**NORTH DISTRICT AUTUMN SWIMMING CHAMPIONSHIPS 2021 (Part 2)**

**(UNDER FINA AND SCOTTISH SWIMMING RULES)**

**13 and 14 November 2021**

**Aberdeen Aquatics Centre and Inverness Leisure**

**MEET INFORMATION**

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| Pool (Aberdeen) **(Inverness)** | 25 Metres, 10 Lanes, 2m Deep, Electronic Timing, Omega blocks with back-plates and backstroke starting devices. Warm-up/swim down will be available in Aberdeen.  25 Metres, 8 Lanes, Anti-turbulence ropes, Electronic Timing, Omega blocks with back-plates and backstroke starting devices  *The intent of these championships is to provide opportunity for all swimmers aged 12 and over in the North District.  This is to be as inclusive as possible by avoiding rejections regardless of entry time.  This is not guaranteed, and will only be possible by allocating clubs to different venues.  The results from the 2 venues will be combined after the conclusion of each part of the Championships.*   * *Clubs in Aberdeen City, Aberdeenshire and Shetland are eligible to enter the meet at Aberdeen Sports Village* * *Clubs in Highland, Moray, Western Isles and Orkney are eligible to enter the meet at Inverness Leisure* |
| **Sessions** | **Session One** Warm Up 08.15 - Start 09.20  **Session Two** Warm Up 13.00 - Start 14.05  **Session Three** Warm Up 17.30 - Start 18.05  **Session Four** Warm Up 08.15 - Start 09.20  **Session Five** Warm Up 13.00 - Start 14.05  **Session Six** Warm Up 17.30 - Start 18.05  (SUBJECT TO CHANGE IF NECESSARY) |
| **Events** | 50m Freestyle, Backstroke, Breaststroke, Butterfly **(16 & over only)**  100m Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley  200m Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley  400m Freestyle, Individual Medley  All heats will be swum seeded by time with ages combined  4 x 50m Mixed Medley Relay and 4 x 50m Mixed Freestyle Relay (Max 3 teams per Club)  Relays will be run separately OR combined and seeded by time at the discretion of the referee.  Mixed relay teams must consist of 2 male and 2 female swimmers in the appropriate age groups. |
| **Age** | As at 31st December 2021, 12/13, 14/15, 16/17, 18 & over |
| **Eligibility to Enter** | This meet is open to swimmers who are members of clubs affiliated to the  SASA North District. Entries will not be accepted from composite teams. |

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| **Entries** | All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1).  Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Sandra Middleton on [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk).  Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is reasonably possible with fastest entries accepted first.  Please return entry files by e-mail to District Entries Secretary– [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk)  Summary sheet and entry fees should be sent to:-  Sandra Middleton, 19 Slains Terrace, Bridge of Don, Aberdeen, AB22 8TU  **CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 15 OCTOBER 2021**  Please note summary sheet and payment must be received within 3 postal days of this date. | |
| **Entry Fees** | £6.00 per individual swim  £8.00 per relay team  Cheques should be made payable to SASA North District.  Payment can alternatively be made by BACS. Reference should be AUT21b followed by your club code eg AUT21bNANX. Bank details for BACS payments are on the summary sheet. | |
| **Consideration Times** | There will be no consideration times for this event but times must be submitted on entry for seeding purposes. These should be real times but do not need to be accredited. Please note that NT entries will NOT be accepted. | |
| **Early Withdrawals** | Withdrawals prior to the event may be sent or e-mailed to Sandra Middleton at [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk) to arrive by 5pm at the latest on Thursday 11 November 2021.  NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted. | |
| **Withdrawals at the Meet** | Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders’ table at least 1 hour prior to the start of the appropriate session. See Rule SW5.1(b). | |
| **Qualifying for Finals** | Finals will be seeded directly from the results of the heats. Two reserves shall be nominated. | |
| **Withdrawals from Finals** | Swimmers who wish to withdraw from a final must inform the recorder and complete the withdrawal form no later than 30 minutes after finalists lists have been published or announced. This will ensure that a reserve can be given the opportunity to compete and the final seeded accordingly. Rule SW 5.1 refers. Withdrawals from finals or in the case of illness should be completed on the old style withdrawal forms available from the recorders.  Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of proven illness or emergency) shall be suspended immediately from all further events at the Meet. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane; there will be no re-seeding. | |
| **Marshalling**  **Reserves** | There will be marshalling for heats and for finals. All swimmers must attend marshalling before their events and should attend in time, please refer to the Participant info which will be circulated nearer the event. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving at the first marshalling area will not be permitted to swim, will be treated as a late withdrawal and may be fined accordingly.  Reserves must marshall unless they have withdrawn. | |
| **Awards** | | There will be certificates issued for 1st, 2nd and 3rd overall in each event once the results from the Aberdeen and Inverness venues have been combined. |
| **Technical Officials** | | Lists of Technical Officials for all sessions must be emailed to the relevant Meet Officials Convenor, no later than 14 days before the first day of the meet (29 October 2021).  For Aberdeen this will be Colin Oswald theoswalds2@icloud.com  For Inverness this will be Brian Hendry bhendry@btinternet.com  Technical Officials must be submitted on the North District form for this purpose and must be emailed (not posted) by the specified date. Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District rules SW 6.2 and SW4.1 refer.  Submission on an excel spreadsheet (available from the North District website) is preferred but submissions can be sent by email using the form below. Please complete one sheet for each session of the meet. Queries or changes to Technical Officials after the closing date should be directed to the relevant Meet Officials Convenor as above.  Please note that owing to Covid 19 restrictions mentoring opportunities will be limited at this event. |
| **Additional Notes** | | 1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.   All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.   1. **The use of mobile phones or other devices capable of photography is not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall.** 2. Different persons have authority and overall responsibility for the running of the meet at different stages.   A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.   1. As rules surrounding Covid 19 are subject to frequent change further information will be e-mailed out to participating clubs much closer to the event taking place in order that it reflects the guidelines in force at that time. 2. **Owing to restricted numbers there will be no spectating at this event.** 3. There will be no live streaming**.** |
| **Photos/**  **Videos** | | Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate Scottish Swimming Health and Safety form and signed by the relevant club official). |

