



S.A.S.A North District

AGE GROUP SWIMMING CHAMPIONSHIPS 2016

(UNDER FINA AND SASA RULES)

5 & 6 MARCH 2016

ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Regents Walk, Aberdeen, AB24 1SX

MEET INFORMATION

Pool 50 metres, 10 lanes, deck level, full electronic timing
Separate 25 metres swim down facility

| | | | | |
|-----------------|----------------------|---------------|---------------|----------------|
| Sessions | Session One | Warm Up 08.00 | - Start 09.00 | - Finish 12.00 |
| | Session Two | Warm Up 12.30 | - Start 13.30 | - Finish 16.30 |
| | Session Three | Warm Up 17.00 | - Start 17.45 | - Finish 19.35 |
| | Session Four | Warm Up 08.00 | - Start 09.00 | - Finish 12.00 |
| | Session Five | Warm Up 12.30 | - Start 13.30 | - Finish 16.30 |
| | Session Six | Warm Up 17.00 | - Start 17.45 | - Finish 19.35 |

(SUBJECT TO CHANGE IF NECESSARY)

Events 50m Backstroke, Butterfly, Breaststroke and Freestyle – Heats and Finals
100m Backstroke, Butterfly, Breaststroke and Freestyle – Heats and Finals
200m Backstroke, Butterfly, Breaststroke, Freestyle and Ind. Medley - HDW
400m Freestyle and Individual Medley - HDW
800m Freestyle for Girls and 1500m Freestyle for Boys - HDW
4 x 100m Freestyle and 4 x 100m Medley Relays - HDW

Age at In accordance with British Swimming requirement age is at 31 December 2016

Competitors may swim only in their own age groups – see below

Ages and Times There are separate consideration times for girls and boys ages 11/12 years, 13 years, 14 years, 15 years and 16 years and over to maximise opportunity. Please note that –

- events will be swum combined for all ages in heats and in timed finals
- finals will be swum combined according to age groupings 11-13 years, 14/15 years, 16 years and over

Consideration times for individual events are attached. Entries may have to be limited dependent upon numbers received in which case entries will be accepted across age groups (entry age) as evenly as is practical.

Team events will be open to teams comprising swimmers aged 11-14 and swimmers aged 15 and over. Each event will be run separately OR combined and seeded by time at the discretion of the referee.

There are no consideration times for relay events and entries may have to be

Ages and Times (cont) limited dependent upon numbers received in which case times for seeding will be requested and entries accepted according to seed time and across age groups as evenly as is practical.

The fee for entries received which are outwith the consideration times for any of the District competitions shall not be refunded under any circumstances. Please note that accredited times are required for Age Group Championships entries.

Multi-Classification Events Swimmers who hold a current national or international classification for functional, visually impaired or intellectual disability and are registered members of a club affiliated to the SASA North District are eligible to compete in Multi-classification (MC) events. The MC events will be heat declared winner open age group events and will be integrated into the heats seeded by time. Please refer to the Supplementary Disability Swimming Conditions for more information.

Entries Entries for this Championships will only be accepted from clubs affiliated to S.A.S.A. North District. All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.).

Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact the entries secretary – Anne Hendry.

Please email entry files to – Anne Hendry at bhendry@btinternet.com

Summary sheet and entry fees should be sent to –

Anne Hendry, 21 Bernham Avenue, Stonehaven, Kincardineshire AB39 2WD.
(summary sheet may be emailed with entry files).

CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 5 FEBRUARY 2016
Please note summary sheet and payment must be received within 3 days of this date and that due to previous late payments and the need to get the programme out timeously there will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.

Early Withdrawals Withdrawals prior to the event may be e-mailed to bhendry@btinternet.com to arrive by 5pm at the latest on Friday 3 March 2016.

NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.

Withdrawals at the Meet Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).

Qualifying for Finals Events of 200m and longer will be swum as timed finals.

