**Cults Otters ASC**

Invite you to our **Novice Gala** on Sunday 24th February 2019

Cults Swimming Pool, Quarry Road, Cults, Aberdeen AB15 9TP

Under FINA and SASA rules - Licence Number – **L2/ND/028/FEB19**

**Pool:** 25m, six lanes, anti turbulence lane ropes; deck level pool; space poolside for swimmers and coaches; spectator seating in accordance with Aberdeen City Council Health & Safety regulations.

Cults Academy dining facilities will be used as additional space for officials and competitors at lunchtime.

**Age Groups:** 8, 9, 10, 11 years. All events are age on the day – 24th February 2019

**Events:** 8 Years 25m all strokes

9 Years 25m Butterfly and 50m Freestyle, Breaststroke and Backstroke

10 Years 50m all strokes

11 years 50m all strokes

Open 100m Individual Medley

8 / 9 years mixed 4 x 25m Freestyle and Medley relays

10 / 11 years mixed 4 x 50m Freestyle and Medley relays

Heats will be combined to promote competitive swimming but medals will be awarded in age groups.

50m event entries will be accepted on a “slower than” basis - please see below for qualifying times. There are no qualifying times for 25m events, and there are no qualifying times for the Open 100m IM event but swimmers must qualify for and swim in an individual event to enter the Open 100m IM.

**Boys and Girls “Slower Than” Times:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **25m Free** | **25m Back** | **25m Breast** | **25m Fly** |
| **8 years** | Open | Open | Open | Open |
|  | **50m Free** | **50m Back** | **50m Breast** | **25m Fly** |
| **9 years** | 00:39.00 | 00:45.00 | 00:53.00 | Open |
|  | **50m Free** | **50m Back** | **50m Breast** | **50m Fly** |
| **10 – 11 years** | 00:39.00 | 00:45.00 | 00:53.00 | 00:46.00 |

**Trophies:** Medals will be awarded in age groups for 1st, 2nd, 3rd, 4th, 5th and 6th in each event. There will be awards for best boy and girl in each age group, and a trophy will be awarded to the Best Club, worked on a points system. There will be a trophy for the best performance by a Cults Otters swimmer.

**Special** Coaches and meet secretaries, please note that this gala is intended for novice

**Conditions:** swimmers only (**i.e. those swimmers not competing at North District level**).

***With the exception of Cults Otters, entries will be accepted on a first come, first accepted basis. Clubs will be accepted as a whole or not at all. All Cults swimmers will be accepted.***

***Any swimmer with existing North District times or achieving North District times or entering a North District event after submission of the entry must be withdrawn from all swims and their entry fees will be refunded.***

We would like to encourage clubs to enter as many relay teams as they wish to promote team spirit and fun at this junior event.

Coaches should ensure that swimmers are capable of completing the stroke / distance before entering swimmers into an event.

**Entries:** Entries to be on the Hy-tek Team Manager events file. Events files may be obtained by download from the SwimScotland website (www.swimscotland.co.uk) North District website (www.sasanorth.org.uk) or by email from markeottersmail@gmail.com. All entry files must be returned by email and the fees and other paperwork to be sent on as soon as possible after this. Receipt of entry file will be confirmed by email.

**Deadline** Entries will be on a first come first accepted basis until the gala is full. The entry

**for entries:** period will close once the gala is full. Absolute closing date will be **Sunday 27th January 2019** (four weeks before date of meet).

**Entry Fees:** £4.00 per individual swim, £7.00 per relay team. Cheques to be made payable to Cults Otters ASC.

**Coach’s pass:** One coach’s pass will be included for each Club, and will include programme, start sheets and lunch. Additional coaches’ passes will be available at £5.00 each – please include this payment with the gala entry fee.

**Relay Teams:** Relay teams can be any combination of boys and girls (teams may be mixed boys and girls or all boys or all girls):

Entries for the 8 / 9 year old relay team - combined ages must be no more than 35 years (i.e. no more than three nine year old swimmers).

Entries for the 10 / 11 year old relay team - combined ages must be no more than 43 years old (i.e. no more than three 11 year old swimmers)

**Technical** We would be grateful for technical officials willing to help on the day. Please complete

**Officials:** the attached form and return with your entry summary. We would appreciate extra officials from larger teams. Refreshments and lunch will be provided for technical officials.

**Withdrawals:** Must be notified to markeottersmail@gmail.com by email before 5pm Friday 22rd February 2019 and after this to the recorders table on the day – withdrawals should be notified at least 1 hour prior to the start of the appropriate session. Telephone withdrawals will not be accepted.