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| **Media and**  **Photography** | Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activitiesand may include live streaming on the internet**.** Images will be uploaded to our website and our social network sites.  Should any competitor wish not to be photographed please complete the Media/Photography Refusal of Consent Form which is available on our website. If at any time a competitor wishes a static image to be removed from our website, 7 days’ notice must be given to SASA North District after which the data will be removed. |
| **Data Protection** | ***Entries & Results***  In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.  This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -   * Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and * Swim England for inclusion on Rankings   Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.  ***Test & Protect***  As per the COVID procedures and guidelines in place for the event, both Aberdeen Sports Village and Inverness Leisure require contact details for everyone that is part of the event.  They will require:   * Name * Contact number * Club * Role at the event * Sessions participating   Information will be gathered through the QR codes available at the venue. This does not apply to athletes as club contacts will be given for athletes. The information will be given to the facility management who will store it securely for 21 days and will delete it at that point. The information will only be passed on to the Test & Protect team if required.  ***Aberdeen Sports Village***  In addition to the Test and Protect information, Aberdeen Sports Village require additional information about those visiting the facility for the event. Information will be gathered through the same QR codes used for the Test & protect information available at the venue.  This includes:   * Gender (Optional) * Age Group banding * Home Post Code   A data protection statement from ASV detailing why the information is being gathered, how they will use and store the information will be available and distributed to everyone prior to the event. |
| **Covid Disclaimer** | While every reasonable effort will be made for the competition to happen, the regular changes in COVID restrictions that we have seen still provide some unpredictability when planning competition. The conditions for each meet and whether the entire competition or individual meets ultimately take place is dependent on the local/regional restrictions in place on facilities, the sporting activity and the participants at that time.  No guarantee can be given by SASA North District that either of the meets will take place at a particular time, on any particular date or at any particular venue. SASA North District reserves the right to cancel either or both meets without notice and without liability for doing so if required. The meets will not be rescheduled if they are unable to take place on the scheduled dates. If it is necessary to cancel one of the meets, the athletes will not be reassigned to the other venue.  In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA North District.  SASA North District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation. |
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**AUTUMN SWIMMING CHAMPIONSHIPS 2021 (Part 2) – 13 and 14 NOVEMBER –**