There will be heats and finals for all 50m and 100m events with the finals age grouped as 11-13 years, 14/15 years and 16 years and over.

Withdrawals from Finals Swimmers who wish to withdraw from a final must inform the recorder and complete the withdrawal form no later than 30 minutes after finalists lists have been published or announced. This will ensure that a reserve can be given the opportunity to compete and the final seeded accordingly. Rule SW 5.1 refers. Withdrawals from finals or in the case of illness should be completed on the old style withdrawal forms available from the recorders.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of proven illness or emergency) shall be suspended immediately from all further events at the Meet. Where a reserve is brought in at

short notice, the reserve shall occupy the vacant lane; there will be no re-seeding.

Marshalling

There will be marshalling for heats and for finals. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving at the first marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly.

Reserves must marshal unless they have also withdrawn as above.

Awards

Full details will be issued in the Coaches Information.

Medals will be awarded for 1st, 2nd and 3rd places according to age groupings 11-13 years, 14/15 years, 16 years and over.

Grampian Rosebowl, Sam Muir Quaich, Jean Muir Memorial Trophies and Welsh Trophies will be awarded according to North District rule SW12.3. using FINA points as the scoring method.

Technical Officials

Lists of Technical Officials for all sessions must be emailed on the form for this purpose to the Meet Officials Convenor - Durno Jessiman - at carnethy6@hotmail.com no later than 14 days before the first day of the meet (20 February 2015) – North District rules SW 6.2. and SW4.1 refer.

The form attached to this meet information is acceptable, the excel spreadsheet that is available on the North District website (www.sasanorth.org.uk) is preferred.

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.

Any queries or changes to Technical Officials after the closing date should be directed to the Meet Officials Convenor, Durno Jessiman, or emailed to carnethy6@hotmail.com

Additional Notes

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.

All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.

2. There will be a separate swim down facility in use during this meet. This will be withdrawn if it is misused.
3. The use of mobile phones is not permitted at any time in the changing village and they must be switched to silent in the pool hall.
4. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.

Access will be granted with a pass. Seating areas may be allocated to each team. **Teams are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day.** Bin liners for plastic bottles/recyclable items and for general waste

will be distributed around the pool - please use them. **Glass bottles or containers are not permitted in the pool hall – this includes the spectator areas.**

5. Warm-up Supervisors are appointed at this meet in the competition pool to ensure safe conduct during the warm-up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of the Warm-up Supervisors. Swimmers must leave the pool when the end of their warm up is announced. No diving into the pool during warm-up except in the designated lanes during the one-way sprints.

Full warm up details will be issued prior to the competition. The warm up may be segregated.

6. Vuvuzelas and air horns are not permitted at this meet.
7. Participating clubs will receive one copy of start sheets for each session.
8. Different persons have authority and overall responsibility for the running of the meet at different stages.

A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

**Photos/
Videos**

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

**Meet
Convenor**

Helen Smith – ndswimcon@gmail.com

SASA NORTH DISTRICT

AGE GROUP SWIMMING CHAMPIONSHIPS 2016

5 & 6 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Programme of Events

Session One

| | | |
|-----------|-----------|------------------------|
| Event 101 | Boys 11 + | 200m Individual Medley |
| Event 102 | Girls 11+ | 200m Backstroke |
| Event 103 | Boys 11+ | 200m Freestyle |
| Event 104 | Girls 11+ | 50m Breaststroke |
| Event 105 | Boys 11+ | 50m Butterfly |
| Event 106 | Girls 11+ | 100m Butterfly |
| Event 107 | Boys 11+ | 100m Backstroke |
| Event 108 | Girls 11+ | 800m Freestyle |

