**ALFORD OTTERS 100 200 MEET**

**(UNDER FINA AND SASA RULES)**

**Sunday 30 January 2022**

**Alford Community Campus**

**Meet Information**

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| Pool | Alford Community Campus Pool  25 Metres, 4 Lanes, Anti-turbulence Ropes, Level Deck |
| **Sessions** | **Session One** Warm Up 08.30 - Start 09.35  **Session Two** Warm Up 13.15 - Start 14.20  (SUBJECT TO CHANGE IF NECESSARY) |
| **Licence** | A licence has been granted for this competition and accreditation will be applied for to the SASA North District. |
| **Events** | Individual 100m, 200m Freestyle, 100m, 200m Backstroke, 100m, 200m Butterfly, 100m, 200m Breaststroke 100m, 200m Individual Medley  Swimmers are eligible to swim in up to five individual events (which must comprise no more than one of each stroke and one individual medley event) and in any relays entered by their club.  200m Relays to be swum as 4 x 50m Freestyle and 4 x 50m Medley mixed sex teams each comprising 2 girls and 2 boys of any age. |
| **Age** | Age Groups for all individual events will be at 30 January 2022 for all events:  Girls – 12, 13, 14, 15 Boys – 12, 13, 14, 15  Relay events are open to all age groups. There must be 2 girls and 2 boys in each team.  Team lines will be required one hour before the start of the session in which the relay takes place. |
| **Entries** | Alford Community Campus Pool has limited room on poolside. In order to maximise opportunity whilst ***giving people space***, entries will be accepted by swimmer rather than by event, and on a first come first served basis with whole club entries accepted up to a maximum considered safe. If, for the final club acceptance, we are only able to accommodate a part of a club’s entries we will let the club know and ask them what they would like to do.  For clubs and swimmers that are oversubscribed, some reserve spaces will be offered. These will be allocated no later than 5pm on Friday 28 January.  In the event the meet is not full by the closing date, additional entries from accepted clubs may be considered. |

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| **Consideration Times** | There are no consideration times for events, however, swimmers with an accredited 200m Individual Medley short course time faster than the following should not be entered into any events and will be rejected from all events. Long course times are not relevant, and “no time” entries will be accepted for all events except the 200m Individual Medley:  Girls – 2:50.88 Boys – 2:39.42 |
| **Entries** | This is a club meet and entries will not be accepted from composite teams.  All entries must be on Hy-tek Team Manager entry file.  Events files may be obtained by downloading from the North District website or by contacting  [ottersentries@gmail.com](mailto:ottersentries@gmail.com)  Please return entry files along with summary sheet to:  [ottersentries@gmail.com](mailto:ottersentries@gmail.com)  Entry fees should be paid by BACS to:  Sort: 83-15-14 Account: 00102135  Please include your club code in your payment reference.  **CLOSING DATE FOR ENTRIES IS WEDNESDAY 12 JANUARY 2022 OR WHENEVER THE MEET IS FULL WHICHEVER COMES FIRST**  All paperwork, entry files and payment must be received by this date. |
| **Entry Fee** | £25.00 PER SWIMMER  This entry fee affords entry to swimmers into 5 individual events which must comprise no more than one of each stroke and one individual medley event.  There is no additional cost for relay entry and the number of relay entries is not limited other than by the number of swimmers available to each club. |
| **Awards** | There will be no medals.  There will be awards for 1st, 2nd and 3rd places overall in each age group.  Keepsake trophies will be presented to the overall best boy and overall best girl at the meet using standard Hy-Tek points scoring by event. In the event of a tie the result of the Individual Medley will determine the winner.  There is a trophy for the best overall Club. The best Club will be determined using standard Hy-Tek points with no enhancement for relay events. In the event of a tie the Club with best relay results will be declared the winner.  Shields and keepsake trophies will be presented to the overall best boy and overall best girl swimming for Alford Otters using standard Hy-Tek points scoring by event. In the event of a tie the result of the Individual Medley will determine the winner. |
| **Technical Officials** | Please offer the services of your technical officials to ensure that this meet receives its accreditation. A completed technical officials sheet should be sent to Durno Jessiman by email to arrive by Wednesday 19 January 2022:  Contact Durno at [carnethy6@hotmail.com](mailto:carnethy6@hotmail.com)  Requests for mentoring should also be made directly to Durno and will be accommodated if the meet referee considers it practical. |
| **Withdrawals** | Withdrawals from swimmers prior to the competition should be emailed to Maureen at [ottersentries@gmail.com](mailto:ottersentries@gmail.com) to arrive no later than 3pm on Thursday 27 January 2022.  Withdrawals after this time should be submitted to the recorders table prior to the start of each warm-up on the withdrawal forms made available.  Refunds for swimmers who are withdrawing through illness or injury will be granted only if the swimmer has been withdrawn in time according to the meet information and when the swimmer can provide medical evidence confirming that they are unfit to swim to the Meet Convenor within 7 days following the Meet. The letter should be dated no earlier than the closing date for the meet and not more than 2 days after the meet. |
| **Marshalling** | Marshalling will take place through the changing rooms.  All swimmers must attend marshalling before their events and are advised to attend in good time. 4 heats in advance is the minimum suggested. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving the marshalling area to walk to the start end will be considered withdrawn, will not be permitted to swim. |
| **Notes** | 1. All swimmers entered must have paid their SASA membership fee for the   current year with registration numbers shown on entry files.   1. Poolside access will be limited to 1 member of club staff per 8 swimmers. 2. Food must not be eaten on poolside and no glassware should be taken into the changing rooms or onto the poolside. 3. Participating clubs will receive one copy of start sheets for each session. Results will be posted at the pool during the event and after the event will be sent via e-mail and published on the North District website. 4. Technical Officials will be offered light lunch. Coaches and Team Managers can request lunch at a cost of £8 per head and requests should be submitted with the summary sheet and payment included with entries. 5. A large room will be made available for swimmers and club staff for lunch. This room will also be available during the sessions for swimmers that have completed their swimming. 6. Spectating is not available. 7. Covid conditions will be in place according to the conditions prevailing when the meet takes place. Further information will be made available to entering clubs. 8. In the event of cancellation for any reason, Alford Otters ASC cannot be held liable for any loss of expense or enjoyment. |
| **Photography** | Please note that anyone wishing to use photographic equipment, including video cameras, tablets and mobile phones must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).  Mobile phones may not be used under any circumstances in the shower area, toilets or changing rooms. They must be switched to silent in the pool hall and can only be used for photography if they have been registered as above. |
| **Meet Convenor** | Lynn Alderton [lynnalderton@hotmail.com](mailto:lynnalderton@hotmail.com) |