**ABERDEEN AQUATICS CENTRE and INVERNESS LEISURE**

**Please note that entry times must be submitted for relay team entries, NT entries will not be accepted.**

**PROGRAMME OF EVENTS**

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| **Saturday 13 November - Morning Session**  101 Female 12 & over 100m Individual Medley  102 Male 12 & over 200m Backstroke (hdw)  103 Female 12 & over 200m Butterfly (hdw)  104 Male 12 & over 100m Breaststroke  105 Female 12 & over 100m Freestyle  106 Male 12 & over 400m Freestyle (hdw)  107 Female 16 & over 50m Breaststroke  108 Male 16 & over 50m Butterfly  **Please note event numbering for Inverness will be 301 – 308 for this session** | **Sunday 14 November - Morning Session**  201 Male 12 & over 100m Individual Medley  202 Female 12 & over 200m Breaststroke (hdw)  203 Male 12 & over 200m Butterfly (hdw)  204 Female 12 & over 100m Backstroke  205 Male 12 & over 100m Freestyle  206 Female 12 & over 400m Freestyle (hdw)  207 Male 16 & over 50m Breaststroke  208 Female 16 & over 50m Butterfly  **Please note event numbering for Inverness will be 401 – 408 for this session** |
| **Afternoon Session**  121 Male 12 & over 200m Individual Medley (hdw)  122 Female 12 & over 100m Butterfly  123 Male 12 & over 100m Backstroke  124 Female 12 & over 200m Freestyle (hdw)  125 Male 12 & over 200m Breaststroke (hdw)  126 Female 12 & over 400m Individual Medley (hdw)  127 Male 16 & over 50m Freestyle  128 Female 16 & over 50m Backstroke  **Please note event numbering for Inverness will be 321 – 328 for this session** | **Afternoon Session**  221 Female 12 & over 200m Individual Medley (hdw)  222 Male 12 & over 100m Butterfly  223 Female 12 & over 200m Backstroke  224 Male 12 & over 200m Freestyle (hdw)  225 Female 12 & over 100m Breaststroke (hdw)  226 Male 12 & over 400m Individual Medley (hdw)  227 Female 16 & over 50m Freestyle  228 Male 16 & over 50m Backstroke    **Please note event numbering for Inverness will be 421 – 428 for this session** |
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| **Saturday Evening Finals Session**  101a Female 12/13 100m Individual Medley Final  101b Female 14/15 100m Individual Medley Final  101c Female 16/17 100m Individual Medley Final  101d Female 18 & over 100m Individual Medley Final  104a Male 12/13 100m Breaststroke Final  104b Male 14/15 100m Breaststroke Final  104c Male 16/17 100m Breaststroke Final  104d Male 18 & over 100m Breaststroke Final  105a Female 12/13 100m Freestyle Final  105b Female 14/15 100m Freestyle Final  105c Female 16/17 100m Freestyle Final  105d Female 18 & over 100m Freestyle Final  108a Male 16/17 50m Butterfly Final  108b Male 18 & over 50m Butterfly Final  107a Female 16/17 50m Breaststroke Final  107b Female 18 & over 50m Breaststroke Final  123a Male 12/13 100m Backstroke Final  123b Male 14/15 100m Backstroke Final  123c Male 16/17 100m Backstroke Final  123d Male 18 & over 100m Backstroke Final  122a Female 12/13 100m Butterfly Final  122b Female 14/15 100m Butterfly Final  122c Female 16/17 100m Butterfly Final  122d Female 18 & over 100m Butterfly Final  127a Male 16/17 50m Freestyle Final  127b Male 18 & over 50m Freestyle Final  128a Female 16/17 50m Backstroke Final  128b Female 18 & over 50m Backstroke Final  151a 4 x 50m Mixed 12 – 15 years Freestyle Relay  151b 4 x 50m Mixed 16 & over Freestyle Relay  **Please note event numbering for Inverness will be 301 – 351 for this session** | **Sunday Evening Finals Session**  201a Male 12/13 100m Individual Medley Final  201b Male 14/15 100m Individual Medley Final  201c Male 16/17 100m Individual Medley Final  201d Male 18 & over 100m Individual Medley Final  204a Female 12/13 100m Backstroke Final  204b Female 14/15 100m Backstroke Final  204c Female 16/17 100m Backstroke Final  204d Female 18 & over 100m Backstroke Final  205a Male 12/13 100m Freestyle Final  205b Male 14/15 100m Freestyle Final  205c Male 16/17 100m Freestyle Final  205d Male 18 & over 100m Freestyle Final  208a Female 16/17 50m Butterfly Final  208b Female 18 & over 50m Butterfly Final  207a Male 16/17 50m Breaststroke Final  207b Male 18 & over 50m Breaststroke Final  225a Female 12/13 100m Breaststroke Final  225b Female 14/15 100m Breaststroke Final  225c Female 16/17 100m Breaststroke Final  225d Female 18 & over 100m Breaststroke Final  222a Male 12/13 100m Butterfly Final  222b Male 14/15 100m Butterfly Final  222c Male 16/17 100m Butterfly Final  222d Male 18 & over 100m Butterfly Final  227a Female 16/17 50m Freestyle Final  227b Female 18 & over 50m Freestyle Final  228a Male 16/17 50m Backstroke Final  228b Male 18 & over 50m Backstroke Final  251a 4 x 50m Mixed 12 – 15 Medley Relay  251b 4 x 50m Mixed 16 & over Medley Relay  **Please note event numbering for Inverness will be 401 – 451 for this session** |