Session Two

| | | |
|-----------|-----------|------------------------|
| Event 201 | Girls 11+ | 200m Breaststroke |
| Event 202 | Boys 11+ | 200m Butterfly |
| Event 203 | Girls 11+ | 50m Backstroke |
| Event 204 | Boys 11+ | 50m Freestyle |
| Event 205 | Girls 11+ | 100m Freestyle |
| Event 206 | Boys 11+ | 100m Breaststroke |
| Event 207 | Girls 11+ | 400m Individual Medley |
| Event 208 | Boys 11+ | 400m Freestyle |

Session Three - Finals

| | | |
|------------|-------------|-----------------------|
| Event 104 | Girls 11-13 | 50m Breaststroke |
| Event 104 | Girls 14/15 | 50m Breaststroke |
| Event 104 | Girls 16+ | 50m Breaststroke |
| Event 105 | Boys 11-13 | 50m Butterfly |
| Event 105 | Boys 14/15 | 50m Butterfly |
| Event 105 | Boys 16+ | 50m Butterfly |
| Event 106 | Girls 11-13 | 100m Butterfly |
| Event 106 | Girls 14/15 | 100m Butterfly |
| Event 106 | Girls 16+ | 100m Butterfly |
| Event 107 | Boys 11-13 | 100m Backstroke |
| Event 107 | Boys 14/15 | 100m Backstroke |
| Event 107 | Boys 16+ | 100m Backstroke |
| Event 203 | Girls 11-13 | 50m Backstroke |
| Event 203 | Girls 14/15 | 50m Backstroke |
| Event 203 | Girls 16+ | 50m Backstroke |
| Event 204 | Boys 11-13 | 50m Freestyle |
| Event 204 | Boys 14/15 | 50m Freestyle |
| Event 204 | Boys 16+ | 50m Freestyle |
| Event 205 | Girls 11-13 | 100m Freestyle |
| Event 205 | Girls 14/15 | 100m Freestyle |
| Event 205 | Girls 16+ | 100m Freestyle |
| Event 206 | Boys 11-13 | 100m Breaststroke |
| Event 206 | Boys 14/15 | 100m Breaststroke |
| Event 206 | Boys 16+ | 100m Breaststroke |
| Event 301A | Girls 11-14 | 4 x 100m Medley Relay |
| Event 301B | Girls 15+ | 4 x 100m Medley Relay |
| Event 302A | Boys 11-14 | 4 x 100m Free. Relay |
| Event 302B | Boys 15+ | 4 x 100m Free. Relay |

Session Four

| | | |
|-----------|------------|------------------|
| Event 401 | Girls 11 + | 200m Ind. Medley |
| Event 402 | Boys 11+ | 200m Backstroke |
| Event 403 | Girls 11+ | 200m Freestyle |
| Event 404 | Boys 11+ | 50m Breaststroke |
| Event 405 | Girls 11+ | 50m Butterfly |
| Event 406 | Boys 11+ | 100m Butterfly |
| Event 407 | Girls 11+ | 100m Backstroke |
| Event 408 | Boys 11+ | 1500m Freestyle |

Session Five

| | | |
|-----------|-----------|-------------------|
| Event 501 | Boys 11+ | 200m Breaststroke |
| Event 502 | Girls 11+ | 200m Butterfly |
| Event 503 | Boys 11+ | 50m Backstroke |
| Event 504 | Girls 11+ | 50m Freestyle |
| Event 505 | Boys 11+ | 100m Freestyle |
| Event 506 | Girls 11+ | 100m Breaststroke |
| Event 507 | Boys 11+ | 400m Ind. Medley |
| Event 508 | Girls 11+ | 400m Freestyle |

