



**UPPER DEESIDE AMATEUR
SWIMMING CLUB**

**CHALLENGE MEET 2019
ND/L2/056/NOV19**

Upper Deeside A.S.C. invites you to the 20th UDASC Challenge Meet
(Under FINA and SASA Rules)

Licence No.: ND/L2/056/NOV19

SATURDAY 30th NOVEMBER 2019

Venue Aboyne Community Centre, Aboyne, Aberdeenshire AB34 5JN

Pool 25m, 4 lane pool, anti-turbulence ropes

Age Groups 13 years & under, 14/15 years, 16 years & over Age as at **30/11/19**.

Events Swimmers must enter & swim all events in a challenge.

A disqualification in an individual event does not make the swimmer ineligible to participate in the Challenge.

Swimmers may enter a maximum of 2 challenges.

Events will be swum with all age groups combined and seeded by entry times.

UDASC reserve the right to restrict entries if required. UDASC reserve the right to enter UDASC club swimmers in to any empty lanes.

Challenges	FREESTYLE	: 50M, 100M, 200M
	BACKSTROKE	: 50M, 100M, 200M
	BREASTSTROKE	: 50M, 100M, 200M
	BUTTERFLY	: 50M, 100M, 200M
	SPRINT	: 50M EACH OF THE 4 STROKES

Medleymania 500 Relay :

The Medleymania 500 Relay will be swum in the following order:
1 x 50m bc, 2 x 50m brs, 3 x 50m fly, 4 x 50m fr.

Teams will consist of **5 swimmers**, each of whom must swim **any two** non-consecutive relay legs (2 x 50m.) A club may enter a maximum of two teams, and no swimmer may swim in both. Relay swimmers must have been accepted into - and competed in - at least one Challenge on the day. There are no restrictions relating to age group or gender.



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Sessions Provisional session times are as follows

SESSION 1	WARM-UP 08:30	START 09:35	FINISH 12:35
SESSION 2	WARM-UP 13:30	START 14:35	FINISH 17:30

The presentation ceremony will take place at 18:00

Start Rule The One Start Rule will be implemented throughout this competition.

Entries Entries from composite teams will not be accepted.

All entries must be on Hy-Tek Team Manager entry file. These should be sent to udascchallengemeets@gmail.com, by the closing date. **Please enter "UDASC Challenge Entries" as the subject of your email.**

Please note that fees, summary sheets, STO sheets and any other paperwork must be submitted to our Meet Convenor at a separate address (see below).

Lists of rejected swimmers, if applicable, will be posted to each club.

All swimmers must have paid their current SASA registration fee.

Entry Fees Entry fees are £15 per challenge, and £15 per relay team.

- Cheques should be made payable to Upper Deeside ASC.
- Online banking payments, which **MUST be referenced "Challenge" plus your 4-letter Club Code e.g. "Challenge NUDX"**, may be made to Account No **10082138**, Sort Code **82-60-17**.

Please send your summary sheet and cheque (if applicable) to our Meet Convenor, Jenny Blair, by the closing date. We would be grateful for your STO sheet as soon as possible thereafter.

Jenny Blair
Ffyrlling Dy
St Eunan's Road
Aboyne AB34 5HH meetconvenor.udasc@gmail.com

CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 1st NOV, 2019



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Clubs will be informed as soon as possible after the closing date if entries have been accepted.

Should fewer than three swimmers, across all age groups, enter any Challenge, the Meet Convenor reserves the right not to run that Challenge, and offer any swimmers entered for that Challenge an alternative Challenge, at no additional cost.

Awards Trophies will be awarded in each Challenge to the top three swimmers of each age group, based on **total LEN points** for the designated swims. Trophies will also be awarded to the top three teams in the Medleymania 500 Relay. The **BP Top Club Trophy** will be awarded to the Club with the most points amassed over the competition. Points will be awarded to the Challenge winners and to the Medleymania 500 Relay teams on the following basis: 3 points for first place, 2 points for second place, 1 point for third place.

The awards presentation will take place immediately after the end of the final session.

Technical We would be very grateful for a list of officials willing to help on the day, with your entry. **Please return the enclosed form with your entries, or as soon as possible after the closing date.**

Meals Lunch will be provided for all Technical Officials, and one coach per club. Additional coaches' meal tickets may be ordered by completing the enclosed form. The coffee bar area may be used by swimmers with packed lunches.

Swim Shop There will be a swim shop open during the meet.

Photos & Filming Please note that anyone wishing to use cameras or video equipment must register upon arrival at the Community Centre. The use of mobile phones of any description will not be permitted in the Changing Rooms or Poolside.

Queries If you have any questions or require any clarification, please contact Jenny Blair (Meet Convenor) at meetconvenor.udasc@gmail.com, or 07519 666220.



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ORDER of EVENTS

SESSION 1	Warm-up: 08:35	Start 09:35
Event 101	200m Butterfly	Male
Event 102	200m Butterfly	Female
Event 103	200m Freestyle	Male
Event 104	200m Freestyle	Female
Event 105	100m Breaststroke	Male
Event 106	100m Breaststroke	Female
Event 107	100m Backstroke	Male
Event 108	100m Backstroke	Female
Event 109	50m Freestyle	Male
Event 110	50m Freestyle	Female
Event 111	50m Backstroke	Male
Event 112	50m Backstroke	Female
SPECIAL EVENT	Medleymania 500 Relay	AM heats
SESSION 2	Warm-up: 13:30	Start 14:35
Event 201	100m Butterfly	Male
Event 202	100m Butterfly	Female
Event 203	50m Breaststroke	Male
Event 204	50m Breaststroke	Female
Event 205	200m Backstroke	Male
Event 206	200m Backstroke	Female
Event 207	50m Butterfly	Male
Event 208	50m Butterfly	Female
Event 209	100m Freestyle	Male
Event 210	100m Freestyle	Female
Event 211	200m Breaststroke	Male
Event 212	200m Breaststroke	Female
SPECIAL EVENT	Medleymania 500 Relay	PM heats

The presentation ceremony will take place at approximately 18.00.



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ENTRY SUMMARY SHEET

Club Name:

Match Secretary:

Address:

Telephone: **E-mail:**

		Number of challenges	
		Stroke	Sprint
13 Years & Under Challenges	Male		
	Female		
14/15 Years Challenges	Male		
	Female		
16 years & Over Challenges	Male		
	Female		

TOTAL NO OF BOYS*		
TOTAL NO OF GIRLS*		
Total Challenges		
Cost @ £15 per Challenge		£
Cost @ £15 per Relay Team (Max 2)		£
Cost @ £5 per additional meal pass (one pass foc per club)		£
Total Cost		£

* Please enter the total number of male and female athletes being entered by your club, *not* the number of challenges. This information will enable us to plan warm-up sessions fairly, by club, age and gender.

DECLARATION

I confirm that all swimmers entered in this competition have paid their current SASA membership fee. (This declaration **must** be completed by all competing clubs)

Signed: Club Position: Date:



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OFFICIALS SHEET

Club Name:

STO Contact Name:

Telephone: **E-mail:**

Name	Mentor request Y/N	Timekeeper		Judge (J1/J2)		Recorder		Starter		Referee	
		S1	S2	S1	S2	S1	S2	S1	S2	S1	S2

**Please return this form to the Meet Convenor with your entry summary, or as soon as possible after the closing date.
Thank you.**



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