**ALFORD OTTERS 1st JUNIOR MEET**

**(UNDER LEVEL 3 CONDITIONS)**

**Sunday 22 May 2022**

**Alford Community Campus**

**Meet Information**

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| Pool | Alford Community Campus Pool  25 Metres, 4 Lanes, Anti-turbulence Ropes, Level Deck |
| **Sessions** | **Session One** Warm Up 08.30 - Start 09.35  **Session Two** Warm Up 13.15 - Start 14.20  (SUBJECT TO CHANGE IF NECESSARY) |
| **Licence** | A level 3 licence has been granted for this competition. |
| **Age** | Age is at 22 May 2022 for age groups as follows:  Individual Events 7/8, 9, 10, 11  Relays 7-9, 10/11  7/8 and 9 year old swimmers will swim in one session only, swimming short events, as an introduction to competition. Girls will swim in the morning and boys will swim in the afternoon.  10 and 11 year old swimmers will swim in both sessions and a wider range of events will be offered. |
| **Events** | For 8 and 9 year old swimmers:  Individual 50m Freestyle, 50m Backstroke, 50m Breaststroke and 25m Butterfly 4 x 25m Freestyle Relay  For 10 and 11 year old swimmers:  Individual 50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly, 100m Individual Medley and 200m Freestyle  4 x 50m Freestyle and 4 x 50m Medley Relays  There is one fixed fee for swimming all individual events offered (although there is no requirement to enter all events) and relay events are free of charge. Team lines will be required one hour before the start of the session in which the relay takes place. |
| **First Come First Served** | Alford Community Campus Pool has limited room on poolside. To maximise opportunity whilst ***giving people space***, entries will be accepted on a first come first served basis with whole club entries accepted up to a maximum considered safe. If, for the final club acceptance, we are only able to accommodate a part of a club’s entries we will let the club know and ask them what they would like to do.  For clubs and swimmers that are oversubscribed, some reserve spaces will be offered. |
| **Consideration Times** | There are no consideration times for events and no time entries will be accepted. All times submitted for entry should be short course times. Swimmers will be seeded fastest to slowest in each event with no time entries seeded slowest. |

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| **Conditions** | This competition is intended to be a friendly, welcoming opportunity for learning. As such, the full technical rules of swimming will **not** be applied. The meet will be run under the following conditions:  Forward facing starts with a dive from the blocks, from the side or from in the water will all be permitted.  Swimmers will only be disqualified for the following:   * Starting before the signal (although a restart will usually be offered) or doing a “flyer” in a relay * Swimming the wrong stroke in either an individual event or a relay * Not completing the full distance (including not touching the end at a turn) * Actions that are against the rules AND gain a clear unfair advantage eg pulling on the lane rope or swimming underwater   Technical officials will record any technical infractions observed, and these will be shared with relevant club coaches after the session, to assist swimmers with their development in training. |
| **Entry Fee** | £16.00 per swimmer age 7/8 or 9  £25.00 per swimmer age 10 or 11  There is no additional cost for relay entry and the number of relay entries is not limited other than by the number of swimmers available to each club. |
| **Entries** | This is a club meet and entries will not be accepted from composite teams.  All entries must be on Hy-tek Team Manager entry file.  Events files may be obtained by downloading from the North District website or by contacting  [ottersentries@gmail.com](mailto:ottersentries@gmail.com)  Please return entry files along with summary sheet to:  [ottersentries@gmail.com](mailto:ottersentries@gmail.com)  Entry fees should be paid by BACS to:  Sort: 83-15-14 Account: 00102135  Please include your club code in your payment reference.  **CLOSING DATE FOR ENTRIES IS WEDNESDAY 4 MAY 2022 OR WHENEVER THE MEET IS FULL WHICHEVER COMES FIRST**  All paperwork, entry files and payment must be received by this date. |
| **Technical Officials** | Please offer the services of your technical officials to ensure that this meet runs smoothly. A completed technical officials sheet should be sent to Durno Jessiman by email to arrive by Wednesday 11 May 2022:  Contact Durno at [carnethy6@hotmail.com](mailto:carnethy6@hotmail.com)  Requests for mentoring should also be made directly to Durno and will be accommodated if the meet referee considers it practical. |
| **Awards** | There will be medals to the first three swimmers in each event and flashes for all those who take part. |