Session Six - Finals

| | | |
|------------|-------------|----------------------|
| Event 404 | Boys 11-13 | 50m Breaststroke |
| Event 404 | Boys 14/15 | 50m Breaststroke |
| Event 404 | Boys 16+ | 50m Breaststroke |
| Event 405 | Girls 11-13 | 50m Butterfly |
| Event 405 | Girls 14/15 | 50m Butterfly |
| Event 405 | Girls 16+ | 50m Butterfly |
| Event 406 | Boys 11-13 | 100m Butterfly |
| Event 406 | Boys 14/15 | 100m Butterfly |
| Event 406 | Boys 16+ | 100m Butterfly |
| Event 407 | Girls 11-13 | 100m Backstroke |
| Event 407 | Girls 14/15 | 100m Backstroke |
| Event 407 | Girls 16+ | 100m Backstroke |
| Event 503 | Boys 11-13 | 50m Backstroke |
| Event 503 | Boys 14/15 | 50m Backstroke |
| Event 503 | Boys 16+ | 50m Backstroke |
| Event 504 | Girls 11-13 | 50m Freestyle |
| Event 504 | Girls 14/15 | 50m Freestyle |
| Event 504 | Girls 16+ | 50m Freestyle |
| Event 505 | Boys 11-13 | 100m Freestyle |
| Event 505 | Boys 14/15 | 100m Freestyle |
| Event 505 | Boys 16+ | 100m Freestyle |
| Event 506 | Girls 11-13 | 100m Breaststroke |
| Event 506 | Girls 14/15 | 100m Breaststroke |
| Event 506 | Girls 16+ | 100m Breaststroke |
| Event 601A | Boys 11-14 | 4 x 100m Med. Relay |
| Event 601B | Boys 15+ | 4 x 100m Med. Relay |
| Event 602A | Girls 11-14 | 4 x 100m Free. Relay |
| Event 602B | Girls 15+ | 4 x 100m Free. Relay |

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2016

5 & 6 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Consideration Times:

Please note Accredited Times are required for Age Group Championships events. These times must have been achieved since 6 February 2015.

There will be spot checks on entry times and Clubs may be asked to verify them. Should you receive such a request you will also be advised of the deadline for verification. Any times which cannot be verified or which are not verified by the deadline will be automatically withdrawn as per Swimming Regulation 2.2. To avoid spot checks, please send a proof of entry report with your entries

Times below are long course times. Times converted from short course accredited competitions will also be accepted. Times must be equal to or faster than -

