****

**Stonehaven**

**Amateur Swimming Club**

**Spring Meet**

BANCHORY SWIMMING POOL

24TH MARCH 2024

L2/ND/020/MAR24

**MEET INFORMATION**

**(UNDER WORLD AQUATICS AND SASA SWIMMING REGULATIONS**)

|  |  |
| --- | --- |
| **Pool** | 25 Metres, 6 Lanes, Anti-turbulence ropes, Starting Blocks deep end, Electronic Timing. Level Deck Pool; Depth: 2metres both ends |
| **Sessions** | Session One Warm Up 09:10 - Start 10:00  Session Two Warm Up 13:30 - Start 14:20    (SUBJECT TO CHANGE IF NECESSARY) |
| **Events** | **See attached sheet for programme of events.**  Open 100m IM  100m All Strokes for all Age Groups  Open 50m All strokes  **A swimmer entering an age group 100m event may not enter the equivalent open sprint event for the same stroke. All events are HDW.** |
| **Age** | Age on day of competition: 24th March 2024  The Age Groups are: - 11/12 years, 13/14 years, 15/16 years, 17 and over. |
| **Entry Fees** | £7.00 PER INDIVIDUAL EVENT, £10 PER RELAY EVENT  Entry fees should be paid by BACS to:  **A/C no: 00154633 Sort Code: 80-09-68**  Please include your club name in your payment reference.  Please note the entry file and summary sheet must be received by email by the closing date. Paper summary sheet and cheque to cover entry fees must be received by post within three working days of the closing date or by BACS. |
| **Refunds** | No refunds will be given after the closing date with the exception of Medical withdrawals, as detailed below.  Fees for rejected entries will be returned as soon as possible after the event. |
| **Meet Entries** | **This is a club meet and entries will not be accepted from composite teams.**  **Entries will be accepted on a whole club, first come, first accepted basis.** Clubs will be accepted as a whole, or not at all. However, there may be a number of reserve swimmers to replace any withdrawals received.  **All entries must be on Hy-tek Team Manager entry file.**  Entry files may be obtained by downloading from the North District website ([www.sasanorth.org.uk](http://www.sasanorth.org.uk)), or by contacting sascmeetsecretary@gmail.com  Entries must be submitted using the most up to date personal best times for all swimmers at time of entry. Swimmers entered with No Time (NT) will be rejected.  Entries may have to be limited dependent upon numbers received.  Times do not require to be accredited but should be real times achieved at non accredited meets or club time trials.  Heats will be swum with all age groups combined and swimmers seeded by entry times. Where possible the accepted entries for each age group will be equal, but if an age group is under-subscribed, the organising committee reserves the right to include additional entries in other age groups.  Lists of accepted participating swimmers and a draft programme will be emailed to each club.  Please email the entry file and summary sheet to: -  [sascmeetsecretary@gmail.com](mailto:sascmeetsecretary@gmail.com)  **ENTRIES WILL OPEN 1ST FEBRUARY 2024.**  **CLOSING DATE FOR ENTRIES IS FRIDAY 23RD FEBRUARY 2024, OR WHEN THE MEET IS FULL, WHATEVER IS EARLIER.** |
| **Awards** | Medals will be awarded to 1st, 2nd and 3rd place in each age group, and to 1st, 2nd and 3rd place in open events. |
| **Withdrawals** | **Withdrawals prior to the competition** should be emailed to: -  sascmeetsecretary@gmail.com  **To arrive no later than 5pm, Friday 22nd March 2024**  All details must be included on e-mail withdrawals i.e., Name, Event No, Stroke, SASA No. etc.  **NB** Telephone withdrawals will not be accepted under any circumstances.  **Withdrawals on the day** should be submitted on the withdrawal forms made available and should be presented to the Recorders table **at least 1 hour prior to the start of the first session and updated accordingly one hour before the start of each session thereafter**. |
| **Medical Withdrawals** | Please note that swimmers withdrawing on medical grounds, will only be granted a refund on production of a letter from a suitably qualified professional confirming withdrawal is recommended. The letter must be received within 7 days following the meet and should be dated no earlier than the closing date and no later than the day following the competition. |
