North District AGM Report

It has been another busy year for the clubs, big thank you to everyone who has contributed towards supporting and developing the aquatics sports at club, district and national levels. Working with the clubs we have increased the number of coaches and volunteers and have made huge strides to ensuring our clubs are safer and more sustainable.

SwiMark Accreditation

Detailed below is a list of clubs and their accreditation status. Clubs have been working hard to progress through SwiMark and SwiMark Plus and another few clubs have achieved this year. Well done to all involved. There are still a few clubs yet to begin the journey through the accreditation levels and would encourage you to speak to either myself or Colleen to see how we can support you to achieve accreditation. Just as a reminder, clubs who are just affiliated have to pay £50.00 annual SASA affiliation fee, whereas SwiMark accredited clubs pay £20.00 and for SwiMark Plus clubs its free.

| Club Name | Area | Affiliated | SwiMark | SwiMark Plus |
|-----------------------------------|---------------|------------|---------|--------------|
| Aberdeen ASC | Aberdeen | Х | Х | Х |
| Aberdeen Diving Club | Aberdeen | Х | Х | Х |
| Aberdeen Dolphins ASC | Aberdeen | Х | Х | Х |
| Aberdeen University Swim & WP | Aberdeen | Х | Х | |
| Alford Otters ASC | Aberdeenshire | Х | Х | Х |
| Banchory Beavers ASC | Aberdeenshire | Х | | |
| Banff and Buchan Masters | Aberdeenshire | Х | | |
| Bon Accord Thistle ASC | Aberdeen | Х | | |
| Bridge of Don ASC | Aberdeen | Х | Х | Х |
| Broch SC | Aberdeenshire | Х | Х | |
| Buckie ASC | Moray | Х | | |
| Bucksburn ASC | Aberdeen | Х | | |
| Cults Otters ASC | Aberdeen | Х | Х | Х |
| Delting Dolphins ASC | Shetland | Х | | |
| Deveron ASC | Aberdeenshire | Х | Х | Х |
| Dingwall ASC | Highland | Х | | |
| Dyce (Aberdeen) ASC | Aberdeen | Х | Х | |
| Elgin SC | Moray | Х | Х | |
| Forres BlueFins ASC | Moray | Х | | |
| Free Style SC | Moray | Х | | |
| Garioch ASC | Aberdeenshire | Х | Х | Х |
| Grantown-on-Spey SC | Highland | Х | Х | |
| Highland Disability Swim Team | Highland | Х | | |
| Huntly ASC | Aberdeenshire | Х | | |
| Inverness ASC | Highland | Х | Х | |
| Lerwick ASC | Shetland | Х | Х | Х |
| Lochaber Leisure Centre Swim Team | Highland | Х | Х | |
| Nairn ASC | Highland | Х | Х | Х |
| Nairn Synchro SC | Highland | Х | | |
| Orkney ASC | Orkney | Х | Х | Х |
| Peterhead ASC | Aberdeenshire | Х | | |
| Shetland ASC | Shetland | Х | Х | Х |
| Silver City Blues Masters SC | Aberdeen | Х | Х | Х |
| South Mainland ASC | Shetland | Х | | |
| Stonehaven ASC | Aberdeenshire | Х | | |
| Swim Western Isles | Western Isles | Х | X | |
| Tain ASC | Highland | Х | Х | |
| Thurso ASC | Highland | Х | Х | |
| Ullapool Swimming Club | Highland | Х | | |

| University of Aberdeen Performance | Aberdeen | Х | | |
|------------------------------------|---------------|---|---|---|
| Upper Deeside ASC | Aberdeenshire | Х | | |
| Westhill District ASC | Aberdeenshire | Х | Х | Х |
| Westside Sharks Swimming Club | Shetland | Х | | |
| Whalsay ASC | Shetland | Х | | |
| Wick ASC | Highland | Х | Х | |
| Ythan ASC | Aberdeenshire | Х | Х | Х |

Just a reminder that club governance workshops which include the following topics are available to all clubs. It is part of club accreditation, but happy to deliver to all clubs on a needs basis

- RSDM Support
- Well Run Clubs
- Governance, Policies & Good Practice
- Membership
- Managing a Complaint
- Safeguarding
- Social Media/Digital Communication
- Equality
- Club Accreditation

Club planning workshops include the following topics and are available to clubs going through SwiMark Plus accreditation or looking to go through SwiMark Plus accreditation

- Membership analysis
 - $\circ \quad \text{Current year} \\$
 - $\circ \quad \text{Past 6 years} \\$
 - Comparison with national and regional trends
 - o Potential reasons for change or variation activity
- Club Structure
- Club strengths planning activity
- Club weaknesses planning activity
- Club opportunities planning activity
- Club threats planning activity
- Club vision currently and vision for the future
- Club Objectives
- Club development plan framework and discussion
- SwiMark Plus accreditation

Team Manager Courses

The North District supported a number of Team Manager courses; four in Aberdeen and two in Inverness.