| GIRLS | | | | | | BOYS | | | | |
|----------|----------|----------|----------|----------|-----------------------------|----------|----------|----------|----------|----------|
| <2000 | 2001 | 2002 | 2003 | 2004-5 | YOB | 2004-5 | 2003 | 2002 | 2001 | <2000 |
| 16+ | 15 | 14 | 13 | 11/12 | Event | 11/12 | 13 | 14 | 15 | 16+ |
| 0:30.50 | 0:31.70 | 0:33.40 | 0:34.70 | 0:36.10 | 50m Freestyle | 0:38.20 | 0:34.80 | 0:32.80 | 0:30.40 | 0:28.50 |
| 1:06.60 | 1:08.80 | 1:11.70 | 1:16.10 | 1:21.10 | 100m Freestyle | 1:23.90 | 1:16.40 | 1:11.20 | 1:06.30 | 1:02.20 |
| 2:24.70 | 2:28.60 | 2:34.20 | 2:43.10 | 2:54.00 | 200m Freestyle | 2:59.90 | 2:45.70 | 2:36.10 | 2:26.30 | 2:18.80 |
| 5:05.10 | 5:10.80 | 5:23.10 | 5:40.60 | 6:00.80 | 400m Freestyle | 6:12.20 | 5:42.50 | 5:20.20 | 5:04.20 | 4:50.50 |
| 10:21.80 | 10:33.60 | 10:58.00 | 11:27.10 | 12:13.30 | 800m/1500m Freestyle | 23:27.60 | 21:52.80 | 20:32.60 | 19:36.10 | 18:53.00 |
| 0:35.70 | 0:37.00 | 0:38.70 | 0:40.90 | 0:43.20 | 50m Backstroke | 0:44.00 | 0:41.00 | 0:38.30 | 0:35.40 | 0:33.60 |
| 1:15.70 | 1:18.00 | 1:21.80 | 1:26.90 | 1:32.50 | 100m Backstroke | 1:36.50 | 1:28.00 | 1:21.50 | 1:16.00 | 1:11.60 |
| 2:40.90 | 2:44.70 | 2:52.10 | 3:02.50 | 3:14.40 | 200m Backstroke | 3:18.20 | 3:04.20 | 2:52.10 | 2:41.40 | 2:35.50 |
| 0:39.90 | 0:41.30 | 0:44.10 | 0:46.10 | 0:48.90 | 50m Breaststroke | 0:51.30 | 0:47.60 | 0:44.20 | 0:40.90 | 0:38.00 |
| 1:29.90 | 1:32.50 | 1:35.60 | 1:41.00 | 1:47.40 | 100m Breaststroke | 1:52.90 | 1:42.50 | 1:35.80 | 1:28.90 | 1:23.80 |
| 3:08.20 | 3:12.60 | 3:19.00 | 3:26.90 | 3:44.50 | 200m Breaststroke | 3:54.50 | 3:29.30 | 3:17.70 | 3:05.70 | 2:59.40 |
| 0:34.30 | 0:35.70 | 0:37.50 | 0:39.10 | 0:41.30 | 50m Butterfly | 0:43.60 | 0:40.00 | 0:37.00 | 0:34.20 | 0:31.80 |
| 1:15.40 | 1:18.20 | 1:22.70 | 1:29.20 | 1:37.00 | 100m Butterfly | 1:42.50 | 1:29.60 | 1:21.30 | 1:15.10 | 1:10.00 |
| 2:47.10 | 2:51.90 | 3:01.20 | 3:13.30 | 3:36.00 | 200m Butterfly | 3:40.50 | 3:13.20 | 2:57.30 | 2:47.60 | 2:38.10 |
| 2:43.60 | 2:48.30 | 2:55.60 | 3:04.80 | 3:17.30 | 200m I.M. | 3:23.90 | 3:07.30 | 2:57.10 | 2:47.30 | 2:37.50 |
| 5:53.10 | 6:00.50 | 6:11.20 | 6:27.60 | 6:56.70 | 400m I.M. | 7:06.30 | 6:27.50 | 6:02.90 | 5:43.10 | 5:29.50 |

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2016

5 & 6 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Supplementary Disability Swimming Conditions and Entry Standards

These are to be adhered to in conjunction with the general conditions for the Age Group Championships.

The following events will be integrated into the heats according to eligibility criteria:

| Event | Male and Female |
|-------------------|------------------------|
| 50m Freestyle | S1 – S14 |
| 100m Freestyle | S1 – S14 |
| 200m Freestyle | S1 – S5 and S14 |
| 400m Freestyle | S6 – S14 |
| 50m Backstroke | S1 – S5 |
| 100m Backstroke | S6 – S14 |
| 50m Breaststroke | SB1 – SB3 |
| 100m Breaststroke | SB4 – SB9, SB11 – SB14 |
| 50m Butterfly | S1 – S7 |
| 100m Butterfly | S8 – S14 |
| 200m IM | SM7 – SM14 |

Eligibility

All Competitors must be registered as members of a swimming club affiliated to the SASA North District at the time of entry. **Entry standards are as attached and these are open age group.**

Functional (S1-S10, SB1-SB9, SM1-SM10)

- All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Visual (S11-S13, SB11-SB13, SM11-SM13)

- All competitors must have an authorised British Blind Sport or IBSA Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Learning (S14, SB14, SM14)

- All competitors must have an authorised INAS-FID or UKSAPLD classification which is held on the database at the time of entry.

General

- All eligible swimmers will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant IPC Swimming, Swimming Rules.

Accreditation

- Coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present.

Medals

- Medals shall be awarded to the top three British Disability Point scorers in each event on a heat declared winner basis. All MC events are open age group events but swimmers will be integrated into the heats for each event.

