**Programme of Events**

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| **Saturday** | | | |
| **Session One** | | | |
| **Event 101** | Boys | 11 – 15 Years | 400m Freestyle |
| **Event 102** | Girls | 8 Years | 25m Backstroke |
| **Event 103** | Boys | 8 Years | 25m Backstroke |
| **Event 104** | Girls | 9–15 Years | 50m Butterfly |
| **Event 105** | Boys | 9–15 Years | 50m Butterfly |
| **Event 106** | Girls | 9-15 Years | 100m Backstroke |
| **Event 107** | Boys | 9-15 Years | 100m Backstroke |
| **Event 108** | Girls | 8 Years | 25m Breaststroke |
| **Event 109** | Boys | 8 Years | 25m Breaststroke |
| **Event 110** | Girls | 9-15 Years | 50m Freestyle |
| **Event 111** | Boys | 9-15 Years | 50m Freestyle |
| **Event 112** | Girls | 9-15 Years | 100m Breaststroke |
| **Event 113** | Boys | 9-15 Years | 100m Breaststroke |
| **Event 114** | Mixed | 8/9 Years (2 girls, 2 boys) | 4 x 25m Freestyle Relay (Max 2 Teams) |
| **Event 115** | Mixed | 10/11 Years (2 girls, 2 boys) | 4 x 50m Freestyle Relay (Max 2 Teams) |
| **Event 116** | Mixed | 12/13 Years (2 girls, 2 boys) | 4 x 50m Freestyle Relay (Max 2 Teams) |
| **Event 117** | Mixed | 14/15 Years (2 girls, 2 boys) | 4 x 50m Freestyle Relay (Max 2 Teams) |
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| **Session Two** | | | |
| **Event 201** | Girls | 11 – 15 Years | 400m Freestyle |
| **Event 202** | Boys | 8 Years | 25m Butterfly |
| **Event 203** | Girls | 8 Years | 25m Butterfly |
| **Event 204** | Boys | 9–15 Years | 50m Backstroke |
| **Event 205** | Girls | 9–15 Years | 50m Backstroke |
| **Event 206** | Boys | 9-15 Years | 100m Butterfly |
| **Event 207** | Girls | 9-15 Years | 100m Butterfly |
| **Event 208** | Boys | 8 Years | 25m Freestyle |
| **Event 209** | Girls | 8 Years | 25m Freestyle |
| **Event 210** | Boys | 9-15 Years | 50m Breaststroke |
| **Event 211** | Girls | 9-15 Years | 50m Breaststroke |
| **Event 212** | Boys | 9-15 Years | 100m Freestyle |
| **Event 213** | Girls | 9-15 Years | 100m Freestyle |
| **Event 214** | Mixed | 8/9 Years (2 girls, 2 boys) | 4 x 25m Medley Relay (Max 2 Teams) |
| **Event 215** | Mixed | 10/11 Years (2 girls, 2 boys) | 4 x 50m Medley Relay (Max 2 Teams) |
| **Event 216** | Mixed | 12/13 Years (2 girls, 2 boys) | 4 x 50m Medley Relay (Max 2 Teams) |
| **Event 217** | Mixed | 14/15 Years (2 girls, 2 boys) | 4 x 50m Medley Relay (Max 2 Teams) |

