



BRIDGE OF DON ASC
11th
SEPTEMBER SPLASH 2009
Bridge of Don Swimming Pool, Aberdeen
5th September 2009



- Date** Saturday 5th September 09
- Venue** Bridge of Don Swimming Pool, 25 metres, 5 lanes, anti-turbulence ropes
There will be NO Splashboards at turn end. Level 2 meet, swimmers must start with a dive.
- Accreditation** Application for accreditation has been applied for under SASA rules & Fina rules.
All competitors must have paid their annual registration fee to SASA.
- License No.** **ND/L2/689/SEP09**
- Sessions**
- | | | | |
|---------------------|---------|-------|---------|
| Session One Warm Up | 8.10 am | Start | 9.15 am |
| Session Two Warm up | 1.10 pm | Start | 2.15 pm |
- (Subject to change if necessary)
- There will be no entry to the swimming pool before 7.55am
- Events**
- | | | |
|--------------|-------------|------------------|
| Boys / Girls | 8-10 years | 100m all strokes |
| | 11/12 years | 100m all strokes |
| | 13/14 years | 100m all strokes |
| | Open | 100 Im |
- (Age on day i.e. 5th September 09)**
- Please see attached sheet for qualifying times (slower than).
- The meet will operate using the one-start rule and we reserve the right to use over the top starts as necessary. The organising committee also reserves the right to restrict the number of entries to keep the meet to a manageable size and also to have a slower heat for their own swimmers.
- Fees** £4.25 per individual event
- Pool** No eating of food on poolside or in spectator's area. Mobile phones must be switched off in the building.

Note: There is no café at Bridge of Don Swimming Pool. There will be a tuck-shop but it will only offer snacks and juice.

Awards

Medals for 1st, 2nd, and 3rd and 'too fast' certificates for those who exceed the medal cut off time which is 5% less than the consideration time.

Entries

All entries are to be submitted electronically using Hy-Tek Team Manager format. To obtain the meet entry file download from the North District website. They will be available here in due course.

Please email entry files to bodasc@btinternet.com

CLOSING DATE FOR ENTRIES IS FRIDAY 7th August 2009

Please send consolidation sheet, entry fees & officials sheet to:-

Dianne Smith
102 Braehead Way
Bridge of Don
Aberdeen
AB22 8SD

Email:bodasc@btinternet.com

Clubs will be notified of any rejected swims prior to the meet along with a draft programme.

Officials

We will not be able to run the meet without a sufficient amount of officials. Therefore we would be grateful for a list of officials willing to help on the day (lunch will be provided for officials)

Please complete the enclosed form and return it along with the entries.

We look forward to seeing you on 5th September 2009

Bridge of Don Asc September Splash

Session One Warm up 8.10am

Start 9.15am

Entry times slower than.

Events

Event 101	Girls	100 IM	open
Event 102	Boys 8-10	100 Free	1:28.00
Event 103	Girls 8-10	100 Free	1:30.00
Event 104	Boys 11-12	100 Breast	1:43.00
Event 105	Girls 11-12	100 Breast	1:45.00
Event 106	Boys 13-14	100 Back	1:22.00
Event 107	Girls 13-14	100 Back	1:24.00
Event 108	Boys 8-10	100 Fly	1:43.00
Event 109	Girls 8-10	100 Fly	1:45.00
Event 110	Boys 11-12	100 Free	1:18.00
Event 111	Girls 11-12	100 Free	1:20.00
Event 112	Boys 13-14	100 Breast	1:29.00
Event 113	Girls 13-14	100 Breast	1:31.00

Session Two

Warm up 1.10pm

Start 2.15pm

Entry times slower than.

Event 201	Boys	100 IM	Open
Event 202	Girls 8-10	100 Back	1:45.00
Event 203	Boys 8-10	100 Back	1:43.00
Event 204	Girls 11-12	100 Fly	1:35.00
Event 205	Boys 11-12	100 Fly	1:33.00
Event 206	Girls 13-14	100 Free	1:10.00
Event 207	Boys 13-14	100 Free	1:08.00
Event 208	Girls 8-10	100 Breast	1:50.00
Event 209	Boys 8-10	100 Breast	1:48.00
Event 210	Girls 11-12	100 Back	1:36.00
Event 211	Boys 11-12	100 Back	1:34.00
Event 212	Girls 13-14	100 Fly	1:21.00
Event 213	Boys 13-14	100 Fly	1:19.00

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SEPTEMBER SPLASH 2009

Match Secretary _____
Address _____

Tel. No _____
Email _____

Club Name/Abbr _____

ENTRIES SUMMARY

Female Individual Entries	_____ @ £4.25=	£ _____
Male Individual Entries	_____ @ £4.25 =	£ _____
Coaches Pass	_____ @£5.00	£ _____
	Total =	£ _____

CLOSING DATE FRIDAY 7th August 2009

PLEASE MAKE CHEQUES PAYABLE TO: BRIDGE OF DON ASC

Declaration

I confirm that all swimmers entered in this competition have paid their current SASA membership fee

Signed _____ Position in Club _____ Date _____

(This declaration must be completed by all competing clubs)