- If there are less than four competitors in any one event then a minus one ruling shall apply with no award for events with one swimmer. Medals shall be awarded during the session of the swim according to the presentation schedule. All swimmers shall be required to present themselves to the marshal when notified.

Standards

| EVENT | CLASS. | MALE | FEMALE | EVENT | CLASS. | MALE | FEMALE | |
|----------------|----------------|----------|----------|-------------------|------------------|----------|----------|----------|
| 50m FREESTYLE | S1 | 02:13.89 | 02:22.99 | 100m BACKSTROKE | S6 | 02:07.02 | 02:26.59 | |
| | S2 | 01:43.78 | 01:58.71 | | S7 | 02:01.23 | 02:24.43 | |
| | S3 | 01:16.28 | 01:21.57 | | S8 | 01:50.33 | 02:13.74 | |
| | S4 | 01:06.40 | 01:16.19 | | S9 | 01:48.34 | 02:00.67 | |
| | S5 | 00:56.85 | 01:02.05 | | S10 | 01:43.24 | 01:57.33 | |
| | S6 | 00:51.10 | 00:59.82 | | S11 | 01:55.97 | 02:15.39 | |
| | S7 | 00:47.75 | 00:56.61 | | S12 | 01:43.33 | 01:57.78 | |
| | S8 | 00:44.73 | 00:52.92 | | S13 | 01:41.03 | 02:05.90 | |
| | S9 | 00:43.47 | 00:49.66 | | S14 | 01:47.12 | 01:53.42 | |
| | S10 | 00:40.09 | 00:48.18 | | 50m BREASTSTROKE | SB1 | 03:39.21 | NT |
| | S11 | 00:44.74 | 00:52.72 | | | SB2 | 01:39.47 | 02:09.74 |
| | S12 | 00:40.83 | 00:46.77 | | | SB3 | 01:25.31 | 01:52.27 |
| | S13 | 00:40.80 | 00:47.21 | | | SB4 | 02:45.29 | 03:17.49 |
| | S14 | 00:43.01 | 00:48.52 | | | SB5 | 02:42.64 | 03:05.79 |
| 100m FREESTYLE | S1 | 04:35.33 | 07:04.37 | SB6 | | 02:21.05 | 02:50.51 | |
| | S2 | 03:34.34 | 03:58.32 | SB7 | 02:19.47 | 02:38.44 | | |
| | S3 | 02:48.23 | 02:59.20 | SB8 | 02:00.73 | 02:20.16 | | |
| | S4 | 02:24.45 | 02:44.44 | SB9 | 01:54.58 | 02:12.28 | | |
| | S5 | 02:08.15 | 02:18.87 | SB11 | 02:02.88 | 02:32.98 | | |
| | S6 | 01:55.62 | 02:06.63 | SB12 | 01:53.85 | 02:15.57 | | |
| | S7 | 01:44.55 | 02:02.50 | SB13 | 01:54.00 | 02:15.24 | | |
| | S8 | 01:38.29 | 01:51.74 | SB14 | 01:55.52 | 02:11.70 | | |
| | S9 | 01:35.98 | 01:47.93 | 100m BREASTSTROKE | S1 | NT | NT | |
| | S10 | 01:29.71 | 01:43.84 | | S2 | 04:05.11 | 03:15.38 | |
| | S11 | 01:41.32 | 01:57.95 | | S3 | 01:47.87 | 01:57.32 | |
| | S12 | 01:29.86 | 01:42.00 | | S4 | 01:21.01 | 02:52.11 | |
| | S13 | 01:28.93 | 01:43.89 | | S5 | 01:03.24 | 01:14.82 | |
| | S14 | 01:33.33 | 01:44.75 | | S6 | 00:53.43 | 01:04.45 | |
| 50m BUTTERFLY | S1 | 09:31.00 | 11:15.63 | | S7 | 00:52.28 | 01:00.69 | |
| | S2 | 07:49.51 | 09:47.64 | | S8 | 01:44.01 | 01:58.32 | |
| | S3 | 06:10.24 | 06:57.01 | S9 | 01:41.85 | 01:59.12 | | |
| | S4 | 05:08.75 | 05:46.24 | S10 | 01:36.73 | 01:57.18 | | |
| | S5 | 04:37.34 | 04:53.88 | S11 | 01:48.14 | 02:24.06 | | |
| | S14 | 03:23.69 | 03:44.11 | S12 | 01:38.89 | 01:56.57 | | |
| | 200m FREESTYLE | S6 | 08:49.70 | 09:27.34 | S13 | 01:35.81 | 01:54.89 | |
| | | S7 | 08:00.32 | 09:02.18 | S14 | 01:40.96 | 01:59.97 | |
| S8 | | 07:39.88 | 08:37.74 | 100m BUTTERFLY | SM5 | 05:38.78 | 05:54.59 | |
| S9 | | 07:12.58 | 07:56.02 | | SM6 | 04:39.45 | 05:30.28 | |
| S10 | | 06:59.19 | 07:51.29 | | SM7 | 04:27.21 | 05:11.17 | |
| S11 | | 07:58.94 | 08:57.78 | | SM8 | 04:09.25 | 04:35.04 | |
| S12 | | 07:13.11 | 07:55.57 | | SM9 | 03:54.29 | 04:25.56 | |
| S13 | | 06:57.95 | 08:06.40 | | SM10 | 03:45.01 | 04:17.26 | |
| S14 | 07:19.57 | 08:05.27 | SM11 | | 04:08.96 | 05:02.33 | | |
| 400m FREESTYLE | S1 | 02:17.29 | 03:51.05 | | SM12 | 03:46.10 | 04:12.84 | |
| | S2 | 01:43.53 | 01:50.77 | SM13 | 03:41.27 | 04:15.61 | | |
| | S3 | 01:19.02 | 01:52.32 | SM14 | 03:55.11 | 04:15.73 | | |
| | S4 | 01:17.93 | 01:31.48 | | | | | |
| | S5 | 01:03.85 | 01:14.58 | | | | | |
| | 50m BACKSTROKE | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |



S.A.S.A North District

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2016

5 & 6 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

SUMMARY SHEET

Club Name/Abbr _____

Match Secretary _____
 Address _____

 Tel. No _____
 E-mail address _____

| | | |
|---|----------|---------|
| Individual Age Group Male Entries | @ £7.00 | £ |
| Individual Age Group Female Entries | @ £7.00 | £ |
| Team Age Group Male Entries | @ £10.00 | £ |
| Team Age Group Female Entries | @ £10.00 | £ |
| Coach Meal Passes | @ £24.00 | £ |
| TOTAL | | £ |

CLOSING DATE – 5 FEBRUARY 2015

Paperwork and payment must be received within 3 days of closing date.

CHEQUES SHOULD BE MADE PAYABLE TO: SASA NORTH DISTRICT

**Have you enclosed or sent: Cheque
Hy-tek Team Manager Entry File
Declaration and Summary Sheet**

Declaration

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.
I confirm that all coaches passes will only be issued to individuals from our club that are known to have current enhanced disclosures and/or PVG.

Signed

Position in Club

Date

(This declaration **must** be completed by all competing clubs)



S.A.S.A North District

AGE GROUP SWIMMING CHAMPIONSHIPS 2016 - 5 & 6 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

OFFICIALS SHEET - Please Note: This sheet to be emailed to the Meet Officials Convenor NOT the Entries Secretary

Club _____
 STO Contact Name: _____
 Tel No: _____
 E-mail address _____
E-mail address _____

Meet Officials Convenor: Durno Jessiman
 Tel: 07808 897168
 E-mail: carnethy6@hotmail.com

No of swimmers entered.....

