Swimmers or less

No technical officials required but please return the form duly marked

5 – 9 swimmers

1 Official for every session of the Meet

10 – 14 swimmers

3 Technical Officials for every session, one of whom must be a Judge or above

15 – 24 swimmers

5 Technical Officials for every session, two of whom must be a Judge, or above

25+ swimmers

6 Technical Officials for every session, three of whom must be a Judge, or above

Please note that these are the **minimum** requirements – additional officials are always welcome.