**(UNDER FINA AND SCOTTISH SWIMMING RULES)**

**10 and 11 September 2022**

**Inverness Leisure, Bught Lane, Inverness, IV3 5SS**

**MEET INFORMATION**

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| Pool | 25 Metres, 8 Lanes, Anti-turbulence ropes, Electronic Timing, Omega blocks with back-plates and backstroke starting devices |
| **Sessions** | **Session One** Warm Up 08.00 - Start 09.00  **Session Two** Warm Up 12.30 - Start 13.30  **Session Three** Warm Up 08.00 - Start 09.00  **Session Four** Warm Up 12.30 - Start 13.30  (SUBJECT TO CHANGE IF NECESSARY) |
| **Events** | 100m Freestyle, Backstroke, Breaststroke, Butterfly,  200m Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley  400m Freestyle  All heats will be swum seeded by time with ages combined.  All events are HDW |
| **Age** | As at 11th September 2022, 11/12, 13/14, 15 + Over |
| **Eligibility to Enter** | This meet is open to swimmers who are affiliated to SASA. |

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| **Entries** | All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1).  Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Lesley Gatton on lesleygatton@gmail.com  Entries may have to be limited dependent upon numbers received. In the event that the meet is over-subscribed and cuts have to be made in order to meet the conditions of the licence, swimmers will be accepted fastest first across the events and age groups in so far as this is practical.  Please return entry files to Lesley Gatton – lesleygatton@gmail.com  Summary sheet and entry fees should be sent to:-  Lesley Gatton, 152 Shillinghill, Alness, IV17 0TD  **CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 20 AUGUST 2022**  Please note summary sheet and payment must be received within 3 postal days of this date. |
| **Entry Fees** | £7.00 per individual swim  Cheques should be made payable to Inverness Swimming Club  Payment can alternatively be made by BACS. Reference should be IAM22 followed by your club code eg IAM22NANX. Bank details for BACS payments are on the summary sheet. |
| **Consideration Times** | There are no consideration times for this meet but real times must be used.  Please note that NT entries will NOT be accepted. |
| **Early Withdrawals** | Withdrawals prior to the event may be sent or e-mailed to Lesley Gatton at [lesleygatton@gmail.com](mailto:lesleygatton@gmail.com) to arrive by 5pm at the latest on Thursday 8th September 2022.  NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted. |
| **Withdrawals at the Meet** | Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders’ table at least 1 hour prior to the start of the appropriate session. |
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| **Marshalling**  **Reserves** | There will be marshalling for heats. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat .  Reserves must marshall unless they have withdrawn. |

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| **Awards** | There will be awards for 1st ,2nd and 3rd in the relevant age groups |
| **Technical Officials** | Lists of Technical Officials for all sessions must be emailed to the Meet Officials Convenor, [sto@invernessswimmingclub.co.uk](mailto:sto@invernessswimmingclub.co.uk) no later than 14 days before the first day of the meet (27 August 2022).  Technical Officials must be submitted on the form for this purpose and must be emailed (not posted) by the specified date.  Submission can be sent by email using the form below. Please complete one sheet for each session of the meet. Queries or changes to Technical Officials after the closing date should be directed to the relevant Meet Officials Convenor as above. |
| **Additional Notes** | 1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.   All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.   1. **The use of mobile phones or other devices capable of photography is not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall.** 2. Jayne Prosser has authority and overall responsibility for the running of the meet at all times and is whom you may approach with any queries, concerns or complaints during the various stages of the meet. 3. Any facility capacity will be prioritised for athletes and team staff. 4. There will be spectating at this meet |
| **Photos/**  **Videos**  **Meet Convenor** | Please note that anyone wishing to use photographic equipment, including video cameras must register with the Information Desk (top deck) |