These were very well attended. We are looking to put further courses in place in the New Year and dates will be circulated in due course.

Just a reminder that Team Manger 1 covers day trips and the level 2 covers overnight stays and foreign trips, it is advantageous if volunteers going on the Team Manager courses hold a Safeguarding and Protecting Children (SPC) course. It is a requirement of SwiMark accreditation for clubs to have a qualified Team Manager in place. Any questions please let Sean or Colleen know.

Child Protection Courses

Please find in the table below; course dates for the child protection courses. A reminder that All Child protection officers should complete both the SPC and ISH courses. Coaches, team managers and committee members should complete the SPC course. Registration for the courses is managed through the Azolve system and can be accessed via the link on the right hand side of the table.

| Date | Time | Course | Venue | Cost | Organiser | Booking Link |
|------------|-----------|------------------|-------------------|----------|-----------|--------------|
| 15.11.2017 | 1830-2130 | Safeguarding and | Aberdeen Sports | Free for | S Dawson | 2017 events |
| | | Protecting | Village, Aquatics | SASA | | |
| | | Children | Meeting Room 1 | Members | | |
| 22.11.2017 | 1830-2130 | Safeguarding and | Forfar Community | Free for | S Dawson | 2017 events |
| | | Protecting | Campus, | SASA | | |
| | | Children | Conference Room | Members | | |
| 28.11.2017 | 1830-2130 | In Safe Hands | Forfar Community | Free for | S Dawson | 2017 events |
| | | | Campus, | SASA | | |
| | | | Conference Room | Members | | |
| 05.12.2017 | 1830-2130 | In Safe Hands | Aberdeen Sports | Free for | S Dawson | 2017 events |
| | | | Village, Seminar | SASA | | |
| | | | Room | Members | | |
| 24.04.2018 | 1830-2130 | Safeguarding and | Aberdeen Sports | Free for | S Dawson | 2018 events |
| | | Protecting | Village, Aquatics | SASA | | |
| | | Children | Meeting Room 1 | Members | | |
| 02.05.2018 | 1830-2130 | Safeguarding and | Forfar Community | Free for | S Dawson | 2018 events |
| | | Protecting | Campus, | SASA | | |
| | | Children | Conference Room | Members | | |
| 06.06.2018 | 1830-2130 | In Safe Hands | Aberdeen Sports | Free for | S Dawson | 2018 events |
| | | | Village, Aquatics | SASA | | |
| | | | Meeting Room 1 | Members | | |
| 13.06.2018 | 1830-2130 | In Safe Hands | Forfar Community | Free for | S Dawson | 2018 events |
| | | | Campus, | SASA | | |
| | | | Conference Room | Members | | |

Below is a table that displays the training status of the CPOs within clubs. If CPOs could attend the outstanding training courses that they require as soon as practically possible, that would be great.

| | No Training | Partial Training | Fully Trained |
|-----------------|-------------|------------------|---------------|
| Aberdeen | 3 | 2 | 7 |
| Aberdeenshire | 1 | 6 | 7 |
| Moray | 2 | 1 | 1 |
| Angus | 1 | 4 | 4 |
| Dundee | 1 | | 4 |
| Perth & Kinross | 2 | | 5 |
| Islands | 4 | 3 | 1 |
| Highlands | 1 | 5 | 6 |

National Network Event

We are organising our first National Club Chairs event to coincide with the National Short Course Championships in December in Edinburgh. Invites have been sent out but the link and for booking and for more information can be found below.

| Date | Time | Course | Venue | Cost | Organiser | Booking Link |
|------------|--|--|-----------|------|-------------|--------------------|
| 09.12.2017 | 1400-1600 then watch Finals after from 1700-1930 | Club Chairs National Networking Event | Edinburgh | Free | S MacDonald | <u>2017 events</u> |

Agenda for the evening is as follows:

- Introductions & Updates from Scottish Swimming
- Quality Club Environments
- District Modernisation
- Networking Opportunities

Regional Networking Events

We are looking at introducing regional networking events in the next year

The first type of regional events is for child protection officers. These will act as a great opportunity for CPOs to meet and be upskilled with changes in policies and procedures, hear and discuss contemporary issues and a workshop on a relevant issue. There will be an opportunity for wider discussion between attendees.