| **Marshalling** | Marshalling will take place on poolside. All swimmers, including reserves, must attend marshalling before their events and are advised to attend in good time. (The suggested minimum is 6/7 heats or 1 event in advance.)  The start of a race will not be delayed for absent swimmers and swimmers who have not presented themselves to the marshals prior to their heat leaving at the first marshalling area will not be permitted to swim.  There will be no marshalling for relay events. |
| **Technical Officials** | Lists of Technical Officials should be submitted to our STO Coordinator by email at the time of entry.  [stonehaven.sto@gmail.com](mailto:stonehaven.sto@gmail.com)  There is an expectation that the number of officials provided should be reflected by the number of swimmers entered in order to ensure the meet will be accredited.  Judges and Timekeepers in training, who are requiring specific signatures, should make this clear in their request. Requests will be accommodated only if the referee considers it practical. |
| **Catering** | A light lunch will be provided for Technical Officials assisting at both sessions. Lunch tickets for coaches are available at a cost of £5 each. Clubs wishing to purchase tickets should complete this section of the Entry Form Summary sheet. |
| **Photography / Mobile Phones** | Please note that anyone wishing to use photographic equipment must complete the Photography Permission Form accessed by QR code in the Participant Information and on posters displayed at the venue on the day. Wristbands will be provided on the day.  **It is not permitted to take photos or videos including those acquired on mobile phones unless a Photography Permission Form has been completed.**  No flash photography is permitted at any time within the competition pool area.  Mobile phones must be switched to silent in the pool hall and are **not permitted in the changing village**. Use of mobile phones within the building is limited to designated areas.  Any individuals wishing to post images on social media should ensure that only their swimmer is identifiable unless permission has been obtained from the individuals and their parents/guardian. |
| **Meet Regulations** | No guarantee can be given by Stonehaven ASC that the event will take place at a particular time, or any date, and Stonehaven ASC reserves the right to reschedule the event without notice and without liability for so doing. It is expected that this would only happen because of unforeseen circumstances.  In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Stonehaven ASC. Stonehaven ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, and accommodation costs. |
| **Notes** | All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers **must** be shown on entry files. A licence has been granted for this competition and accreditation will be applied for to the SASA North District.  Poolside access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time.  Participating clubs will receive one copy of start sheets and results will be posted at the pool during the events and after the event on the North District website.  Stonehaven ASC reserves the right to amend the programme at any time.  Lockers provided in the changing rooms should be used to store all belongings. The meet organisers and the facility management cannot be held responsible for items lost during the course of the event.  Seating areas will be allocated to each team. Teams are responsible for clearing their seating area of belongings, litter etc. before leaving at the end of the competition day. |
| **Data Protection** | Personal data acquired from competitors to allow for the operation of this meet will be held securely and used only for the purpose of managing the meet, including the reporting of results, in line with GDPR guidance. |
| **Technical Swimsuits** | As of 1st September 2022, new regulations have come into force regarding technical swimsuits.  Swimmers aged 13 years and under cannot compete wearing technical suits in Scottish Swimming licenced or registered events. |
| **Transgender and Non-binary policy** | As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.  As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category. |
| **Meet Convenor** | [sascmeetconvenor@gmail.com](mailto:sascmeetconvenor@gmail.com) |