| Session 1 | | | | Judges | | | | Time Keepers | | |
|----------------------|---------------|------|--------|--------|------|-------|----|--------------|------|--|
| | Name | Club | Judges | Name | Club | Level | TK | Name | Club | |
| Meet Referee | | | 1 | | | | 1 | | | |
| | | | 2 | | | | 2 | | | |
| Referees | | | 3 | | | | 3 | | | |
| | | | 4 | | | | 4 | | | |
| | | | 5 | | | | 5 | | | |
| Starter | | | 6 | | | | 6 | | | |
| Trainee Starter | | | 7 | | | | 7 | | | |
| | | | 8 | | | | 8 | | | |
| Chief Recorder | | | 9 | | | | 9 | | | |
| Recorder | | | 10 | | | | 10 | | | |
| | | | 11 | | | | 11 | | | |
| AOE Operator | | | 12 | | | | 12 | | | |
| | | | 13 | | | | 13 | | | |
| Chief TK | | | 14 | | | | 14 | | | |
| | | | 15 | | | | 15 | | | |
| Announcer | | | 16 | | | | 16 | | | |
| | Mentoring Req | | | | | | 17 | | | |
| | Name | Club | Level | | | | 18 | | | |
| Mentoring Req | | | | | | | 19 | | | |
| | | | | | | | 20 | | | |
| | | | | | | | 21 | | | |
| | | | | | | | 22 | | | |
| | | | | | | | 23 | | | |
| | | | | | | | 24 | | | |
| | | | | | | | 25 | | | |
| | | | | | | | 26 | | | |
| | | | | | | | 27 | | | |
| | | | | | | | 28 | | | |

COMPLETION AND OTHER NOTES

- An Officials Sheet must be completed and emailed to the Meet Officials Convenor, Durno Jessiman at carnethy6@hotmail.com **no later than 14 days before the first day of the meet.**
- Each session's submission should comply with North District **Swimming Regulation 6.2** as follows:-

| | |
|---------------------|--|
| 4 swimmers or fewer | No Technical Officials required, but please return the form duly marked |
| 5 – 8 swimmers | 1 Technical Official for every session of the Meet |
| 9 – 12 swimmers | 2 Technical Officials for every session, at least one of which must be a Judge 1 or above |
| 13 – 16 swimmers | 3 Technical Officials for every session, at least one of which must be a Judge 2 or above |
| 17 – 20 swimmers | 4 Technical Officials for every session, at least one of which must be a Judge 1 or above and one must be a Judge 2 or above |
| 21 – 24 swimmers | 5 Technical Officials for every session, at least one of which must be a Judge 1 or above and one must be a Judge 2 or above |
| 25+ swimmers | 6 Technical Officials for every session, at least two of which must be a Judge 1 or above and one must be a Judge 2 or above |

Please note these are the minimum requirements, extra officials are always welcome.
- For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.4
SW6.5 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2. Officials carrying out scheduled Final Assessments will count at their existing level.
- For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.3

| | | | |
|---|---|--------------------|---------------------------------------|
| 1 | Only enter information in the yellow highlighted sections (the others are locked). Capital first letter then lower case. | | |
| 2 | Please complete ALL the programmed sessions for the meet | | |
| | Judges | | |
| 3 | Please complete each Colum with the available judges for each session | | |
| | Name | Club | Level |
| | Full name of Judge | Your club Initials | Current qualification |
| | Time Keepers | | |
| 4 | Please complete each Colum with available Time Keepers for each session | | |
| | Name | Club | |
| | Full name of time keeper | Your club Initials | |
| 5 | Mentoring - It is not always possible to facilitate mentoring due to lack of officials. Please enter those who require mentoring under their current qualification AND in the mentoring section. e.g. - If a time keeper is requesting a J1 mentoring session then please include the name in the Time keepers Column and in mentoring Colum. | | |
| | | | |
| | Name | Club | Level |
| | Full name of Trainee | Your club Initials | Level at which mentoring is required. |