Our meet convenor is Jayne Prosser, contact email – jayneprosser@hotmail.com

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| **Data Protection**  **Covid Disclaimer** | |  |  |  | | --- | --- | --- | | |  | | --- | | **Entries & Results**  In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.  This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -   * Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and * Swim England for inclusion on Rankings   Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records. | | While every reasonable effort will be made for the competition to happen, the regular changes in COVID restrictions that we have seen still provide some unpredictability when planning competition. The conditions for the meet and whether the entire competition  ultimately takes place is dependent on the local/regional restrictions in place on facilities, the sporting activity and the participants at that time.  No guarantee can be given by Inverness ASC that the meet will take place at a particular time, on any particular date or at any particular venue. Inverness ASC reserves the right to cancel the meet without notice and without liability for doing so if required. The meet will not be rescheduled if is unable to take place on the scheduled dates.  In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Inverness ASC. Inverness ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation. | | |
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**Inverness Autumn swim meet 2022 – 10th and 11th September –**

**INVERNESS LEISURE**

**Programme of Events**

**Session One – Saturday morning Session Two – Saturday afternoon**

**101** Girls 11 & over 200m IM  **201** Boys 11 & over 200m Freestyle

**102** Boys 11 & over 200m Breaststroke **202** Girls 11 & over 200m Backstroke

**103** Girls 11 & over 100m Backstroke **203** Boys 11 & over 200m Butterfly

**104** Boys 11 & over 100m Butterfly **204** Girls 11 & over 100m Freestyle

**105** Girls 11 & over 400m Freestyle  **205** Boys 11 & over 100m Breaststroke

**Session Three – Sunday Morning Session Four – Sunday Afternoon**

**301** Boys 11 & over 200m IM **401** Girls 11 & over 200m Freestyle

**302** Girls 11 & over 200m Breaststroke **402** Boys 11 & over 200m Backstroke

**303** Boys 11 & over 100m Backstoke **403** Girls 11 & over 200m Butterfly

**304** Girls 11 & over 100m Butterfly **404** Boys 11 & over 100m Freestyle

**305** Boys 11 & over 400m Freestyle **405** Girls 11 & over 100m Breaststroke

10th and 11th SEPTEMBER –INVERNESS LEISURE

**SUMMARY SHEET**

**Match Secretary \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Club Name/Abbr \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tel. No \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**E-mail address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| …... Individual Male Entries @£7.00  …... Individual Female Entries @ £7.00  …... Team Mixed Entries @ £8.00  …... Coach Meal Passes(Per day)@ £9.00 | | £ …........  £ …........  £ ………...  £ ………... | **CLOSING DATE FOR ELECTRONIC ENTRIES – 20 AUGUST 2022**  **Paperwork and payment to be received by the Inverness Entries Secretary within 3 postal days of closing date**      **BACS Payment Reference IAM22 followed by Club Code eg IAM22NANX Sort Code: 80-91-26 A/C No 10466360** |
|  | TOTAL | £ …....... | **Have you enclosed or sent: Cheque or BACS payment**  **Hy-tek Team Manager Entry File**  **Declaration and Summary Sheet** |
|  |  |  | **Late payment will result in electronic entries being rejected** |

**Declaration** I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish

Swimming and have current PVG disclosure.

Signed …...................................... Position in Club …..................................... Date …........................... (This declaration **must** be completed by all competing clubs)

**INVERNESS ASC AUTUMN MEET 2022**

**OFFICIALS SHEET - Please Use this sheet for officials and email to the Entries Secretary**

**Club** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Meet Officials Convenor:**

STO Contact Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tel:

E-mail address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-mail:sto@invernessswimmingclub.co.uk

**No of swimmers entered……………**

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|  | **Judges** | **Judge Level** | **Club Code** |  | **Timekeepers** | **Club Code** | **SASA Number** |  |  |  |
| **Name** | **Name** |  |
| 1 |  |  |  | 1 |  |  |  |  |  |  |
| 2 |  |  |  | 2 |  |  |  |  |  |  |
| 3 |  |  |  | 3 |  |  |  |  |  |  |
| 4 |  |  |  | 4 |  |  |  |  |  |  |
| 5 |  |  |  | 5 |  |  |  |  |  |  |  |
| 6 |  |  |  | 6 |  |  |  |  |  |  |  |
| 7 |  |  |  | 7 |  |  |  |  |  |  |  |
| 8 |  |  |  | 8 |  |  |  |  |  |  |
| 9 |  |  |  | 9 |  |  |  |  |  |  |
| 10 |  |  |  | 10 |  |  |  |  |  |  |
| 11 |  |  |  | 11 |  |  |  |  |  |  |