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| **Withdrawals** | Withdrawals from swimmers prior to the competition should be emailed to Maureen at [ottersentries@gmail.com](mailto:ottersentries@gmail.com) to arrive no later than 3pm on Thursday 19 May 2022.  Withdrawals after this time should be submitted to the recorders table prior to the start of each warm-up on the withdrawal forms made available.  Refunds for swimmers who are withdrawing through illness or injury will be granted only if the swimmer has been withdrawn in time according to the meet information and when the swimmer can provide medical evidence confirming that they are unfit to swim to the Meet Convenor within 7 days following the Meet. The letter should be dated no earlier than the closing date for the meet and not more than 2 days after the meet. |
| **Marshalling** | Marshalling will take place through the changing rooms.  All swimmers must attend marshalling before their events and are advised to attend in good time. 4 heats in advance is the minimum suggested. |
| **Notes** | 1. All swimmers entered must have paid their SASA membership fee for the   current year with registration numbers shown on entry files.   1. Poolside access will be limited to 2 members of club staff per 10 swimmers and one further coach per additional 10 swimmers. 2. Food must not be eaten on poolside and no glassware should be taken into the changing rooms or onto the poolside. 3. Participating clubs will receive one copy of start sheets for each session. Results will be posted at the pool during the event and after the event will be sent via e-mail and published on the North District website. 4. Technical Officials will be offered light lunch. Coaches and Team Managers can request lunch at a cost of £8 per head and requests should be submitted with the summary sheet and payment included with entries. 5. A large room will be made available for swimmers and club staff for lunch. This room will also be available during the sessions for swimmers that have completed their swimming. 6. Spectating is possible but will be limited. Further information will be issued to participating clubs nearer the date of the competition. 7. Covid conditions will be in place according to the conditions prevailing when the meet takes place. Further information will be made available to participating clubs. 8. In the event of cancellation for any reason, Alford Otters ASC cannot be held liable for any loss of expense or enjoyment. |
| **Photography** | Please note that anyone wishing to use photographic equipment, including video cameras, tablets and mobile phones must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).  Mobile phones may not be used under any circumstances in the shower area, toilets or changing rooms. They must be switched to silent in the pool hall and can only be used for photography if they have been registered as above. |
| **Meet Convenor** | Neil Glennie |

**ALFORD OTTERS**

**JUNIOR MEET**

**Sunday 22 May 2022**

**Alford Community Campus**

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| **SESSION 1** | **Warm Up 8.30am Session Start 9.35am** |
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| 101 | Girls 7/8 and 9 50m Backstroke |
| 102 | Girls 10 and 11 50m Backstroke |
| 103 | Boys 10 and 11 50m Backstroke |
| 104 | Girls 7/8 and 9 25m Butterfly |
| 105 | Girls 10 and 11 100m Individual Medley |
| 106 | Girls 7/8 and 9 50m Freestyle |
| 107 | Boys 10 and 11 200m Freestyle |
| 108 | Girls 7/8 and 9 50m Breaststroke |
| 109 | Girls 10 and 11 50m Breaststroke |
| 110 | Boys 10 and 11 50m Breaststroke |
| 111 | Girls 7 - 9 4 x 25m Freestyle Relay |
| 112 | Girls 10/11 4 x 50m Freestyle Relay |
| 113 | Boys 10/11 4 x 50m Medley Relay |
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| **SESSION 2** | **Warm Up 1.15pm Session Start 2.20pm** |
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| 201 | Boys 7/8 and 9 50m Backstroke |
| 202 | Boys 10 and 11 50m Butterfly |
| 203 | Girls 10 and 11 50m Butterfly |
| 204 | Boys 7/8 and 9 25m Butterfly |
| 205 | Boys 10 and 11 100m Individual Medley |
| 206 | Boys 7/8 and 9 50m Freestyle |
| 207 | Girls 10 and 11 200m Freestyle |
| 208 | Boys 7/8 and 9 50m Breaststroke |
| 209 | Boys 10 and 11 50m Freestyle |
| 210 | Girls 10 and 11 50m Freestyle |
| 211 | Boys 7 - 9 4 x 25m Freestyle Relay |
| 212 | Boys 10/11 4 x 50m Freestyle Relay |
| 213 | Girls 10/11 4 x 50m Medley Relay |

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**JUNIOR MEET**

**Sunday 22 May 2022**

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**SUMMARY SHEET**

**Contact Details**

Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Match Secretary: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Tel. No. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Declaration**

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed: ......................................... Position in Club ........................................

Date: ..............................

(This declaration must be completed by all competing clubs)

**Entry Summary**

SWIMMERS AGED 7/8 or 9 ……… @ £16.00 = £ ………

SWIMMERS AGED 10 or 11 ……… @ £25.00 = £ ………

COACHES MEAL TICKET ……… @ £8.00 = £ ………

TOTAL = £ ………

CLOSING DATE: 4 May 2022

**ALFORD OTTERS**

**JUNIOR MEET**

**Sunday 22 May 2022 – Alford Community Campus**

**OFFICIALS SHEET**

Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Meet Officials Convenor: Durno Jessiman

Carnethy

Forbes

STO Contact Name **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** Alford AB33 8QL

Tel: 07769 173317

## Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Email: carnethy6@hotmail.com

## Email Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **NAME** | **QUALIFIED LEVEL** | **SIGNATURE REQUIRED?** | **SESSION**  **1** | **SESSION**  **2** |
| **Mr Example** | **J2S** | **No** | **Y** | **Y** |
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| **NAME** | **TRAINEE LEVEL** | **SIGNATURE REQUIRED?** | **SESSION**  **1** | **SESSION**  **2** |
| **Mrs Example** | **Trainee J1** | **Yes CIT** | **Y** | **Y** |
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|  |  |  |  |  |