



FORRES BLUEFINS SWIMMING CLUB

AFFILIATED SASA NORTH DISTRICT

TWO-DAY MEET

SATURDAY 8th & SUNDAY 9th MARCH 2008

Forres Bluefins invite you to their annual two day meet, which will be held at Forres Swimming Pool on Saturday 8th and Sunday 9th March 2008.

<u>SESSIONS</u>					
	Session One	Warm up 0900	Start	1005	
	Session Two	Warm up 1400	Start	1505	
	Session Three	Warm up 0900	Start	1005	
	Session Four	Warm up 1400	Start	1505	

AGE GROUPS 8/10 years, 11,12,13,14 years and 15/over.
Relays 8/12 years, 13 years/over

Age is at last day of meet the 9th March 2008.

EVENTS Please see attached sheet for order of events.
All events will be HDW.

ENTRY Entries where possible should be on hitek.

CLOSING DATE FOR ENTRIES IS MONDAY 11TH FEBRUARY 2008.

Late entries will not be accepted.

Entry Times There are no consideration times.
Forres Bluefins Swimming club reserve the right to restrict the number of heats in any event/s.

Entry Fees £3.50 per individual event and £5.00 per relay team.

Accreditation Has been applied for, therefore please complete the registration declaration.

Medals Medals will be present for 1st, 2nd, and 3rd place.
The 'Forres Bluefins Trophy' will be awarded to the highest scoring club.

Relays Relays are restricted to two teams for each relay event, per club; single points being awarded for same. Swimmers must have been entered in an individual event to swim as part of a relay team. **Individuals may swim up an age group to make a relay team BUT they may not swim down.**

Withdrawals Withdrawals should be notified to the recorders desk at least 1 hour prior to the start of the appropriate session. If possible please report all known withdrawals to me by 8pm Friday by e-mail.



Officials

We would be grateful for a list of officials willing to help on the day. Please complete the enclosed form and return it with entries or e-mail the details to the address below. Catering for Technical officials will be provided in Forres Academy dining hall.

Video

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Director (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

Gala Convenor Eileen Clark

Gala Entries Paul Matheson
8 Croft Road
Forres
Moray
IV36 3JS

Telephone 01309 675200
E-Mail forresbluefins@forresbluefins.orangehome.co.uk

Notes

The Forres Swimming Pool has extremely limited seating poolside, the school dining room can be used as an overflow. It is required that all clubs have at least one adult supervising, whilst their swimmers are making use of the school facilities. Packed lunches may be eaten in the school dining hall. Meals for coaches will be provided in the school dining hall. Shoes and Tee Shirts must be worn by swimmers when in pool foyer and school dining room. A swim shop will be open next to the Gymnasium. A draft Program will be e-mailed when completed with a list of rejected swims. Warm-ups must be supervised.



FORRES BLUEFINS SWIMMING CLUB

TWO DAY GALA

8th & 9th MARCH 2008

Summary Sheet

I confirm that all swimmers entered fromclub have paid their current SASA membership fees.

Signed Position in club

SUMMARY OF ENTRY

Individual Girl swims @ £3.50	£
Individual Boy swims @ £3.50	£
Relay Teams @ £5.00	£
Total enclosed payable to Forres Bluefins	£

Name and address of Club Contact

Name:

Address:

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Post Code:

Tel:

E-mail:



FORRES BLUEFINS SWIMMING CLUB
TWO DAY GALA
8th & 9th MARCH 2008
Officials Sheet

Club:

STO Contact:

Telephone No:

E-mail:

Name	Duty	Session 1	Session 2	Session 3	Session 4

Please return with entries or email to: forresbluefins@forresbluefins.orangehome.co.uk
by 11th February 2008 please.