**Entries** Mr M Edgerton

**Secretary:** 14 Friarsfield Walk

Cults

Aberdeen

AB15 9JX

Tel: 07760551344

email: markeottersmail@gmail.com

**PLEASE** Cults Otters ASC reserves the right to vary the proposed warm up and session

**NOTE:** timings to best accommodate the number of entries received and to maximise the available pool time for swims.

**Programme of Events**

**Session One** Warm up 1 9:00 am

Warm up 2 9.20 am

Warm up 3 9.40 am

Start 10.05 am

Finish 12.35 pm

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| --- | --- | --- | --- | --- |
| 101 | Girls | Open | IM | 100m |
| 102 | Boys | 8 yrs | Back | 25m |
| 103 | Girls | 8 yrs | Back | 25m |
| 104 | Boys | 9 - 11 yrs | Back | 50m |
| 105 | Girls | 9 - 11 yrs | Back | 50m |
| 106 | Boys | 8 - 9 yrs | Fly | 25m |
| 107 | Girls | 8 – 9 yrs | Fly | 25m |
| 108 | Boys | 10 - 11 yrs | Fly | 50m |
| 109 | Girls | 10 - 11 yrs | Fly | 50m |
| 110 | Mixed | 8 - 9 yrs | Medley relay | 4 x 25m |
| 111 | Mixed | 10 - 11 yrs | Medley relay | 4 x 50m |
| ***Medal Presentations for Session 1*** | | | | |

**Session Two** Warm up 1 1.25 pm

Warm up 2 1.45 pm

Warm up 3 2.05 pm

Start 2.30 pm

Finish 5.00 pm

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| --- | --- | --- | --- | --- |
| 201 | Boys | Open | IM | 100m |
| 202 | Girls | 8 Yrs | Brs | 25m |
| 203 | Boys | 8 Yrs | Brs | 25m |
| 204 | Girls | 9 - 11 yrs | Brs | 50m |
| 205 | Boys | 9 - 11 yrs | Brs | 50m |
| 206 | Girls | 8 yrs | Free | 25m |
| 207 | Boys | 8 yrs | Free | 25m |
| 208 | Girls | 9 - 11 yrs | Free | 50m |
| 209 | Boys | 9 - 11 yrs | Free | 50m |
| 210 | Mixed | 8 - 9 yrs | Freestyle relay | 4 x 25m |
| 211 | Mixed | 10 - 11 yrs | Freestyle relay | 4 x 50m |
| ***Medal Presentations for Session 2*** | | | | |

**General Information:**

* 1. The meet will be held under FINA and SASA rules.
  2. All events are Heat Declared Winner.
  3. Over the top starts will be used when applicable.
  4. The Gala Convenor reserves the right to alter the meet programme and warm up times if necessary.
  5. Manual timing with three timekeepers per lane will be used.
  6. All entries must be accompanied by a signed registration declaration form.
  7. Swimmers must report to marshalling ahead of their event and to medal marshalling ahead of medal presentations.
  8. Swimmers must follow instructions given to them by meet officials and must behave in a reasonable manner at all times.
  9. Gala programs will be available on the day at a cost of £2.00.
  10. No photographic or video equipment will be allowed in any area without prior agreement of the Gala Convenor. Application forms will be available from the Gala Convenor and must be countersigned by a club official. Photographic permission will not be issued for mobile phones.
  11. Unless it has been notified in writing to the Gala Convenor it will be assumed that all parents of children swimming give permission for their child to be photographed by approved parties.
  12. No mobile phones will be allowed in the venue at any time to ensure that there is no misuse of camera phones. Swimmers are not permitted phones poolside or in the changingrooms.
  13. Please use the lockers provided, do not leave items in the cubicles and ensure that any valuables are locked away.
  14. To comply with our child protection policy, please ensure that swimmers wear t-shirts and shorts or track suits and pool shoes when leaving poolside.
  15. Please note that there is limited spectator seating at Cults Pool: priority must be given to swimmers and coaches, and spectators may be required to remain in the foyer area.

**Cults Otters ASC Novice Gala**

**Sunday 24th February 2019**

# DECLARATION

All competitors have paid their current SASA registration fee.

Swimmers, coaches and spectators / parents have been made aware of the photographic / video restrictions at this venue.

Signed on Position

behalf of Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in Club: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ENTRY SUMMARY**

Name of Club / Code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact name and address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Post code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact telephone number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ Girls Individual Entries @ £4.00 = £ \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ Boys Individual Entries @ £4.00 = £ \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ Mixed Relay Entries @ £7.00 = £ \_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ Additional Coach’s Pass @ £5.00 = £ \_\_\_\_\_\_\_\_\_\_\_

Total £ \_\_\_\_\_\_\_\_\_\_\_

Please return this form together with the entry fee cheque made payable to Cults Otters ASC to:

M Edgerton, 14 Friarsfield Walk, Cults, Aberdeen AB15 9JX.

**CULTS OTTERS NOVICE GALA**

**SUNDAY 24TH FEBRUARY 2019 – CULTS POOL, CULTS, ABERDEEN**

Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Please return to: Dr Thomas Lam and Mark Edgerton

STO Contact Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: [thomasbllam@gmail.com](mailto:thomasbllam@gmail.com);

markeottersmail@gmail.com

Tel No \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- |
| **Name** | **Duty** | **Signature**  **Required?** | **Session 1** | **Session 2** |
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**Mentoring Requests – please note that mentoring will be at the discretion of the Referee(s)**

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| --- | --- | --- | --- |
| **Name** | **J1/J2/J2S** | **Session 1**  **Duty Requested - *eg CIT*** | **Session 2**  **Duty Requested - *eg CIT*** |
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