**STONEHAVEN SPRING MEET 2024**

**PROGRAMME OF EVENTS**

**SESSION ONE WARM UP 09:00 START 10:05**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Event No: | 101 | Male & Open | 11 years and over | 100m IM |
|  | 102 | Female | 11 years and over | 50m Backstroke (open sprint) |
|  | 103 | Male & Open | 11 years and over | 50m Butterfly (open sprint) |
|  | 104 | Female | 11 years and over | 100m Backstroke |
|  | 105 | Male & Open | 11 years and over | 100m Butterfly |
|  | 106 | Female | 11 years and over | 50m Breaststroke (open sprint) |
|  | 107 | Male & Open | 11 years and over | 50m Freestyle (open sprint) |
|  | 108 | Female | 11 years and over | 100m Breaststroke |
|  | 109 | Male & Open | 11 years and over | 100m Freestyle |
|  | 110 | Female | 11 years and over | 4x50m Freestyle Relay |
|  | 111 | Male & Open | 11 years and over | 4x50m Medley Relay |

**SESSION TWO WARM UP 13:30 START 14:35**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Event No | 201 | Female | 11 years and over | 100m IM |
|  | 202 | Male & Open | 11 years and over | 50m Backstroke (open sprint) |
|  | 203 | Female | 11 years and over | 50m Butterfly (open sprint) |
|  | 204 | Male & Open | 11 years and over | 100m Backstroke |
|  | 205 | Female | 11 years and over | 100m Butterfly |
|  | 206 | Male & Open | 11 years and over | 50m Breaststroke (open sprint) |
|  | 207 | Female | 11 years and over | 50m Freestyle (open sprint) |
|  | 208 | Male & Open | 11 years and over | 100m Breaststroke |
|  | 209 | Female | 11 years and over | 100m Freestyle |
|  | 210 | Male & Open | 11 years and over | 4x50m Freestyle Relay |
|  | 211 | Female | 11 years and over | 4x50m Medley Relay |

**A swimmer entering an age group 100m event may not enter the equivalent open sprint event for the same stroke.**

**STONEHAVEN SPRING MEET 2024**

**Sunday 24th March 2024- Banchory Swimming Pool**

**SUMMARY SHEET**

**Contact Details**

|  |
| --- |
| Club Name/Abbreviation: |
| Match Secretary Name: |
| Email: |
| Contact No: |
| Address: |
| Post Code: |

|  |  |  |  |
| --- | --- | --- | --- |
| Individual Age Group Male & Open Entries | ………… | @ £7.00 | £………… |
| Individual Age Group Female Entries | ………… | @ £7.00 | £………… |
| Team Entries | ………… | @ £10.00 | £………… |
| Coach Lunch voucher |  | @ £5.00 | £………… |
|  |  | TOTAL | £………. |

**CLOSING DATE FOR ENTRIES IS FRIDAY 23RD FEBRUARY 2024**

**Payment by BACS transfer to A/C no: 00154633 Sort Code: 80-09-68**

**Please use your club name as reference.**

**Declaration** (This declaration **must** be completed by all competing clubs)

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Position in Club\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**TECHNICAL OFFICIALS**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 1** | | | | | | | | | | |  |
|  | **Judges** | **Judge Level** | **Club Code** |  | **Timekeepers** | **Club Code** | **SASA Number** |  | **Judge Mentoring** | **Training Level** |  |
| **Name** | **Name** | **Name** |  |
| 1 |  |  |  | 1 |  |  |  | 1 |  |  |  |
| 2 |  |  |  | 2 |  |  |  | 2 |  |  |  |
| 3 |  |  |  | 3 |  |  |  | 3 |  |  |  |
| 4 |  |  |  | 4 |  |  |  | 4 |  |  |  |
| 5 |  |  |  | 5 |  |  |  | 5 |  |  |  |
| 6 |  |  |  | 6 |  |  |  | 6 |  |  |  |
| 7 |  |  |  | 7 |  |  |  | 7 |  |  |  |
| 8 |  |  |  | 8 |  |  |  | 8 |  |  |  |
| 9 |  |  |  | 9 |  |  |  | 9 |  |  |  |
| 10 |  |  |  | 10 |  |  |  | 10 |  |  |  |
| 11 |  |  |  | 11 |  |  |  | 11 |  |  |  |
| 12 |  |  |  | 12 |  |  |  | 12 |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Session 2** | | | | | | | | | | |  |
|  | **Judges** | **Judge Level** | **Club Code** |  | **Timekeepers** | **Club Code** | **SASA Number** |  | **Judge Mentoring** | **Training Level** |  |
| **Name** | **Name** | **Name** |  |
| 1 |  |  |  | 1 |  |  |  | 1 |  |  |  |
| 2 |  |  |  | 2 |  |  |  | 2 |  |  |  |
| 3 |  |  |  | 3 |  |  |  | 3 |  |  |  |
| 4 |  |  |  | 4 |  |  |  | 4 |  |  |  |
| 5 |  |  |  | 5 |  |  |  | 5 |  |  |  |
| 6 |  |  |  | 6 |  |  |  | 6 |  |  |  |
| 7 |  |  |  | 7 |  |  |  | 7 |  |  |  |
| 8 |  |  |  | 8 |  |  |  | 8 |  |  |  |
| 9 |  |  |  | 9 |  |  |  | 9 |  |  |  |
| 10 |  |  |  | 10 |  |  |  | 10 |  |  |  |
| 11 |  |  |  | 11 |  |  |  | 11 |  |  |  |
| 12 |  |  |  | 12 |  |  |  | 12 |  |  |  |