**ALFORD OTTERS**

**100 200 MEET**

**Sunday 30 January 2022**

**Alford Community Campus**

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| **SESSION 1** | **Warm Up 8.30am Session Start 9.35am** |
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| 101 | Girls 12 – 15 100m Individual Medley |
| 102 | Girls 12 – 15 200m Individual Medley |
| 103 | Boys 12 – 15 100m Freestyle |
| 104 | Boys 12 – 15 200m Freestyle |
| 105 | Girls 12 – 15 100m Breaststroke |
| 106 | Girls 12 – 15 200m Breaststroke |
| 107 | Boys 12 – 15 100m Butterfly |
| 108 | Boys 12 – 15 200m Butterfly |
| 109 | Girls 12 – 15 100m Backstroke |
| 110 | Girls 12 – 15 200m Backstroke |
| 111 | Mixed (2 Girls 2 Boys) 4 x 50 Freestyle Relay |
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| **SESSION 2** | **Warm Up 1.15pm Session Start 2.20pm** |
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| 201 | Boys 12 – 15 100m Individual Medley |
| 202 | Boys 12 – 15 200m Individual Medley |
| 203 | Girls 12 – 15 100m Freestyle |
| 204 | Girls 12 – 15 200m Freestyle |
| 205 | Boys 12 – 15 100m Breaststroke |
| 206 | Boys 12 – 15 200m Breaststroke |
| 207 | Girls 12 – 15 100m Butterfly |
| 208 | Girls 12 – 15 200m Butterfly |
| 209 | Boys 12 – 15 100m Backstroke |
| 210 | Boys 12 – 15 200m Backstroke |
| 211 | Mixed (2 Girls 2 Boys) 4 x 50 Medley Relay |

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**SUMMARY SHEET**

**Contact Details**

Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Match Secretary: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Tel. No. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Declaration**

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed: ......................................... Position in Club ........................................

Date: ..............................

(This declaration must be completed by all competing clubs)

**Entry Summary**

SWIMMER ENTRIES ……… @ £25.00 = £ ………

COACHES MEAL TICKET ……… @ £8.00 = £ ………

TOTAL = £ ………

CLOSING DATE: 12 January 2022

**ALFORD OTTERS**

**100 200 MEET**

**Sunday 30 January 2022 - Alford Community Campus**

**OFFICIALS SHEET**

Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Meet Officials Convenor: Durno Jessiman

Carnethy

Forbes

STO Contact Name **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** Alford AB33 8QL

Tel: 07769 173317

## Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Email: carnethy6@hotmail.com

## Email Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **NAME** | **QUALIFIED LEVEL** | **SIGNATURE REQUIRED?** | **SESSION**  **1** | **SESSION**  **2** |
| **Mr Example** | **J2S** | **No** | **Y** | **Y** |
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| **NAME** | **TRAINEE LEVEL** | **SIGNATURE REQUIRED?** | **SESSION**  **1** | **SESSION**  **2** |
| **Mrs Example** | **Trainee J1** | **Yes CIT** | **Y** | **Y** |
|  |  |  |  |  |
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