Two day Meet 2008

SESSION 2 AND 4 WARM UP TIMES ARE PROVISIONAL

Session One – Saturday Morning 8/03/2008 Warm up: 0900-1000 Start: 1005 Hrs

101	Boys	13 Years	100m	Breaststroke
102	Girls	13 Years	100m	Breaststroke
103	Boys	14 years	100m	Breaststroke
104	Girls	14 Years	100m	Breaststroke
105	Boys	8/10 Years	50m	Freestyle
106	Girls	8/10 Years	50m	Freestyle
107	Boys	11 Years	100m	Backstroke
108	Girls	11 Years	100m	Backstroke
109	Boys	12 Years	100m	Backstroke
110	Girls	12 Years	100m	Backstroke
111	Boys	15 Years/Over	100m	Butterfly
112	Girls	15 Years/Over	100m	Butterfly
113	Boys	13 Years	100m	Individual Medley
114	Girls	13 Years	100m	Individual Medley
115	Boys	14 Years	100m	Individual Medley
116	Girls	14 Years	100m	Individual Medley

Session Two – Saturday Afternoon 8/03/2008 Warm up: 1400-1500 Start: 1505 Hrs

201	Boys	8/10 Years	50m	Backstroke
202	Girls	8/10 Years	50m	Backstroke
203	Boys	11 Years	100m	Breaststroke
204	Girls	11 Years	100m	Breaststroke
205	Boys	12 Years	100m	Breaststroke
206	Girls	12 Years	100m	Breaststroke
207	Boys	13 Years	100m	Butterfly
208	Girls	13 Years	100m	Butterfly
209	Boys	14 Years	100m	Butterfly
210	Girls	14 Years	100m	Butterfly
211	Boys	15 Years/Over	100m	Freestyle
212	Girls	15 Years/Over	100m	Freestyle
213	Boys	8/12 Years	4 x 50m	Medley Relay
214	Girls	8/12 Years	4 x 50m	Medley Relay
215	Boys	13/Over	4 x 50m	Medley Relay
216	Girls	13/Over	4 x 50m	Medley Relay



Session Three – Sunday Morning 9/03/2008 Warm up: 0900-1000 Start: 1035

301	Boys	11 Years	100m	Individual Medley
302	Boys	12 Years	100m	Individual Medley
303	Boys	8/10 Years	50m	Breaststroke
304	Girls	8/10 Years	50m	Breaststroke
305	Boys	15 Years/Over	100m	Backstroke
306	Girls	15 Years/Over	100m	Backstroke
307	Boys	14 Years	100m	Freestyle
308	Girls	14 Years	100m	Freestyle
309	Boys	13 Years	100m	Freestyle
310	Girls	13 Years	100m	Freestyle
311	Boys	12 Years	100m	Butterfly
312	Girls	12 Years	100m	Butterfly
313	Boys	11 Years	100m	Butterfly
314	Girls	11 Years	100m	Butterfly
315	Boys	8/10 Years	100m	Individual Medley
316	Girls	8/10 Years	100m	Individual Medley

Session Four – Sunday Afternoon 9/03/2008 Warm up: 1400-1500 Start: 1505 Hrs

401	Girls	11Years	100m	Individual Medley
402	Girls	12 Years	100m	Individual Medley
403	Boys	15 Years/Over	100m	Breaststroke
404	Girls	15 Years/Over	100m	Breaststroke
405	Boys	8/10 Years	50m	Butterfly
406	Girls	8/10 Years	50m	Butterfly
407	Boys	13Years	100m	Backstroke
408	Girls	13Years	100m	Backstroke
409	Boys	14 Years	100m	Backstroke
410	Girls	14 Years	100m	Backstroke
411	Boys	11Years	100m	Freestyle
412	Girls	11Years	100m	Freestyle
413	Boys	12 Years	100m	Freestyle
414	Girls	12 Years	100m	Freestyle
415	Boys	15 Years/Over	100m	Individual Medley
416	Girls	15 Years/Over	100m	Individual Medley
417	Boys	8/12 Years	4 x 50m	Freestyle Relay
418	Girls	8/12 Years	4 x 50m	Freestyle Relay
419	Boys	13/Over	4 x 50m	Freestyle Relay
420	Girls	13/Over	4 x 50m	Freestyle Relay