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| **CONSIDERATION TIMES** | | | | | | | | |
| **Not Faster Than Times Below:** | | | | | | | | |
| **Girls** | | | | **Events** | **Boys** | | | |
| **9/10** | **11/12** | **13/14** | **15** |  | **9/10** | **11/12** | **13/14** | **15** |
| 40.00 | 37.00 | 35.00 | 33.00 | **50 Back** | 40.00 | 37.00 | 34.00 | 31.00 |
| 45.00 | 40.00 | 39.00 | 38.50 | **50 Breast** | 45.00 | 40.00 | 38.00 | 35.00 |
| 40.00 | 35.00 | 33.00 | 32.00 | **50 Fly** | 40.00 | 35.00 | 32.00 | 29.00 |
| 35.00 | 32.00 | 30.00 | 29.50 | **50 Free** | 35.00 | 32.00 | 29.00 | 27.50 |
| 1:27.50 | 1:20.00 | 1:14.00 | 1:13.00 | **100 Back** | 1:27.50 | 1:20.00 | 1:12.00 | 1:06.00 |
| 1:35.00 | 1:26.00 | 1:23.00 | 1:21.50 | **100 Breast** | 1:35.00 | 1:26.00 | 1:21.00 | 1:17.00 |
| 1:27.50 | 1:15.00 | 1:12.00 | 1:11.50 | **100 Fly** | 1:27.50 | 1:15.00 | 1:10.00 | 1:06.00 |
| 1:13.00 | 1:08.00 | 1:04.00 | 1:03.50 | **100 Free** | 1:13.00 | 1:08.00 | 1:01.00 | 58.00 |
|  | 6:00.00 | 5:50.00 | 5:30.00 | **400 Free** |  | 6:00.00 | 5:50.00 | 5:30.00 |

**Summary Sheet**

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| **Club Name/Abbr:** | **Meet Secretary:** |
|  | **Address:** |
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|  | **Tel No:** |
|  | **Email:** |

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| \_\_\_\_ Ind 25m Male/Female Entries @ £5.00  \_\_\_\_ Ind 50m Male/Female Entries @ £5.00  \_\_\_\_ Ind 100m Male/Female Entries @ £5.00  \_\_\_\_ Ind 400m Male/Female Entries @ £6.00  \_\_\_\_ 4 x 25m Relay Mixed Entries @ £7.00  \_\_\_\_ 4 x 50m Relay Mixed Entries @ £7.00  \_\_\_\_ Coaches’ Meal Pass **(each day)** @ £5.00 | | **£ …........**  **£ …........**  **£ ………..**  **£ ………..**  **£ ………..**  **£ ………..**  **£ ………..** | **Paperwork and Payment must be received within 3 postal days of closing date.**  **Have you enclosed or sent:**  **Cheque or BACS**  **Hy-tek TM Entry Zip File**  **Summary Sheet** |
|  | **Total:** | **£ …........** |  |
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| **CHEQUES SHOULD BE MADE PAYABLE TO:**  **Elgin ASC or BACS Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89.**  **Payment Reference ELMGR followed by Club Code eg ELMGRNENX.** |

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| **FOR REFUNDS AFTER MEET**  **Sort Code: Bank/Account Number:** |

**Declaration: I confirm that all swimmers entered in this competition have paid their current SASA membership fee.**

**I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.**

**Signed: .....................................**

**Position in Club: ..................................... Date: .........................**

**(This declaration must be completed by all competing clubs)**

**Officials Sheet - Please Note: This sheet to be emailed to Anne Heald**

**Club:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Meet STO:** Anne Heald

**STO Contact Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Tel No:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **E-mail:**  [anne\_heald@hotmail.com](mailto:anne_heald@hotmail.com)

**E-mail address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­\_**

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| **SESSION 1** | | | | | | |
|  | **Club Code** | **Name** | **TK/Judge** | **Level**  **J1/J2/J2S** |  | **Mentoring Request** |
| **J1/J2/J2S** |
| **1** | NENX | EXAMPLE NAME | JUDGE | J1 |  | J2 |
| **2** |  |  |  |  |  |  |
| **3** |  |  |  |  |  |  |
| **4** |  |  |  |  |  |  |
| **5** |  |  |  |  |  |  |
| **6** |  |  |  |  |  |  |
| **7** |  |  |  |  |  |  |
| **8** |  |  |  |  |  |  |
| **9** |  |  |  |  |  |  |
| **10** |  |  |  |  |  |  |

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| **SESSION 2** | | | | | | |
|  | **Club Code** | **Name** | **TK/Judge** | **Level**  **J1/J2/J2S** |  | **Mentoring Request** |
| **J1/J2/J2S** |
| **1** |  |  |  |  |  |  |
| **2** |  |  |  |  |  |  |
| **3** |  |  |  |  |  |  |
| **4** |  |  |  |  |  |  |
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| **9** |  |  |  |  |  |  |
| **10** |  |  |  |  |  |  |