The second type of regional events is for Club chairs. This will be a good opportunity to hear from both Scottish Swimming and North District around engagement with clubs, what each organisation are working on and a chance to discuss issues and ideas.

| Date | Time | Course | Venue | Cost | Organiser | Booking Link |
|------------|-----------|-----------------------------|-------------------|------|-----------|--------------|
| 30.04.2018 | 1830-2130 | Child Protection | Aberdeen Sports | Free | S Dawson | 2018 events |
| | | Officer Networking event | Village, Room TBC | | | |
| 14.05.2018 | 1830-2130 | Child Protection | Forfar Community | Free | S Dawson | 2018 events |
| | | Officer Networking | Campus, | | | |
| | | event | Conference Room | | | |
| 16.05.2018 | 1830-2130 | North District | Aberdeen Sports | Free | S Dawson | 2018 events |
| | | (Grampian) club | Village, Seminar | | | |
| | | Chairs NW Event | Room | | | |
| 23.05.2018 | 1830-2130 | Midland District Club | Forfar Community | Free | S Dawson | 2018 events |
| | | Chairs NW Event | Campus, | | | |
| | | | Conference Room | | | |

The links for each of these events can be found in the table below.

Poolside Helpers Educator Course

We are looking to run a new course which will bridge the gap from no knowledge of swim coaching and the UKCC Level 1. The Poolside helpers course is designed for 14-16 year olds or parent helpers to gain them an introduction to supporting poolside with a qualified coach. The idea is that the Head coach or experienced coach from all the clubs attend one of the educator courses, two of which are detailed below. They will then be upskilled to be able to deliver the course within their own club. More information is detailed below.

| Date | Time | Course | Venue | Cost | Organiser | Booking Link |
|----------|-----------|------------------|-------------------|------|-----------|--------------|
| 14.01.17 | TBC | Poolside Helpers | Inverness TBC | Free | C Blair | 2018 events |
| | | Educator Course | | | | |
| | | (Highland clubs) | | | | |
| 10.03.17 | 0900-1300 | Poolside Helpers | St Johns High | Free | S Dawson | 2018 events |
| | | Educator Course | School, Dundee | | | |
| | | (Tayside clubs) | | | | |
| 10.03.17 | 1200-1600 | Poolside Helpers | Aberdeen Sports | Free | S Dawson | 2018 events |
| | | Educator Course | Village, Aquatics | | | |
| | | (Grampian clubs) | Meeting Rooms | | | |

DRAFT Content of the session

<u>Classroom</u>

- Course outline & objectives
- Roles, Responsibilities & Code of Conduct
- Lane Organisation
- Principles of movement
- Basic Rules of Sport
- Basic Skills & techniques of Swimming (BLABT)

- Stages of Learning
- Communication

<u>Poolside</u>

- Health & Safety
- Coaching aids & Swimmers Equipment
- Reading a session
- Supervising swimmer
- Setting swimmers off
- Responsibility of running a set
- Recording information
- Sculling
- Streamlining
- Starts & Turns

Any questions about this please let Colleen or Sean Know.

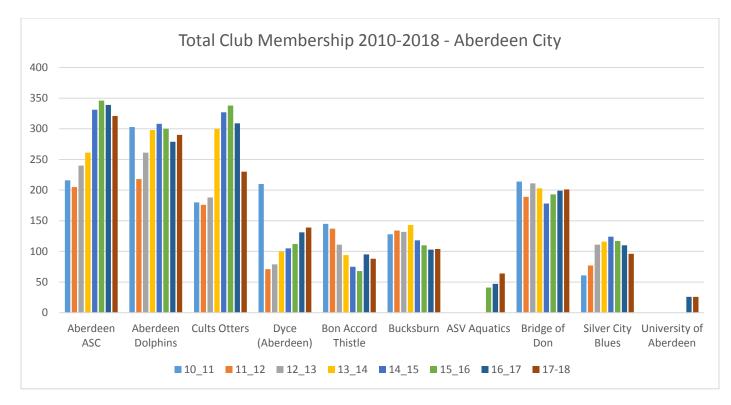
| Safeguarding & Protecting Children Course | | | | | |
|---|---|----------------|--|--|--|
| Area | Dates | Venue | | | |
| Shetland (Lerwick) | December or Feb | TBC | | | |
| Lochaber | 27/11/17 or 28/11/17 | TBC | | | |
| Dingwall | 22 nd or 29 th January | TBC | | | |
| Inverness | 14 th or 15 th May | TBC | | | |
| Forres | 9 th or 16 th March | TBC | | | |
| In Safe Hands | | | | | |
| Shetland (Lerwick) | December or Feb | TBC | | | |
| Thurso | 4 th or 5 th or 6 th Dec | TBC | | | |
| Inverness | 21 st or 22 nd May | TBC | | | |
| | Highlands, Islands & Moray CPO Net | working Event | | | |
| Inverness | June | ТВС | | | |
| | Highlands, Islands & Moray Chairs Ne | tworking Event | | | |
| Nairn | ТВС | TBC | | | |