**NORTH DISTRICT AUTUMN SWIMMING CHAMPIONSHIPS 2021**

13 and 14 NOVEMBER – ABERDEEN AQUATICS CENTRE and INVERNESS LEISURE

**SUMMARY SHEET Match Secretary \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Club Name/Abbr \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tel. No \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**E-mail address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| …... Individual Male Entries @£6.00  …... Individual Female Entries @ £6.00  …... Team Mixed Entries @ £8.00 | | £ …........  £ …........  £ ………... | **CLOSING DATE FOR ELECTRONIC ENTRIES – 15 OCTOBER 2021**  **Paperwork and payment to be received by the District Entries Secretary within 3 postal days of closing date**  **Cheques should be made payable to:**  **SASA NORTH DISTRICT**  **BACS Payment Reference OPEN followed by Club Code eg AUT21bNANX Sort Code: 80-05-16 A/C No 00882011** |
|  | TOTAL | £ …....... | **Have you enclosed or sent: Cheque or BACS payment**  **Hy-tek Team Manager Entry File**  **Declaration and Summary Sheet** |
|  |  |  | **Late payment will result in electronic entries being rejected** |

**Declaration** I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish

Swimming and have current PVG disclosure.

Signed …...................................... Position in Club …..................................... Date …........................... (This declaration **must** be completed by all competing clubs)

**NORTH DISTRICT AUTUMN SWIMMING CHAMPIONSHIPS – 13/14 NOVEMBER 2021**

**OFFICIALS SHEET - Please Use the Excel Spreadsheet available and email to Meet Officials Convenor NOT the Entries Secretary**

**Club** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Meet Officials Convenor:**

STO Contact Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Aberdeen: Colin Oswald Inverness: Brian Hendry

Tel No: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tel: 07711614512 07703 445459

E-mail address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-mail: theoswalds2@icloud.com bhendry@btinternet.com

**No of swimmers entered……………**

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|  | **Judges** | **Judge Level** | **Club Code** |  | **Timekeepers** | **Club Code** | **SASA Number** |  | **Judge Mentoring** | **Training**  **Level** |
| **Name** | **Name** | **Name** |
| 1 |  |  |  | 1 |  |  |  |  |  |  |
| 2 |  |  |  | 2 |  |  |  |  |  |  |
| 3 |  |  |  | 3 |  |  |  |  |  |  |
| 4 |  |  |  | 4 |  |  |  |  |  |  |
| 5 |  |  |  | 5 |  |  |  |  |  |  |  |
| 6 |  |  |  | 6 |  |  |  |  |  |  |  |
| 7 |  |  |  | 7 |  |  |  |  |  |  |  |
| 8 |  |  |  | 8 |  |  |  |  |  |  |
| 9 |  |  |  | 9 |  |  |  |  |  |  |
| 10 |  |  |  | 10 |  |  |  |  |  |  |
| 11 |  |  |  | 11 |  |  |  |  |  |  |

**Please note that there will be no spectating or live streaming available for this event.**

**COMPLETION AND OTHER NOTES**

1. An Officials Sheet MUST be completed and emailed to the Meet Officials Convenor for the relevant venue **no later than 14 days before the first day of the meet**.
2. Each Club’s submission for ALL sessions should comply with North District **Swimming Regulation 6.3.1** as follows:-

4 swimmers or fewer No Technical Officials required, but please return the form duly marked

5 – 8 swimmers 1 Technical Official for every session of the Meet

9 – 12 swimmers 1 Technical Official for every session, at least Judge 1 or above

13 – 16 swimmers 2 Technical Officials for every session, at least 1 of which must be a Judge 1 or above

17 – 20 swimmers 3 Technical Officials for every session, at least 1 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above

21 – 24 swimmers 4 Technical Officials for every session, at least 1 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above

25 – 49 swimmers 5 Technical Officials for every session, at least 2 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above

50+ swimmers 7 Technical Officials for every session, at least 2 of which must be a Judge 1 or above and 2 more must be a Judge 2 or above

Please note that the number of swimmers is the number entered into the meet not the number in a session and that these are the minimum requirements, extra officials are always welcome.

1. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club’s provision of officials for the purposes of Rule SW6.5

*SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2. Officials carrying out scheduled Final Assessments will count at their existing level.*

1. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.4

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| 1 | Only enter information in the green highlighted sections (the others are locked). Capital first letter then lower case. | | | | | | | |
| 2 | Please complete ALL the programmed sessions for the meet | | | | | | | |
|  |  | **Judges** | | |  |  |  |  |
| 3 | Please complete each Column with the available judges for each session | | | | | | | |
|  | **Name** | **Club** | **Level** |  |  |  |  |  |
|  | Full name of Judge | Your club Initials | Current qualification |  |  |  |  |  |
|  |  | **Time Keepers** | | |  |  |  |  |
| 4 | Please complete each Column with available Time Keepers for each session | | | | | | | |
|  | **Name** | **Club** |  |  |  |  |  |  |
|  | Full name of time keeper | Your club Initials |  |  |  |  |  |  |
|  |  | | | | | | | |

Please note that SW6.5 regarding fines is suspended for this Meet however please submit as many Technical Officials as possible in order that we can run the Championship as fairly as possible.