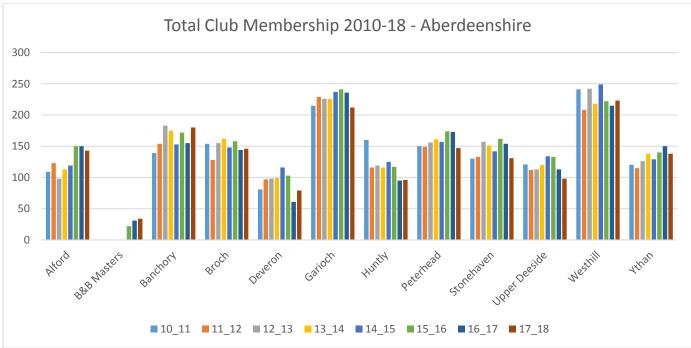
Training and Development Needs analysis

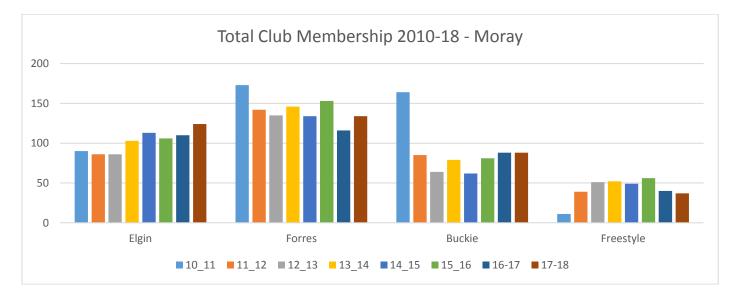
We will be putting out a survey to all coaches, clubs and chairs to identify the training needs of coaches and volunteers in our clubs, so we can better plan provision and choice of courses for the 2018 calendar year. The survey link will be send out by email in the next few weeks. I would encourage as wide as possible distribution to coaches and volunteers within each club. Should you have any questions please let Sean or Colleen know.

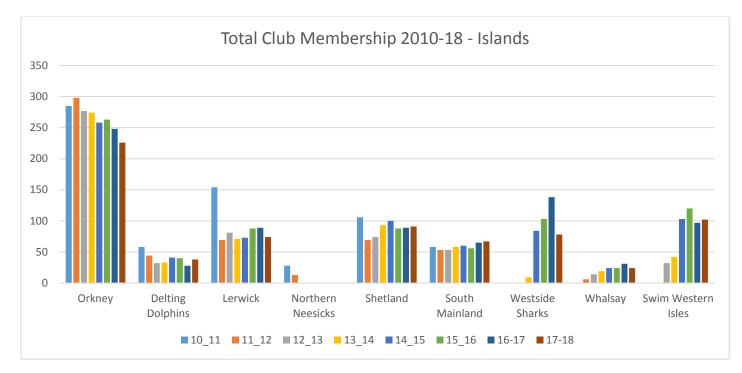
Club Membership

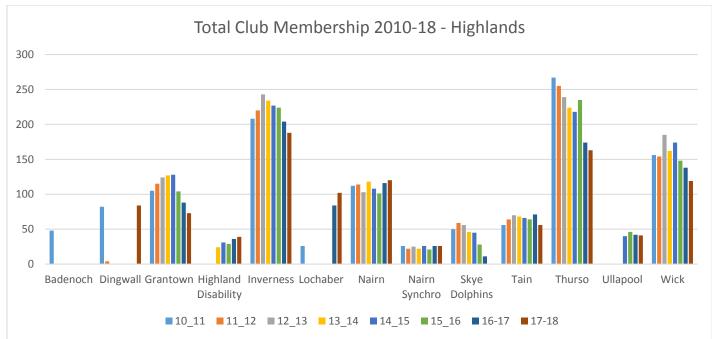
Please find below the membership data for the clubs in the area. Specifically the total club membership for the 2010 to October 2017 period.











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